

# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

NEWPORT NEWS, VA

*We find Christ here. We bring Christ to the world.*



Blessed is the one who trusts in the LORD,  
whose hope is in the LORD.  
He is like a tree planted beside the waters  
that stretches out its roots to the stream.

Jeremiah 17:7-8



100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 - [www.olmc.org](http://www.olmc.org)

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M, W, Th: 12 noon - 2 pm; T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

## February 13, 2022 ~ Sixth Sunday in Ordinary Time

### Mass and Sacrament of Reconciliation

**Saturday:** 3:00 pm Confessions; 5:00 pm Mass

**Sunday:** 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

**Weekdays:**

**Monday** - 7 am Mass

**Tuesday** - 9 am Mass

**Wednesday** - 5:00 pm Adoration and Confessions, 6:30 pm Mass

**Thursday** - 8:05 am, Eucharistic Adoration 9:00 am-6:30 pm

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 – 8:30 pm unless otherwise posted)

**Friday** - 7 am Mass

\* Scheduled Mass times unless indicated on the Mass Intentions Calendar

 <i>Mass Intentions</i>	
<u>Saturday, February 12, 2022</u>	
5:00 – Bill Taylor	Lynn Taylor
<u>Sunday, February 13, 2022</u>	
8:00 – John Robinson	Maureen Coon
10:00 – Juan & Carmen Lebrón	Shorty Melendez
2:00 – The People of the Parish	
5:00 – Johnny Almirante	The Almirante Family
Mon – (7am) Filomena Kreykenbohm	Tyra & Stephen Freed
Tues – (9am) Peter Balish	Jack & Ann Svelan
Wed – (6:30pm) James Todd	Sharon George
Thur – (8:05am) Richard Lundberg	Rich & Paula Krewinghaus
Fri – (7am) Harry Scholtz	The Weischedel Family
<u>Saturday, February 19, 2022</u>	
5:00 – Howard Hannah, Jr.	Carolyn Gréaud
<u>Sunday, February 20, 2022</u>	
8:00 – Bridget Ganger	Lawrence Raftice Family
10:00 – Marie Margaret Chmiel	Bert & Joye Cano
2:00 – People of the Parish	
5:00 – Romaine D’Errico	Betty Shelton

**Flowers** for the Church may be given as memorials for a loved one or special occasion. To schedule a memorial floral gift, please call **Eileen, ext. 116** at least two weeks in advance of the date you wish. The suggested donation to cover the cost is \$85.



### Connect With Us

**Parish Website** [www.olmc.org](http://www.olmc.org)

**Facebook** [www.facebook.com/olmcnva](http://www.facebook.com/olmcnva)

**Parish Email—Flocknote** Subscribe on Parish Website or Select the ministries from which you would like to receive notices. Text [mountcarmel](tel:mountcarmel) to 84576 and follow the link sent to subscribe.

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<hr style="width: 50%; margin: 0 auto;"/>		
<b>Our Lady of Mount Carmel School - 757-596-2754</b>		
School Office Hours: M - F, 7:30 am - 3:30 pm		
Principal: Sr. Anna Joseph, O.P.		

# Our Lady of Mount Carmel Church

## Sixth Sunday in Ordinary Time

Today we hear once again of the deep connection between Jesus and Israel's prophets. In the reading from Jeremiah, God's curses at the opening are counterbalanced by God's blessings in the second part. In Luke's version of the Beatitudes, Jesus begins with blessings, then counterbalances with a "woe" section. The point is clear: the way we live our lives has a direct connection to whether we will experience curses and woes, or blessings instead. Of course, being among God's blessed ones (in Latin, *beati*, from which "beatitudes" comes) doesn't necessarily mean a life free of woe. Jesus, in his fully human nature, knew this. He also knew that when we seek happiness through our own devices, and trust only in ourselves, the woes are guaranteed to come. Let us follow the wisdom of Jeremiah and Jesus, along with the opening of the book of Psalms (echoed by Jeremiah today): "blessed are the ones who trust in the Lord."

