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NEWPORT NEWS, VA

We find Christ here. We bring Christ to the world.



I AM THE BREAD OF LIFE;
WHOEVER COMES TO ME
WILL NEVER HUNGER,
AND WHOEVER BELIEVES IN ME
WILL NEVER THIRST.

JOHN 6:35



100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 ~ www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M, W, Th: 12 noon - 2 pm; T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

August 1, 2021 ~ Eighteenth Sunday in Ordinary Time

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 9 am Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 9:00 am

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 – 8:30pm unless otherwise posted)

Friday - 7 am Mass

Please note: There will be NO Thirst: Adoration and Praise in August



Mass Intentions

Saturday, July 31, 2021

5:00 – Dick Krewinghaus

Rich & Paula Krewinghaus

Sunday, August 1, 2021

8:00 – Natalie Robicheau

Richard & Kathy Marsh

10:00 – Bernard F. Curran

Bob & Nancy Curran

2:00 – The People of the Parish

5:00 – Ike & Jeff Shelton

Betty Shelton

Mon – (9am) Eleanor Long Powell

Maureen Coon

Tues – (9am) Donald Marsh

Betty Shelton

Wed – (6:30pm) Lorraine Oswald

Lori Janousek

Thur – (9am) Mary Marziginiano

Rich & Paula Krewinghaus

Fri – (7am) Jeff & Kathey Shelton

Family

Saturday, August 7, 2021

5:00 – Elizabeth Ann Beeman

Joan & Bill Chapman

Sunday, August 8, 2021

8:00 – Dominga Burke

Family

10:00 – Edward Mazary

Dave & Eileen Mazary

2:00 – The People of the Parish

5:00 – Jeff Goulden

Bill & Janet Gorman

Church Flowers

Flowers in the Church this weekend are
in memory of
Stan Skora
from the Skora family



Offertory July 24/25

\$16,241 (\$7431 Sunday, \$8810 E-Giving)

Thank you for your generosity!



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Contact Us

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Director of Hispanic Ministry

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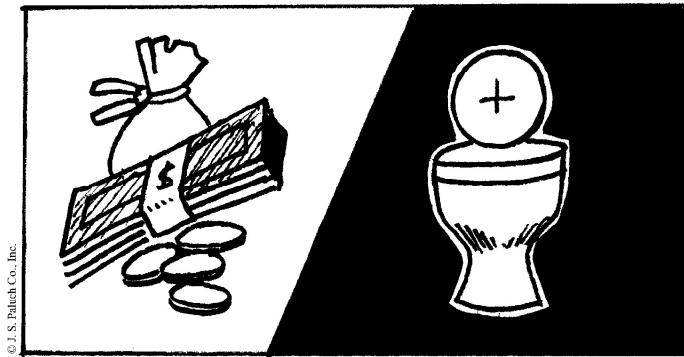
Director of Facilities

Josh McCarty jmccarty@olmc.org 119

Our Lady of Mount Carmel School - 757-596-2754

School Office Hours: M - F, 7:30 am - 3:30 pm

Principal: Sr. Anna Joseph, O.P.



Eighteenth Sunday in Ordinary Time

August 1, 2021

Do not work for food that perishes
but for the food that endures
for eternal life.

— John 6:27a

Today's Gospel is a sequel to last week's account of Jesus feeding a large crowd with five barley loaves and a few fish. Here, Jesus is challenging the crowd to see in the bread they have eaten a sign of God's generosity in providing for all the blessings in their lives, as well as the blessing of life itself. The first reading, from Exodus, recounts how the escaped Hebrew slaves were fed in the wilderness, first with quail, then with manna. The psalm is a later reflection on the manna as the bread from heaven and a blessing from God. The selection from the letter to the Ephesians sketches the image of putting away the "old self" and putting on the new, emphasizing that a person's life in Christ needs to differ from their previous life, just as the life of a free person differs from that of a slave.

SIGNS AND WONDERS?

