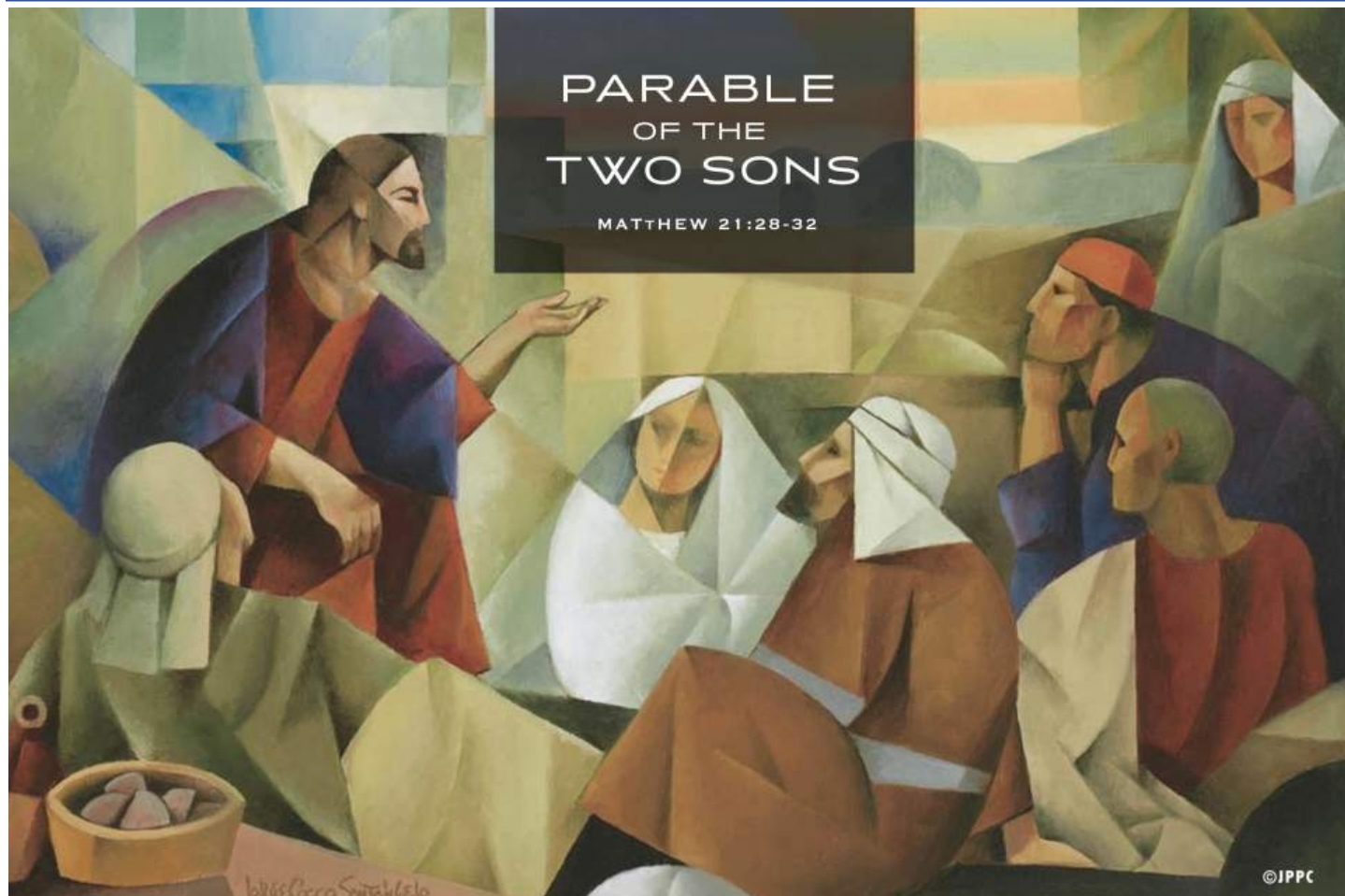


October 1, 2023

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NEWPORT NEWS, VA

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Phone: 757-595-0385 - www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Connect With Us

Parish Website www.olmc.org

Facebook www.facebook.com/olmcnva

Parish Email ~ Flocknote Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

Text [mountcarmel](https://www.10text.com) to 84576 and follow the link sent to subscribe.