### I DON'T KNOW

There are times when the smartest, but most difficult, thing we can say is, "I don't know." While we often think of this as a sign of weakness, the amount of humility it takes to say this means that the word of God is alive and well in us. To say "I don't know" means that we look outside of ourselves to learn, and to find those who do know, and--ultimately--accept that we have to look to others and to God to help us, to guide us through life. To place our trust and hope only in this world, Paul tells the Corinthians (and us!), makes us people to be pitied. Jesus echoes this in the "woes" section of Luke's Beatitudes, when he points out that trusting in earthly wealth, full bellies, entertainments, and reputation will, eventually, not be enough when we are called beyond this life.

### LOOK 'EM IN THE EYE

Prior to delivering the blessings and woes of his "Sermon on the Plain" in Luke, Jesus had been on top of a mountain in prayer, after which he selected the Twelve to go on his mission with him. Coming down from the mountain, the first thing Jesus does is show them what is at the heart of his--and their--mission: preaching to the multitude, healing all who were in need of it, no matter where they had come from. Luke then carefully notes that Jesus raises his eyes, not to look toward heaven again in prayer, but he raises his eyes to look directly at his disciples, to share the message of blessings and woes. This scene echoes Moses coming down from the mountain to give Israel its command as to how they should live in God's covenant. As followers of Jesus today, we are called to live out his mission to the world, while we also look beyond this world to trust in God, our only hope.

Today's Readings: Jer 17:5-8; Ps 1:1-2, 3, 4 and 6; 1 Cor 15:12, 16-20; Lk 6:17, 20-26

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## Get Involved

### Ushers

Ushers are needed for all Sunday Masses. Ushers welcome people and assist with seating them. They also direct the Communion procession and help collect the weekly monetary offering. If you are able to serve as an usher, contact Heber Dunkle at [hdunkle@olmc.org](mailto:hdunkle@olmc.org).

### Adorers Needed for Eucharistic Adoration

Adorers are needed for Eucharistic Adoration. Adoration is held each Thursday between the hours of 9 a.m. and 6 p.m. If you are able to commit to a regular Thursday Holy Hour, please email [adoration@olmc.org](mailto:adoration@olmc.org).

Join **Our Lady's Prayer Group** to pray the rosary and Chaplet of Divine Mercy the last Saturday of every month from 9:00am—10:30 am in the church. Bring your Intentions. All are welcome! **NEXT** pray session is **Saturday, February 26th**.



"Blessed is the one who trusts in the LORD ..." Are you considering a vocation to the priesthood? Call the Vocations Office, (804) 359-5661, to speak with Fr. Brian Capuano; or write to [vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org).



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### Weekly Collections

Offertory February 5 & 6

\$37,546 ( E-Giving \$16,787, Sunday \$20,759)

Thank you for your generosity!

# Initiation Programs and Adult Formation



## **Becoming Catholic**

Is Christ calling you into the Catholic Church? What does the Catholic Church actually believe? What does it mean to be a disciple of Christ? If you are interested in exploring the answers to these questions, we'd like to help.

The RCIA (Rite of Christian Initiation for Adults, Youth & Children) process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for those who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

## **Awakening Faith**

Have you been away from the active practice of your Catholic faith? Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series. We can assist you return to the active practice of your faith and welcome you back to the Lord's Table.

## **Adult Confirmation**

Are you an active practicing Catholic adult who "missed" participating in the Sacrament of Confirmation? We invite you to enter the process of preparation at the parish.

**To learn more, visit [olmc.org](http://olmc.org) or contact Christa at the parish office at extension 107 or email [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org).**



walking with purpose

## **Walking With Purpose – Meets on Wednesdays at 7pm**

Are you stretched and would like a way to refuel and be refreshed while making authentic connections with others? Would you like to have a better understanding of your faith and learn more about God?

