

February 12, 2023

# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH



NEWPORT NEWS, VA

*We find Christ here. We bring Christ to the world.*



100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 - [www.olmc.org](http://www.olmc.org)

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M,W,Th: 12 noon - 2 pm;

T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

## **Connect With Us**

**Parish Website** [www.olmc.org](http://www.olmc.org)

**Facebook** [www.facebook.com/olmcnnva](http://www.facebook.com/olmcnnva)

**Parish Email ~ Flocknote** Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

**Text** [mountcarmel](https://www.10text.com/84576) to 84576 and follow the link sent to subscribe.



# Initiation Programs and Adult Formation

## Have you been away from the active practice of your Catholic faith?

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God's mercy, the Mass, and the Church.



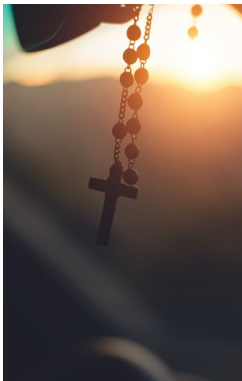
The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community. We can assist your return to the active practice of your faith and welcome you back to the Lord's Table.

**Schedule a quick meeting with Cristy Barton at ext. 131 or [cbarton@olmc.org](mailto:cbarton@olmc.org) for more information.**



All women of the Parish are invited to come to our Connect Coffee talk: **Jesus, the Intercessor**, Wednesday, February 15th, 7 pm in Saint Michael Hall (room C). Come and meet some of our Walking with Purpose group, feel free to bring a Friend!

Two New Book studies coming up: February 24 (day time) and March 1 (Wednesday night)  
Contact Cristy at ext 131 or [cbarton@olmc.org](mailto:cbarton@olmc.org)



### Mysteries of the Rosary

#### Enter into the Mysteries of Christ and Rediscover the Power of the Rosary

Come and join us and learn more about the mysteries of the Rosary and pray as a community on Wednesday evenings during lent after the 6:30 PM Mass in Saint Michael Hall. An authentic encounter with Christ leads to our transformation and sanctification. Mysteries of the Rosary integrates deeply reflective insights on the life of Christ, theological truths, and captivating stories together with breathtaking scenery, illuminating sacred art, and inspiring music. By filming on location in the Holy Land, Paradisus Dei's aspiration is to make the Rosary come alive in the hearts and minds of the participants. Encounters with Christ in the episodes and discussions will lead to even deeper encounters with Him in personal prayer and contemplation.

**We begin on Wednesday, February 15th at 7 PM .**

Contact Cristy at ext, 131 or [cbarton@olmc.org](mailto:cbarton@olmc.org) if you have questions. **RSVP** at [olmc.org](http://olmc.org) (scroll down , below Mass schedule).

### *Walking With Purpose ~ Enabling Women to know Christ through Scripture*

**\*\*New Study:\*\***

***Living in the Father's Love*** meets on **Fridays** from 1-2:30 PM at Saint Michael Hall Room A  
Short Study begins February 24th, register online at [olmc.org](http://olmc.org).

***Opening Your Heart*** takes place on Wednesdays at 7 pm at Saint Michael Hall (room A) all women of the parish are welcome to join

***Touching the Divine*** is the next study **if you have already done Opening your Heart**. This study also takes place on Wednesdays, at 7pm at Saint Michael Hall (room C). Register online at [olmc.org](http://olmc.org)

**For more information contact Cristy at ext. 131 or [cbarton@olmc.org](mailto:cbarton@olmc.org)**



### Men's Ministry

Saturday Mornings, 7am - 8:30am  
at Saint Michael Hall

Register at [tinyurl.com/TMIYolmc](http://tinyurl.com/TMIYolmc), call the Parish Office at 757-595-0385, or use the QR code





## Pastoral Care

**LAST chance  
to RSVP!**

Father Dan Beeman and the Parish Staff of  
Our Lady of Mount Carmel Church  
Cordially invite you to attend

### Holy Mass and the Senior Appreciation Breakfast

Tuesday, February 21, 2023

9:00 am ~ Holy Mass at Our Lady of Mount Carmel Church

10:00 am ~ Breakfast to follow at Saint Michael Hall

Faith ~ Fellowship ~ Food on Fat Tuesday!

