

August 8, 2021

OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

NEWPORT NEWS, VA

We find Christ here. We bring Christ to the world.



I AM THE LIVING BREAD
THAT CAME DOWN FROM HEAVEN;
WHOEVER EATS THIS BREAD
WILL LIVE FOREVER.

JOHN 6:51



100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 - www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M, W, Th: 12 noon - 2 pm; T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

August 8, 2021 ~ Nineteenth Sunday in Ordinary Time

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 9 am Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 9:00 am

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 – 8:30pm unless otherwise posted)

Friday - 7 am Mass



Mass Intentions

Saturday, August 7, 2021

5:00 – Elizabeth Ann Beeman Joan & Bill Chapman

Sunday, August 8, 2021

8:00 – Dominga Burke Family
 10:00 – Edward Mazary Dave & Eileen Mazary
 2:00 – The People of the Parish
 5:00 – Jeff Goulden Bill & Janet Gorman

Mon – (9am) Elizabeth O'Donnell Jack & Ann Svelan

Tues – (9am) Steve Landis Betty Shelton

Wed – (6:30pm) Carol Thornton Family

Thur – (9am) Patrick & Teresa Kerrigan John & Terry Sweeney

Fri – (7am) Patricia Robinson Maureen Coon

Saturday, August 14, 2021

5:00 – Irmgard Autrey Pat Maher

Sunday, August 15, 2021

8:00 – Robert & Dorothy Boughamer Michale Weaver
 10:00 – William Connelly The Gounley Family
 2:00 – The People of the Parish
 5:00 – Ron Ponzo Family

Church Flowers

*Flowers in the Church this weekend are
 in memory of
 Dominga Burke
 From the Burke Family*



Offertory July 31/August 1



\$23,082 (\$13884 Sunday, \$9198 E-Giving)

Thank you for your generosity!

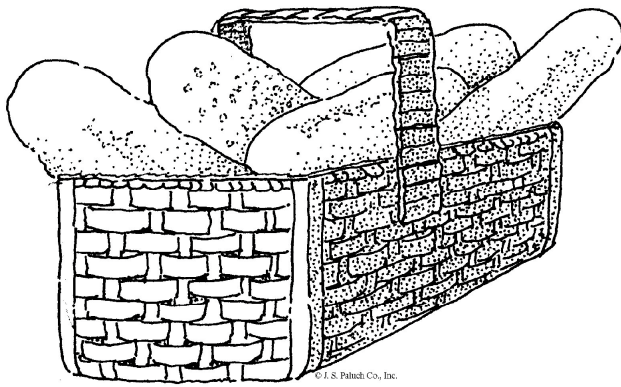
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Our Lady of Mount Carmel School - 757-596-2754

School Office Hours: M - F, 7:30 am - 3:30 pm

Principal: Sr. Anna Joseph, O.P.



Nineteenth Sunday in Ordinary Time August 8, 2021

I am the living bread
that came down from heaven.

— *John 6:51*

Chapter 6 in John's Gospel is often referred to as the Bread of Life discourse, perhaps because this is where Jesus makes his strongest claims for being the bread that has come down from heaven, bringing eternal life for those who believe in him. This is one source of our belief in the Real Presence of Christ in the Eucharist. In the first reading, the prophet Elijah has come to the brink of despair, but an angel comes with food and tells him to eat, "else the journey will be too long for you." The Responsorial Psalm is from Psalm 34; from very early on, the Church has applied the line, "Taste and see how good the Lord is" to the Eucharist. The second reading describes an ideal Christian community characterized by mutual love and service, which is the greatest fruit of its Eucharistic celebrations.

THE READINGS AT MASS DON'T ALWAYS SEEM TO FIT TOGETHER

On the greatest feasts and solemnities of the Church's liturgical year, the three readings are chosen to all apply to the theme or the event being celebrated. During Ordinary Time, however, only the Jewish scriptures/Old Testament selections are chosen to go with the Gospel. The second reading makes its way independently through the New Testament letters and often appears to have a very different message.