Today's Gospel continues into a second day the narrative that had begun the day before when, after crossing the lake to look for Jesus, a large crowd are fed with five barley loaves and two fish. The following day (today's reading), after more lake crossings, the people who had been miraculously fed are again searching for Jesus. However, they do so (as Jesus puts it) "not because you saw signs, but because you ate the loaves and were filled" (John 6:6).

In John's Gospel, the word "sign" has a distinct meaning. At the wedding at Cana, after telling how Jesus turned water into wine, the Evangelist notes "Jesus did this as the beginning of his signs" that "revealed his glory, and his disciples began to believe in him" (John 2:11). For John, signs are not just wonders to behold; they are about the revelation of God and a response of faith in Jesus.

OR MAYBE THE SIGN IS THE WONDER

When the crowd first arrives, Jesus notes that they had not appreciated the sign that he had already given; they are still focused on their physical hunger. When they ask for a sign, "that we may see and believe in you" (John 6:30), they refer to their ancestors who ate manna in the wilderness. Can Jesus top that? Can he give them more bread that will relieve them of their daily worries about going hungry?

Jesus reminds the crowd that it was not Moses who gave the "bread from heaven," but his Father. Further, the Father can give them the true bread from heaven that comes down and gives life to the world. There is a parallel in the Greek between working for food that perishes and doing the works of God, which is believing in Jesus as the one God has sent. This is the sign that the people missed the day before, the sign that Jesus is pointing out to them.

Like the Evangelist, the Church uses the word "sign" for its sacraments. Like the crowd, we are called to see similar "signs" of God's generosity in all the blessings of our lives.

Today's Readings: Ex 16:27-4, 12-15; Ps 78:3-4, 23-24, 25, 54; Eph 4:17, 20-24; Jn 6: 24-35

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Our Lady of Mount Carmel Church

Initiation Programs and Adult Formation



That Man Is You - Summer Series

6:30am-8am - at Saint Michael Hall

Summer Schedule: Saturday, August 14

Our Lady of Mount Carmel invites you to gather with men of the parish for a 4-part mini-series on Manhood. Feel free to join us for one or all four depending on your summer plans.

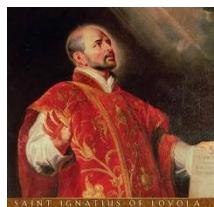
In this series we will seek to answer the question, "What does it mean to be a Man?" It is THE essential question for every man. The mini-retreat will take us on a four part journey in pursuit of the answer. The journey will hearken to the beginnings of man and find its fulfillment in Christ, and its continuation through the Church into modern times.

That Man Is You ministry gatherings include fellowship, breakfast & coffee, a presentation on the faith and small group discussion. Check back for our fall and spring schedule.

DETAILS: 6:30am-8am Saturday mornings at Saint Michael Hall

EMAIL US: thatmanisyou@olmc.org

REGISTER HERE: <https://admin.paradisusdei.org/.../our-lady-of-mount...>



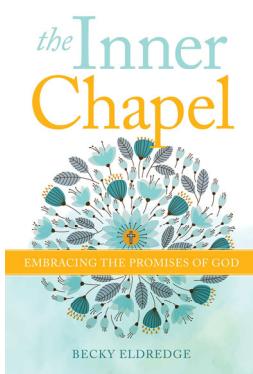
A Taste of Ignatian Spirituality – with Deacon Anton Siochi

Meets for Five Weeks on Wednesday at 7PM at Saint Michael Hall (July 7—August 4)

Five hundred years ago, the man who later came to be known as St. Ignatius of Loyola was injured by a cannonball at the battle of Pamplona. This event sparked a conversion of heart and led St. Ignatius to view life through a new lens and to “see all things new in Christ.”

After the year we have experienced, how can we “see all things new in Christ?” You are invited to join us for an introduction to Ignatian spirituality and contemplative practices. Deacon Anton will be our guide as we take time to reflect on our experiences of the past year, respond to God’s call to a deeper conversion, and envision new possibilities to deepen our own desire to know, love and serve God.

Contact Christa at cblomstrom@olmc.org or 595-0385 ext. 107 to sign up!



