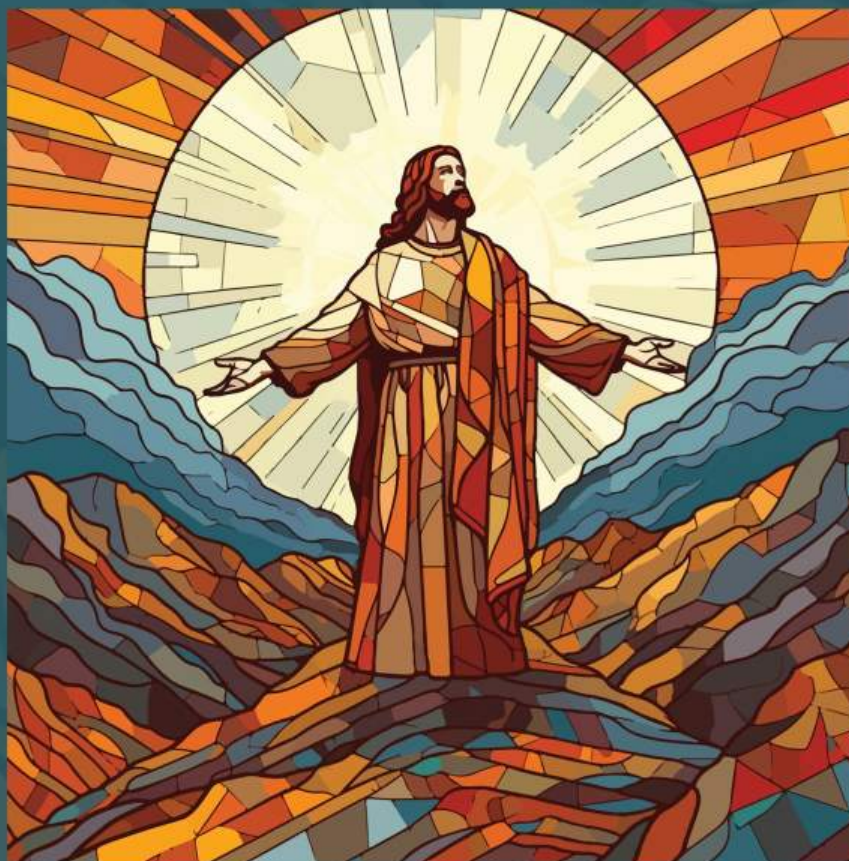


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MATTHEW 10:40

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Phone: 757-595-0385 - www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Connect With Us

Parish Website www.olmc.org

Facebook www.facebook.com/olmcnva

Parish Email ~ Flocknote Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

Text [mountcarmel](https://www.10text.com/84576) to 84576 and follow the link sent to subscribe.

July 2, 2023 ~ Thirteenth Sunday in Ordinary Time

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 9 am, Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

Friday - 9 am Mass

** Scheduled Mass times unless indicated on the Mass Intentions Calendar*



Mass Intentions

Saturday, July 1, 2023

5:00 – +Salvador Breceda Peñaranda Cristy Barton

Sunday, July 2, 2023

8:00 – +Michael Sweeney John & Terri Sweeney
10:00 – +Mary Dietz Sharon & Dennis George
2:00 – The People of the Parish
5:00 – +Katie Braig St James Guild
Mon – (5:30pm) **Canceled**
Tues – (9am) **Canceled**
Wed – (6:30pm) +Bob Obradovic Mackie/Miller Family
Thur – (9am) +John Moscato Chris Van Acker
 (6:30pm) **Canceled**
Fri – (9am) +Elizabeth Beeman Fr Dan

Saturday, July 8, 2023

5:00 – +Steven R. Rutherford Family

Sunday, July 9, 2023

8:00 – +Ron & Ethelann Ponzio Family
10:00 – +Mr. Mark Tsou J.J. Tsou
2:00 – The People of the Parish
5:00 – Int's of Crystal Teller Bill & Janet Gorman

Altar Flowers



Flowers for the Church may be given as memorials for a loved one or special occasion. Please call Eileen to schedule at least two weeks in advance of the date you wish. The suggested donation to cover the cost is \$90.

Weekly Collection

June 24 & 25

\$18,644 (E-Giving \$8686, Sunday \$9958)

We are thankful for your consistent stewardship.

Contact Us

Pastor

Rev. Dan Beeman frdbeeman@olmc.org 112

Parochial Vicar

Rev. Saúl Anleu frsaul@olmc.org 111

Priest in Residence

Rev. Peter T. Tran frpeter@olmc.org 101

Deacons

Deacon Anton Siochi deaconanton@olmc.org 129

Deacon Francisco Anleu fanleu@olmc.org 123

Adult Faith Formation

Contact the Parish Office at 757-595-0385

Baptism & Children's Faith Formation

Elizabeth Kassel ekassel@olmc.org 104

Hispanic Ministry

Deacon Francisco Anleu fanleu@olmc.org 123

Liturgy & Worship

Heber Dunkle hdunkle@olmc.org 121

Pastoral Care

Christa Blomstrom cblomstrom@olmc.org 107

Sacred Music

Johanna Smith jsmith@olmc.org 117

Social Ministry

Kim Taylor ktaylor@olmc.org 118

Youth & Young Adult Ministry

Gregory Walsh gwalsh@olmc.org 106

Bookkeeper

Carla Johnson cjohnson@olmc.org 108

Business Administrator

Joyce Kiser jkiser@olmc.org 109

Facilities

Josh McCarty jmccarty@olmc.org 119

Office Manager

Eileen Mazary emazary@olmc.org 116

CNU Campus Ministry

Chris Roy ccm@cnu.edu

Our Lady of Mount Carmel School

757-596-2754

School Office Hours: M - F, 7:30 am - 3:30 pm

Principal: Sr. Anna Joseph, O.P.