Today's readings, however, present us with that happy coincidence of a Sunday in Ordinary Time in which all three readings are very much closely connected—a connection that we might describe as God's generosity in nurturing the people so that they can in turn "nourish" each other by their acts of service and charity.

BUT TODAY THEY DO

In John's Gospel, Jesus insists over and over that he is the bread of life; when he sees that some of his listeners find this hard to believe, he insists on it even more strongly. Note that centuries before the Christians celebrate Jesus as the Bread of Life in the Eucharist, the psalmist sings, "Taste and see how good the Lord is!"

John's Gospel contains no blessing of the Bread and Cup that the Church uses to consecrate the bread and wine. What John does have is Jesus washing the feet of the disciples and commanding them to wash each other's feet, which is to say, to serve each other without regard to station or rank. He also gives a long, prayerful discourse in which he gives the "new commandment" to love one another. Receiving Holy Communion is much more than a "me and Jesus" moment, although that is undoubtedly a precious encounter. Ultimately, our reception of the Bread of Life attains its fullness only in our mutual love and service in our communities and beyond.

God fed Elisha to strengthen him on his journey. God fed the Israelites with manna on their journey in the wilderness. Today, we receive from God the Bread of Life for strength in whatever journey we are on.

Today's Readings: 1 Kgs 19:4–8; Ps 34:2–3, 4–5, 6–7, 8–9; Eph 4:30 — 5:2; Jn 6:41–51

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Our Lady of Mount Carmel Church

Initiation Programs and Adult Formation



Becoming Catholic

The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation. Call the parish office today to get started or inquire through our website.

RCIA Sponsors

Parish sponsors accompany those in the RCIA process of conversation and faith formation as companions on the journey. Sponsors support those in RCIA with prayers and their own witness to the Christian way of life. Serving as a sponsor fulfills the necessary ministry envisioned by the RCIA process, but it is also an incredibly enriching experience. Contact us to inquire about walking this journey with another.

Awakening Faith

Have you been away from the active practice of your Catholic faith? Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series. We can assist you return to the active practice of your faith and welcome you back to the Lord's Table. Registration for the fall series is now available on our website.

Adult Confirmation

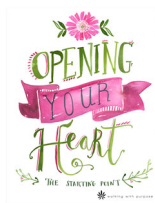
Are you an active practicing Catholic adult who "missed" participating in the Sacrament of Confirmation? We invite you to enter the process of preparation at the parish. Registration for the fall sessions is now open on our website.

To learn more, visit olmc.org or contact Christa at the parish office at extension 107 or email cblomstrom@olmc.org.

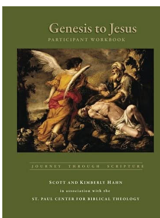
Adult Formation



Caring for the Caregiver – Nourish for Caregivers is for anyone juggling the challenges of life, health, career and caring for an aging parent, grandparent, spouse or loved one with a disability - in town or at a distance. Nourish provides family caregivers practical and emotional supports, useful tools and shared experiences, all with a Christ-centered view. Discover the blessings that come from caring for another. Be nourished. Join us monthly on Thursdays at 7pm at Saint Michael Hall.



Walking With Purpose - This fall we are excited to offer, *Opening Your Heart*, a foundational bible study that meets women exactly where they are. Weekly sessions start on September 29 at 7pm at Saint Michael Hall. We will dig into topics like prayer, the role of the Holy Spirit, and what exactly is the point of suffering. This 22-lesson study is a MUST for the woman just dipping her toes in the faith pool and the Olympic swimmer in need of a faith refresher! Join us Wednesday evenings at 7pm. Find out how to purchase your book & register at olmc.org.



Women's Bible Study - We will gather to explore scriptures through this 12 week study, *Genesis to Jesus*. Weekly sessions start at 9am on September 9 with a Meet & Greet at Saint Michael Hall. We will discover the principal covenants that God make with his people through figures such as Adam, Noah, Abraham, Moses, and David. We will see how each of these covenants points forward to Jesus Christ and his Church through salvation history. Join us Thursday mornings at 9am. Find out how to purchase your book & register at olmc.org.