Women's Book Discussion - The Inner Chapel – by Becky Eldredge

Meets for Eight Weeks on Wednesday at 10AM at Saint Michael Hall (July 7 — August 25)

Over the eight weeks, we will gather as a community for prayer, faith sharing and discussion of Becky's book The Inner Chapel.

What is the “inner chapel”? The place where God meets us.

We can trust God – and we can trust in God’s promises to us, including:

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Contact Christa at cblomstrom@olmc.org or 595-0385 ext. 107 to sign up!

RE INFO HERE: <https://paradisusdei.org/that-man-is-you/#program-content>

Our Lady of Mount Carmel Church

Fall CCD, Edge and Life Teen

CCD for children K-5: Could you add to the bulletin that Faith Formation (PreK 4 up to 5th grade) in the Fall will be in-person at the School on Sundays from 9:00 AM to 9:50 AM (in between 8 and 10 Masses). Registrations will be on our website soon. Faith formation begins at the end of September.

Edge for grades 6-8: Our middle school parishioners will engage in the education of the ways of faith with weekly, in-person, catechesis using the Edge middle school program of evangelization. Edge will meet weekly, with trained Core Team members, where they will engage with the teaching of the faith, and, in a safe manner, with each other.

Life Teen for grades 9-12: Our dynamic Life Teen program for high school catechesis and evangelization will continue each week with in-person meetings. Our Core Team will work with teens to hand on the faith, prepare them for the Sacrament of Confirmation, or work on solidifying the faith as they navigate their high school years.

Registration and information regarding Religious Formation for our youth are available now on our website.

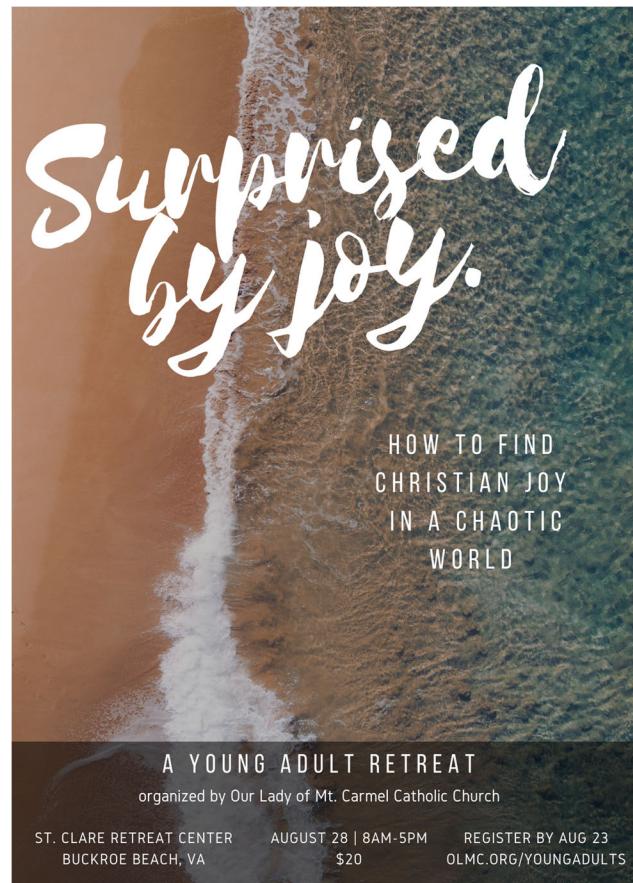
Summer Youth Ministry Activities

OLMC Life Teen is active this summer! Join us on Tuesdays for Mass and Breakfast and on Thursdays for games and formation in becoming a disciple for Christ.



Ping Pong Table Needed for Youth Ministry

A really important aspect of youth ministry is creating a welcoming environment where teens feel comfortable building faith-based relationships with each other. One way we make that happen at Life Teen is to allow some time before each faith lesson begins for the teens to play games, eat food and build relationships. We are in need of a Ping Pong Table for our Life Teen youth ministry. It has to be full sized, foldable, of nice quality, and roll freely from place to place. If you or someone you know is willing to donate one, please contact Ken White at kwhite@olmc.org.



