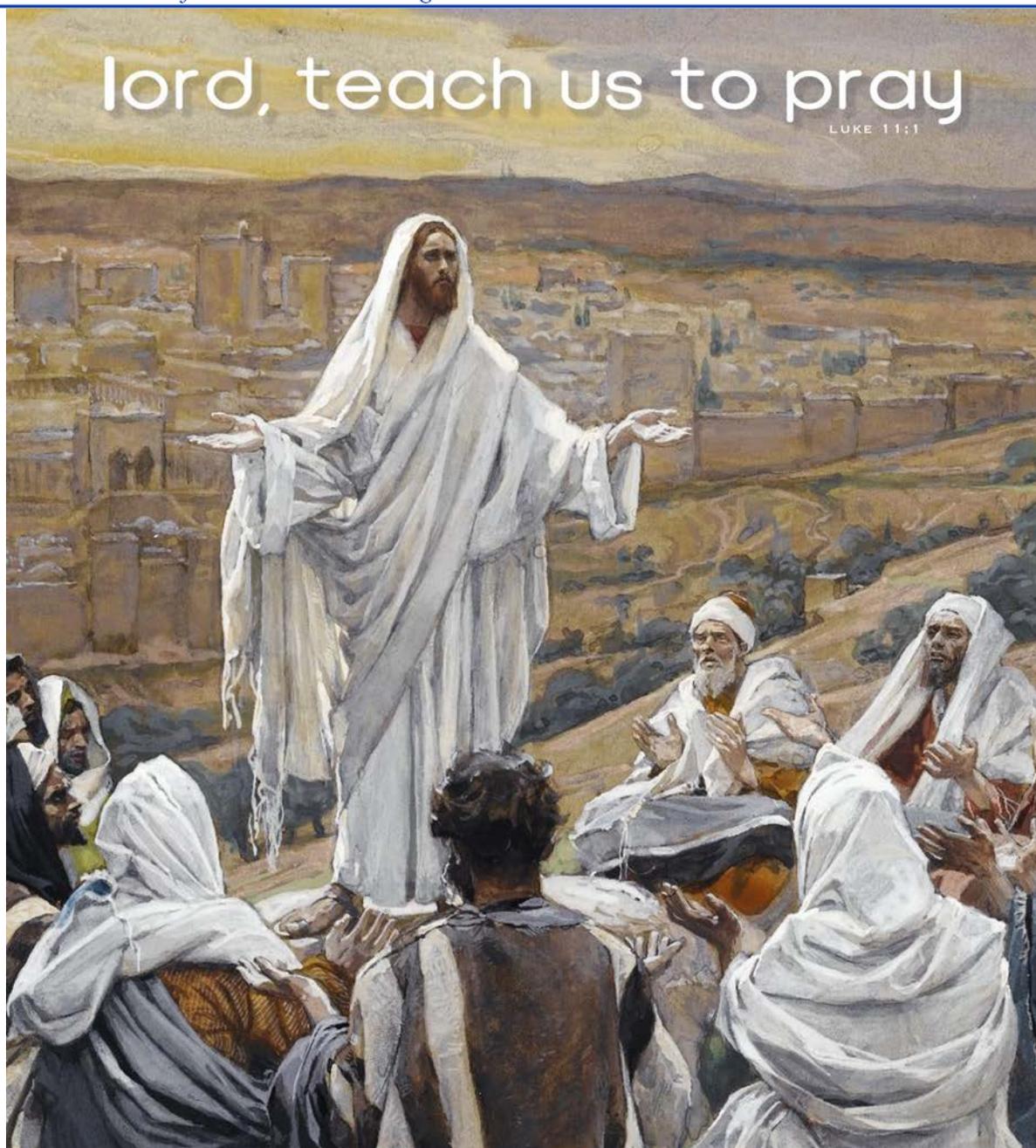


OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

NEWPORT NEWS, VA

We find Christ here. We bring Christ to the world.



100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 - www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

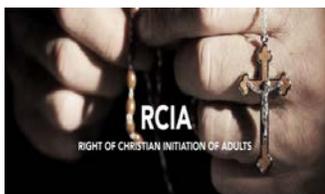
Outreach Office Hours: M, W, Th: 12 noon - 2 pm; T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

Initiation Programs and Adult Formation

Becoming Catholic



The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation. Please call the parish office for more information or to schedule an appointment.

Awakening Faith

Have you been away from the active practice of your Catholic faith? Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series. We can assist you return to the active practice of your faith and welcome you back to the Lord's Table.

Adult Confirmation

Are you an active practicing Catholic adult who "missed" participating in the Sacrament of Confirmation? We invite you to enter the process of preparation at the parish.