October 1, 2023 ~ Twenty-Sixth Sunday in Ordinary Time

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)

Friday - 7 am Mass

** Scheduled Mass times unless indicated on the Mass Intentions Calendar*



Mass Intentions

Saturday, September 30, 2023

5:00 – +Dorothy Boughamer Michale Weaver

Sunday, October 1, 2023

8:00 – Int's of Sr Sharon Rose Ron & Pat Gorman

10:00 – The Unborn The Weischedel Family

2:00 – The People of the Parish

5:00 – +Jeff & Kathy Shelton Family

Mon – (5:30pm) +Robert Karl Ricker, Sr Liz Buckley

Tues – (9am) +Romaine D'Errico Lucy Oliver

Wed – (6:30pm) +Deceased Members of OLR Franciscan Fraternity
Karen Coulson

Thur – (8:05am) +Paul Weinfurter The Weischedel Family
(6:30pm) Int's of Dan Quinley OLMC Staff

Fri – (7am) +Deceased Members of the Wilhelm Family

Saturday, October 7, 2023

5:00 – +Deceased Members of the McMillan & Walukiewicz Family

Sunday, October 8, 2023

8:00 – +Thomas Loughran Nancy Pease

10:00 – Int's of Josh & Lauren Stout George Warner

2:00 – The People of the Parish

5:00 – +Kay Erb The Daignault Family

Altar flowers for the Church may be given as memorials for a loved one or special occasion. To schedule, please call Eileen, ext. 116 at least two weeks in advance of the date you wish. Suggested donation is \$90.



Weekly Collection

September 23 & 24

\$23,712 (E-Giving \$10211, Sunday \$13502)

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Contact Us

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Parochial Vicar

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Priest in Residence

Rev. Peter T. Tran frpeter@olmc.org 101

Deacons

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Deacon Francisco Anleu fanleu@olmc.org 123

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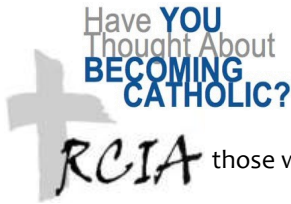
CNU Campus Ministry

Chris Roy ccm@cnu.edu

OLMC School Principal

Sr. Anna Joseph, O.P. sajoseph@olmc-school.com 135

Initiation Programs and Adult Formation



The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131

Have you been away from the active practice of your Catholic faith?

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God’s mercy, the Mass, and the Church.

The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community. We can assist your return to the active practice of your faith and welcome you back to the Lord’s Table.

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131
or email her at lwienhoff@olmc.org



Walking with Purpose (WWP) is a parish-based Bible study program for adult women. It is run by local lay women volunteers, and supported by Walking with Purpose national staff; it incorporates at-home Scripture study, weekly small group discussion, and monthly talks on relevant study material.

The upcoming study, **Discovering Our Dignity**, will meet at **Saint Michael Hall** on **Wednesday’s**, following Mass, **register online at olmc.org**

Women of the Old and New Testaments were as flawed and broken as we can be, yet the power of God worked in their lives. **Discovering Our Dignity** will allow you to learn from their experiences and uncover ways to deal with unwanted circumstances and deferred hopes.

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131 or email her at lwienhoff@olmc.org



Women’s Bible Study

The Women’s Bible Study is currently reading, **Lectio: Mary: Unveiling Scripture and Tradition**, it’s not too late to join in! This group meets Wednesday mornings at Saint Michael Hall, the doors open at 9am, the study will begin promptly at 9:30am and will end at 11:15am. In this 8-part study series, Dr. Brant Pitre examines what the Old and New Testaments, the life of Christ, and the early Church fathers reveal about the life and identity of Mary.



All women of the parish are welcome to join!
Register online at olmc.org

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131 or email her at lwienhoff@olmc.org

Men’s Ministry



That Man is You (TMIY) honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!

Saturday Mornings, 7am - 8:30am at Saint Michael Hall
register online at olmc.org

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131
or email her at lwienhoff@olmc.org



Pastoral Care

Emmaus Journey: A Retreat for Grieving Parents ~ Fall Retreat **Saturday, October 21, 2023 ~ Saint Edward the Confessor, North Chesterfield**

Of all the pains that life can hand us, arguably the most searing is the death of a child. A parent's world irrevocably changes forever. As Jesus joined his distraught disciples on the road to Emmaus, we ask him to join us as we struggle through this journey of grief.

