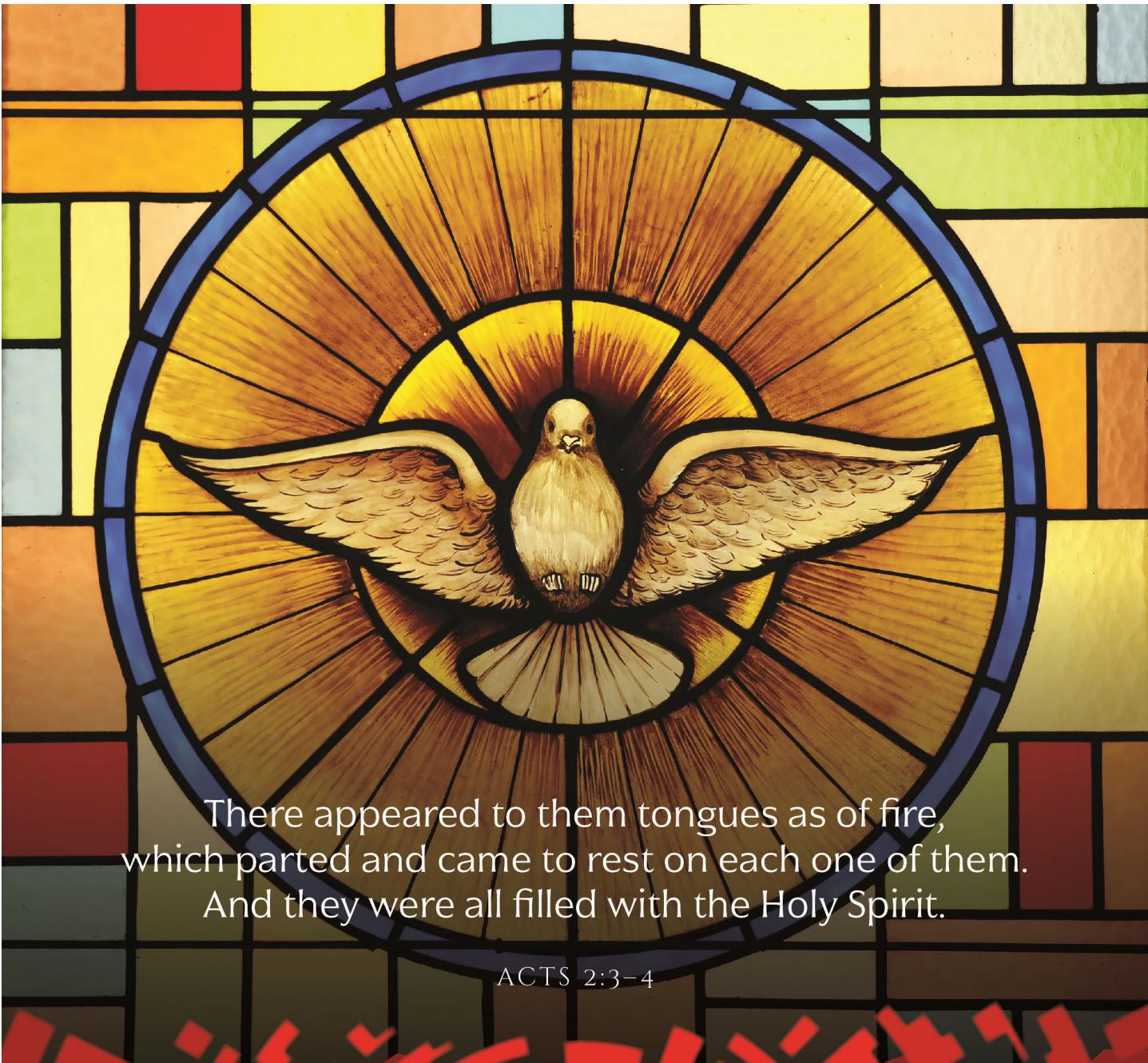


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A large, circular stained glass window is the central focus. It features a dove with its wings spread wide, positioned within a sunburst pattern of yellow and orange rays. The background of the window is composed of various colored panels (yellow, red, blue, green) separated by black lines. Below the window, a quote from the Bible is displayed.

