

09 February 2025

Fifth Sunday in Ordinary Time

OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH



NEWPORT NEWS, VA

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Text [mountcarmel](tel:757-84576) to 84576 and follow the link sent to subscribe.

Parish Office Hours:

Monday - Thursday: 9 am - 5 pm

Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

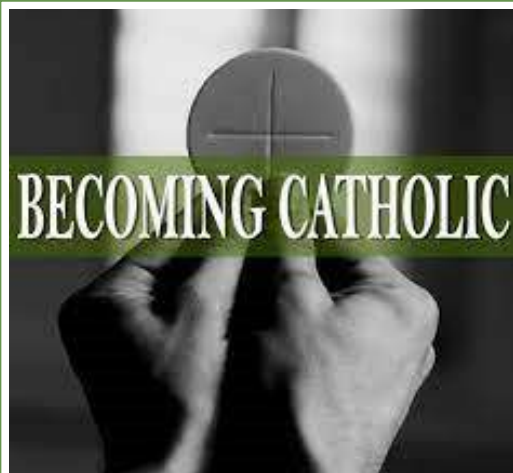
Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Initiation Programs for Adults



Are you or anyone you know interested in exploring the Catholic Church as your church home?

Have you been sitting in the pew next to your Catholic spouse for years wondering what you have to do to become Catholic?

If so, join us for a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

Contact Lisa Wienhoff at lwienhoff@olmc.org for more information.



Adult Confirmation (adults 18+)

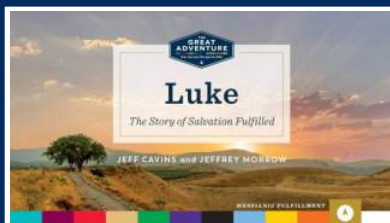
STILL NOT CONFIRMED?

THIS CLASS IS FOR YOU!

Classes have begun, contact Lisa for more information

lwienhoff@olmc.org or 757-595-0385 ext 131

Adult Faith Formation



New Adult Faith Study ~ All adults of the parish are welcome!

Luke: The Story of Salvation Fulfilled

Wednesdays, 7-8:30pm (after 6:30 Mass), Saint Michael Hall

In this 8-part study, Jeff Cavins and Dr. Jeffrey Morrow will show you the beautiful Biblical roots for Mary, the Rosary, and the Mass that are found in Luke, strengthening your prayer life like never before. Study guides can be purchased online at Ascension Press.



Register online at olmc.org

Contact Lisa for more information, lwienhoff@olmc.org or (757)595-0385 ext 131.



That Man is You (TMIY) honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!

Saturday Mornings, 7am - 8:30am

Saint Michael Hall

ALL MEN OF THE PARISH ARE WELCOME!

Register online at olmc.org. Contact Lisa Wienhoff at 757-595-0385 ext. 131 or lwienhoff@olmc.org for more information.



Walking with Purpose

Walking with Purpose (WWP) is a parish-based Bible study program for adult women, it incorporates at-home Scripture study, weekly small group discussion, and monthly talks on relevant study material. The new study, **Rooted and Radiant**, will take place in **Saint Michael Hall** on **Wednesday's**, following Mass. **Register online at olmc.org.**

All women of the parish are welcome!

For more info contact Lisa Wienhoff at 757-595-0385 ext. 131 or lwienhoff@olmc.org

Pastoral Care



The Funeral Hospitality Ministry

The funeral hospitality ministry provides food and refreshments for families and friends following the funeral of a loved one. We are in need of folks who are willing to serve and/or provide finger foods for the receptions that are held in the Narthex.

The funeral hospitality ministry takes little time but provides much consolation to families.

If you are available to help, please contact Christa at the parish office or email her at cblomstrom@gmail.com.

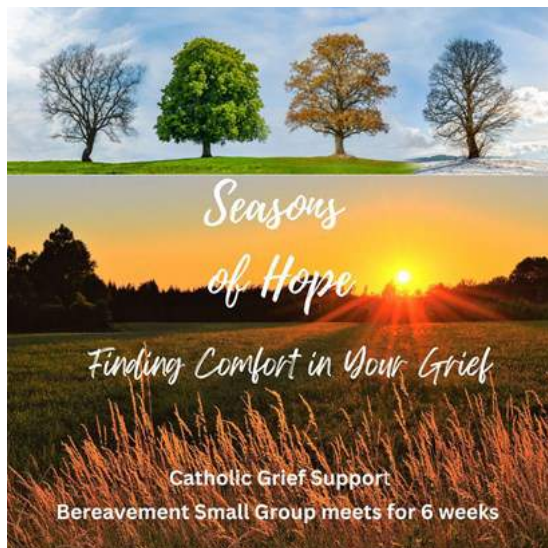
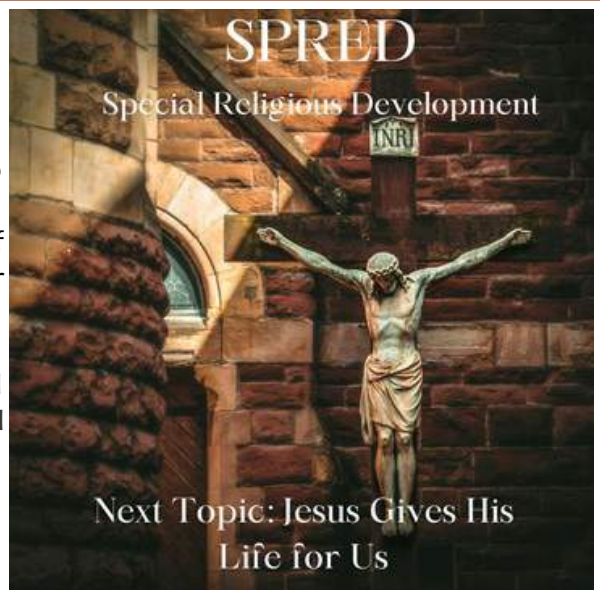
SPRED: Special Religious Development NEXT TOPIC: Jesus Gives His Life for Us

SPRED prepares persons with intellectual disabilities to fully belong in the liturgical life of the parish.

