

January 2, 2022

# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

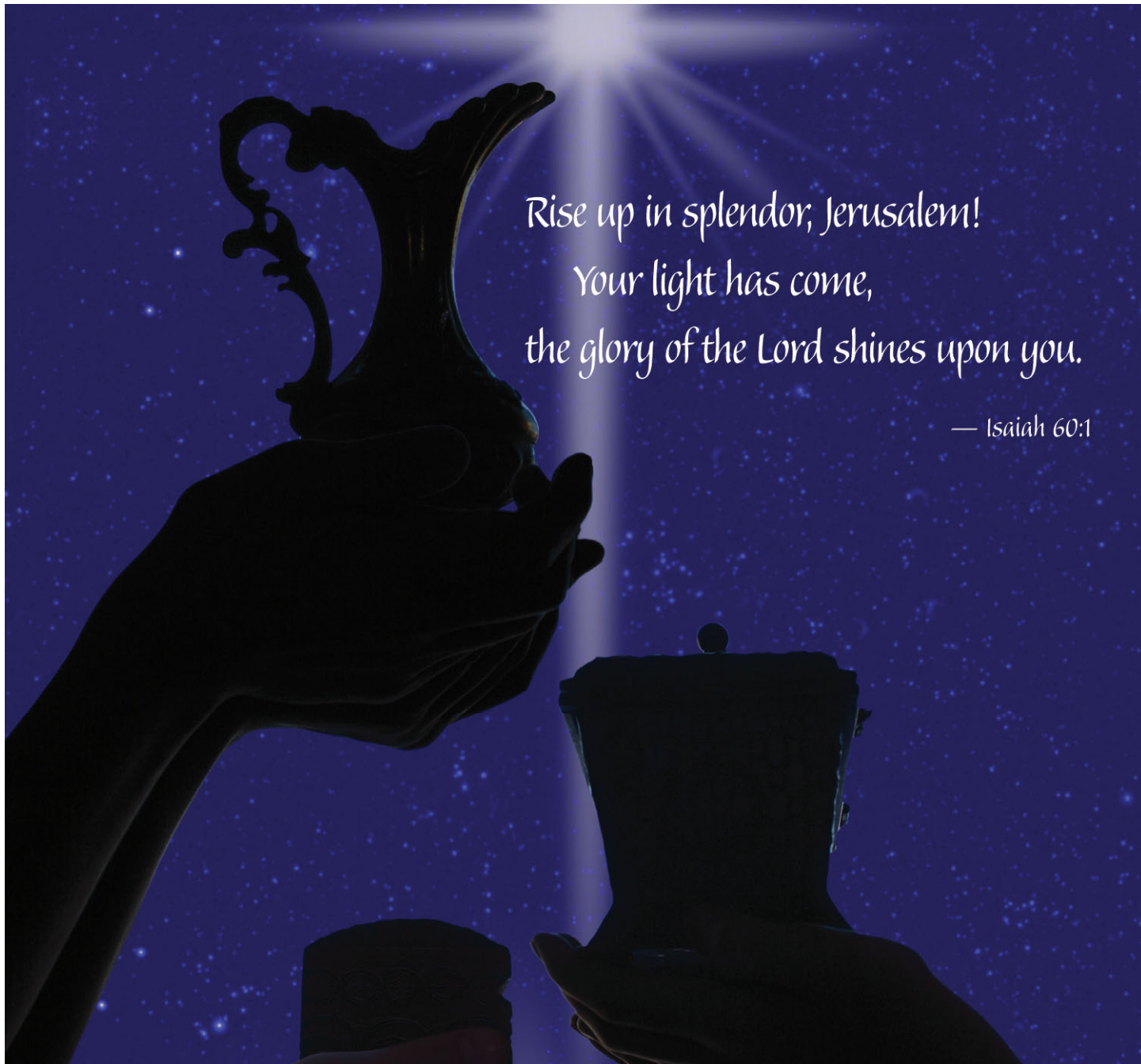
NEWPORT NEWS, VA

*We find Christ here. We bring Christ to the world.*



*Rise up in splendor, Jerusalem!  
Your light has come,  
the glory of the Lord shines upon you.*

