

2 March 2025

Eighth Sunday in Ordinary Time

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Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

Text [mountcarmel](tel:757-84576) to 84576 and follow the link sent to subscribe.

Parish Office Hours:

Monday - Thursday: 9 am - 5 pm

Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)

Friday - 7 am Mass

*** Scheduled Mass times unless indicated on the Mass Intentions Calendar**



Saturday, March 1, 2025

5:00 – +Dave Taylor Marianne & Steven Spellman

Sunday, March 2, 2025

8:00 – +Marilyn Beck Joseph & Ian Beck

10:00 – +Peter & Gemma Cho Jack & Ann Svelan

12 CNU – No Mass

2:00 – +Lidia Bojorquez Flores Familia

5:00 – +Charlotte Schmidgall Carol Allen

Mon – (5:30pm) +Brian Harwood Kathleen Rapp

Tues – (9am) +Elaine Rajcula Her Niece

Ash Wednesday, March 5, 2025

9:00 – +Josefreddie Ocines

1:50 – Int’s of OLMC School Benefactors OLMC School

6:30 – +Marilyn Sanders The Euler Family

8:00 – The People of the Parish

Thur – (8:05am) Int’s of OLMC Moms OLMC School

(6:30pm) +Graciela Rodriguez Fr Saúl

Fri – (7am) +James Cecilia Sweeney John & Terri Sweeney

Saturday, March 8, 2025

5:00 – +Robert R Rutherford Family

Sunday, March 9, 2025

8:00 – +Paul Coon Maureen Coon

10:00 – +Nancy Curran The Willcox Family

12 CNU – No Mass

2:00 – +Salvador Guerra Gomez Rosalia Mendoza

5:00 – The People of the Parish

Weekly Collections

February 15 & 16

\$19,723 (E-Giving \$11005, Sunday \$8718)

February 22 & 23

\$25,856 (E-Giving \$15220, Sunday \$10636)

We are thankful for your generosity!

Contact Us

Pastor

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Parochial Vicar

frsaul@olmc.org 111

Rev. Saúl Anleu

Priest in Residence

Rev. Peter T. Tran frpeter@olmc.org 101

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Deacon Francisco Anleu fanleu@olmc.org 123

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Baptism & Children’s Faith Formation

Elizabeth Kassel ekassel@olmc.org 104

Hispanic Ministry

Deacon Francisco Anleu fanleu@olmc.org 123

Liturgy & Worship

Heber Dunkle hdunkle@olmc.org 121

Pastoral Care

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Sacred Music

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Joyce Kiser jkiser@olmc.org 109

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Josh McCarty jmccarty@olmc.org 119

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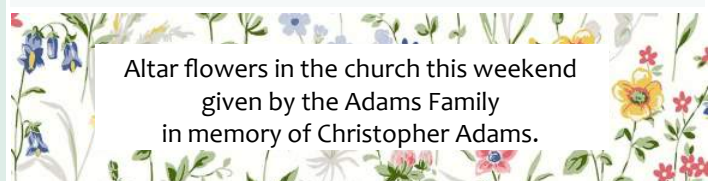
Eileen Mazary emazary@olmc.org 116

CNU Campus Ministry

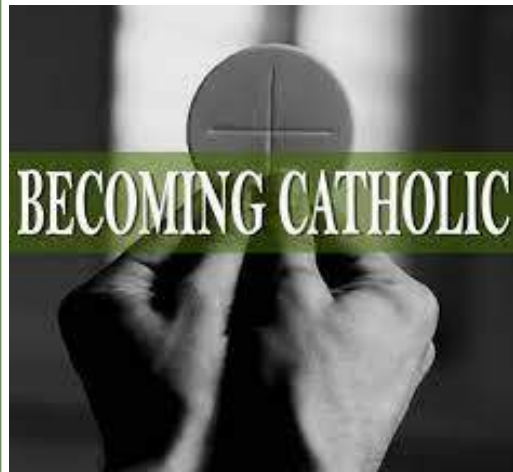
Chris Roy ccm@cnu.edu

OLMC School Principal

Sr. Anna Joseph, O.P. sajoseph@olmc-school.com 135



Initiation Programs for Adults



Are you or anyone you know interested in exploring the Catholic Church as your church home?

Have you been sitting in the pew next to your Catholic spouse for years wondering what you have to do to become Catholic?

If so, join us for a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

Contact Lisa Wienhoff at lwienhoff@olmc.org for more information.