For all seniors (65+), with gratitude for your service and dedication to the parish.

[Kindly make your reservation by Monday, February 13.](#) There is no charge for breakfast.

RSVP: Call 757-595-0385 ext. 107 or email [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org)



### Emmaus Journey: Serving the Spiritual Needs of Grieving Parents

Of all the pains that life can hand us, arguably the most searing is the death of a child. A parent's world irrevocably changes forever. As Jesus joined his distraught disciples on the road to Emmaus, we ask him to join us as we struggle through this journey of grief.

The Emmaus Journey is a faith-based, day-long, spiritual retreat for grieving parents led by a team that includes grieving parents, spiritual directors, clergy, and parish leaders. The Emmaus Journey offers a safe place to seek peace, comfort, and hope.

Join us in a warm and loving environment with others who know something of your pain.

#### Next Retreat Dates:

March 4, 2023 – Church of the Redeemer, Mechanicsville

August 12, 2023 – Our Lady of Mount Carmel Church, Newport News

October 21, 2023 – Saint Edward the Confessor, North Chesterfield

Pick up a brochure after Mass at the Welcome Desk for an outline of the retreat.

To register, contact Christa at the parish office or see the link at [olmc.org](http://olmc.org).



### Circle of Hope ~ Saturday, March 4th at 10:30 am

HOW BEST CAN WE PRAY FOR YOU?

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness?

Come join a **Catholic faith-based, spiritually uplifting group of OLMC men and women** who gather on the first Saturday of every month for fellowship, prayer and support. We learn how Jesus, Our Blessed Mother Mary, and our Saints all give us a perfect example of how to persevere during difficult times.

You're invited to **come fellowship with us over refreshments** at our next meeting on **SATURDAY, March 4 at 10:30 am** at Saint Michael Hall. We look forward to meeting you!

Contact Christa at 757-595-0385 x107 or [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org) for more information.

### Nourish for Caregivers – 6:30pm Wednesday, March 1, 2023

This month's topic:  
**The Realities of Stress and Learning to Cope**



Are you handling stress well? Find out! We'll use tools to measure actual levels and discuss practical ways to reduce it. The physical and emotional strains of caregiving can place you at higher risk for memory problems, heart disease and depression. Can faith, worry and stress co-exist? Be nourished.

[www.nourishforcaregivers.com](http://www.nourishforcaregivers.com)

Contact Christa at 757-595-0385 x107 or [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org) for more information.

## Social Ministry

### CATHOLIC SOCIAL JUSTICE

“The Church's deepest nature is expressed in her three-fold responsibility: proclaiming the word of God, celebrating the sacraments, and exercising the ministry of charity. These duties presuppose each other and are inseparable. For the Church, charity is not a kind of welfare activity which could equally well be left to others, but is a part of her nature, an indispensable expression of her very being.”

“Love of neighbor, grounded in the love of God, is not only the responsibility of each individual member of the faithful, but it is also the responsibility of the entire ecclesial community. As a community, the Church must practice love. Love thus needs to be organized if it is to be an ordered service to the community.”

(Pope Benedict, XVI, *Deus Caritas Est*, 25a, 20).

The heart of Catholic social teaching is simple: we strive to make Jesus' actions and words real today so as to transform and uplift social life for all people. There are seven key principles of Catholic social teaching: respect for the human person, promotion of the family, an individual's right to own property, the common good, subsidiarity, the dignity of work and workers, and the pursuit of peace and care for the poor.

#### Respect for the Human Person:

The foundation for Catholic social thought “is a correct view of the human person and of his unique value, inasmuch as ‘man ... is the only creature on earth which God willed for itself.’ God has imprinted his own image and likeness on man, conferring upon him an incomparable dignity.”

(Pope St. John Paul, II, *Centesimus Annus* 11).

For the last three weeks, this space focused on our obligation to respect all human life. During Lent, we will have the opportunity to fulfill this obligation by walking in solidarity with the poor and vulnerable through prayer.

