

OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

NEWPORT NEWS, VA

We find Christ here. We bring Christ to the world.



100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 ~ www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M,W,Th: 12 noon - 2 pm;
T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

Connect With Us

Parish Website www.olmc.org

Facebook www.facebook.com/olmcnnva

Parish Email ~ Flocknote Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

Text [mountcarmel](https://www.10textnow.com/text/mountcarmel) to 84576 and follow the link sent to subscribe.

February 5, 2023 ~ Fifth Sunday in Ordinary Time

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)

Friday - 7 am Mass

** Scheduled Mass times unless indicated on the Mass Intentions Calendar*



Mass Intentions

Saturday, February 4, 2023

5:00 – +Doug Foust Maureen Foust

Sunday, February 5, 2023

8:00 – +Cathy Hoffmaster St Elizabeth Guild

10:00 – +Warren Balish Jack & Ann Svelan

2:00 – The People of the Parish

5:00 – +Tommy & Bettye Garneau Lisa & Gayn Borland

Mon – (5:30pm) Int's of John Paul Sommer Mom & Dad

Tues – (9am) Int's of the Poor & Vulnerable served through the
OLMC Outreach Ministry Kim Taylor

Wed – (6:30pm) +John Freed Tyra & Stephen Freed

Thur – (8:05am) Int's of Kelly Johnson & Mary Graham
OLMC School

(6:30pm) +Julia Gonzalez-Aponte Cristy Barton

Fri – (7am) +Steven R. Rutherford Karen Coulson

Saturday, February 11, 2023

5:00 – +Johnny Almirante The Almirante Family

Sunday, February 12, 2023

8:00 – +Don Wise The Weischedel Family

10:00 – +Don Baker Mary Baker

2:00 – The People of the Parish

5:00 – +Jolyn Rivenbark Christa & Bill Blomstrom

Contact Us

Pastor

Rev. Dan Beeman frdbeeman@olmc.org 112

Parochial Vicar

Rev. Saúl Anleu frsaul@olmc.org 111

Priest in Residence

Rev. Peter T. Tran frpeter@olmc.org 101

Deacons

Deacon Anton Siochi deaconanton@olmc.org 129

Deacon Francisco Anleu fanleu@olmc.org 123

Adult Faith Formation

Cristy Barton cbarton@olmc.org 131

Baptism & Children's Faith Formation

Elizabeth Kassel ekassel@olmc.org 104

Hispanic Ministry

Deacon Francisco Anleu fanleu@olmc.org 123

Liturgy & Worship

Heber Dunkle hdunkle@olmc.org 121

Pastoral Care

Christa Blomstrom cblomstrom@olmc.org 107

Sacred Music

Johanna Smith jsmith@olmc.org 117

Social Ministry

Kim Taylor ktaylor@olmc.org 118

Youth & Young Adult Ministry

Contact Gregory Walsh gwalsh@olmc.org 106

Bookkeeper

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Business Administrator

Joyce Kiser jkiser@olmc.org 109

Facilities

Josh McCarty jmccarty@olmc.org 119

Office Manager

Eileen Mazary emazary@olmc.org 116

CNU Campus Ministry

Cate Harmeyer ccm@cnu.edu

Weekly Collections

Offertory January 28 & 29

\$18,241 (E-Giving \$9345, Sunday \$8896)

We are thankful for your consistent stewardship. ©OPMC

Our Lady of Mount Carmel School

757-596-2754

School Office Hours: M - F, 7:30 am - 3:30 pm

Principal: Sr. Anna Joseph, O.P.

Initiation Programs and Adult Formation

Have you been away from the active practice of your Catholic faith?

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God's mercy, the Mass, and the Church.



The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community. We can assist your return to the active practice of your faith and welcome you back to the Lord's Table.

Schedule a quick meeting with Cristy Barton at ext. 131 or cbarton@olmc.org for more information.

Adult Confirmation

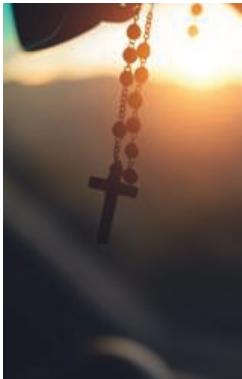
Are you an active practicing Catholic adult who "missed" participating in the Sacrament of Confirmation? We invite you to enter the process of preparation at the parish.