That Man Is You – Join us August 25 at 7pm for the TMIY Kick OFF at Saint Michael Hall! There will be food, fellowship and fun!

The Vision of Man Fully Alive series begins on September 11. Through living the three-fold mission of abiding presence, joyful service and living sacrifice, our hearts and homes will experience the joy that God desires. We will be led directly to the three spiritual foods that Christ himself proclaims: The Eucharist, The Word of God, and The Will of God. Join us Saturday mornings at 7am (NEW TIME). Register at olmc.org

Our Lady of Mount Carmel Church

Small Groups – Small groups are life changing – join one at Our Lady of Mount Carmel Church this fall! Our small groups offer men and women an opportunity to pray, study and grow in their faith together. Small groups journey together in discipleship. To learn more about being a part of a small group or to receive training to start a small group find us online at olmc.org.

Virtus Training at Our Lady of Mount Carmel Church



The Diocese of Richmond requires that all those who minister with children, youth or vulnerable adults complete the Virtus Safe Environment Training.

Virtus Training will be offered at 5:30pm at Saint Michael Hall on the following dates:
August 11, September 29, October 13 and January 12
These sessions will be conducted in ENGLISH.

Virtus Training will be offered at 5:30pm at Saint Michael Hall on these dates:
August 18, October 20, November 17 and January 19
These sessions will be conducted in SPANISH.

To register for the Virtus Training and to view additional training dates, please visit virtusonline.org.

Inclusive Ministries

SPRED



SPRED (Special Religious Development) prepares persons with intellectual disabilities to fully belong in the liturgical life of the parish. Within this small faith community, we hear the Word of God, reflect upon our life experiences, offer prayers for one another and enjoy a simply sharing of food together. Our SPRED groups meet on Wednesday & Thursday evenings, won't you consider joining us this September? To learn more, visit olmc.org or contact Christa at the parish office at extension 107 or email cbloomstrom@olmc.org.

Pastoral Care



Drivers and Riders Wanted – Van Ministry at Our Lady of Mount Carmel Church

The OLMC Van Ministry provides transportation to the 10am Sunday Mass and is looking to add drivers to the schedule. A special license is not required and training on operation of the van will be provided.

For more information about serving in this ministry, please contact John Scott at jandbscott@gmail.com for the details.

If you need a ride or if you know of someone who we might be able to help, please call the parish office at 595-0385 ext. 107.

Respite for Caregivers

Do you have a few hours a month to relieve a caregiver for a short period of time? We are in need of volunteers to provide this important service to our parish family.

Caring for a family member in your home can be wonderful and yet challenging. Respite Care Ministers provide a few hours of companionship for parishioners who cannot be left alone, allowing the care-giving family member the opportunity to run errands or relax knowing that their loved one is being well cared for while the caregiver is away.

Training is provided. Call the parish office for details or email respitecare@olmc.org.



Now through August 31st, Catholic Charities of Eastern Virginia is collecting school supplies for the families in our Parenting Support, Aspire and Grandparents as Parents programs. Donations of new binders, backpacks, paper, colored pencils, crayons and more can be dropped off at our Virginia Beach Blvd and Newport News locations. Thank you for helping CCEVA make going back to school exciting for so many vulnerable children in our community!

Our Lady of Mount Carmel Church

Fall CCD, Edge and Life Teen

CCD for children K-5: Faith Formation (PreK 4 up to 5th grade) in the Fall will be in-person at the School on Sundays from 9:00 AM to 9:50 AM (in between 8 and 10 Masses). Registrations will be on our website soon. Faith formation begins at the end of September.

Edge for grades 6-8: Our middle school parishioners will engage in the education of the ways of faith with weekly, in-person, catechesis using the Edge middle school program of evangelization. Edge will meet weekly, with trained Core Team members, where they will engage with the teaching of the faith, and, in a safe manner, with each other.