**Pantry Needs — We are running low on everything: Except green beans)** soups, crackers, fruit, peas, Spam, chicken, Vienna sausages, tuna and chicken helper, pasta and sauce, canned tomatoes, cereal and oatmeal and mac & cheese. We also need soap, shampoo, deodorant, toothbrushes and toothpaste.

**PLEASE** do not drop off clothes other than gently used baby clothes up to size 2T.

**Kim Taylor:** [ktaylor@olmc.org](mailto:ktaylor@olmc.org) or (757) 595-0385 ext. 118

# GIVE BLOOD



Wednesday, March 1, 2023  
Saint Michael Hall  
11 am ~ 4 pm

To schedule an appointment, visit [redcrossblood.org](http://redcrossblood.org) and enter OurLady.

## Liturgy



### Return Last Year's Palms by Monday, February 20

Please bring back your palms that were blessed last Palm Sunday and place them in the container found in the narthex. They will be burned and the ashes will be used for Ash Wednesday.

## CHILDREN'S HOLY HOUR



“Let the children come to me, and do not prevent them; for the kingdom of heaven belongs to such as these.”  
~ Matthew 19:14

Thursdays from  
2:00 - 3:00 PM  
in the OLMC  
Church Blessed  
Sacrament  
Chapel.

## Ministerio Hispano

**Director - Diácono Francisco Anleu:**  
Oficina - (757) 595-0385 Ext. 123  
Email - [fanleu@olmc.org](mailto:fanleu@olmc.org)

**Misas en Español:**  
Domingos 2:00 PM, Jueves 6:30 PM

**Confesiones:**  
Sábados, 3 PM, Miércoles, 5 PM,  
Jueves 5:30 PM en Español solamente

**Bautizos:** Para más información sobre bautizos, primeras comuniones, guardería o educación de la fé, por favor contacte a la Señorita Elizabeth Kassel a la ext. 104 o envíe un correo electrónico [ekassel@olmc.org](mailto:ekassel@olmc.org).

Para niños **no bautizados** mayores de 7 años que necesitan el sacramento de bautizo, primera comunión por favor contacten a la Señora Cristy Barton a la oficina parroquial o [cbarton@olmc.org](mailto:cbarton@olmc.org) para información para el RICA para niños.



# Community

## PRAYER

Join **Our Lady's Prayer Group** to pray the rosary and Chaplet of Divine Mercy the last Saturday of every month from 9:00am to 10:30 am in the church. Bring your Intentions.

## Male and female, He created them.

UNDERSTANDING THE CATHOLIC RESPONSE TO GENDER IDENTITY:  
A SESSION FOR PARENTS.



**Wednesday, 8 March**

**Holy Mass at 6:30pm  
Session Following in  
Saint Michael Hall**

**Our Lady of Mount  
Carmel Catholic Church  
Newport News, Virginia**

### Featuring Mary Rice Hasson

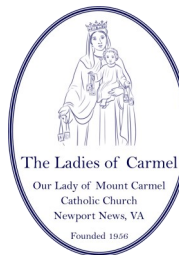
*event sponsored by the Office for Evangelization  
of the Catholic Diocese of Richmond*



**ALL WOMEN OF THE PARISH ~ Save the date !  
Thursday, March 23 at 6 PM  
Movie Night**

The Ladies of Carmel invite you to enjoy soup and dessert followed by an award winning movie.

**Pray - the story of Father Patrick Peyton** is an hour long documentary that follows an Irish immigrant who dreams of becoming a millionaire but ends up internationally famous for his message "**The Family Who Prays Together - Stays Together.**" No charge and sign up information will be coming soon!



St. Elizabeth Guild will meet on Tuesday, February 21st at 6:30 pm at the home of Susan Adams. If you have ever thought about joining a guild, you are welcome to attend a meeting and have a chance to get to know us. For more information or directions, please contact Judy Gounley, 757-596-8456

## Our Lady of Mount Carmel Catholic School

### Honoring our Principal

Sr. Anna Joseph, our principal, celebrated her feast day on February 2nd, on the feast of the Presentation of the Lord. We are grateful to God for the gift of her leadership and being a spiritual mother to all our students.

*As each has received a gift, employ it in serving one another, as good managers of the grace of God in its various forms.  
1 Peter 4:10*