There appeared to them tongues as of fire,
which parted and came to rest on each one of them.
And they were all filled with the Holy Spirit.

ACTS 2:3-4

100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 ~ www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M, W, Th: 12 noon - 2 pm; T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

May 23, 2021 ~ Pentecost Sunday

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 7 am Mass

Tuesday - 9 am Mass for those in a vulnerable category

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 8:05 am (**Mass for school children, teachers and staff only**)

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 – 8:30pm unless otherwise posted)

Friday - 7 am Mass



Mass Intentions

Saturday, May 22, 2021

5:00 – Steven R. Rutherford

Family

Sunday, May 23, 2021

8:00 – Jose Medalla, Sr

Family

10:00 – Miguelángelo López

Lucy Oliver

2:00 – The People of the Parish

The Gere Family

5:00 – Christine Ammeux

The Decker Family

Mon – (7am) Guillermo Bungag

Ginger Stay

Tues – (9am) John Hilt

Lori Janousek

Wed – (6:30pm) Barbara Cotters

Ken & Rhiannon White

Thur – (8:05am) Adm. Steven A. White
(this Mass is for the school children, teachers, & staff only)

Fri – (7am) Helen J. Boyle

Bob & Nancy Curran

Saturday, May 29, 2021

5:00 – Anne & Arthur Benedict

Joan & Bill Chapman

Sunday, May 30, 2021

8:00 – Richard Barker

Frank & Faye Dougherty

10:00 – Donald Marsh

Betty Shelton

2:00 – The People of the Parish

Anne E. Gilbert

5:00 – Marty Bobak

Flowers for the Church may be given as memorials for a loved one or special occasion. To schedule a memorial floral gift, please call **Eileen, ext. 116** at least two weeks in advance of the date you wish. The suggested donation to cover the cost is \$85.



Contact Us

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Priest in Residence

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Deacon Francisco Anleu fanleu@olmc.org 123

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Pentecost

SUNDAY

MAY 23, 2021

**Jesus breathed on them and said to them,
“Receive the Holy Spirit. Whose sins you forgive are forgiven them,
and whose sins you retain are retained.”**

John 20:22-23

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Excerpts from the Lectionary for Mass
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Come, Holy Spirit! Today we celebrate Pentecost, the outpouring of the Holy Spirit upon the first disciples and on all who are baptized. We also commemorate the birth of the Church. Before Pentecost, the disciples remained hidden and uncertain; at Pentecost, those who were gathered were filled with the Spirit and proclaimed the wonders of the Good News of Christ to all. The Spirit guides us to the truth of Christ's love and mercy and strengthens us to live as disciples. Without the Holy Spirit, we would perish; with the Spirit, we have life to the full. Relying on the Spirit, we are given the grace to turn away from the many temptations that we face each day and prefer instead what is good and holy. Come, Holy Spirit, come!

THE FRUIT OF THE SPIRIT

As followers of Jesus, we are called to direct our minds and hearts to Christ's love, turning away from all that is not of God in order to be more Christ-like in our daily lives. The more we invite the Holy Spirit to draw us close to God's heart, the more readily we will avoid sin and choose life, faith, and love. In the letter to the Galatians, we hear a list of things that those who live in the Spirit are to avoid. Things like immorality, hatred, jealousy, and selfishness. At first glance, we might think to ourselves, "of course I want to avoid those things," and yet, if we are honest with ourselves, we likely recognize some of those patterns in our lives. Upon further reflection, however, we also see that these negative behaviors pose temporary pleasure while the fruits of the Spirit—love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control—lead to a life of deep and lasting fulfillment.