— Isaiah 60:1



100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 - [www.olmc.org](http://www.olmc.org)

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M, W, Th: 12 noon - 2 pm; T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

# January 2, 2022 ~ The Epiphany of the Lord

## Mass and Sacrament of Reconciliation

**Saturday:** 3:00 pm Confessions; 5:00 pm Mass

**Sunday:** 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

**Weekdays:**

**Monday** - 7 am Mass

**Tuesday** - 9 am Mass

**Wednesday** - 5:00 pm Adoration and Confessions, 6:30 pm Mass

**Thursday** - 8:05 am, Eucharistic Adoration 9:00 am-6:30 pm, 6:30 pm Misa en Español

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 – 8:30 pm unless otherwise posted)

**Friday** - 7 am Mass

\* Scheduled Mass times unless indicated on the Mass Intentions Calendar



Saturday, January 1, 2022

5:00 – Patrick Glaude	Family
<u>Sunday, January 2, 2022</u>	
8:00 – Edilberto Valencia Canlas	Valerio Family
10:00 – Vangie Mercado	Family & Friends
2:00 – The People of the Parish	
5:00 – Maria Newton	Marvin Newton
Mon – (7am) Deceased Members of the Gere Family	
Tues – (9am) John Freed	Diana Johnson
Wed – (6:30pm) In Thanksgiving	Jovith & Jason
Thur – (8:05am) Nicolas Adinaro	The Grau Family
Fri – (7am) Filomena Kreykenbohm	Tyra & Stephen Freed

Saturday, January 8, 2022

5:00 – Steven Rutherford	Family
<u>Sunday, January 9, 2022</u>	
8:00 – Severina de Joya	Mia & Anton Siochi
10:00 – Leyla Ann Sheahin Linn	Tara Caprio & Bernadette Brady
2:00 – Int's of Yesenia Dias	Family
5:00 – Santiago "Juni" Rios	Shorty Melendez

**Flowers** for the Church may be given as memorials for a loved one or special occasion. To schedule a memorial floral gift, please call **Eileen, ext. 116** at least two weeks in advance of the date you wish. The suggested donation to cover the cost is \$85.



### Contact Us

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<b>Director of Facilities</b>		
Josh McCarty	jmccarty@olmc.org	119

**Our Lady of Mount Carmel School - 757-596-2754**  
 School Office Hours: M - F, 7:30 am - 3:30 pm  
 Principal: Sr. Anna Joseph, O.P.

# Our Lady of Mount Carmel Church



## The Epiphany of the Lord January 2, 2022

Rise up in splendor, Jerusalem!  
Your light has come,  
the glory of the Lord shines upon you.

— *Isaiah 60:1*

### The Epiphany of the Lord

Gifts are everywhere at this time of year. Christmas gifts. Hostess gifts. Hidden gifts. Wrong-size gifts. Unexpected gifts. Unwanted gifts. Unreciprocated gifts. And in today's readings we hear about even more gifts: gold, frankincense, and myrrh. But we know intuitively (or, one hopes, eventually!) that gifts are symbols of something much deeper and less tangible. The gift of God's Son is, of course, at the heart of our Christmas festivities. We are not--and never--alone, because "God is with us." (Thus the name Emmanuel.) But wait, that's not all! The liturgy reminds us over and over that this is a "holy exchange." As Christ came to share in our humanity, we come to share in his divinity. The full significance of that mystery is a gift we have yet to unwrap completely.

### WHAT KIND OF GOD IS THIS?

Christmas is a season of abundance. Christmas cookies and carols. Parties and presents. Mangers and mistletoe. The same is true in our church. Within a period of nine days we celebrate Christmas, the Holy Family, Mary Mother of God, and today the Solemnity of the Epiphany. Truly an embarrassment of liturgical riches. (And we are not finished yet!)