Adult Confirmation (adults 18+)

STILL NOT CONFIRMED?

THIS CLASS IS FOR YOU!

Classes have begun, contact Lisa for more information

lwienhoff@olmc.org or 757-595-0385 ext 131

Adult Faith Formation

New Adult Faith Study ~ All adults of the parish are welcome!

Metanoia

Thursdays 1-2pm Saint Michael Hall

Journey With Christ Into Conversion.

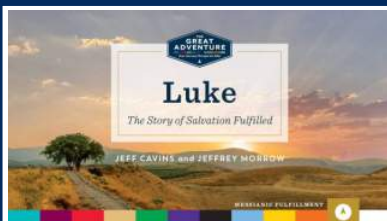


Metanoia is beautifully filmed on location in the Holy Land, highlighting sacred places, such as the Sea of Galilee, the River Jordan, the Desert of Temptations, and many other holy sites in Jerusalem.

Each week we explore areas of life where conversion is so often necessary. Along with the message from Father Dave, Metanoia shares personal testimonies from men and women of all ages and vocations. Their stories inspire and encourage an encounter with Jesus and the new life He is constantly inviting us to. Join us for the most important journey of life, one of grace, hope, repentance, and transformation: the journey of Metanoia.

Register online at olmc.org

Contact Lisa for more information, lwienhoff@olmc.org or (757)595-0385 ext 131.



New Adult Faith Study ~ All adults of the parish are welcome!

Luke: The Story of Salvation Fulfilled

Wednesdays, 7-8:30pm (after 6:30 Mass), Saint Michael Hall

In this 8-part study, Jeff Cavins and Dr. Jeffrey Morrow will show you the beautiful Biblical roots for Mary, the Rosary, and the Mass that are found in Luke, strengthening your prayer life like never before. Study guides can be purchased online at Ascension Press.

Register online at olmc.org

Contact Lisa for more information, lwienhoff@olmc.org or (757)595-0385 ext 131.



Pastoral Care



Is the Holy Spirit calling you? Consider serving as an Extraordinary Ministers of Holy Communion for the sick and homebound. The commitment is one Sunday per month.

The faithful who are ill are often separated from their place in the Eucharistic community. The Pastoral Care Minister represents Christ by bringing Holy Communion and sacred scripture to the sick, and in so doing, reflects the love and support of the Eucharistic community of Our Lady of Mount Carmel Catholic Church. The Pastoral Care Ministry at Our Lady of Mount Carmel is an outreach to those who are:

- Home Bound
- Living in Assisted Living Communities
- Receiving Rehabilitation

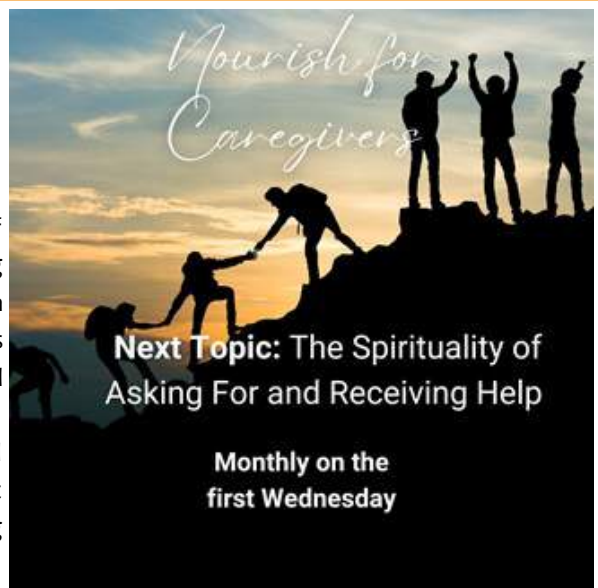
Please contact Christa at the parish office to inquire. Training is provided.

Nourish for Caregivers
Wednesday, March 5 at 5pm
***Please note, we will meet at 5pm**
this month only due to Ash Wednesday.

NEXT TOPIC: The Spirituality of Asking For and Receiving Help

Nourish for Caregivers is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging or ill parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. There is help, and hope, available. Asking for and receiving help is equally as important as giving to and helping others.



Seasons of Hope ~ Catholic Grief Support

New six week series begins in March . When you or someone you care about is suffering from the loss of a loved one, the process of grieving is a natural part of healing. Grief, however natural, can be intense and experienced in very individual ways. It is sometimes hard to know, "Is what I'm going through 'normal' or natural?"