Life Teen for grades 9-12: Our dynamic Life Teen program for high school catechesis and evangelization will continue each week with in-person meetings. Our Core Team will work with teens to hand on the faith, prepare them for the Sacrament of Confirmation, or work on solidifying the faith as they navigate their high school years.

Registration and information regarding Religious Formation for our youth are available now on our website.

Summer Youth Ministry Activities

OLMC Life Teen is active this summer! Join us on Tuesdays for Mass and Breakfast and on Thursdays for games and formation in becoming a disciple for Christ.



Ping Pong Table Needed for Youth Ministry

A really important aspect of youth ministry is creating a welcoming environment where teens feel comfortable building faith-based relationships with each other. One way we make that happen at Life Teen is to allow some time before each faith lesson begins for the teens to play games, eat food and build relationships. We are in need of a Ping Pong Table for our Life Teen youth ministry. It has to be full sized, foldable, of nice quality, and roll freely from place to place. If you or someone you know is willing to donate one, please contact Ken White at kwhite@olmc.org.

A vertical poster for a retreat. The background is a photograph of a beach with waves crashing onto the shore. The text is overlaid on the image.

*Surprised
by joy.*

HOW TO FIND
CHRISTIAN JOY
IN A CHAOTIC
WORLD

A YOUNG ADULT RETREAT
organized by Our Lady of Mt. Carmel Catholic Church

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Our Lady of Mount Carmel Church



Social Ministry

*Transformed by **The Eucharist...**
Reaching Out into community*



Contact Tina Wandersee at twandersee@olmc.org or ext. 118

Food Pantry - Needed this week: Chicken/Tuna Helper, Boxed Potatoes, Bags of Rice, Peas, Carrots, Spaghetti Sauce, Tuna, Dry Milk Packets (or shelf stable milk), Jelly, Pancake Mix/Syrup

Personal Care Items - Women's Deodorant, Lotion, Shampoo, Bars of Soap
Thank you so very much!!

Outreach Ministries

If you have some time during the day - we could use your help. Outreach Ministries is excited to invite you to join our core team of volunteers working in our Outreach (Financial Aid) Office, Pregnancy Outreach, and Food Pantry. You don't need to have any experience! If you would like to find out more about what Outreach Ministries is doing, take a tour and ask questions, I would love to hear from you. Contact Tina at 757-595-0385 ext. 118 or twandersee@olmc.org.

Blood Drive



Our Lady of Mt Carmel Church will be hosting a Blood Drive @ St. Michael's Hall on Monday, August 30, 2021 2:00 p.m. to 7:00 p.m. Please visit RedCrossBlood.org and enter: OurLady to schedule an appointment. Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

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Our Lady of Mount Carmel
PRE-K THROUGH 8TH GRADE CATHOLIC SCHOOL



School Begins on August 23rd



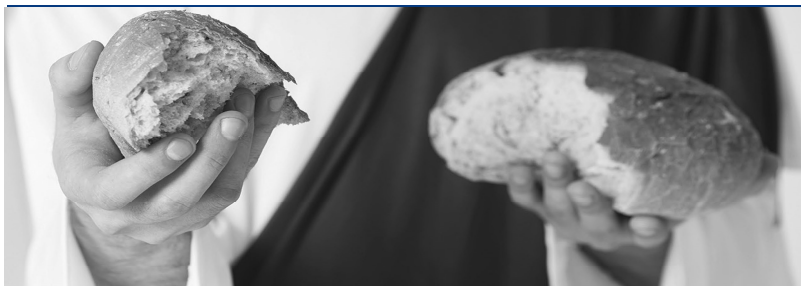
MINISTERIO HISPANO

Décimo Noveno Domingo del Tiempo Ordinario

Director - Diácono Francisco Anleu: Oficina - (757) 595-0385 Ext. 123, Celular - (757) 846-0628, Email - fanleu@olmc.org

Misas en Español: Domingos - 2:00 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM



DECIMONOVENO DOMINGO DEL TIEMPO ORDINARIO

AGOSTO
8
2021

El pan que yo les voy a dar es mi
carne para que el mundo tenga vida.