Walking with Purpose is a Catholic Bible study for women that aims to bring women to a deeper personal relationship with Jesus Christ by offering personal study and small group discussion that link our everyday challenges with the solutions given to us through the teachings of Christ and the Catholic Church. More details coming up soon about a new Opening Your Heart group starting in the fall.

That Man Is You (TMIY)



That Man Is You! is an interactive men's program focused on the development of male leadership in the modern world. It combines the best research in science with the teaching of the Catholic faith and the wisdom of the saints to develop the vision of authentic men capable of transforming themselves, their families, and the greater society.

Small Groups

Small groups are life changing – join one at Our Lady of Mount Carmel Church this fall! Our small groups offer men and women an opportunity to pray, study and grow in their faith together. Small groups journey together in discipleship. To learn more about being a part of a small group or to receive training to start a small group find us online at olmc.org.

Women's Bible Study

Women's bible Study group will meet on Thursdays in the fall. Registrations for NEW participants and more details will be posted on our website: olmc.org soon.

To inquire about the Initiation and Adult Faith opportunities above, contact Cristy at ext 131 or cbarton@olmc.org

CHILDREN'S FAITH FORMATION



Registration for Children's Faith Formation and First Reconciliation/ First Holy Communion (2nd grade & up) for the 2022-2023 school year can be found on our website. More information on parent orientation and sacrament dates to come, check back in August!

Virtus Training at Our Lady of Mount Carmel Church

The Diocese of Richmond requires that all those who minister with children, youth or vulnerable adults to complete the Virtus Safe Environment Training.

To register for the Virtus Training and to view additional training dates, please visit virtusonline.org.

Pastoral Care

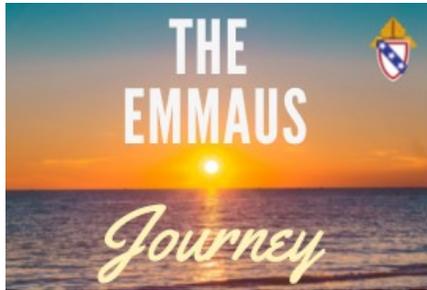
Visiting the Sick and Homebound - Extraordinary Ministers of Holy Communion

Extraordinary Ministers of Holy Communion for the Sick are lay ministers sent by the parish to bring the Word of God and the Holy Eucharist to parishioners who are confined to their homes, to hospitals, or senior living communities.

You are invited to prayerfully consider if God is calling you to serve in this way. Serving as an Extraordinary Minister of Holy Communion for the Sick is both an honor and a responsibility, and those who commit deserve proper training. If you feel called to be a bridge of faith and bring Jesus into the lives of others, **join us in a training session on Wednesday, July 27th at 7pm, contact Christa Blomstrom at the parish office to register.**

“Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For My yoke is easy, and my burden light.” -Matthew 11:28-30

Emmaus Journey: A Retreat for Grieving Parents – Saturday, August 13, 2022



Of all the pains that life can hand us, arguably the most searing is the death of a child. A parent's world irrevocably changes forever. As Jesus joined his distraught disciples on the road to Emmaus, we ask him to join us as we struggle through this journey of grief. The Emmaus Journey is a faith-based, day-long, spiritual retreat for grieving parents led by a team that includes grieving parents, spiritual directors, clergy, and parish leaders. The Emmaus Journey offers a safe place to seek peace, comfort, and hope. Gather with us in a warm and loving environment with others who know something of your pain. The next retreat will be at Our Lady of Mount Carmel Church on Saturday, August 13. Pick up a brochure after Mass at the Welcome Desk for an outline of the retreat.

Call Christa at the parish office to register or visit olmc.org and click the link to register.



Nourish is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view. Discover blessings in caring for another.

August's topic: **The Spirituality of Asking for and Receiving Help**

Asking for help is often one of the most difficult things for us to do. Yet, it is in these times that we can see Christ at work in our lives. Learn to embrace the humility and strength of Christ as we explore the spirituality of asking for and receiving assistance.

Be nourished.

www.nourishforcaregivers.com

Nourish for Caregivers –

****Nourish will not meet in July and will resume on August 4 at 7pm**

We want your input! Are you interested in caregiver support but can't attend on Tuesday evenings? Complete our short survey online or give us a call to share your preference.

Respite Ministry

The Respite Ministry provides parishioners who are full time caretakers of a home-bound loved one, a break of a few hours' time to use as he or she sees fit. During that time, a trained parish Respite Minister will provide safety, supervision, and companionship to the homebound family member.

Social Ministry

Transformed by **The Eucharist...**
Reaching Out into community

Contact: Tina Wandersee
twandersee@olmc.org or ext. 118

OUTREACH OFFICE

The Outreach Office receives those in need of assistance into our office 2 hours each day during the week. We could use extra support interviewing those seeking assistance on Wed or Thurs from 12-2pm. If you have time & aren't sure if this is for you, please schedule a time to check us out. You do not need to have any prior training as the office is training ground enough. Contact Tina, info above.