New sessions will begin on April 18th, please contact Cristy at ext. 131 or cbarton@olmc.org for more information.



Mysteries of the Rosary

Enter into the Mysteries of Christ and Rediscover the Power of the Rosary



Come and join us and learn more about the mysteries of the Rosary and pray as a community on Wednesday evenings during lent after the 6:30 PM Mass in Saint Michael Hall. An authentic encounter with Christ leads to our transformation and sanctification. Mysteries of the Rosary integrates deeply reflective insights on the life of Christ, theological truths, and captivating stories together with breathtaking scenery, illuminating sacred art, and inspiring music. By filming on location in the Holy Land, Paradisus Dei's aspiration is to make the Rosary come alive in the hearts and minds of the participants. Encounters with Christ in the episodes and discussions will lead to even deeper encounters with Him in personal prayer and contemplation.

We begin on Wednesday, February 15th at 7 PM.

Contact Cristy at ext. 131 or cbarton@olmc.org if you have questions. RSVP at olmc.org (scroll down, below Mass schedule).

Walking With Purpose ~ Enabling Women to know Christ through Scripture

****New Study:****

Living in the Father's Love meets on **Fridays** from 1-2:30 PM at Saint Michael Hall Room A. Short Study begins February 24th, register online at olmc.org.

Opening Your Heart takes place on Wednesdays at 7 pm at Saint Michael Hall (room A) all women of the parish are welcome to join.

Touching the Divine is the next study **if you have already done Opening your Heart**. This study also takes place on Wednesdays, at 7pm at Saint Michael Hall (room C). Register online at olmc.org

For more information contact Cristy at ext. 131 or cbarton@olmc.org



Men's Ministry

Saturday Mornings, 7am - 8:30am
at Saint Michael Hall

Register at tinyurl.com/TMIYolmc, call the Parish Office at 757-595-0385, or use the QR code



Pastoral Care

Please
join us!

Father Dan Beeman and the Parish Staff of
Our Lady of Mount Carmel Church
Cordially invite you to attend

Holy Mass and the Senior Appreciation Breakfast

Tuesday, February 21, 2023

9:00 am ~ Holy Mass at Our Lady of Mount Carmel Church

10:00 am ~ Breakfast to follow at Saint Michael Hall

Faith ~ Fellowship ~ Food on Fat Tuesday!

For all seniors (65+), with gratitude for your service and dedication to the parish.

Kindly make your reservation by Monday, February 13. There is no charge for breakfast.

RSVP: Call 757-595-0385 ext. 107 or email cblomstrom@olmc.org



Emmaus Journey: Serving the Spiritual Needs of Grieving Parents

Of all the pains that life can hand us, arguably the most searing is the death of a child. A parent's world irrevocably changes forever. As Jesus joined his distraught disciples on the road to Emmaus, we ask him to join us as we struggle through this journey of grief.

The Emmaus Journey is a faith-based, day-long, spiritual retreat for grieving parents led by a team that includes grieving parents, spiritual directors, clergy, and parish leaders. The Emmaus Journey offers a safe place to seek peace, comfort, and hope.

Join us in a warm and loving environment with others who know something of your pain.

Next Retreat Dates:

March 4, 2023 – Church of the Redeemer, Mechanicsville

August 12, 2023 – Our Lady of Mount Carmel Church, Newport News

October 21, 2023 – Saint Edward the Confessor, North Chesterfield

Pick up a brochure after Mass at the Welcome Desk for an outline of the retreat.

To register, contact Christa at the parish office or see the link at olmc.org.



Circle of Hope ~ Saturday, March 4th at 10:30 am

HOW BEST CAN WE PRAY FOR YOU?

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness?

Come join a **Catholic faith-based, spiritually uplifting group of OLMC men and women** who gather on the first Saturday of every month for fellowship, prayer and support. We learn how Jesus, Our Blessed Mother Mary, and our Saints all give us a perfect example of how to persevere during difficult times.