**Walking with Purpose** is a Catholic Bible study for women that aims to bring women to a deeper personal relationship with Jesus Christ by offering personal study and small group discussion that link our everyday challenges with the solutions given to us through the teachings of Christ and the Catholic Church.

Details at [olmc.org](http://olmc.org) or call the parish office to register.

## **Women's Bible Study – Meets Thursday mornings**

Embark on a guided tour of the "Holy of Holies" of biblical theology in ***Hebrews: The New and Eternal Covenant***, an eight-part Bible study presented by Dr. Andrew Swafford and Jeff Cavins! In this study, Catholics will be able to see, appreciate, and take hold of the riches God has given them in the New Covenant. Highlighting the critical distinctions between the Old and New Covenants, Hebrews will help Catholics get to know the generosity of the Father's heart in a deeper way than ever before. **Don't wait to order your *Hebrews: The New and Eternal Covenant* Study Set (includes workbook and online video access) at [ascensionpress.com](http://ascensionpress.com).**

**Are you new to the Women's Bible Study? Contact Christa to register at the parish office or register at [olmc.org](http://olmc.org).**

**That Man Is You – Meets Saturday mornings** That Man Is You is an interactive, multimedia men's program focused on the development of authentic male leadership. That Man Is You! is successful at attracting large numbers of men, including younger men still actively parenting, and then transforming their spiritual lives. TMIY will meet on Saturday mornings at OLMC. Join the men of the parish for breakfast, a short video presentation and small group discussion designed especially for men. Registration information is available at [olmc.org](http://olmc.org).

**Small Groups: Faith and Fellowship** – Life is better CONNECTED. Join a Small Group in 2022! Life is all about relationships. Small groups deepen our relationships with Christ and one another. The New Year is a great time to consider trying a small group! These small groups are a place to grow spiritually, find support and encouragement, face challenges together and share fellowship. The groups will discuss life and faith, reflect on God's Word together, seek God together and pray for and with one another. If you have not participated in the past, give it a try this season! **Interested? Fill out the short interest form on our website at [olmc.org](http://olmc.org) or call the parish office.**



## **Virtus Training at Our Lady of Mount Carmel Church**

The Diocese of Richmond requires that all those who minister with children, youth or vulnerable adults complete the Virtus Safe Environment Training.

**To register for the Virtus Training and to view additional training dates, please visit [virtusonline.org](http://virtusonline.org).**

# Our Lady of Mount Carmel Church

## Pastoral Care

### **Nourish for Caregivers – 7:00pm, Thursday, March 3 at Saint Michael Hall**

**Nourish** is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view. Discover blessings in caring for another.

### **This month's topic: The Realities of Stress and Learning to Cope**

Are you handling stress well? Find out! We'll use tools to measure actual levels and discuss practical ways to reduce it. The physical and emotional strains of caregiving can place you at higher risk for memory problems, heart disease and depression. Can faith, worry and stress co-exist? Be nourished. [www.nourishforcaregivers.com](http://www.nourishforcaregivers.com)



### **Circle of Hope – 10:00am Saturday, March 5 at Saint Michael Hall**

Have you been touched in some way by cancer or by a chronic illness or condition?

You are invited to attend a Circle of Hope gathering to find faith-based support and encouragement. Circle of Hope is a community that prays together, shares stories with one another and finds hope in God together. Caretakers, survivors and those living with a diagnosis are all invited to attend our monthly gatherings.

Circle of Hope meets the first Saturday of most months, give us a call for more information.

## Inclusive Ministries

**Do you want to know more about “Inclusive Ministry” and how you can help?** You are invited to join SPRED and FIN (Faith Inclusion Network) for a **SPEAKER'S FORUM** on **Tuesdays from 6:30 – 7:30pm** In the **SPRED Classroom**.