Juan 6:51

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El capítulo 6 del Evangelio de Juan frecuentemente es llamado el discurso del Pan de Vida, tal vez, es porque aquí es donde Jesús afirma con más fuerza que él es el pan que ha bajado del cielo y que trae la vida eterna para quienes creen en él. Esta es una de las fuentes de nuestra creencia en la presencial real de Cristo en la Eucaristía. En la primera lectura, el profeta Elías llegó al borde de la desesperación, pero un ángel viene con comida y le dice que coma, “si no el viaje será muy largo para ti”. El salmo responsorial es el 34, desde tiempos muy tempranos, la Iglesia emplea la frase: “prueben y vean qué bueno es el Señor”. La segunda lectura describe una comunidad cristiana ideal caracterizada por el amor y el servicio mutuos, los cuales son fruto excelente de sus celebraciones eucarísticas.

LAS LECTURAS DE LA MISA NO SIEMPRE PARECEN ENCAJAR

En las celebraciones de fiesta o solemnidades del año litúrgico de la Iglesia, las tres lecturas se eligen de todas aquellas que encajen al tema o al acontecimiento que se celebre. Sin embargo, durante el Tiempo Ordinario, solo se eligen las Escrituras judías (Antiguo Testamento) para acompañar al Evangelio. La segunda lectura se abre paso de forma independiente a través de las cartas del Nuevo Testamento y frecuentemente parece tener un mensaje muy diferente.

Sin embargo, las lecturas de hoy nos presentan la feliz coincidencia de un domingo del Tiempo Ordinario en el que las tres lecturas están estrechamente conectadas, una conexión que podríamos describir como la generosidad de Dios al nutrir al pueblo para que, a su vez, pueda “nutrirse” mutuamente con sus actos de servicio y caridad.

PERO HOY LO HACEN

En el Evangelio de Juan, Jesús insiste una y otra vez en que él es el pan de vida; cuando nota que a algunos de sus oyentes les cuesta trabajo creerlo, él insiste en ello con más fuerza. Nótese que muchos siglos antes de que los cristianos celebraran a Jesús como el Pan de Vida en la Eucaristía, el salmista canta: “¡Gusten y vean qué bueno es el Señor!”

El Evangelio de Juan no contiene la bendición del pan y el cáliz que la Iglesia utiliza para consagrar ese pan y ese vino. Lo que sí tiene Juan es a Jesús lavando los pies de los discípulos y ordenándoles que se laven los pies unos a otros, es decir, que entre ellos mismos se sirvan sin importar su posición o rango. Él también da un discurso prolongado a manera de oración en el que da el “mandamiento nuevo” de amarse los unos a los otros. Recibir la Sagrada Comunión es mucho más que un momento de “yo y Jesús”, aunque sin duda es un encuentro precioso. En última instancia, nuestra recepción del Pan de Vida alcanza su plenitud sólo en nuestro amor y servicio mutuos en nuestras comunidades y más allá.

Dios alimentó a Eliseo para fortalecerlo en su viaje. Dios alimentó a los israelitas con el maná en su viaje por el desierto. Hoy, recibimos de Dios el Pan de Vida para fortalecernos en cualquier viaje que hagamos.

Lecturas de hoy: 1 Re 19:4-8; Sal 34 (33):2-3, 4-5, 6-7, 8-9; Ef 4:30 — 5:2; Jn 6:41-51

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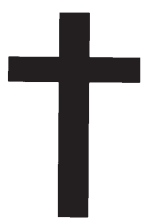
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Meetings are on the 2nd & 4th Tuesday

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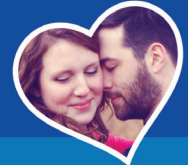


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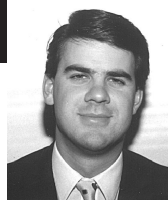
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