However, for many people, Christmas is already over. Trees litter the curbside or make their way back to the attic. Presents are put away or returned. We prepare to go back to school or work. But as Christians we have barely dipped our toes into the profound mystery of a God who walks among us. What kind of a God is this whose kingdom is not limited by our borders, fears, expectations, or imaginations? Today's psalm reminds us, "Lord, every nation on earth will adore you." Diversity and inclusion are not new to God's agenda.

### TRADITIONS UNCOVER MEANING

Two traditional rituals, one liturgical and one domestic, help underline the meaning of the Epiphany. The Proclamation of the Date of Easter is an option for inclusion at Mass today. This text which formally announces the dates of the upcoming major feast days reminds us that Christmas is best honored in the context of the whole story of salvation that culminates in Easter. Or as writer Nathan Mitchell reflects, the wood of the crib becomes the wood of the cross.

The second tradition connected to Epiphany is the blessing of the door of one's home with chalk. It includes a prayer for protection for all who enter therein. One explanation of this tradition ties it to the Passover in the Book of Exodus: the marking of the doorposts with the blood of the lamb kept the Israelites safe. This tradition too offers a connection between Christmas and Easter.

As we continue to mine the richness of this season we hum along with the angels, Gloria in excelsis Deo!

Today's Readings: Is 60:1-6; Ps 72:1-2, 7-8, 10-11, 12-13; Eph 3:2-3a, 5-6; Mt 2:1-12

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"Opening their treasure chests, they offered Him gifts." Are you beginning to see your life as a gift to be given to the Lord as a priest? Call the Vocations Office, (804) 359-5661, to speak with Fr. Brian Capuano; or write to [vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org).

### [Connect With Us](#)

**Parish Website** [www.olmc.org](http://www.olmc.org)

**Facebook** [www.facebook.com/olmcnva](https://www.facebook.com/olmcnva)

**Parish Email—Flocknote** Subscribe on Parish Website or Select the ministries from which you would like to receive notices. Text [mountcarmel](mailto:mountcarmel) to 84576 and follow the link sent to subscribe.

# Initiation Programs and Adult Formation



## **Becoming Catholic**

Is Christ calling you into the Catholic Church? What does the Catholic Church actually believe? What does it mean to be a disciple of Christ? If you are interested in exploring the answers to these questions, we'd like to help.

The RCIA (Rite of Christian Initiation for Adults, Youth & Children) process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for those who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

## **Awakening Faith**

Have you been away from the active practice of your Catholic faith? Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series. We can assist you return to the active practice of your faith and welcome you back to the Lord's Table.

## **Adult Confirmation**

Are you an active practicing Catholic adult who "missed" participating in the Sacrament of Confirmation? We invite you to enter the process of preparation at the parish.

To learn more, visit [olmc.org](http://olmc.org) or contact Christa at the parish office at extension 107 or email [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org).



All women are invited to the next  
**Walking With Purpose Connect Coffee**

**Wednesday, January 5 at 7pm**  
**at Saint Michael Hall**

### **Connect Coffee Topic:**

*Your Heart – You are Captivating*

Refreshments, Fellowship and an Inspirational Talk

We have a seat waiting for you!

**RSVP to [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org)**

## **Women's Bible Study – NEW 8 WEEK STUDY begins 9am Thursday, January 6.**

Embark on a guided tour of the "Holy of Holies" of biblical theology in **Hebrews: The New and Eternal Covenant**, an eight-part Bible study presented by Dr. Andrew Swafford and Jeff Cavins! In this study, Catholics will be able to see, appreciate, and take hold of the riches God has given them in the New Covenant. Highlighting the critical distinctions between the Old and New Covenants, Hebrews will help Catholics get to know the generosity of the Father's heart in a deeper way than ever before. **Don't wait to order your Hebrews: The New and Eternal Covenant Study Set (includes workbook and online video access) at [ascensionpress.com](http://ascensionpress.com).**

**Are you new to the Women's Bible Study? Contact Christa to register at the parish office or register at [olmc.org](http://olmc.org).**



**That Man Is You – New Sessions begin in January!** - That Man Is You is an interactive, multimedia men's program focused on the development of authentic male leadership. That Man Is You! is successful at attracting large numbers of men, including younger men still actively parenting, and then transforming their spiritual lives. TMIY will meet on Saturday mornings at OLMC. Join the men of the parish for breakfast, a short video presentation and small group discussion designed especially for men. **Registration information is available at [olmc.org](http://olmc.org).**

**Small Groups: Faith and Fellowship** – Life is better CONNECTED. Join a Small Group in 2022! Life is all about relationships. Small groups deepen our relationships with Christ and one another. The New Year is a great time to consider trying a small group! These small groups are a place to grow spiritually, find support and encouragement, face challenges together and share fellowship.