Seasons of Hope offers a safe and compassionate environment for adults whose loved one has died. Seasons of Hope, rooted in Catholic tradition, conveys God's consolation through scripture, prayer, reflection and sharing our faith.

Register at olmc.org or call the parish office.

Liturgy



**Wednesday
March 5th**

9 am
1:50 pm
6:30 pm
8 pm en Español



Return Last Year's Palms by Monday, March 3

Please bring back your palms that were blessed last Palm Sunday and place them in the container found in the Narthex beginning Wednesday, February 19th. They will be burned and the ashes will be used for Ash Wednesday.



THIRST: ADORATION & PRAISE

*An hour of worship
& rest with our Lord*

Thursday, March 6th
7:30 pm ~ 8:30 pm
in the church

BE ONE WITH JESUS
eucharistic adoration

Every Thursday
9am ~ 6:30pm
Blessed Sacrament Chapel

Social Ministry

*Transformed by The Eucharist...
Reaching Out into community*



PANTRY NEEDS:

peanut butter
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pasta
pasta sauce

PERSONAL NEEDS:

tooth paste
tooth burshes

PREGNANCY NEEDS:

diapers
wipes

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of the Diocese of Richmond

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Ministerio Hispano

Director - Diácono Francisco Anleu

Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español:

Domingos 2:00 PM, Jueves 6:30 PM

Confesiones:

Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente

Bautismo Infantil

Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé. Las clases de bautismo se llevan a cabo en el Salón San Miguel de 9:30 a 11:30 horas en las siguientes fechas:

8 de Marzo
12 de Abril
10 de Mayo
14 de Junio
12 de Julio
9 de Agosto



Para obtener más información, comuníquese con la señorita **Elizabeth Kassel** en la oficina parroquial, 757-595-0385 o envíele un correo electrónico a ekassel@olmc.org.

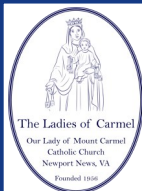
Community



Annual Pantry Shower

The Ladies of Carmel will be sponsoring their annual Pantry Shower for the **Poor Clare Sisters of Barhamsville, VA**. The Poor Clares (poor-clares.org) are a cloistered monastic community following the inspiration of St. Francis of Assisi and his faithful disciple, St. Clare. These sisters, who used to live and pray just down the street from Our Lady of Mount Carmel, continue to pray for our parish and our parishioners.

Lists will be distributed this weekend, **March 1st & 2nd**, after all Masses, and **donations will be collected** next weekend, **March 8th & 9th**.



Women of the Parish... Have you considered joining the Ladies of Carmel?

The Ladies of Carmel (LOC) is made up of ten individual guilds which meet on different days and times. We have been actively serving the parish and community since 1955.

We would love to have an opportunity to talk with you about the LOC, various guilds, our mission and purpose and the friendships that you are sure to develop.

For more info email loc@olmc.org or call 757-595-0385.

We look forward to hearing from you!

ALL WOMEN OF THE PARISH ARE INVITED!

Intimacy with Jesus

Ladies of Carmel
Annual Retreat

Saint Clare of Assisi
Retreat Center
620 Buckroe Avenue
Hampton

March 8, 2025
9am ~ 1pm

Lunch Included
\$15/person



Sign up here:

<https://saintclaretreatcenter.flocknote.com/signup/197033>

LOVE

the **LORD** your **GOD** with all your **heart**, with all your **soul**, with all your **mind**, and with all your **strength**.

Mark 12:30

JOIN US ONLINE

Did you know that you can join our auction online? The OLMC School silent auction opens at 5:30 PM on Saturday, March 8th and closes at 4:00 PM on Sunday, March 9th.

Register and start bidding online.

www.ourschool.auction/ShineLikeTheStars

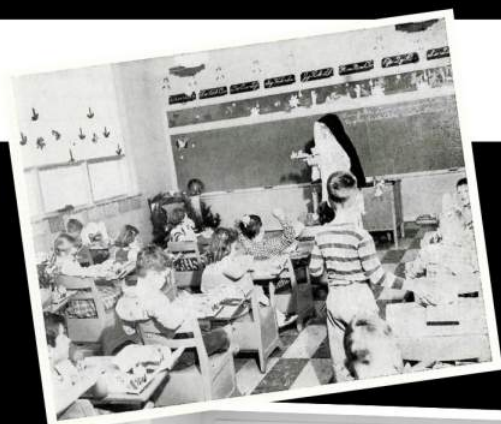


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