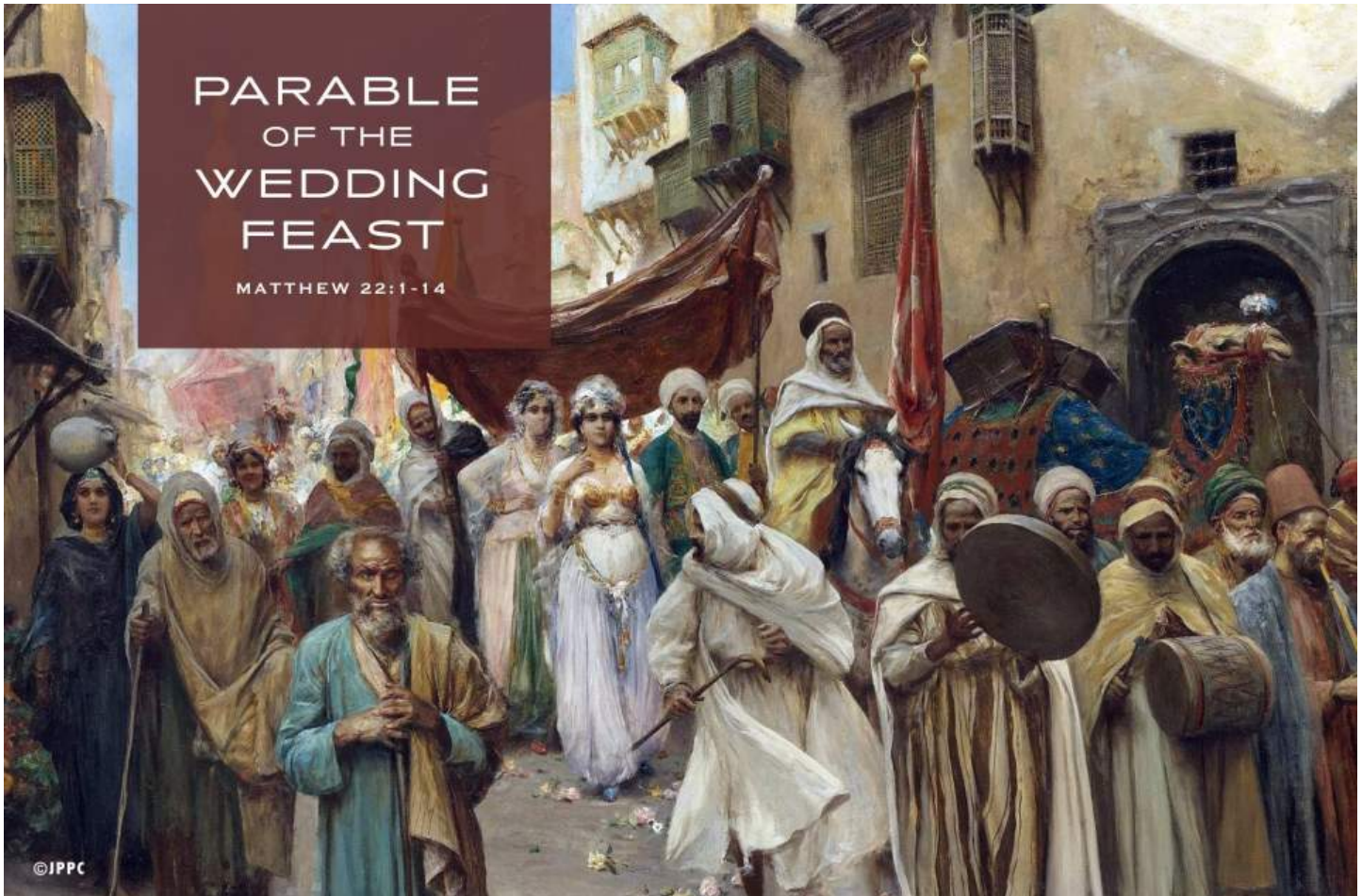


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NEWPORT NEWS, VA

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Phone: 757-595-0385 - [www.olmc.org](http://www.olmc.org)

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

## **Connect With Us**

**Parish Website** [www.olmc.org](http://www.olmc.org)

**Facebook** [www.facebook.com/olmcnva](http://www.facebook.com/olmcnva)

**Parish Email ~ Flocknote** Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

**Text** [mountcarmel](https://www.10text.com/84576) to 84576 and follow the link sent to subscribe.

# October 15, 2023 ~ Twenty-Eighth Sunday in Ordinary Time

## Mass and Sacrament of Reconciliation

**Saturday:** 3:00 pm Confessions; 5:00 pm Mass

**Sunday:** 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

### **Weekdays:**

**Monday** - 5:30 pm Mass

**Tuesday** - 9 am Mass

**Wednesday** - 5:00 pm Adoration and Confessions, 6:30 pm Mass

**Thursday** - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,  
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

*Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)*

**Friday** - 7 am Mass

*\* Scheduled Mass times unless indicated on the Mass Intentions Calendar*



## *Mass Intentions*

### Saturday, October 14, 2023

5:00 – +Andrew Canellas Michale Weaver

### Sunday, October 15, 2023

8:00 – Int's of the Pease Family Nancy Pease

10:00 – Int's of Fr Peter Sacred Heart of Jesus Guild

2:00 – The People of the Parish

5:00 – +Donna Gauthier Bill & Janet Gorman

Mon – (5:30pm) +Yvonne Wilson Larry, Penny & Lauren

Tues – (9am) +Joan Franz Dave & Mary Litzinger

Wed – (6:30pm) +Christopher Adams Bonnie Tingle

Thur – (8:05am) +Int's of Joye Cano OLMC School  
(6:30pm) The People of the Parish

Fri – (7am) +Joan Scarberry Bonnie Tingle

### Saturday, October 21, 2023

5:00 – +Joan Hadac Carolyn Gréaud

### Sunday, October 22, 2023

8:00 – +Frances Long Patricia & Dale Goode

10:00 – +Tito Bossman Family

2:00 – The People of the Parish

5:00 – +Bill Higgins Marianne & Steven  
Spellman

Flowers for the Church may be given as memorials for a loved one or special occasion. To schedule a memorial floral gift, please call Eileen, ext. 116 at least two weeks in advance of the date you wish. The suggested donation to cover the cost is \$90

### Weekly Collection

**October 7 & 8**

\$33,283 (E-Giving \$22433, Sunday \$10850)

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## Contact Us

### **Pastor**

**Rev. Dan Beeman** frdbeeman@olmc.org 112

### **Parochial Vicar**

**Rev. Saúl Anleu** frsaul@olmc.org 111

### **Priest in Residence**

**Rev. Peter T. Tran** frpeter@olmc.org 101

### **Deacons**

**Deacon Anton Siochi** deaconanton@olmc.org 129

**Deacon Francisco Anleu** fanleu@olmc.org 123

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### **Baptism & Children's Faith Formation**

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### **Hispanic Ministry**

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### **Liturgy & Worship**

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### **Pastoral Care**

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### **Sacred Music**

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### **Social Ministry**

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### **Youth (High School) & Young Adult Ministry**

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### **Youth (Middle School)**

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### **Office Manager**

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### **CNU Campus Ministry**

Chris Roy ccm@cnu.edu

### **OLMC School Principal**

Sr. Anna Joseph, O.P. sajoseph@olmc-school.com 135

## Liturgy



Adoration  
Every Thursday  
9am ~ 6:30pm  
Saint Michael Hall

Adorers are needed at all hours, if you are able to commit to a weekly holy hour, please email [adoration@olmc.org](mailto:adoration@olmc.org).



The lector ministry is open to all practicing Catholics sixteen and older who have received the sacrament of confirmation.

A good lector must be able to read the word of God at Mass articulately. If you are an articulate reader who feels called to this ministry, contact the coordinator of the ministry, Jim Ellis ([jimellis1206@gmail.com](mailto:jimellis1206@gmail.com)), for more information and to schedule training.

## Initiation Programs and Adult Formation



The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation. **For more information contact Lisa Wienhoff at 757-595-0385 ext. 131**

### Have you been away from the active practice of your Catholic faith?

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God's mercy, the Mass, and the Church.

The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community. We can assist your return to the active practice of your faith and welcome you back to the Lord's Table.

**For more information contact Lisa Wienhoff at 757-595-0385 ext 131 or email her at [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org)**



### Men's Ministry

**That Man is You (TMIY)** honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!

**Saturday Mornings, 7am - 8:30am at Saint Michael Hall, register online at [olmc.org](http://olmc.org)**

**For more information contact Lisa Wienhoff at 757-595-0385 ext. 131**

**or email her at [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org)**



### Connect Coffee

All Women Welcome!



### Walking With Purpose

The Walking With Purpose ministry at OLMC invites women of the parish to join them for "Coffee Connect," a time to enjoy a cup of coffee, hear an inspirational talk, and find out what their ministry is all about.