FOOD PANTRY

The food pantry is OUT of many items! Please help us by bringing at least one item from the list. Currently we need:

Spam, Can Chicken, Tuna, Vienna Sausages, Salmon, Can of Mix Veggies, Carrots, Tomatoes, Pasta Sauce, Hamburger/ Tuna/Chicken Helpers, Chunky Soup, Chicken Noodle Soups, Cream Soups, Muffin Mix, Spaghetti/Pasta, Juice, Ramen Noodles, Oatmeal, Baked Beans, Large Peanut Butter, Box Potatoes, Pancake Mix and Syrup

Personal Care Items: Toothbrushes, Body Lotion, Shampoo, Toilet Paper, Paper Towels

Pregnancy Outreach Office JUNE Statistics

Assisted With	# Items	Est. \$\$ Value
Wipes	24	\$144.00
Diapers	33	\$297.00
Baby Care	4	\$10.00
Layette	2	\$740.00
Formula	8	\$200.00
Baby Food	33	\$66.00
Baby Clothes	66	\$1980.00
Blankets	7	\$175.00
Bottles	4	\$8.00
Potty Chair	2	\$30.00
Pack n Play	1	\$80.00
TOTAL		\$3730.00

You assisted 15 women and 18 children in the month of June.

MINISTERIO HISPANO

Director - Diácono Francisco Anleu:
Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org
Misas en Español: Domingos - 2:00 PM
Confesiones: Sábados, 3 PM, Miércoles, 5 PM

Ministerio de Niños

Las inscripciones para la formación de fe para niños y la Primera Reconciliación - Primera Comunión ya están disponibles para el año 2022-2023 en nuestra página. Más información sobre la orientación para padres de familia y las fechas vendrán en Agosto. Para más información o preguntas por favor contacte a la Señorita Elizabeth Kassel a partir del primero de Agosto en la oficina parroquial.

Bautizos

Las próximas charlas para preparación para bautizos serán el sábado 2 de Julio o el sábado 6 de agosto (una sola clase de dos horas 9:30 a 11:30 en el salón de Mannion Hall donde está la oficina de asistencia "Outreach"). Los bautizos serán el domingo 10 de julio y el domingo 21 de agosto después de la Santa Misa en español.

Para más información sobre bautizos, primeras comuniones, guardería o educación de la fé, por favor contacte a la Señorita Elizabeth Kassel en la oficina parroquial a partir del primero de Agosto.

Para niños **no bautizados** mayores de 7 años que necesitan el sacramento de bautizo, primera comunión por favor contacten a la Señora Cristy Barton a la oficina parroquial o cbarton@olmc.org para información para el RICA para niños.



¿QUIERES CRECER EN EL CONOCIMIENTO DE TU FE CATÓLICA?
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TE INVITAMOS A PARTICIPAR EN EL PRIMER CURSILLO

EN ESPAÑOL PARA MUJERES

25-28 de Agosto del 2022

St. Clare of Assisi Retreat Center

620 Buckroe Ave

Hampton, VA 23664

Información: 757-374-2493 ~ cursillistador@protonmail.com

Community

7th Annual D. B. Memorial Golf Tournament

An athletic Department fundraiser in remembrance of a true PCHS champion, D. B. Brackin.

September 9, 2022

Sleepy Hole Golf Course, Suffolk VA

For more information contact
development@peninsulacatholic.org



Our Lady of Mount Carmel Church

Wine and Chocolate Ladies Night / Noche de Mujeres con Vino y Chocolate

Wednesday, August 10, 6:00 p.m. to 8:00 p.m.
Miércoles, 10 de Agosto, 6pm a 8pm
at St. Michael Hall, el Salón de San Miguel

Join us for a complimentary "Ladies Night" sponsored by the Ladies of Carmel.

Non-alcoholic beverages will also be served.

Meet new friends and learn more about how our organization supports our parish and community.

No obligation – just come and enjoy!

Únase a nosotras para una "Noche de mujeres " a cortesía y patrocinada por las Damas del Carmelo.

También se servirán bebidas no alcohólicas.

Conozca nuevas amigas y aprenda más sobre cómo nuestra organización apoya a nuestra parroquia y comunidad.

Sin compromiso, ¡solo venga y disfrute!

RSVP requested by Monday, August 8.

Contact Eileen at the Parish Office at 757-595-0385, ext. 116

or by email at loc@olmc.org.

Por favor confirme su asistencia antes del lunes 8 de agosto.

Llame a Eileen a la Oficina Parroquial al 757-595-0385, ext. 116

o envíe un correo electrónico loc@olmc.org.



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