NOTHING WILL STAND IN THE WAY

The Jewish people who had gathered in Jerusalem for the festival of Pentecost came from every corner of the world. They spoke many languages and yet were drawn to hear the message of Christ from the disciples who had just experienced the outpouring of the Holy Spirit. They were astonished by what they heard—not only the message, but the way in which it was conveyed, in their own language, and by the messengers, people whom they would have considered ordinary and unremarkable, rather than the acknowledged religious leaders of their time. We, too, are called to share the love and mercy of Christ through word and action, even when we feel small and insignificant. We need only to look at the witness and experience of those first disciples and all the saints who have preceded us to know that we are capable of much when we place our lives in God's hands. Nothing can stand in the way of the incredible love of God when we are filled with the power and presence of the Holy Spirit!

Today's Readings: Acts 2:1-11; Ps 104:1, 24, 29-30, 31, 34; Gal 5:16-25; Jn 20:19-23 or Jn 15: 26-27; 16:12-15

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Our Lady of Mount Carmel Church

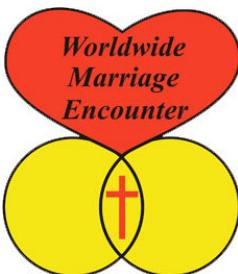
Initiation Programs and Adult Formation

Becoming Catholic – RCIA: The Journey Continues

Is Christ calling you into the Catholic Church? What does the Catholic Church actually believe? What does it mean to be a disciple of Christ? If you are interested in exploring the answers to these questions, we'd like to help. The RCIA (Rite of Christian Initiation for Adults, Youth & Children) is the process through which to explore the Catholic faith. A time to look within, build community relationships and inquire about the teachings of the Catholic Church. There is no commitment to join the Church, it is an opportunity to come and listen and learn where God might be leading you. This process is for the unbaptized, those coming from other faith traditions and baptized Catholics who wish to complete their Sacraments of Initiation.

Adult Confirmation:

Congratulations to those individuals confirmed at the Confirmation Mass this Sunday.



Put Spring into your marriage! **The Worldwide Marriage Encounter Experience** is a chance to look deeply into your relationship with each other and with God. In just one short weekend you can learn a technique for communication that will keep your marriage on the right track to be healthy. Sign up today to attend one of the upcoming virtual **Worldwide Marriage Encounter Weekends** on **Jul 16-18, 2021 in Beaufort, SC** and **Aug 27-29, 2021 in HICKORY, NC**. Early sign up is recommended. For more information visit our website at: <https://renewmarriage-vasouth.org/>



Our Lady of Mount Carmel

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Contact Tina Wandersee at twandersee@olmc.org or ext. 118

Pregnancy Outreach April 2021 Statistics

Assisted With	# Items	Est. & Value
Wipes	19	\$95.00
Diapers	31	\$248.00
Baby Care	14	\$35.00
Layette	3	\$1125.00
Formula	2	\$50.00
Baby Food	25	\$18.75
Maternity Clothes	1	\$50.00
Baby Clothes	180	\$5400.00
Blankets	5	\$125.00
Hats/Bibs/Socks	40	\$40.00
Shoes	11	\$385.00
Pack n Plays	2	\$148.00
Sheet Sets	3	\$24.00
Bottles	2	\$4.00
Stroller	3	\$237.00
Car Seat	1	\$70.00
TOTAL		\$8,054.75

Thank you so very much for your donations to our Pregnancy Outreach Ministry! You assisted 12 women and 16 children in the month of April. Please remember us with your new and gently used clothing size 0-24mo (or 2T). When donating clothing - it is so very helpful if the items are freshly washed.

Make a habit of picking up just one item off the list each week and bringing it with you to Sunday Mass. Every family contributing one item adds up to a lot of food and personal care items. **Start a new habit today!**

Pantry Items Needed: Jelly, Canned Fruit, Baked Beans, Carrots Cereal, Canned Pasta, Pancake Mix/Syrup, Crackers (ie. Saltines), Packages of Cookies, Chicken Helper, Tuna Helper, Spam

Personal Care Items Needed: (**We are completely out of personal care items**) Shampoo/Conditioner, Body Lotion, Razors, Deodorant, Toothpaste, Toothbrushes, Hand Sanitizer, Toilet Paper

Thank you so very much for your continued support!