You're invited to **come fellowship with us over refreshments** at our next meeting on **SATURDAY, March 4 at 10:30 am** at Saint Michael Hall. We look forward to meeting you!

Contact Christa at 757-595-0385 x107 or cblomstrom@olmc.org for more information.

Nourish for Caregivers – 6:30pm Wednesday, March 1, 2023

This month's topic:
The Realities of Stress and Learning to Cope



Nourish is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view. Be Nourished.

www.nourishforcaregivers.com

Contact Christa at 757-595-0385 x107 or cblomstrom@olmc.org for more information.

Social Ministry

THE LORD SAID TO THE PROPHET ISAIAH:

Is this the manner of fasting I wish, of keeping a day of penance: that a man bow his head like a reed, and lie in sackcloth and ashes? Do you call this a fast, a day acceptable to the Lord?

This, rather, is the fasting I wish: releasing those bound unjustly, untying the thongs of the yoke, setting free the oppressed, breaking every yoke.

Is it not sharing your bread with the hungry, sheltering the afflicted and the homeless; Clothing the naked when you see them and not turning your back on your own flesh. Then your light shall break forth like the dawn, and your wound shall quickly be healed. Your vindication shall go before you, and the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer, you shall cry for help, and He will say: "Here I am!"

If you remove the yoke from among you, the accusing finger, and malicious speech; if you lavish your food on the hungry and satisfy the afflicted; then your light shall rise in the darkness, and your gloom shall become like midday. Is 58: 5-10.

From the full text of Isaiah 58, it is clear that the Lord is admonishing the nation of Israel, not only individuals. He tells Israel that when it works to restore justice and righteousness to the nation's poor and vulnerable, then the nation's wounds would be healed and it will once again be the shining city on a hill for all to see.

It tells us that, as a city, a state and a nation, we must work to reform unjust systems. The underprivileged — immigrants and the poor — are disproportionately vulnerable to injustice because they usually have no power to fight for their right to be treated with dignity or their access to basic services. As individuals, we must meet the needs of those who God puts in our path to care for with respect.

Jesus tells us: **Your light must shine before others, that they may see your good deeds and glorify your heavenly Father.** Mt 5:16.

Light a match: pray for the most vulnerable of our neighbors and share your resources with them.

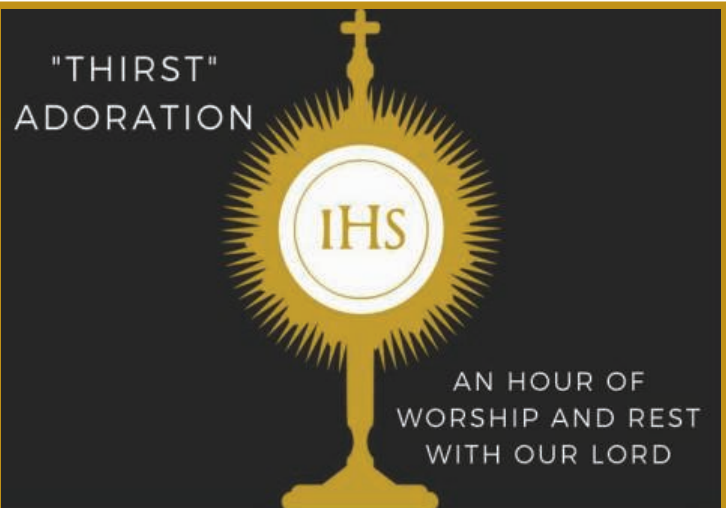
Pantry Needs: soups (other than chicken noodle), crackers, fruit, peas, tuna and chicken helper. We also need soap, shampoo, toothbrushes and toothpaste.

