

17 November 2024

Thirty-Third Sunday in Ordinary Time

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Text [mountcarmel](tel:84576) to 84576 and follow the link sent to subscribe.

Parish Office Hours:

Monday - Thursday: 9 am - 5 pm

Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)

Friday - 7 am Mass

** Scheduled Mass times unless indicated on the Mass Intentions Calendar*



Saturday, November 16, 2024

5:00 – +Bill Taylor Lynn Taylor

Sunday, November 17, 2024

8:00 – Int’s of Mary Weischedel The Weischedel Family

10:00 – Int’s of Isaiah Hamilton The Hamilton Family

12 CNU – For the People of the Parish

2:00 – +Joseph Nathan Nguyen The Rivera Family

5:00 – +Andrew & Ona Garneau Kim & Barbara Taylor

Mon – (5:30pm) +Josefina Morales Family & Friends

Tues – (9am) +Donald & Virginia Kane Joe & Kathy Drozdowski

Wed – (6:30pm) +Int’s of Our Lady of the Rosary
Franciscan Fraternity Karen Coulson

Thur – (8:05am) +Roger Peñalosa The Van Horn Family
(6:30pm) +Domingo Malpica Friends

Fri – (7am) Int’s of Arbogaste & Ivan Mevone

Saturday, November 23, 2024

5:00 – +Loiva Siochi Anton & Mia Siochi

Sunday, November 24, 2024

8:00 – +John Berger Joan Berger

10:00 – Int’s of Johnathon Hamilton The Hamilton Family

12 CNU – +Ed Cluen Ladies of Carmel

2:00 – The People of the Parish

5:00 – +Bill Gorman Pearl Murren

Contact Us

Pastor

Rev. Dan Beeman frdbeeman@olmc.org 112

Parochial Vicar

Rev. Saúl Anleu frsaul@olmc.org 111

Priest in Residence

Rev. Peter T. Tran frpeter@olmc.org 101

Deacons

Deacon Anton Siochi deaconanton@olmc.org 129

Deacon Francisco Anleu fanleu@olmc.org 123

Adult Faith Formation

Lisa Wienhoff lwienhoff@olmc.org 131

Baptism & Children’s Faith Formation

Elizabeth Kassel ekassel@olmc.org 104

Hispanic Ministry

Deacon Francisco Anleu fanleu@olmc.org 123

Liturgy & Worship

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Pastoral Care

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Sacred Music

Johanna Smith jsmith@olmc.org 117

Social Ministry

Kim Taylor ktaylor@olmc.org 118

Youth & Young Adult Ministry

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Bookkeeper

Carla Johnson cjohnson@olmc.org 108

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CNU Campus Ministry

Chris Roy ccm@cnu.edu

OLMC School Principal

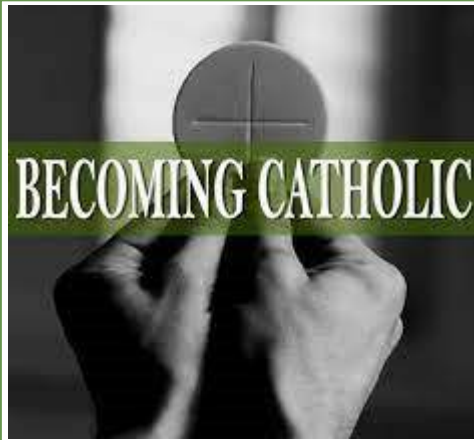
Sr. Anna Joseph, O.P. sajoseph@olmc-school.com 135

Altar Flowers

Altar flowers in the church this weekend given in honor of the christening of Meadow Liberta from Grandma & Grandpa Carter.



Initiation Programs for Adults



Are you or anyone you know interested in exploring the Catholic Church as your church home?

Have you been sitting in the pew next to your Catholic spouse for years wondering what you have to do to become Catholic?

If so, join us for a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

Contact Lisa Wienhoff at lwienhoff@olmc.org for more information.

Adult Faith Formation



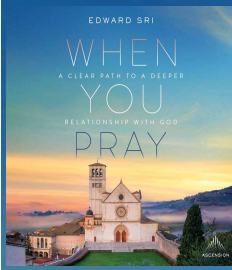
The Wild Goose :

Sunday, 9-9:50am or Thursdays 1-2pm

Sessions have already begun, it's not too late to join, contact Lisa for more info!