**February 22, 6:30 pm -7:30pm** “The Community for All Initiative” with Shelly Christensen, MA, FAAIDD

**March 1, 6:30 – 7:30 pm** “Reimagining Faith and Disability within Community” with Anne Masters, Ph.D, FAAID

**April 5, 6:30pm-7:30 pm** with Ron Sandison, M.Div.

**April 26, 6:30-7:30 pm** with Erik W. Carter, Ph.D.

Contact David Litzinger @ 719-4028 (voicemail/text) or Christa Blomstrom @ 595-0385 (ext. 107).

Give your spouse the gift of a special Valentine. The **Worldwide Marriage Encounter Experience** teaches a technique of loving communication that you can use for the rest of your lives. Sign up today for a Worldwide Marriage Encounter Experience on **Mar 25-27, 2022 in Warrenton, VA and May 6-8, 2022 in HICKORY, NC**. Early sign up is recommended. For more information visit our website at: <https://renewmarriage-vasouth.org/>



worldwide

marriage encounter

# Our Lady of Mount Carmel Church

## Community

**THE SECOND ACT GROUP** will meet **Thursday, February 17<sup>th</sup> at 12:00 noon** in **St. Michael Hall**. We have a most interesting speaker scheduled, speaking on **SERVICES AND LINKING WITH SENIORS**. We look forward to this time of fellowship with one another. Please remember to bring a bag lunch.

**Ladies of Carmel Elections**– A Nominating Committee has been formed for **election of officers for the Ladies of Carmel**. Duties of each position may be found in the Bylaws of the LOC. (*Please contact the Committee Chair if you would like a copy of the Bylaws emailed to you.*) Michale Weaver is Committee Chair, members are Maureen Coon, Linda Scholl and Kathy Nowinsky. The Nominating committee will present a slate of the best possible candidate(s) for each office at the March 7th Board meeting. The Committee will accept suggestions no later than February 28 from LOC guild members as per the Bylaws. Elections will be held Wednesday April 27 at the General Board meeting. Contact Michale Weaver at (757) 696-2644 - via email at [Michale.weaver19@gmail.com](mailto:Michale.weaver19@gmail.com) or other committee members with your recommendations or questions.



### LADIES OF CARMEL SUPER BOWL & VALENTINES DAY BAKE SALE!



Please stop by the hospitality center after mass this weekend to purchase baked goods. All items will be sold for a donation. The proceeds directly benefit OLMC Community.

### LADIES OF CARMEL MEMBERSHIP

The Ladies of Carmel will be hosting a morning meet and greet at the school soon to form a guild comprised of school moms. Stay tuned for further details!!

All ladies of the parish are encouraged to join the Ladies of Carmel. Please contact [PaulaKrew@gmail.com](mailto:PaulaKrew@gmail.com) or [LOC@OLMC.ORG](mailto:LOC@OLMC.ORG) for information.

*Shine Like the Stars*

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**Dine-in or Drive-thru Dinner & Children's Raffle**

You are invited to our family dinner at OLMC School on Monday, February 28th from 5:30 to 7:00 PM.

Each dinner ticket is \$15 and includes chicken, steak, baked potato, caesar salad, and a roll.

**Meals are limited. Reserve your spot by registering online or returning the flyer (from communication folder) and payment to the school front office by February 18th.**

Desserts will be available for purchase through our bake sale.

Children's Raffle will be open.  
Raffle tickets are \$1 each.

### CATHOLIC SPEAKER AND AUTHOR LAURA PHELPS

Is coming to **St. Stephen, Martyr Catholic Church** on **Friday, February 25th at 7:00 - 8:30 pm**

Grab your friends for an uplifting evening of fellowship, drinks, and laughter as Laura Phelps, Catholic speaker and author, equips women of all ages to put on spiritual armor, face daily battles, and win! Laura's passion is fierce, her devotion to our Blessed Mother strong, and her message simple... we cannot outrun our cross, so we might as well embrace it. Vulnerable, funny, and totally Catholic, Laura's message of hope is sure to inspire.

Before registering, please close your eyes and invite the Holy Spirit to place a woman on your heart who needs His encouragement. As a favor to Him, consider gifting her a ticket. God will richly reward your faithfulness... plus you'll both enjoy a well deserved girls' night out!