Within this small faith community, we hear the Word of God, reflect upon our life experiences, offer prayers for one another, and enjoy a simple sharing of food together.

“I am the Good Shepherd. I do not leave My sheep. I guard them. I give My life for My sheep. I am the Good Shepherd.”

John 10:11



Seasons of Hope – Catholic Grief Support

New six week series begins in March . When you or someone you care about is suffering from the loss of a loved one, the process of grieving is a natural part of healing. Grief, however natural, can be intense and experienced in very individual ways. It is sometimes hard to know, “Is what I’m going through ‘normal’ or natural?”

Seasons of Hope offers a safe and compassionate environment for adults whose loved one has died. Seasons of Hope, rooted in Catholic tradition, conveys God’s consolation through scripture, prayer, reflection and sharing our faith.

Register at olmc.org or call the parish office.

Social Ministry

Transformed by **The Eucharist...**
Reaching Out into community



PANTRY NEEDS:

tuna
powdered milk

PERSONAL NEEDS:

shampoo
deodorant

PREGNANCY NEEDS:

diapers (size 5)
small baby bottles

Love in Ordinary Times

When we begin a new year, it is natural to assess the accomplishments over the past year. In Outreach, we can't really do that. The mission we have been given is to foster encounters with Christ - for our clients and ourselves - by extending your help to our poor and vulnerable neighbors. The outcome of those encounters is completely within the Lord's hands. We can, however, review the amount and type of assistance given.

Everyone seeking assistance comes in for an intake interview by one of our volunteers. During the half-hour interview, we listen to what is going on in their lives, take some basic financial information, and counsel them about other available resources. Some clients seeking financial assistance also get food from the pantry. And, if the interviewer learns of a child under 2 in the home, the client is referred to Pregnancy Outreach.

In 2024, we financially assisted 418 families; 20 more than in 2023.

By your generosity, we paid \$82,430 toward our client's bills; which was \$1,014 more than in 2023.

The primary need was for assistance with Dominion Energy, over two thirds of our families came for that assistance, and we paid \$58,214.

We also paid the following:
\$8,502 in Waterworks bills
\$6,510 in Virginia Natural Gas bills
\$1,764 to Hampton Roads Sanitation
\$7,439 towards people's rent

Thank you for all you do!

Volunteers needed at PORT Winter Shelter

PORT (**P**eople **O**ffering **R**esources **T**ogether) is an emergency winter shelter with the intent to house the homeless on the coldest nights of the year. Now in it's 33 year, PORT serves upwards of 120 people per night for a total of 20 weeks during the winter. OLMC is helping at the following locations and volunteers are still needed:

Feb 27 - 28, 2025

Denbigh United Presbyterian Church

302 Denbigh Blvd, Newport News

Help is needed with dinner service, packing lunch bags and check-out.

March 13th - 14th

Warwick Memorial United Methodist Church

38 Hoopes Road, Newport News

Help is needed to assist with the check-out process.

If you're available to help with any of the above mentioned positions, please contact Kim Taylor at ktaylor@olmc.org or (757)595-0385 ext 118

Ministerio Hispano

Director - Diácono Francisco Anleu

Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español:

Domingos 2:00 PM, Jueves 6:30 PM

Confesiones:

Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente



Bautismo Infantil

Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé.

Las clases de bautismo se llevan a cabo en el Salón San Miguel de 9:30 a 11:30 horas en las siguientes fechas:

8 de Marzo

12 de Abril

10 de Mayo

Para obtener más información, comuníquese con la señorita **Elizabeth Kassel** en la oficina parroquial, **757-595-0385** o envíele un correo electrónico a ekassel@olmc.org.

Liturgy



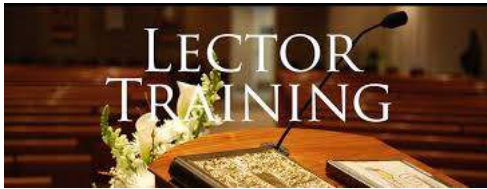
*"Come to me, all of you
who are weary and
loaded down with burdens,
and I will give you rest."*

MATTHEW 11:28

Adoration of the Blessed Sacrament

Every Thursday
9am ~ 6:30pm

Blessed Sacrament Chapel



The lector ministry is open to all practicing Catholics sixteen and older who have received the sacrament of confirmation. If you are an articulate reader who feels called to this ministry, contact Jim Ellis at jimellis1206@gmail.com for more information.

Community

LADIES OF CARMEL



BAKE SALE

THIS WEEKEND
After all Masses

Stop by the Commons after Mass to Purchase delicious baked goods for your Super Bowl party or Valentine's Day!

Items will be sold for a donation and all proceeds directly benefit our OLMC Community

WE NEED YOUR HELP

Our biggest fundraiser of the year is on March 8th! Help us bridge the gap between the cost of tuition and the cost to operate.

WE NEED DONATIONS in order to make our auction a success! Please consider making a donation of material goods, gift cards, or experiences. Donations can be dropped off at the school front office before Feb 21st. Tax receipts are emailed after the closing of our event.

Thank you for your generosity!



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"Commit your work to the Lord, and your plans will be established." - Proverbs 16:3

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