MINISTERIO HISPANO

Domingo de Pentecostés

Director - Diácono Francisco Anleu: Oficina - (757) 595-0385 Ext. 123, Celular - (757) 846-0628, Email - fanleu@olmc.org

Misas en Español: Domingos - 2:00 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM

¡Ven Espíritu Santo! La celebración de hoy es Pentecostés, la efusión del Espíritu Santo sobre los primeros discípulos y todos los que están bautizados. Nosotros también conmemoramos el nacimiento de la Iglesia. Antes de Pentecostés, los discípulos estaban escondidos e inseguros; en Pentecostés, aquellos que estaban reunidos se llenaron del Espíritu y proclamaron a todos las maravillas de la Buena Nueva de Cristo. El Espíritu nos guía a la verdad del amor y misericordia de Cristo y nos fortalece para vivir como discípulos. Sin el Espíritu Santo, pereceríamos; con el Espíritu, tenemos vida plena. Apoyándonos en el Espíritu, se nos da la gracia de alejarnos de las muchas tentaciones que afrontamos cada día y en su lugar preferimos lo que es bueno y santo. ¡Ven Espíritu Santo, ven!

EL FRUTO DEL ESPÍRITU

Como seguidores de Jesús, estamos llamados a orientar nuestras mentes y corazones hacia el amor de Cristo, apartándonos de todo aquello que no es de Dios para parecernos más a Cristo en nuestra vida diaria. Cuanto más invitemos al Espíritu Santo a acercarnos al corazón de Dios, más fácilmente evitaremos el pecado y elegiremos la vida, la fe y el amor. En la carta a los Gálatas, escuchamos una lista de cosas que deben evitar los que viven en el Espíritu. Cosas como la inmoralidad, el odio, los celos y el egoísmo. A primera vista, podemos pensar: "desde luego que quiero evitar esas cosas" y, sin embargo, si somos honestos con nosotros mismos, probablemente reconoceremos algunos de estos patrones en nuestras vidas. Sin embargo, con un poco más de reflexión también veremos que estos comportamientos negativos suponen un placer temporal y que los frutos del Espíritu, el amor, la alegría, la paciencia, la bondad, la generosidad, la fidelidad, la mansedumbre y el autocontrol, guían a una vida de plenitud profunda y duradera.

NADA SE INTERPONDRA EN EL CAMINO

El pueblo judío que se había reunido en Jerusalén para la festividad de Pentecostés venía de todos los rincones del mundo conocido entonces. Ellos hablaban diferentes idiomas y, sin embargo, se sintieron atraídos a escuchar el mensaje de Cristo de boca de los discípulos que acababan de experimentar la efusión del Espíritu Santo. Ellos quedaron asombrados por lo que escucharon, no sólo por el mensaje, sino por la forma en la que se les transmitió, en su propio idioma, y por los mensajeros, personas a las que bien pudieron haber considerado como ordinarias y comunes, en lugar de los reconocidos líderes religiosos de su tiempo. También nosotros estamos llamados a compartir el amor y la misericordia de Cristo por medio de la palabra y la acción, incluso cuando nos podamos sentirnos pequeños e insignificantes. Solo necesitamos observar el testimonio y la experiencia de aquellos primeros discípulos y de todos los santos que nos han precedido para saber que somos capaces de mucho cuando ponemos nuestras vidas en las manos de Dios. Nada puede interponerse en el camino del increíble amor de Dios cuando estamos llenos del poder y la presencia del Espíritu Santo.



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Come, Holy Spirit,
and guide us throughout the Diocese of Richmond
as we embark on our third century in Your service.
We humbly ask You to strengthen our trust in You
and our eagerness to share the Gospel message with others.

Enkindle in us a keen desire to grow
in our relationship with You
and to encounter You in Your sacraments.

Through the intercession of
Mary, Star of the New Evangelization,
and St. Vincent de Paul,
may we experience a new Pentecost and
a profound renewal of faith in our diocese, our parishes,
our families, and our hearts.

Amen.



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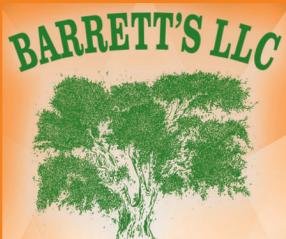
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