The Emmaus Journey is a faith-based, day-long, spiritual retreat for grieving parents led by a team that includes grieving parents, spiritual directors, clergy, and parish leaders. The Emmaus Journey offers a safe place to seek peace, comfort, and hope.

Gather with us in a warm and loving environment with others who know something of your pain. The next retreat will be at Saint Edward the Confessor, North Chesterfield on Saturday, October 21, 2023. For an outline of the retreat, stop by the Welcome Desk after Mass to pick up a brochure.

Call Christa at the parish office to register or visit olmc.org and click the link to register.

Caring for the Caregiver ~ Wednesday, October 4th at 5:30pm

Topic: The thing about Compassion: Setting Intentions to care for another and oneself
We meet monthly at 5:30pm on the first Wednesday at Manion Hall



Nourish is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

THE THING ABOUT COMPASSION: SETTING INTENTIONS TO CARE FOR ANOTHER AND ONESELF

In the changes and challenges of caring for another, we can sometimes lose sight of the need to care for oneself. Together we will explore ways to care for others as well as ourselves, and in the process embrace the blessings and graces of caregiving.

Be nourished.



Circle of Hope – Saturday, October 7th at 10:30am

How best can we pray for you?

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness? Come join a **Catholic faith-based, spiritually uplifting group of OLMC men and women** who gather on the first Saturday of every month for fellowship, prayer and support. We learn how Jesus, Our Blessed Mother Mary, and our Saints all give us a perfect example of how to persevere during difficult times.



We meet on the first Saturday each month at 10:30 am in Manion Hall.

You're invited to **come join our prayer and fellowship with us over refreshments.**
Contact Christa at 757-595-0385 x107 or cblomstrom@olmc.org for more information.

SPRED



SPRED: Special Religious Development ~ A new season has begun!

SPRED prepares individuals with intellectual disabilities to fully belong in the liturgical life of the parish. Within this small community, we hear the Word of God, reflect upon our life experiences, offer prayers for one another, and enjoy simple sharing of food together. Our SPRED small group meets on Wednesdays evenings.

Contact Christa at 757-595-0385 ext. 107 or cblomstrom@olmc.org for more information.

Social Ministry

THE LORD HEARS THE CRY OF THE POOR

I cry aloud to God, I cry to God to hear me. On the day of my distress I seek the Lord; by night my hands are stretched out unceasingly; I refuse to be consoled. When I think of God, I groan; as I meditate, my spirit grows faint. You have kept me from closing my eyes in sleep; I am troubled and cannot speak. * * *

I will recall the deeds of the LORD; yes, recall your wonders of old. I will ponder all your works; on your exploits I will meditate. Your way, God, is holy; what God is as great as our God? You are the God who does wonders; among the peoples you have revealed your might. With your mighty arm you redeemed your people, the children of Jacob and Joseph. Ps 77:2-5, 12-16.

Jesus: **The poor you will always have with you.** Mk 14:7
“This is a summons never to lose sight of every opportunity to do good. Behind it, we can glimpse the ancient biblical command: ‘If one of your brothers and sisters is in need, you shall not harden your heart nor close your hand to them in their need. Instead, you shall open your hand to them and freely lend them enough to meet their need. When you give to them, give freely and not with ill will; for the Lord, your God, will bless you for this in all your works and undertakings. For the needy will never be lacking in the land.’ (Deut 15:7-8, 10-11)...It is not a question of easing our conscience by giving alms, but of opposing the culture of indifference and injustice we have created with regard to the poor.” Pope Francis’s Message on the Fifth World Day of the Poor

Many people who call Outreach or come to the door have problems that we cannot address. In their stewardship obligation, the priests of our parish have wisely placed strict guidelines on what type of assistance we can offer. For instance, we cannot assist with delinquent rent, or motel stays. Even when we can offer assistance, our funds are limited and the needs are great.

The inability to address urgent needs can be quite hard on our Outreach volunteers. Saying “no” to a crying mother who is about to be evicted pierces our hearts. But, Outreach is not a social services agency attempting to solve client’s problems. Our mission is to foster Christ’s presence in our lives, in the lives of our clients and their families, and in our community as a whole. Our clients are our neighbors, whom Christ has entrusted to us. God does not require or even ask that we solve their problems, but to serve our brothers and sisters in love and leave the rest to Him.

