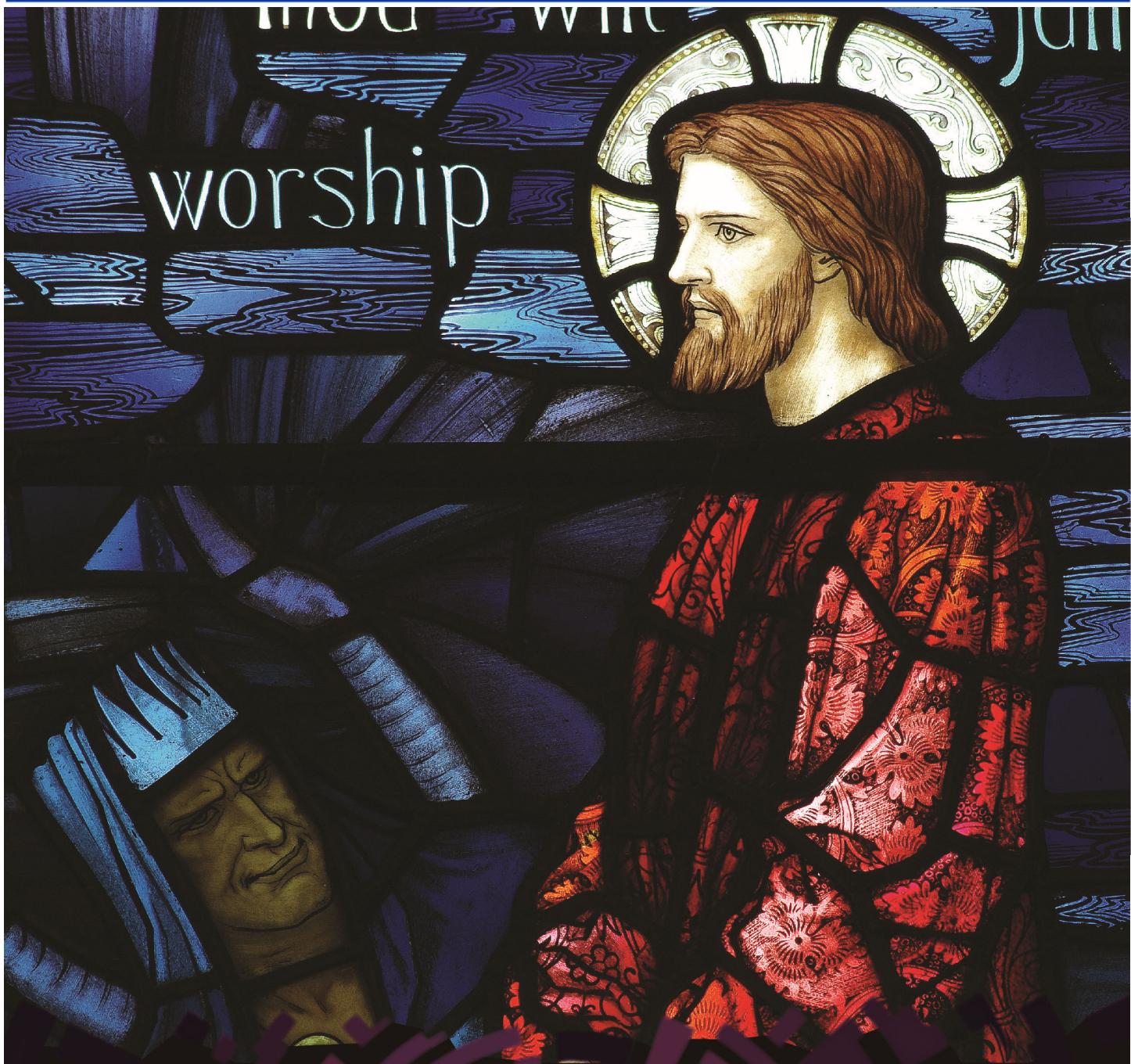


February 21, 2021

# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

NEWPORT NEWS, VA

*We find Christ here. We bring Christ to the world.*



100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 ~ [www.olmc.org](http://www.olmc.org)