Our Lady of Mount Carmel Church

Pastoral Care

Drivers and Riders Wanted – Van Ministry at Our Lady of Mount Carmel Church

The **OLMC Van Ministry** provides transportation to the **10am Sunday Mass** and is looking to add drivers to the schedule. A special license is not required and training on operation of the van will be provided.

For more information about serving in this ministry, please contact John Scott at jandbscott@gmail.com for the details.

If you need a ride or if you know of someone who we might be able to help, please call the parish office at 595-0385 ext. 107.

Respite for Caregivers

Do you have a few hours a month to relieve a caregiver for a short period of time? We are in need of volunteers to provide this important service to our parish family.

Caring for a family member in your home can be wonderful and yet challenging. Respite Care Ministers provide a few hours of companionship for parishioners who cannot be left alone, allowing the care-giving family member the opportunity to run errands or relax knowing that their loved one is being well cared for while the caregiver is away.

Training provided in August with anticipated start of ministry in September. Call the parish office for details or email respitecare@olmc.org.



Our Lady of Mount Carmel
PRE-K THROUGH 8TH GRADE CATHOLIC SCHOOL



School Begins on August 23rd



Our Lady of Mount Carmel Church

Social Ministry

*Transformed by The Eucharist...
Reaching Out into community*

Contact Tina Wandersee at twandersee@olmc.org or ext. 118

Outreach Office Statistics - JUNE 2021

Assisted With	#ppl/fam	\$\$\$ Amount
Dominion Power	6	\$1159.70
Va. Natural Gas	0	\$0.00
HRSD	0	\$0.00
Waterworks	1	\$108.20
Rent	7	\$1885.83
Food/Personal Care	17	54 bags food/10 pc pkg.
TOTAL	31	\$3,153.73

Thank you for your generosity each month with the Parish Charities Envelope! The Outreach Office is in need of assistance during our office hours of Monday, Wednesday, and Thursday 12-2pm and Tuesday and Friday 9-11am. We would love to have you join us. You can volunteer with us one time a month or one time a week... it is up to you. Contact Tina for more information or to come and see what we are doing 757-595-0385 ext. 118 (twandersee@olmc.org).

Pregnancy Outreach Office May/June 2021 Statistics

Assisted With	# Item	Est. \$\$\$ Value
Wipes	47	\$235.00
Diapers	64	\$512.00
Baby Care	23	\$57.50
Layette	5	\$1875.00
Formula	11	\$275.00
Baby Food	42	\$63.00
Maternity Clothes	3	\$150.00
Baby Clothes	270	\$8100.00
Blankets	6	\$150.00
Hats/Bibs/Socks	7	\$7.00
Pack n Plays	1	\$75.00
Sheet Sets	2	\$16.00
Bottles	2	\$4.00
TOTAL		\$11,195.00

You served 27 women and 34 children in the months of May and June. Thank you so much for all the items you have donated!! It is a tremendous help.

Food Pantry Needs: Bags of Rice, Carrots, Peas, Chunky Soups, Saltine Crackers

Thank you for bringing your donations to Mass with you when you come on the weekend! Every single item counts and helps us fill the pantry.

Thank you so very much for your continued support!

MINISTERIO HISPANO

Décimoctavo Domingo del Tiempo Ordinario

Director - Diácono Francisco Anleu: Oficina - (757) 595-0385 Ext. 123, Celular - (757) 846-0628, Email - fanleu@olmc.org

Misas en Español: Domingos - 2:00 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM



YO SOY EL PAN DE LA VIDA.
EL QUE VIENE A MÍ
NO TENDRÁ HAMBRE
Y EL QUE CREE EN MÍ
NUNCA TENDRÁ SED.