The Wild Goose is a 14 Part Series with Fr. Dave Pivonka on discovering a deeper relationship with the Holy Spirit. Join us to watch the series and enjoy life to the full in the power of the Holy Spirit.

Lisa Wienhoff, 757-595-0385 ext. 131 or lwienhoff@olmc.org



When You Pray: A Clear Path to a Deeper Relationship with God

Saint Michael Hall, Wednesdays 7- 8:30pm

All are welcome, join in at any time!

Inspired by the real example of the saints, we will learn how to pray with the same consistency, trust, peace, and passion that led to deep transformation in their souls. **When You Pray: A Clear Path to a Deeper Relationship with God** will help you begin your journey of prayer, rejuvenate your prayer life, and strengthen your relationship with God so that you can give God your entire heart.

For more information contact Lisa Wienhoff at 757-595-0385 x131 or lwienhoff@olmc.org



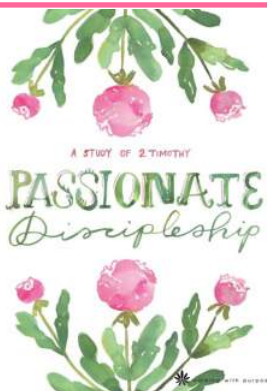
That Man is You (TMIY) honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!

Saturday Mornings, 7am - 8:30am

Saint Michael Hall

ALL MEN OF THE PARISH ARE WELCOME!

Register online at olmc.org. Contact Lisa Wienhoff at 757-595-0385 ext. 131 or lwienhoff@olmc.org for more information.



Walking with Purpose (WWP) is a parish-based Bible study program for adult women, it incorporates at-home Scripture study, weekly small group discussion, and monthly talks on relevant study material. The new fall study, **Passionate Discipleship, Saint Michael Hall** on **Wednesday's**, following Mass, register online at olmc.org.

All women of the parish are welcome, join in at any time!

Passionate Discipleship journeys through 2 Timothy verse by verse. Come learn how to live as disciples of Christ, living with Him as the center of our lives and entrusting this message to others who can pass it on as well.

For more info contact Lisa Wienhoff at 757-595-0385 ext. 131 or lwienhoff@olmc.org



Pastoral Care

We support caregivers through the gift of faith. That's what we do. Nourish for Caregivers is a 501 (c)(3) nonprofit connecting caregivers to others and essential resources. Through Nourish, caregivers find hope, healing and learn to thrive.

Nourish
For Caregivers



November is National Family Caregivers Month

Join us at 5:30pm on the first Wednesday of every month at Manion Hall

Caring for the Caregiver Virtually every one of us will care for a loved one at some time in our life. Though rewarding, it is not always easy. **Nourish for Caregivers** is for anyone juggling the challenges of everyday life, health, career and caring for an aging parent, spouse, child, or grandparent, in town or at a distance. **Nourish for Caregivers** provides caregivers a faith perspective, as well as practical and emotional support, useful tools, and shared experiences.

Discover the blessings that come from caring for another, and at the same time fill your heart, mind, body and soul with love and hope of Jesus Christ. Our parish is pleased to offer **Nourish for Caregivers** - Caring for you as you care for another!

Contact Christa at extension 107 or email cbloomstrom@olmc.org for more information.

Caregiver Relief – Respite Care Ministry

The Respite Care Ministry improves caregiver well-being by giving breaks to family members who care for their loved ones at home.

Caregiving can often lead to caregivers neglecting their own needs to provide for their loved ones.

We train and match volunteers with a family to provide a few hours of rest for the caregiver and increased socialization for those receiving the care.

Contact Christa at the parish office to inquire.



SPRED

Meets on Wednesday, November 20

NEXT TOPIC: Jesus Saves

SPRED prepares persons with intellectual disabilities to fully belong in the liturgical life of the parish. Within this small faith community, we hear the Word of God, reflect upon our life experiences, offer prayers for one another, and enjoy a simple sharing of food together.