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M, W, Th: 12 noon - 2 pm; T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

## February 21, 2021 ~ First Sunday of Lent

### Mass and Sacrament of Reconciliation

**Saturday:** 3:00 pm Confessions; 5:00 pm Mass

**Sunday:** 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

**Weekdays:**

**Monday** - 7 am Mass

**Tuesday** - 9 am Mass for those in a vulnerable category

**Wednesday** - 5:00 pm Adoration and Confessions, 6:30 pm Mass

**Thursday** - 8:05 am (**Mass for school children, teachers and staff only**)

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 – 8:30pm)

**Friday** - 7 am Mass



### *Mass Intentions*

#### Saturday, February 20, 2021

5:00 – Vicki Shelton                           Chris & Mike Shelton

#### Sunday, February 21, 2021

8:00 – Robert Anthony Kolesha              Family  
10:00 – John Lockwood                         J.J. Tsou  
2:00 – The People of the Parish  
5:00 – William Brosius                         The Shelton Family

**Mon** – (7am) Ethelann Ponzo                Family

**Tues** – (9am) Bill Taylor                      Bill and Janet Gorman

**Wed** – (6:30pm) David & Edna Rivenbark              Bill & Christa Blomstrom

**Thur** – (8:05am) Travis Wahlert              Mom & Dad  
*(this Mass is for the school children, teachers, & staff only)*

**Fri** – (7am) James Teehan                      Julie Lowery

**Saturday, February 27, 2021**  
5:00 – Mary Lee Schmidt                         St. Valentine Guild

**Sunday, February 28, 2021**  
8:00 – Doug Foust                                 Joan & Bill Chapman  
10:00 – Linda Ellis                                 The Grau Family  
2:00 – The People of the Parish  
5:00 – Valerie Hixon                                 Julie Lowery

### *Weekly Collections*

© J. S. Paluch Co., Inc.

#### **Offertory February 13 & 14**

\$27,785 (\$13,197 Sunday, \$14,588 E-Giving)

Thank you for your generosity!

### **Contact Us**

**Pastor**

**Rev. Dan Beeman**                            frdbeeman@olmc.org      112

**Priest in Residence**

**Rev. Peter T. Tran**                        frpeter@olmc.org      101

**Deacons**

**Rev. Mr. Anton Siochi**                    deaconanton@olmc.org      129

**Rev. Mr. Francisco Anleu**                fanleu@olmc.org      123

**Director of Evangelization**

Christa Blomstrom                            cbломstrom@olmc.org      107

**Director of Hispanic Ministry**

Rev. Mr. Francisco Anleu                fanleu@olmc.org      123

**Director of Youth & Young Adult Ministry**

Ken White                                    kwhite@olmc.org      106

**Coordinator of Faith Formation**

Cristy Barton                                cbarton@olmc.org      131

**Director of Social Ministry**

Tina Wandersee                            twandersee@olmc.org      118

**Director of Liturgy & Worship**

Heber Dunkle                                hdunkle@olmc.org      121

**Music Coordinator**

Johanna Smith                                jsmith@olmc.org      117

**Business Administrator**

Joyce Kiser                                    jkiser@olmc.org      109

**CNU Campus Ministry**

Laura LaClaire                                laura.powell@cnu.edu

**Bookkeeper**

Carla Weimer                                cweimer@olmc.org      108

**Office Manager**

Eileen Mazary                                emazary@olmc.org      116

**IT Network Coordinator**

Karen Coulson                                kcoulson@olmc.org      177

**Director of Facilities**

Josh McCarty                                jmccarty@olmc.org      119

**Our Lady of Mount Carmel School - 757-596-2754**

School Office Hours: M - F, 7:30 am - 3:30 pm

Principal: Sr. Anna Joseph, O.P.

## Lenten Prayer and Faith Formation

### **Adoration of the Blessed Sacrament**

During the season of Lent, we will offer Adoration of the Most Blessed Sacrament each Thursday from 9am-9pm. This is a great opportunity to commit to a time of prayer each week of Lent before our Lord. In order to make Adoration available all day each Thursday, we will need to have two people sign up to be in the presence of the Lord for each hour. Please sign up before or after Holy Mass over the next two weekends.