**Get Laura Phelps tickets today!**  
**\$10 in advance. \$15 at the door.**

Hope to see you on Friday, February 25th at 7:00 pm at St. Stephen, Martyr at 1544 S. Battlefield Boulevard, Chesapeake VA, as Laura connects and empowers women from across Hampton Roads.



# Our Lady of Mount Carmel Church

## Social Ministry

Transformed by *The Eucharist...*

*Reaching Out into community*

Contact Tina Wandersee at [twandersee@olmc.org](mailto:twandersee@olmc.org) or ext. 118

### The Outreach Office January 2022 Statistics

Assisted With	#ppl/families	Actual \$\$\$
Rent	1	\$332.89
Dominion Energy	16	\$2971.59
Va Natural Gas	0	\$0.00
Waterworks	11	\$2914.06
HRSD	0	\$0.00
Food/Personal Care	29	111 bags/30 pc
<b>TOTAL</b>	<b>57</b>	<b>\$6218.54</b>

Thank you so very much for your continued support of Outreach Ministries this past month we have added 11 new volunteers to our ministries to include new pantry volunteers, outreach office and pregnancy outreach volunteers. Thank you so much for stepping forward and being willing to serve with us!!

#### **PORT Winter Shelter**

We are still serving our brothers and sisters who are suffering homelessness at three more locations. **While we have the teams half full we do still need your assistance.** All the teams could use your help! We have 2 great coordinators who will support you and take you through all the steps from start to finish. Join us!! Remaining Dates:

**February 24 and 25** we are serving at New Beech Grove Baptist Church (this is a new location) 361 Beechmont Dr. Same needs as above. Contact Sheila Dann [sdann@abbitt.com](mailto:sdann@abbitt.com)

**March 10 and 11** we are serving at Denbigh United Presbyterian at 302 Denbigh Blvd. Same needs as above. Contact Michelle Grau [michgra@cnu.edu](mailto:michgra@cnu.edu)

#### **The Outreach Office and Pregnancy Outreach Ministry**

This week we welcomed new families and individuals into our Food Pantry processes. We are so grateful for the extra support and extra hands! Both the office of financial aid/food and pregnancy outreach have begun to see an increase in those seeking assistance. We could use extra help in a few more areas:

**Interviewers for Outreach** - Our office is very busy on Wednesday afternoons (12-2pm) and we could use a few more volunteers to interview (currently we are still doing this over the phone) those in need of assistance. If you have morning availability the office has needs on Friday morning as well from 9-11am. **Pregnancy Outreach** - This office could use some extra help in a variety of ways - all of which can be done at your convenience.

1. Sorting, folding and putting outfits together from the donations we receive. You can do this at home or in our office.
  2. Putting together layettes for boys and girls per the guideline provided. This can be done in our office at your convenient time and day.
  3. Boxing or bagging the items needed by those families in need - again at your convenience.
- Please contact Tina for more information regarding any of these opportunities to serve.

**Food Pantry** - Crackers, Fruit, Tuna/Chicken/Hamburger Helper, Mac n Cheese, Pasta, Chef Boy R Dee, Peas, Carrots

**Personal Care Items** - Shampoo, Deodorant, Toothbrushes, and Toothpaste

**Thank you so very much for your continued support!**

# MINISTERIO HISPANO

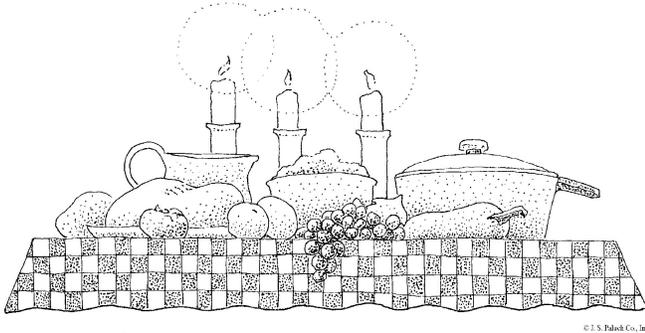
Sexto Domingo del Tiempo Ordinario

Director - Diácono Francisco Anleu: Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español: Domingos - 2:00 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM

## Sixth Sunday in Ordinary Time February 13, 2022



“Blessed are you who are poor,  
for the kingdom of God is yours.  
Blessed are you who are now hungry,  
for you will be satisfied.”