Join me in a discussion of a captivating biography, “[A Saint on Death Row: How a Forgotten Child Became a Man and Changed a World,](#)” over two sessions this fall. Contact me for a free book, and open your hearts to Jesus in prison.

Pantry: potatoes, crackers, chicken and soup.

Personal item: shampoo and soap.

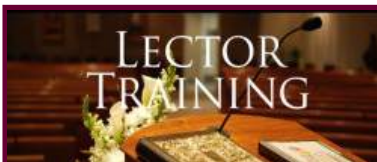
Pregnancy: size 5 and 6 diapers

Liturgy and Music



THIRST: ADORATION & PRAISE *An hour of worship and rest with our Lord*

Thursday, October 5th
7:30 pm ~ 8:30 pm
in the church



The lector ministry is open to all practicing Catholics sixteen and older who have received the sacrament of confirmation.

A good lector must be able to read the word of God at Mass articulately. If you are an articulate reader who feels called to this ministry, contact the coordinator of the ministry, Jim Ellis (jimellis1206@gmail.com), for more information and to schedule training.

Ministerio Hispano

Director - Diácono Francisco Anleu
Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org
Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM
Confesiones: Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente

Bautismo Infantil

Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé. Las **clases de bautismo** se llevan a cabo en Saint Michael Hall de **9:30 a. m. a 11:30 a. m.** en las siguientes fechas:

7 de Octubre
4 de Noviembre
2 de Diciembre



Para obtener más información, comuníquese con la señorita **Elizabeth Kassel** en la oficina parroquial, 757-595-0385 ext 104 o envíe un correo electrónico a ekassel@olmc.org.

RVA Priest

“Se humilló a sí mismo y se hizo obediente...”. Si el Señor lo invita a seguirlo con humilde obediencia como sacerdote o en la vida consagrada, ¿cómo respondería? Llame al Padre Matthew Kiehl al 804-359-5661 o envíe un correo electrónico a: vocations@richmonddiocese.org.

Community



The Lay Fraternities of St Dominic

Have you ever searched for a way to intensify your life in the Church? You are invited to an information session about a newly forming Lay Dominican fraternity. Learn what you have in common with these Lay Dominicans: St Catherine of Siena, Blessed Pier Giorgio Frassati, St Martin de Porres, and Nicolaus Copernicus. Lay Dominicans are called to holiness by living the four pillars of Dominican Life: Prayer, Study, Community, and Apostolate (service). Through these pillars you will serve God, serve your Church, and grow in your faith. Our first open informational session will be Thursday, **October 12, 2023 at 6:30 PM** here at OLMC in Manion Hall. For more information, please contact us at 517MMC@gmail.com.



Does your Marriage need a boost?

A Worldwide Marriage Encounter Experience will help you enjoy life with a new closeness to each other and God. You don't need it - you **DESERVE** a Marriage Encounter Experience!

For more information or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location.

For more info contact Mark and Cathy Stangler at 703-378-4150 or mstang1987@aol.com

Upcoming dates:

November 17-19, 2023 - Holiday Inn, Virginia Beach VA



Don't Miss this Opportunity!

St. Padre Pio Relic Tour Visits
St. Bede Parish
3686 Ironbound Rd, Williamsburg

Saint Bede Catholic Church will host an exhibition of five relics of Saint Padre Pio. **Procession of the relics and Mass** in honor of Saint Padre Pio will take place at **9am**. Following the Mass, the relics will be available for individual **viewing and veneration from 9:45am until 7pm**, with closing prayer at 6:45pm.

The first and second-class relics of Saint Pio available for public veneration include:

- The crusts of his wounds
- Cotton gauze bearing his blood stains
- A lock of his hair
- His handkerchief soaked with his sweat only hours before he died
- A piece of Saint Padre Pio's mantle

Saint Bede is the only Virginia parish where the relics will be displayed in 2023 . Devotional items will be available to purchase. Don't miss this unique opportunity for a spiritual encounter with one of the most venerated of the modern saints in the Catholic Church. Join fellow Catholics for this unique opportunity!

Contact St. Bede Catholic Church at (757) 229-3631 or comm@bedeva.org for more information.

Don't miss it!

HAPPY HISPANIC HERITAGE MONTH!

For two weeks during Hispanic Heritage Month, our students celebrate the Hispanic culture with prayers spoken in Spanish, decorations, riddles, games, food, songs, dress, and more!

OLMC is blessed to celebrate and recognize the rich traditions of our culturally diverse community.



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