### **Thirst: Adoration and Praise**

Thursday, March 4·7:30 – 8:30pm

### **Stations of the Cross**

The Stations of the Cross will be prayed each Friday in Lent in the Church at 7pm.

### **Lenten Study of Deus Caritas Est**

Tina Wandersee, our Director of Outreach will offer an Adult Faith Formation study of sections of Pope Benedict's encyclical Deus Caritas Est (God is Love) for three weeks leading up to Holy Week.

The group will meet in person at Saint Michael Hall to discuss the encyclical and how we are called to let our love of God reflect in our service and love of neighbor. More information and registration will be forthcoming for the series that will take place March 11, 18, and 25.



### Annual Diocesan Appeal

Each year, the Bishop of Richmond asks the faithful of the Diocese to make a prayerful pledge and gift to support the work of the Church throughout the Diocese. This appeal is meant to be a supplemental gift to assist with ministries and priorities that would not ordinarily be funded through regular tithing to the parish.

Bishop Knestout provides a target amount to each parish and asks the parish to meet or exceed that goal so that the vital work of the Church can continue. There is a small percentage of those funds that are returned to the parish, and once we have met our goal a larger percentage is returned to us. Our goal is just around \$75K this year as a parish, and I am hoping I can count on your support for the appeal.

The process is completed online, but if you would prefer to give a gift and mail a check, please simply let us know in the office, and we would be glad to assist.

For more information about the ways the Annual Diocesan Appeal supports the work of the Church, you can visit the website at <https://richmondcatholicfoundation.org/appeal/> or to make your donation, please simply follow the instructions on the Diocesan website..

### **FEAST OF FAITH -Seasonal Changes for the Liturgies of Lent**

Today is the First Sunday of Lent. During this season of preparation for Easter, our churches look stark and simple—no flowers at the altar, no festive banners or decorations. And our liturgies feel different, too. The organ is quiet except to accompany the singing of the assembly. The Gloria, our Sunday song of rejoicing, is not heard except on solemnities, and we will not sing the Alleluia, our joyful acclamation of praise, until the Easter Vigil. “Alleluia cannot always / Be our song while here below,” says an eleventh-century hymn. “Alleluia our transgressions / Make us for a while forego; / For the solemn time is coming / When our tears for sins must flow” (*Alleluia dulce carmen*, J. M. Neale, trans.).

These changes in the liturgy will catch our attention, and make us eager for the festive outpouring of joy that will return with Easter. This year, may the stripped-away liturgies of Lent remind us to strip away what is not essential in our lives to make space for the crucified and risen One, and thus to be ready to sing “Alleluia” once again when Easter returns.—Corinna Laughlin, Copyright © J. S. Paluch Co.

### Connect With Us

**Parish Website** [www.olmc.org](http://www.olmc.org)

**Facebook** [www.facebook.com/olmcnnva](http://www.facebook.com/olmcnnva)

**Parish Email—Flocknote**

Subscribe on Parish Website or Select the ministries from which you would like to receive notices. Text mountcarmel to 84576 and

## Initiation Programs and Adult Formation

### **Becoming Catholic**

Is Christ calling you into the Catholic Church? What does the Catholic Church actually believe? What does it mean to be a disciple of Christ? If you are interested in exploring the answers to these questions, we'd like to help.

The RCIA (Rite of Christian Initiation for Adults, Youth & Children) process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for those who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

### **Awakening Faith**

Have you been away from the active practice of your Catholic faith? Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series. We can assist you return to the active practice of your faith and welcome you back to the Lord's Table.

### **Adult Confirmation**

Are you an active practicing Catholic adult who "missed" participating in the Sacrament of Confirmation? We invite you to enter the process of preparation at the parish.

### **Virtual Daytime Women's Bible Study – New Study begins Feb. 24**

**No Greater Love: A Biblical Walk Through Christ's Passion** – A 5 week video study – Wednesdays from Noon – 1:30pm – 2/24 – 3/24. This study will meet via Zoom. **Registration information is available at [olmc.org](http://olmc.org).**

We often hear about Jesus' passion and death, but imagine experiencing them for the very first time. In No Greater Love: A Biblical Walk Through Christ's Passion, we are going to walk step by step with Jesus on his journey from his agony in the garden to his crucifixion on Calvary.