The upcoming talk, **Leah and Rachael ~ Dignity Without Comparison**, will take place at **Saint Michael Hall** on **Wednesday, October 18**, following the 6:30 pm Mass, **register online at [olmc.org](http://olmc.org)**

**For more information contact Lisa Wienhoff at 757-595-0385 ext. 131**

**or email her at [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org)**

## Pastoral Care

### **Emmaus Journey: A Retreat for Grieving Parents ~ Fall Retreat** **Saturday, October 21, 2023 ~ Saint Edward the Confessor, North Chesterfield**

Of all the pains that life can hand us, arguably the most searing is the death of a child. A parent's world irrevocably changes forever. As Jesus joined his distraught disciples on the road to Emmaus, we ask him to join us as we struggle through this journey of grief.

The Emmaus Journey is a faith-based, day-long, spiritual retreat for grieving parents led by a team that includes grieving parents, spiritual directors, clergy, and parish leaders. The Emmaus Journey offers a safe place to seek peace, comfort, and hope.

Gather with us in a warm and loving environment with others who know something of your pain. The next retreat will be at Saint Edward the Confessor, North Chesterfield on Saturday, October 21, 2023. For an outline of the retreat, stop by the Welcome Desk after Mass to pick up a brochure.

**Call Christa at the parish office to register or visit [olmc.org](http://olmc.org) and click the link to register.**

### **Caring for the Caregiver – Meets at 5:30pm on Wednesday, \*November 8**

\*Due to All Saints Day on November 1.

#### **NEXT TOPIC: A Season for Everything – The Ebbs and Flows of Caregiving**

Nourish is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging or ill parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

#### **A Season for Everything – The Ebbs and Flows of Caregiving**

Scripture reminds us, “there is an appointed time for everything”. Caregiving too is an ever-shifting period of loss and growth, solitude and rebirth. Our Catholic faith helps us recognize this ebb and flow, so we can embrace our purpose and direction.



### **Circle of Hope ~ Saturday, November 4 at 10:30am**



HOW BEST CAN WE PRAY FOR YOU?

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness? Come join a **Catholic faith-based, spiritually uplifting group of OLMC men and women** who gather on the first Saturday of every month for fellowship, prayer and support. We learn how Jesus, Our Blessed Mother Mary, and our Saints all give us a perfect example of how to persevere during difficult times.

**We meet monthly at 10:30am on the first Saturday at Manion Hall.**

You're invited to come join us for refreshments, fellowship and prayer.

**Contact Christa at 757-595-0385 x107 or [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org) for more information.**

## SPRED



**SPRED: Special Religious Development** ~ A new season has begun!

SPRED prepares individuals with intellectual disabilities to fully belong in the liturgical life of the parish. Within this small community, we hear the Word of God, reflect upon our life experiences, offer prayers for one another, and enjoy simple sharing of food together. Our SPRED small group meets on Wednesday evenings.

**Contact Christa at 757-595-0385 ext. 107 or [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org) for more information.**

## Social Ministry

### ENCOUNTERING CHRIST IN THE HOMELESS — PORT

Now that we have been nourished at this altar by the Bread of Life, we are sent to feed and care for our neighbor, respecting the rights that flow from his dignity as having been made in God's image. Everyone should look upon his neighbor as 'another self,' above all bearing in mind the means necessary for him to live his life with dignity. This duty to actively serve our neighbors becomes even more urgent when it involves the disadvantaged. CCC ¶¶ 1930-32.

One way to serve our neighbor is to heed the Lord's command to shelter the afflicted and the homeless, i.e. PORT. OLMC is a partner church responsible for serving the homeless on seven nights: November 2/3; November 30/ December 1; December 28/29; January 25/26 February 15/16; February 22/23 and March 7/8.

The sign up sheets will be available at the weekend Masses for October 14/15 and 21/22. You may wish to assist with checking in the guests, distributing clothes or checking the guests out in the morning. If so, please sign up. What we most need at this moment as leads for each of the nights. Look at the descriptions below and please consider taking one of the Lead Positions for a night.

**The Dinner Lead** determines the menu and gathers volunteers who will cook and/or serve and/or clean up. This is a perfect opportunity for a group to serve together — a guild, a bible study, a choir, TMIY, CNN students, Young Adults, Youth Apostles, just to name a few of the many groups in our parish. Or, an individual might feel called to be a Dinner Lead and will build their own group.