— Luke 6:20-21a

### Sexto Domingo del Tiempo Ordinario

Hoy volvemos a escuchar la profunda conexión entre Jesús y los profetas de Israel. En la lectura de Jeremías, las maldiciones de Dios al principio se compensan con las bendiciones de Dios en la segunda parte. En la versión de Lucas de las Bienaventuranzas, Jesús comienza con bendiciones, y luego las contrarresta con una sección de "ayes". El punto es claro: la forma en que vivimos nuestras vidas tiene una conexión directa con el hecho de que experimentaremos maldiciones y ayas, o en cambio, bendiciones. Por supuesto, estar entre los benditos de Dios (en latín, *beati*, de donde viene "beatitudes") no significa necesariamente una vida libre de aflicciones. Jesús, en su naturaleza plenamente humana, lo sabía. También sabía que cuando buscamos la felicidad a través de nuestros propios recursos, y confiamos sólo en nosotros mismos, las desgracias están garantizadas. Sigamos la sabiduría de Jeremías y de Jesús con el comienzo del libro de los Salmos (del que se hace eco Jeremías hoy): "Bienaventurados los que confían en el Señor".

### NO LO SÉ

Hay veces que lo más inteligente, pero lo más difícil, que podemos decir es: "No sé". Aunque a menudo pensamos que esto es un signo de debilidad, la cantidad de humildad que se necesita para que decir esto significa que la Palabra de Dios está viva y bien en nosotros. Decir "no sé" significa que buscamos fuera de nosotros mismos para aprender, y encontrar a los que sí saben, y -en última instancia- aceptar que tenemos que mirar a los demás y a Dios para que nos ayuden, para que nos guíen por la vida. Poner nuestra confianza y esperanza sólo en este mundo, dice Pablo a los corintios (y a nosotros), nos convierte en personas dignas de lástima. Jesús se hace eco de esta idea en la sección de "ayes" de las Bienaventuranzas de Lucas, cuando señala que confiar en las riquezas terrenales, en las barrigas llenas, en los entretenimientos y en la reputación, finalmente no será suficiente cuando seamos llamados más allá de esta vida.

### MÍRALOS A LOS OJOS

Antes de pronunciar las bendiciones y los males de su "Sermón del llano" en Lucas, Jesús había estado en la cima de una montaña en oración, tras lo cual seleccionó a los Doce para que fueran con él en su misión. Al bajar de la montaña, lo primero que hace Jesús es mostrarles lo que es el corazón de sumisión -y de la de ellos- predicar a la multitud, curando a todos los que lo necesitaban, sin importa de dónde vinieran. A continuación, Lucas señala cuidadosamente que Jesús levanta los ojos para mirar directamente a sus discípulos, para compartir el mensaje de bendiciones y males. Esta escena es un eco de Moisés bajando de la montaña para dar a Israel su mando sobre cómo deben vivir en la alianza de Dios. Como seguidores de Jesús en la actualidad, estamos llamados a vivir su misión en el mundo, al tiempo que miramos más allá de este mundo para confiar en Dios, nuestra única esperanza.

Lecturas de hoy: Jer 17:5-8; Sal 1:1-2, 3, 4 and 6; 1 Cor 15:12, 16-20; Lc 6:17, 20-26

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“Dichoso el que confía en el SEÑOR...”. ¿Estás pensando en una vocación en la vida consagrada? Llama al Padre Brian Capuano al (804) 359-5661 o escríbele a: [vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org).

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