Along the way, we will unpack the biblical background to these events, the prophecies, and most especially, the ways Jesus is inviting us to walk more closely with him today. More information about this Ascension Press program can be found at <https://ascensionpress.com/collections/no-greater-love>.

**Registration information can be found at [olmc.org](http://olmc.org)**

### **That Man Is You – Journey with us for Lent!**

That Man Is You is an interactive, multimedia men's program focused on the development of authentic male leadership. That Man Is You! is successful at attracting large numbers of men, including younger men still actively parenting, and then transforming their spiritual lives. TMIY will meet on Saturday mornings at OLMC. Join the men of the parish for breakfast, a short video presentation and small group discussion designed especially for men. Registration information is available at [olmc.org](http://olmc.org).

### **Discipleship Small Groups: Faith and Fellowship**

**Life is better CONNECTED. Join a Small Group this Lent!**

Life is all about relationships. Small groups deepen our relationships with Christ and one another. The New Year is a great time to consider trying a small group! These small groups are a place to grow spiritually, find support and encouragement, face challenges together and share fellowship.

There are no teachers in small groups. Trained parishioners facilitate conversations. The groups will discuss life and faith, reflect on God's Word together, seek God together and pray for and with one another

If you have not participated in the past, give it a try this season! Groups are forming for men, women and young adults.

Jesus was in a small group with the twelve; let's do what he did!

**Interested? Fill out the short interest form on our website at [olmc.org](http://olmc.org).**

### **NEW! Pathways: Delivered Catechist Certification is here!**

Pathways: Delivered is a self-paced, online learning process that forms parish catechists within the Diocese of Richmond. The formation offers practical training, flexible solutions, and ongoing support. The formation is available to all who hand on the faith to adults, youth and children in the parish.

If you are discerning serving as a catechist at our parish, contact us to learn more about the role of catechist and to how to access the Tier-One Catechist Training. The parish covers all fees for Pathways: Delivered.

If you are currently serving as a catechist and have completed Pathways, we will notify you when Tier-Two and Tier-Three Catechist Training become available. To learn more, visit [olmc.org](http://olmc.org) or contact Christa at the parish office at extension 107 or email [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org).

# Our Lady of Mount Carmel Church

## Social Ministry

*Transformed by The Eucharist...  
Reaching Out into community*

Contact Tina Wandersee at [twandersee@olmc.org](mailto:twandersee@olmc.org) or ext. 118

**Winter Shelter:** OLMC is preparing and serving dinners for PORT Winter Shelter on February 24th. All of the dates will have a team leader and menu already planned. Each of the dates will involve social distancing, a small team, and extremely limited contact with the guests we will serve. In many cases you will have no contact with those we serve. Please contact Tina [twandersee@olmc.org](mailto:twandersee@olmc.org) to assist or visit olmc website to sign up. We need you, please step out in faith if you are able.

**Food Pantry Needs:** Crackers, Boxed Potatoes (large size), Mac n' Cheese, Chicken Helper, Jelly, Chef Boy R D Pastas

**Personal Care Items:** Toothbrushes, Toothpaste, Deodorant (men/women), Shampoo (family size), Lotion (family size), Soap or Body Wash (family size)

**PORT Breakfast To Go Bag Needs:** fruit cups, small packages of raisins or fruit snacks, little muffin packs, single serve chicken or tuna (flip top can or pouch), juice pouches PORT

**Thank you so very much for your continued support!**



## Our Lady of Mount Carmel

PRE-K THROUGH 8TH GRADE CATHOLIC SCHOOL



*Shine Like the Stars*  
OLMC DINNER & AUCTION | 03.13.2021

This year our auction will look a little different. We are going virtual with a drive-thru dinner catered by Outback Steakhouse! We invite you to pick up your dinner from Saint Michael Hall at 144 Harpersville Road, Newport News on Saturday, March 13th, from 5:00 PM to 6:30 PM. The dinner will include chicken, steak, mashed potatoes, caesar salad, and roll. Tickets must be purchased in advance and are available from the school office beginning Monday, February 8th.