JUAN 6:35

DECIMOCTAVO DOMINGO DEL TIEMPO ORDINARIO

1º DE AGOSTO DE 2021

El Evangelio de hoy es una continuación de la historia de la semana pasada en la que Jesús alimentó a una gran multitud con cinco hogazas de pan y unos pocos peces. Aquí, Jesús desafía a la multitud a ver en el pan que comieron un signo de la generosidad de Dios al proveer todas las bendiciones en sus vidas, como también la bendición de la vida misma. La primera lectura, tomada del libro del Éxodo, relata cómo los esclavos hebreos que huyeron fueron alimentados en el desierto, primero con codornices y luego con maná. El salmo es una reflexión posterior sobre el maná como pan del cielo y una bendición de Dios. La selección de la carta a los efesios esboza la imagen de despojarse del “viejo yo” y vestirse del nuevo, enfatizando que la vida de una persona en Cristo necesita diferenciarse de su vida anterior, al igual que la vida de una persona libre se diferencia de la de un esclavo.

¿SIGNOS Y MILAGROS?

El Evangelio de hoy continúa en un segundo día de narración que comenzó el día anterior cuando, después de cruzar el lago para buscar a Jesús, una gran multitud fue alimentada con dos hogazas de pan y cinco pescados. El día siguiente (la lectura de hoy), después de cruzar otra vez el lago, las personas que habían sido alimentadas milagrosamente estaban buscando otra vez a Jesús. Sin embargo, lo hacen (como Jesús lo dice) “no porque vieron signos, sino porque comieron los panes y quedaron satisfechos” (Juan 6:6).

En el Evangelio de Juan, la palabra “signo” tiene un significado distinto. En la boda de Caná, después de contar cómo Jesús convirtió el agua en vino, el evangelista menciona que “Jesús hizo esto como el principio de sus signos” que “revelaron su gloria, y sus discípulos empezaron a creer en él” (Juan 2:11). Para Juan, signos no son sólo milagros para contemplar, sino que se tratan de la revelación de Dios y de una respuesta de fe en Jesús.

O TAL VEZ EL SIGNO ES EL MILAGRO

Cuando la multitud llega por primera vez, Jesús observa que no han apreciado el signo que él ya había hecho; pues la multitud está enfocada en su hambre física. Y cuando piden por un signo, “para que podamos ver y creer en ti” (Juan 6:30), se refieren a sus antepasados que comieron el maná en el desierto. ¿Puede Jesús superar eso? ¿Puede él darles más pan que les alivie de sus preocupaciones diarias por pasar hambre?

Jesús le recuerda a la multitud que no fue Moisés quien dio el “pan del cielo”, sino el Padre. Además, el Padre puede darles el pan verdadero del cielo que baja y da vida al mundo. Hay una semejanza entre el lenguaje griego al decir trabajar por la comida que se echa a perder y hacer las obras de Dios, lo cual es creer en Jesús como el enviado de Dios. Este es el signo que la gente no vio el día anterior, el signo que Jesús les está indicando.

Como el evangelista, la Iglesia utiliza la palabra “signo” para sus sacramentos. Como la multitud, estamos llamados a ver de igual manera los “signos” de la generosidad de Dios en todas las bendiciones de nuestra vida.

Lecturas de hoy: Ex 16:2-4, 12-15; Sal 78 (77):3-4, 23-24, 25, 54; Ef 4:17, 20-24; Jn 6: 24-35

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Patrick McFadden @ 593-0238

Bill Johnson @ 309-1135

Email: KofC5480@gmail.com

The Knights of Columbus is a Catholic fraternal and service organization dedicated to the principles of **CHARITY, UNITY, FRATERNITY** and **PATRIOTISM**.

The Walter Pollard Council 5480 consists of men who believe in their responsibilities to God, their wives, children, families and the community.

Open to all practical Catholic men over 18.

Meetings are on the 2nd & 4th Tuesday

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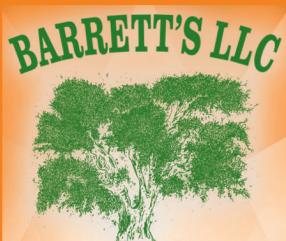
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