The groups will discuss life and faith, reflect on God's Word together, seek God together and pray for and with one another. If you have not participated in the past, give it a try this season! **Interested? Fill out the short interest form on our website at [olmc.org](http://olmc.org) or call the parish office.**

"For where two or three are gathered together in my name, there am I in the midst of them." Matthew 18:20

# Our Lady of Mount Carmel Church

## Pastoral Care



### Emmaus Journey: A Retreat for Grieving Parents

The Emmaus Journey is a spiritual retreat for parents whose child(ren) of any age have died by any cause, no matter how long ago. The Emmaus Journey offers a safe place where you can find peace, comfort and hope.

Gather with us in a warm and loving environment with others who know something of your pain. One day retreats from 9:30am-7pm are available in locations below.

#### **Saturday, January 29 at Our Lady of Mount Carmel Church**

Find out more at [olmc.org](http://olmc.org) or contact Christa at the parish office.



### Nourish for Caregivers – 7:00pm, Thursday, JANUARY 6 at Saint Michael Hall

Do you care for a loved one? Be Nourished! Join our Nourish Group.

Nourish for Caregivers provides the tools and resources to build a caregiver's resilience in a format rich with inspiration, practical information, spiritual nourishment...AND time for open sharing and

interactive activities.

Topics include "The Realities of Stress", "Compassion Fatigue", "Advocating for Your Loved One and Yourself", "Facing End of Life"...and much more...with a focus on the spiritual side of caregiving. Leave less stressed, feel more confident and connected to others. Enrich your prayer life. Come! Be Nourished!

### Circle of Hope – 10:00am Saturday, JANUARY 8 at Saint Michael Hall

Have you been touched in some way by cancer or by a chronic illness or condition?

You are invited to attend a Circle of Hope gathering to find faith-based support and encouragement. Circle of Hope is a community that prays together, shares stories with one another and finds hope in God together. Caretakers, survivors and those living with a diagnosis are all invited to attend our monthly gatherings.

### **Respite Ministry**

Are you a caregiver who is seeking some respite time for yourself? The Respite Ministry provides parishioners who are full time caretakers of a home-bound loved one, a break of a few hours' time to use as he or she sees fit. During that time, a trained parish Respite Minister will provide safety, supervision, and companionship to the homebound family member.

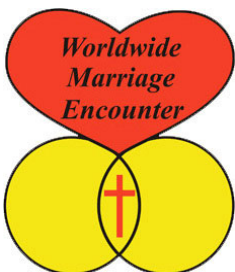
**To find out more about Nourish for Caregivers, Circle of Hope and/or the Respite Ministry, call Christa at the parish office ext. 107.**



### Virtus Training at Our Lady of Mount Carmel Church

The Diocese of Richmond requires that all those who minister with children, youth or vulnerable adults complete the Virtus Safe Environment Training.

**To register for the Virtus Training and to view additional training dates, please visit [virtusonline.org](http://virtusonline.org).**



**Worldwide Marriage Encounter** has all the tools you need for a great marriage. Sign up today to attend the upcoming Worldwide Marriage Encounter Experience **Jan. 28-30, 2022** in **NORTH MYRTLE BEACH, SC**. For more information visit our website at:

**<https://renewmarriage-vasouth.org/>**

# Our Lady of Mount Carmel Church

## CCD, Edge and Life Teen



### Children's Faith Formation (CCD)

We resume faith formation at 9 AM on **January 9<sup>th</sup>**, 2022( play practice). Our play will begin at 9:40 AM (front lawn of the church). Parents and parishioners are invited to watch our Epiphany at 9:40 AM (before Mass).