Auction preview begins March 8th, at 9 AM. Online bidding opens on March 10th, at 9 AM. The auction will close on March 14th, at 6 PM. Access our virtual auction at <https://olmc-schoolauction.asimobile.net/>.

Stay connected through the OLMC School Website at <https://olmc-school.com/support-our-school/auction/> or on Facebook by searching @OLMCCatholicSchoolAuction.

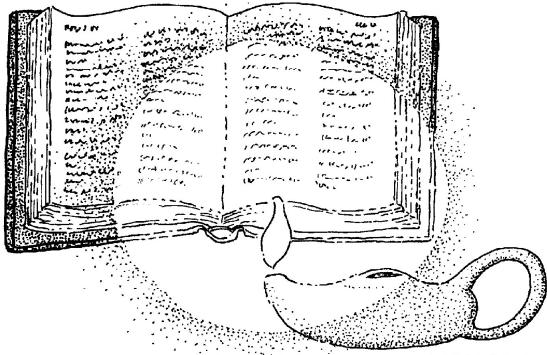
# MINISTERIO HISPANO

Primer Domingo de Cuaresma

Director - Diácono Francisco Anleu: Oficina - (757) 595-0385 Ext. 123, Celular - (757) 846-0628, Email - [fanleu@olmc.org](mailto:fanleu@olmc.org)

Misas en Español: Domingos - 2:00 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM



© J. S. Paluch Co., Inc.

## Primer Domingo de Cuaresma 21 de febrero de 2021

Descúbreños, Señor, tus caminos,  
guíanos con la verdad de tu doctrina.

— Salmo 25 (24):4

### ARREPIÉNTANSE Y CREAN EN EL EVANGELIO

La Cuaresma es la época del año que dedicamos a examinar nuestras vidas a la luz de nuestro Bautismo en la muerte y Resurrección de Jesús. Las lecturas de hoy son un catecismo abreviado de lo que significa estar bautizados. Como Noé pasó por las aguas del diluvio a una alianza con Dios, así también nosotros entramos en una alianza, una relación con Dios, mediante nuestro Bautismo.

La carta de Pedro da una explicación explícita de lo que nuestro Bautismo significa: un llamamiento que hacemos a Dios para que nos dé una conciencia tranquila. ¿Cómo podemos obtener esta conciencia tranquila? Las palabras proclamadas por Jesús inmediatamente después de su tentación nos muestran cómo: “Arrepiéntanse y crean en el Evangelio” (Marcos 1:15). Podría ser un buen ejercicio espiritual mantener estas lecturas ante nosotros durante todo el tiempo de Cuaresma, un medio que nos ayude a volver a una vida vivida por las promesas bautismales.

Copyright © J. S. Paluch Co.

### FIESTA DE LA FE

#### Estar sentados en la liturgia

Nos sentamos en la liturgia no porque no haya nada que hacer o para ‘salir de la celebración’, sino para escuchar a Dios mismo que nos dirige su palabra, o bien, que se nos revela en el silencio posterior a la sagrada comunión. Al sentarnos nos disponemos para entrar en un diálogo con el Señor, mediante su palabra que nos es proclamada; disponemos todo nuestro ser para escuchar la historia de amor entre Dios y el pueblo, siendo conscientes o no, de que ese pueblo somos nosotros mismos, de que esa historia es nuestra historia. Escuchamos una historia que no siempre será nueva en el relato mismo, pero sí en el efecto que este relato tiene en nuestra vida actual. La homilía, como momento de diálogo entre las lecturas y la vida diaria, nos brinda esa excelente oportunidad de entender qué es lo que Dios quiere de nosotros a raíz de lo que hemos escuchado. Así pues, estar sentados en la asamblea no es una actitud pasiva, sino receptiva, de quien se dispone totalmente a acoger la palabra de Dios que le es comunicada. Esta acción, realizada por cada persona, debe ser un movimiento de toda la asamblea, que en la medida de lo posible, rompe el aspecto mecánico y da intencionalidad y plenitud a esta acción tan particular de disponerse a la voz del Señor que su siervo escucha (1 Samuel 3:10).