**The Breakfast/Lunch Bag Lead** determines the contents of the breakfast/lunch bags that will be given to the guests upon their departure, gathers a team to assemble the bags and then delivers them to the host church the afternoon of OLMC's day. The items will be provided by OLMC.

**Please consider whether you are being called to this service and contact me.**

**Pantry: Meat and Potatoes Week:** canned meats, boxed potato or rice side dishes and helpers.

**Personal item:** soap and shampoo.

**Pregnancy:** Baby Wash/Shampoo and Baby Lotion

**Give Glory to God and Serve His People.**

Join me in a discussion of a captivating biography, "A Saint on Death Row: How a Forgotten Child Became a Man and Changed a World," over two sessions this fall. Contact me for a free book, and open your hearts to Jesus in prison.

Contact Kim Taylor: ktaylor@olmc.org 595-0385 ext. 118

## Children's Faith Formation



Children's Faith Formation classes (PreK through 5th grade) have started and First Reconciliation/ First Holy Communion Preparation (2nd grade and above) will be starting soon.

The first workshop for First Reconciliation will be on October 15th for students with last names A-M, or October 22nd for students with last names N-Z.

The workshops will be held in the cafeteria of OLMC School. For more information, or if you still need to register, contact Elizabeth at the parish office, ext. 104 or ekassel@olmc.org.

## Ministerio Hispano

**Director - Diácono Francisco Anleu**

**Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org**

**Misas en Español:** Domingos 2:00 PM, Jueves 6:30 PM

**Confesiones:** Sábados, 3 PM, Miércoles, 5 PM,

Jueves 5:30 PM en Español solamente



Las clases de formación de fe para niños (desde preescolar hasta quinto grado) han comenzado y pronto comenzará la preparación para la Primera Reconciliación/ Primera Comunión (segundo grado y superiores).

El primer taller de Primera Reconciliación será el 15 de octubre para estudiantes con apellidos A-M, o el 22 de octubre para estudiantes con apellidos N-Z.

Los talleres se llevarán a cabo en la cafetería de OLMC School. Para obtener más información, o si aún necesita registrarse, comuníquese con Elizabeth en la oficina parroquial, ext. 104 o ekassel@olmc.org.

### Bautismo Infantil

Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé. Las clases de bautismo se llevan a cabo en Saint Michael Hall de 9:30 a. m. a 11:30 a. m. en las siguientes fechas:

4 de Noviembre

2 de Diciembre

Para obtener más información, comuníquese con la señorita Elizabeth Kassel en la oficina parroquial, 757-595-0385 ext 104 o envíele un correo electrónico a ekassel@olmc.org.

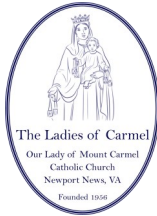


During the renovation, the parish Church will be closed to the public for all liturgies, and all other activities.

A few reminders:

- Saint Michael Hall will continue to be used for the many ministries of the parish during the week and weekend. Please be flexible about seating, and understand that the building will be getting a lot of use – with far more people using the building each week.
- As you enter Saint Michael Hall, please take a hymnal from the racks, and return it to the rack at the end of Mass. Please extend courtesy to others by sliding in to the middle of each row so that we can maximize seating.
- The Blessed Sacrament Chapel will be moved to Saint Michael Hall, in a dedicated room used only for prayer. It will be open each day for private prayer and will not be used for anything else.
- Confessions will take place in a dedicated room as well in Saint Michael Hall. During the renovation, confession will be behind the screen only.
- On Sundays and Holy Days, please leave the Saint Michael Hall lot for parishioners who are elderly, handicapped, or have mobility issues. Please park in the main lot and walk over to Saint Michael Hall.
- Please do not attempt to enter the Church during the renovation. For safety reasons and to be sure not to interrupt the progress, it is important that we not enter the Church building.

## Community



St. Valentine Guild will meet at the home of Pat Gorman on Thursday, October 19th at 6pm. **PLEASE NOTE THE NEW START TIME.** Call Pat at 757-930-0311 if you are unable to attend.

**RVA Priest**

“Many are called, but few are chosen.” Are you considering a vocation to proclaim the word of God as a priest or consecrated religious?

Call Father Matthew Kiehl 804-359-5661 or e-mail: [vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org).

## CRUSADER ATHLETICS

OLMC is a part of the Peninsula Independent Athletic League (PIAL) which consists of seven schools. Co-ed soccer, girls and boys cross country, and girls volleyball are in the midst of their fall seasons. Our volleyball team is the defending PIAL Champions. The boys and girls cross country teams both finished first in the league in their first two meets of the season, and our soccer team is undefeated.



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