PLEASE do not drop off clothes other than gently used baby clothes up to size 2T

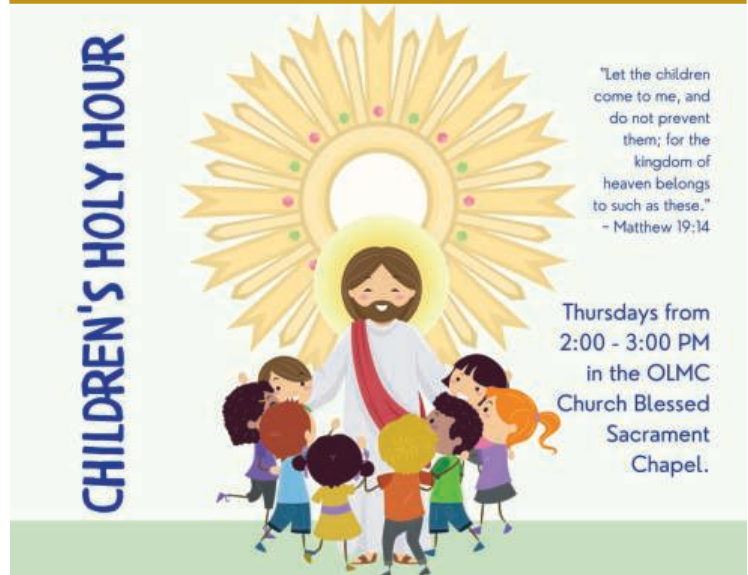
Volunteers: Special project, at least 4 hours a week until Lent.

Kim Taylor: ktaylor@olmc.org or (757) 595-0385 ext. 118

Liturgy



Thirst: Adoration & Praise will take place on Thursday, February 9th from 7:30 pm ~ 8:30 pm in the Church.



Ministerio Hispano

Director - Diácono Francisco Anleu:
Oficina - (757) 595-0385 Ext. 123
Email - fanleu@olmc.org

Misas en Español:
Domingos 2:00 PM, Jueves 6:30 PM

Confesiones:
Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente

Bautizos: Para más información sobre bautizos, primeras comuniones, guardería o educación de la fé, por favor contacte a la Señorita Elizabeth Kassel a la ext. 104 o envíe un correo electrónico ekassel@olmc.org.

Para niños **no bautizados** mayores de 7 años que necesitan el sacramento de bautizo, primera comunión por favor contacten a la Señora Cristy Barton a la oficina parroquial o cbarton@olmc.org para información para el RICA para niños.

Community

GIVE BLOOD



American Red Cross

You can make a difference.

Wednesday, March 1, 2023

Saint Michael Hall

11 am ~ 4 pm

To schedule an appointment, visit redcrossblood.org and enter OurLady.

Male and female, He created them.

UNDERSTANDING THE CATHOLIC RESPONSE TO GENDER IDENTITY:
A SESSION FOR PARENTS.



Wednesday, 8 March

Holy Mass at 6:30pm
Session Following in
Saint Michael Hall

Our Lady of Mount
Carmel Catholic Church
Newport News, Virginia

Featuring Mary Rice Hasson

event sponsored by the Office for Evangelization
of the Catholic Diocese of Richmond



Ladies of Carmel Bake Sale

Stop by the Commons after all Masses, **February 11th & 12th** to purchase delicious baked goods for your **Super Bowl party** or **Valentines Day!**

All items will be sold for a donation. The proceeds directly benefit our OLMC Community.



PRAY

THE STORY OF PATRICK PEYTON

ALL WOMEN OF THE PARISH ~ Save the date !

Thursday, March 23 at 6 PM

Movie Night

The Ladies of Carmel invite you to enjoy soup and dessert followed by an award winning movie.

Pray - the story of Father Patrick Peyton is an hour long documentary that follows an Irish immigrant who dreams of becoming a millionaire but ends up internationally famous for his message **"The Family Who Prays Together - Stays Together."**

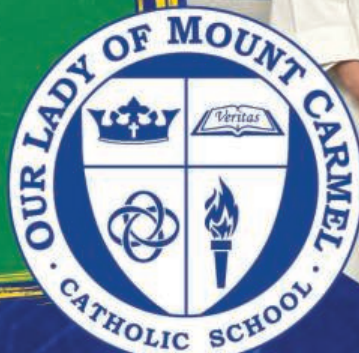
No charge and sign up information will be coming soon!

Our Lady of Mount Carmel Catholic School

FUN DURING CATHOLIC SCHOOLS WEEK!

On Monday of Catholic Schools week our students were invited to dress like their favorite teacher. We had a few "mini sisters".

"God made us for joy. God is joy, and the joy of living reflects the original joy that God felt in creating us."
St. Pope John Paul II



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