And Jesus said to the woman, “your sins are forgiven. Your faith has been your salvation; go in peace..” Luke 7:48-50

Social Ministry

Transformed by *The Eucharist...*
Reaching Out into community



PANTRY NEEDS:

cereal
jelly
1 pound bags of rice

PERSONAL NEEDS:

toothpaste

PREGNANCY NEEDS:

girls & boys winter clothes
size 18 - 24 months & 2T

October through December has always been a busy season for our Church's outreach to our poor and vulnerable neighbors. An overview of the next couple of months may help to orient you and give you an opportunity to pray about where you may be called to serve or give.

In October we put out "Giving Hearts" to gather items we need for PORT lunch bags. For each PORT night, we prepare 100 lunch bags. Since we are serving as a partner church seven times during the season, we may need to ask for your assistance again sometime after the New Year.

In November the PORT sign-up sheets go out in the Commons; they were out last weekend and will be out this weekend as well. If you miss this opportunity, there will be others. If we do not fill all the volunteer positions now, we will seek more volunteers after the New Year.

November also means Thanksgiving. Like last year, we are partnering with Catholic Charities of Eastern Virginia to distribute Thanksgiving Bags. The Ladies of Carmel have very generously donated money for us to purchase turkey breasts. The Thanksgiving bags were out last weekend and will be out again this weekend until they are taken.

Because of your eager generosity, opportunities to give are often snapped up by the 10 am Mass on Sundays. To give others an opportunity to support our neighbors, we have added combined personal product/cleaning supply bags. These are items that our neighbors certainly need but cannot buy with their SNAP (food stamp) benefits.

Christmas angels are just around the corner...

**Thank you for all that you do for the poor
and vulnerable in our community!**

For more information contact Kim Taylor at
757-595-0385 ext. 118 or ktaylor@olmc.org

Ministerio Hispano

Director - Diácono Francisco Anleu
Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español:

Domingos 2:00 PM, Jueves 6:30 PM

Confesiones:

Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente



Bautismo Infantil

Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé. Las clases de bautismo se llevan a cabo en el Salón San Miguel de 9:30 a 11:30 horas en las siguientes fechas:

14 de Diciembre

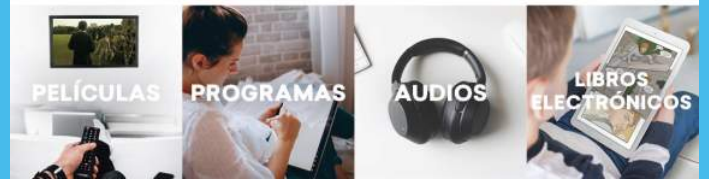
11 de Enero

8 de Febrero

8 de Marzo

Para obtener más información, comuníquese con la señorita **Elizabeth Kassel** en la oficina parroquial, **757-595-0385** o envíele un correo electrónico a **ekassel@olmc.org**.

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Para obtener más información, envíe un correo electrónico a Lisa a lwienhoff@olmc.org

Liturgy

BE ONE WITH JESUS
eucharistic adoration

©JPPC

Every Thursday
9am ~ 6:30pm
Blessed Sacrament Chapel



Adorers Needed

We are looking for adorers to commit to an hour of Eucharistic Adoration on Thursdays between 9:00 am and 6:30 pm.

If you are available to commit to a weekly Holy Hour, please email adoration@olmc.org

Community



You can reach out and help those in your community! **The Peninsula Agency on Aging (PAA)** needs new Meals on Wheels volunteers. The PAA Meals on Wheels program provides hot, nutritious meals to isolated homebound senior citizens in Newport News and Hampton. For more information, please call 757-873-0541 or visit www.paainc.org.

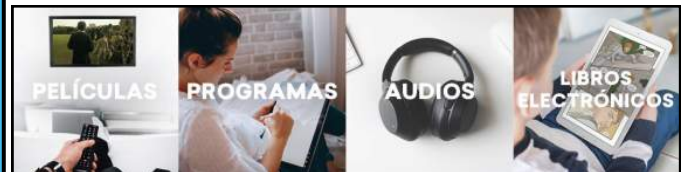
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CRUSADER ATHLETICS

OLMC is a part of the Peninsula Independent Athletic League (PIAL), which consists of seven schools.

Our soccer, cross country, and volleyball teams have all completed their seasons for the year, and Crusader basketball will be starting soon. Our fall sports teams had a successful season with volleyball and soccer placing second in the PIAL.



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