**Parent retreat** for the parents of children who will be receiving their First Eucharist will held Sunday, **January 23<sup>rd</sup>** in Saint Michael Hall and at the Church from 11 AM to 1:30 PM.

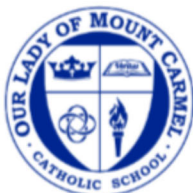
## IMPACT THE LIVES OF OUR YOUNG PEOPLE

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Call Sister Anna Joseph, O.P. at 757-596-2754 or [sajoseph@olmc-school.com](mailto:sajoseph@olmc-school.com)



McMahon Parater Scholarship Foundation

[MPSF@richmonddiocese.org](mailto:MPSF@richmonddiocese.org)

## Parish Bunco Party

### Our Parish Bunco Party & Silent Auction is BACK!



Let's get together again and join your fellow parishioners for a night of fun and excitement at the Bunco Party & Silent Auction on Friday, January 28, in St. Michael Hall. The evening will begin at 7:00 with our Silent Auction, accompanied by complimentary hors d'oeuvres, wine, and beer. The guilds of the Ladies of Carmel are donating themed gift baskets and other wonderful items to the auction.

Bunco begins at 7:45. **Never played Bunco before? Fear not!** It's really easy, and our resident Bunco expert, Susan Adams, will teach us all how to play! Cash prizes will be awarded in several categories of winners (& even losers)! We will also have a 50/50 raffle that evening.

**Tickets are \$25 per person** and are available in the Parish Office during the week and in the Commons the weekends of January 8/9 and 22/23. **Only 80 Tickets will be sold, so get yours soon!**

# Our Lady of Mount Carmel Church

## Social Ministry

*Transformed by **The Eucharist...**  
**Reaching Out** into community*

Contact Tina Wandersee at [twandersee@olmc.org](mailto:twandersee@olmc.org) or ext. 118

**PORT: January 6 and 7, 2022 Site: St. Jerome Catholic Church**, 116 Denbigh Blvd, N.N. 23608  
Coordinator: Tina Wandersee [twandersee@olmc.org](mailto:twandersee@olmc.org)  
Contact Tina for more information or to volunteer

**NEXT PORT** date is February 15 and 16, 2022 **Site: Hilton Baptist Church**, 101 Main Street, NN  
Coordinator: Lisa Jones [imlisajones@gmail.com](mailto:imlisajones@gmail.com)

### **Food Pantry Needs**

Peanut Butter/Jelly, Tuna/Chicken Helper, Canned Salmon, Tuna, Fruit, Chunky Soups, Chef Boy R Dee, Pasta Noodles - all shapes and sizes, Pasta Sauce, Pancake Mix/Syrup, Dry Milk Packets, Cake Mix/Frosting, Canned Vegetables, Boxed Potatoes, Bags of Rice, Brown Paper Bags

### **Personal Care Needs**

Shampoo, Lotion, Toothbrushes, Toothpaste, Deodorant (women/men), Bars of Soap - any cleaning supplies of your choice.

*Thank you so very much for your continued support!*



**Our Lady of Mount Carmel**  
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## Happy New Year!

From the Faculty, Staff and Students  
of Our Lady of Mount Carmel School

*We love because He first loved us*  
*1 John 4:19*

# MINISTERIO HISPANO

La Epifanía del Señor

Director - Diácono Francisco Anleu - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español: Domingos - 2:00 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM



## Ministerios de Niños

La mini obra de Epifanía antes de la misa de las 10 AM en el frente de la iglesia por los niños de Formación de Fe. Hay Formación de fe esa mañana a las 9 AM. La mini obra de teatro será a las 9:40 AM, todos son bienvenidos a verla.



El retiro para padres de niños que recibirán su Primera Eucaristía será el domingo 23 de enero en Saint Michael Hall y en la Iglesia de 11 a. M. A 1:30 p. M. La formación en la fe continúa, no hay taller de Primera Eucaristía en enero.