—Miguel Arias, Copyright © J. S. Paluch Co.



**Speech Therapy and Occupational Therapy**  
Trained in Orton-Gillingham Method of Reading Instruction  
3630 George Washington Memorial Hwy. | Suite A  
Yorktown, VA 23693  
**757.867.9424**  
[www.penpedtherapies.com](http://www.penpedtherapies.com)

No one has more ways to help protect the people and things you love than ADT

ADT has Medical Alert systems to fit your lifestyle



Call 833-238-3586 today

Get a \$50 credit\* + a FREE\* gift

With any Medical Alert System purchase



#### Medical Alert Plus System

- Home temperature monitoring
- 24/7 professional monitoring
- Fall detection pendant<sup>1</sup>
- No landline required
- No long-term contracts

#### On-The-Go System

- GPS location capabilities
- 24/7 professional monitoring
- Fall detection pendant<sup>1</sup>
- No landline required
- No long-term contracts



**Savings are closer than you think.**

Call our office and see how much you could save.

97 Coliseum Crossing

**757-838-5050**

[geico.com/hampton](http://geico.com/hampton)

Your local GEICO agent:

**Greg Holestin**



Limitations apply. See [geico.com](http://geico.com) for more details. GEICO & affiliates. Washington, DC 20076 © 2018 GEICO

## If You Live Alone You Need MDMedAlert!

✓ Ambulance

✓ Police ✓ Fire

24 Hour Protection at HOME and AWAY!

✓ Friends/Family ✓ Activation

FREE Shipping

NO Long Term Contracts

Solutions as Low as **\$19.95** a month



CALL NOW! **800.809.3352**



Safe-Guarding America's Seniors Nationwide!

GPS Tracking w/Fall Detection  
Nationwide, No Land Line Needed  
EASY Set-up, NO Contract  
24/7 365 Monitoring in the USA



As Shown GPS,  
Lowest Price  
Guaranteed!

This Button SAVES Lives!

**Share the Good News.**

Protecting **Seniors**  
Nationwide



Medical Alert System

**\$29.95/Mo. billed quarterly**

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

Call Today! Toll Free **1.877.801.8608**



Serra for Priestly and Religious Vocations



**KNIGHTS OF COLUMBUS**

Walter Pollard Council 5480

For information call:

Patrick McFadden @ 593-0238

Bill Johnson @ 309-1135

Email: [KofC5480@gmail.com](mailto:KofC5480@gmail.com)

The Knights of Columbus is a Catholic fraternal and service organization dedicated to the principles of **CHARITY, UNITY, FRATERNITY** and **PATRIOTISM**.

The Walter Pollard Council 5480 consists of men who believe in their responsibilities to God, their wives, children, families and the community.

Open to all practical Catholic men over 18.

Meetings are on the 2nd & 4th Tuesday

**Please Patronize**

The Sponsors Who Appear On This Bulletin. It Is Through Their Support That This Bulletin Is Made Possible. Business Owners Interested In Advertising Please Call

**J.S. Paluch**  
**1-800-945-6629**

**The Most Complete  
Online National  
Directory of  
Catholic Parishes**

**FINDaPARISH.com**

**Check It Out Today!**

[www.jspaluch.com](http://www.jspaluch.com)

700400 Our Lady of Mount Carmel (B)

For Ads: J.S. Paluch Co., Inc. 1-800-945-6629

**Weymouth**  
Funeral Home & Crematory  
FAMILY OWNED AND OPERATED



Located next door to  
The Knights of Columbus  
Walter Pollard  
Council #5480

**757-930-2222**

[www.weymouthfuneralhome.com](http://www.weymouthfuneralhome.com)

## ONE PARISH

Grow in your faith, find a Mass,  
and connect with your  
Catholic Community  
with OneParish!



Download Our Free App or Visit [MY.ONEPARISH.COM](http://MY.ONEPARISH.COM)



### 3/4 AND 1/2 DAY CHARTERS SCENIC CRUISES

CAPT. BEN @ 757-532-6400

Email: Capt.Ben@goodtogo.fishing.com

Website: [www.goodtogo.fishing.com](http://www.goodtogo.fishing.com)

## Port Warwick DENTAL ARTS

Dr. Lisa Marie Samaha

**757.223.9270**

[PW Dental Arts.com](http://PW Dental Arts.com)



Parishioner

Mention this ad for your  
**FREE** consultation! (a \$98 value)

## INSURANCE

JR Kim/Agent

757-642-1998

Auto/Home/Biz/Building/Health/Life



Jerry F. Foretich, Jr., D.D.S., P.C.  
716 DENBIGH BLVD., SUITE B4  
**877-0775**

## COSMETIC & FAMILY DENTISTRY

### Own a great Catholic Business

Educational Outfitters, a school uniform franchise, is now accepting applications for new owners in the Richmond, VA area

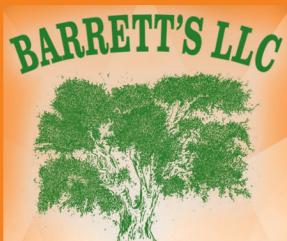
Contact Julie Batycki or visit our website for more information.

**423-421-6614**

[Julie@EducationalOutfitters.com](mailto:Julie@EducationalOutfitters.com)



[www.EducationalOutfitters.com](http://www.EducationalOutfitters.com)



**LawnCare • Landscaping  
Curb Appeal • Handyman**

### Honey-Do

Need your yard cleaned up  
Leaves • Fall • Spring  
Give me a call.

**Greg Barrett**

**757.879.7026**

Parishioner

### LET OLD POINT OFFER YOU A FRESH PERSPECTIVE ON BANKING



Sharon Martin  
VP/Private Banker

11780 Jefferson Ave, Ste. A  
Newport News, VA 23606  
757.233.4293  
[smartin@oldpoint.com](mailto:smartin@oldpoint.com)  
[OldPoint.com](http://OldPoint.com)

OLMC Parishioner



**OLD  
POINT**  
NATIONAL BANK

**Your  
ad  
could  
be in  
this  
space!**



office hours by appointment

**LINK, JACOBS & LINK, D.D.S., P.C.**

GEORGE A. JACOBS, D.D.S.  
MICHAEL J. LINK, D.D.S.

11007 WARWICK BLVD. • NEWPORT NEWS, VA  
PHONE: (757) 596-7000

## R. Hayden Smith Family Funeral Homes

### Berceuse

Funeral and Cremation Traditions  
**825-8070**



R. Hayden Smith Funeral Home

**723-3191**

Meaningful Service With Compassion

700400 Our Lady of Mount Carmel (A)

Kevin B. Smith  
Parishioner

Please Cut Out This "Thank You Ad"  
and Present It The Next Time You  
Patronize One of Our Advertisers

# Thank You

Thank you for advertising in  
our church bulletin.  
I am patronizing your business  
because of it!

Catholic Cruises and Tours and The Apostleship  
of the Sea of the United States of America  
Take your FAITH ON A JOURNEY.  
Call us today at 860-399-1785 or email  
[eileen@CatholicCruisesandTours.com](mailto:eileen@CatholicCruisesandTours.com)  
[www.CatholicCruisesandTours.com](http://www.CatholicCruisesandTours.com)

[www.jspaluch.com](http://www.jspaluch.com)

**Committed to Excellence Since 1917**



**DENBIGH CHAPEL**

12893 JEFFERSON AVE.  
NEWPORT NEWS, VIRGINIA 23608  
PHONE: (757) 874-4200  
FAX: (757) 874-4737



**RIVERSIDE CHAPEL**

7415 RIVER RD.  
NEWPORT NEWS, VIRGINIA 23607  
PHONE: (757) 245-1525  
FAX: (757) 245-5361

**Dr. Betty Jean Shahmouradian**  
Parishioner-Director

Miranda Gomez  
Director

Ed Bunch  
Director

Maria Thomas  
Director

*Internet: [www.altmeyer.com](http://www.altmeyer.com)*

For Ads: J.S. Paluch Co., Inc. 1-800-945-6629