## La Epifanía del Señor

Los regalos están por todas partes en esta época del año. Regalos de Navidad. Regalos de anfitriona. Regalos ocultos. Regalos de tamaño incorrecto. Regalos inesperados. Regalos no deseados. Regalos no correspondidos. Y en las lecturas de hoy oímos hablar de aún más regalos: oro, incienso y mira. Pero sabemos intuitivamente (o, esperamos, eventualmente) que los regalos son símbolos de algo mucho más profundo y menos tangible. El regalo del Hijo de Dios está, por supuesto, en el centro de nuestras festividades navideñas. No estamos -y nunca- solos, porque "Dios está con nosotros". (De ahí el nombre de Emmanuel.) Pero espera, ¡eso no es todo! La liturgia nos recuerda una y otra vez que se trata de un "intercambio sagrado". Así como Cristo vino a compartir nuestra humanidad, nosotros venimos a compartir su divinidad. El significado pleno de ese misterio es un regalo que aún no hemos desenvuelto del todo.

## ¿QUÉ CLASE DE DIOS ES ESTE?

La Navidad es una temporada de abundancia. Galletas navideñas y villancicos. Fiestas y regalos. Pesebres y muérdago. Lo mismo ocurre en nuestra iglesia. En un período de nueve días celebramos la Navidad, la Sagrada Familia, María Madre de Dios, y hoy la Solemnidad de la Epifanía. Un verdadero cúmulo de riquezas litúrgicas. (¡Y aún no hemos terminado!)

Sin embargo, para mucha gente, la Navidad ya ha terminado. Los árboles están en la acera o vuelven al desván. Los regalos se guardan o se devuelven. Nos preparamos para volver a la escuela o al trabajo. Pero, como cristianos, apenas nos hemos sumergido en el profundo misterio de un Dios que camina entre nosotros. ¿Qué clase de Dios es este cuyo reino no está limitado por nuestras fronteras, miedos, expectativas o imaginaciones? El salmo de hoy nos recuerda: "Señor, todas las naciones de la tierra te adorarán". La diversidad y la inclusión no son nuevas en la agenda de Dios.

## LAS TRADICIONES DESCUBREN EL SIGNIFICADO

Dos rituales tradicionales, uno litúrgico y otro doméstico, ayudan a subrayar el significado de la Epifanía. La Proclamación de la fecha de la Pascua es una opción para incluir en la Misa de hoy. Este texto que anuncia formalmente las fechas de las próximas fiestas mayores nos recuerda que la Navidad se honra mejor en el contexto de toda la historia de la salvación que culmina en la Pascua. O como reflexiona el escritor Nathan Mitchell, la madera del pesebre se convierte en la madera de la cruz.

La segunda tradición relacionada con la Epifanía es la bendición de la puerta de la casa con tiza o gis. Incluye una oración de protección para todos los que entran en ella. Una de las explicaciones de esta tradición la relaciona con la Pascua en el libro del Éxodo: marcar los postes de la puerta con la sangre del cordero mantenía a salvo a los israelitas. Esta tradición también ofrece una conexión entre la Navidad y la Pascua.

Mientras continuamos extrayendo la riqueza de esta temporada, tarareamos junto con los ángeles: ¡Gloria in excelsis Deo!

Lecturas de hoy: Is 60:1-6; Sal 72 (71):1-2, 7-8, 10-11, 12-13; Ef 3:2-3a, 5-6; Mt 2:1-12

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"Abriendo sus cofres, le ofrecieron regalos". ¿Estás empezando a ver a tu vida como un regalo para darle al Señor como sacerdote? Llama al Padre Brian Capuano al (804) 359-5661 o escríbele a: vocations@richmonddiocese.org.



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 Your Will.

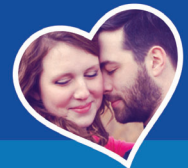
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**Encourage.**  
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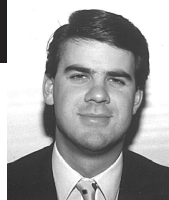
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