*The Parish Offices will be closed
and there will be no Masses on
Monday, July 3rd and Tuesday, July 4th*



July 2, 2023 – Thirteenth Sunday in Ordinary Time

Reflection by Rev. Leonard N. Peterson

“Truth or Consequences” was the name of an early TV game show. It ran from the 50’s to the late 80’s. Contestants had to answer a trivia question correctly within 2 seconds, or face the consequences of performing a zany or embarrassing stunt. Often enough, contestants would answer incorrectly so that they would have to perform the stunt.

We know that Our Lord never came here to play games. Being truth personified, a reality lost on narrow-minded people like the Pharisees and Pontius Pilate, Jesus spoke only words of truth. He did so that we might “have life and have it more abundantly.” He speaks to us today of His demands to bring that about.

Note how, in our First Reading, the Christian regard for treating others with care and hospitality is prefigured by the influential Shunammite woman in her treatment of Elisha the prophet, even before she knew that’s what he was. As a consequence, she was eventually rewarded with the gift of a son, ridding her of what was regarded in those ancient days as a curse: to be without child. (What a contrast with our world today!)

Our Lord promises us that we will find new life, with good consequences, if we but give a drink of water to “the little ones,” namely the poor and needy. Only a generous God can command generosity.

It is up to us to remember that fact when Jesus asks us to take up our cross as a consequence of being His authentic followers. So easy to will that part of His message away. It strikes us in moments of weakness as a demand too much. We often imagine the consequences of cross-carrying as making us too different from everybody else. Our secular society demands that we Catholics conform to its opinions. That means, for example, that we approve of a trans-gender agenda which is in direct contradiction to the Bible and Church teaching about the human body as designed by God.

When a person decides to exercise his/her freedom to break God’s laws, he/she is like a person who ascends to the top of a tall building and jumps off. For the first several stories he/she feels great. There are no restraints, no restrictions, no hang-ups. But suppose, ten stories from the ground, he/she realizes that a sudden stop awaits, and that he/she doesn’t want to endure its consequences. Can they reverse the falling process? Can you or they stop the fall? Of course not. Thus, in the final ten stories, our tragic character will examine his/her definition of freedom and realize—too late—that it was wrong.

God love you; give you His gift of true freedom; and enjoy your holiday.

Reading I: 2 Kings 4: 8-11, 14-16a

The Shunammite woman offers hospitality to Elisha the prophet with generosity and kindness. She does not yet know exactly who he is.

Reading II: Romans 6: 3-4, 8-11

The baptismal ritual represents the death, burial and resurrection of Christ. The convert to the Faith emerges as a new person, now living “for God in Christ Jesus.”

The Gospel: Matthew 10: 37-42

Whoever receives an Apostle receives Christ. He insists that we take up our individual cross and follow Him, showing care for the needy as did the Shunammite woman.

Pastoral Care

Will you consider serving one Sunday a month at one of our nursing/rehab communities? Training is provided.

The faithful who are ill are often separated from their place in the Eucharistic community. The Pastoral Care Minister represents Christ by bringing Holy Communion and sacred scripture to the sick, and in so doing, reflects the love and support of the Eucharistic community of Our Lady of Mount Carmel Catholic Church. The Pastoral Care Ministry to the Sick is carried out by our priests, deacons and lay pastoral care ministers.



The Pastoral Care Ministry at Our Lady of Mount Carmel is an outreach to those who are:

- Home Bound
- Living in Nursing Homes or Assisted Living Facilities
- Hospitalized
- Receiving Rehabilitation
- Grieving the loss of a loved one through the Bereavement Ministry

Please contact Christa at the parish office to inquire about Pastoral Care for yourself or a loved one or to offer your service.

SEASONS OF HOPE – Catholic Grief Support

The next series begins on Tuesday, August 1, 2023
A 6-week faith sharing group for those who mourn.
Tuesdays from 10 am to noon.

When you or someone you care about is suffering from the loss of a loved one, the process of grieving is a natural part of healing. Grief, however natural, can be intense and experienced in very individual ways. It is sometimes hard to know, “Is what I’m going through ‘normal’ or natural?”

Seasons of Hope offers a safe and understanding environment for adults whose loved one has died. Seasons of Hope, rooted in Catholic tradition, conveys God’s consolation through scripture, prayer, reflection and sharing our faith. Seasons of Hope meets for six consecutive weeks.

Are you grieving the loss of a husband, wife, son, daughter, parent or other loved one?

To register contact Christa at the Parish Office 757-595-0385 ext 107 or at cblomstrom@olmc.org.



Nourish for Caregivers – Monthly on the first Wednesday

Join us for our next session at 6:30pm, Wednesday, July 5, 2023 at Saint Michael Hall



Did you know that 1 in 6 Americans are caregivers? Virtually every one of us will care for a loved one at some point in our life. It’s not easy to juggle the challenges of one’s everyday life while caring for a child living with a disability, or an aging or ill parent, spouse or grandparent.

Nourish for Caregivers is a ministry created specifically to offer support to the unique challenges of in-home caregivers. This Christ-centered program brings resources and support to family caregivers who carry both the blessing and burden of providing comfort and healing to people who are ill, suffering, and need special care. We meet at 6:30pm monthly at Saint Michael Hall on the first Wednesday.

Contact Christa at 757-595-0385 x 107 or cblomstrom@olmc.org for more information. www.nourishforcaregivers.com

Circle of Hope – Monthly on the first Saturday



How best can we pray for you?

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness?

Come join a Catholic faith-based, spiritually uplifting group of OLMC men and women who gather on the first Saturday of every month for fellowship, prayer and support. We learn how Jesus, Our Blessed Mother Mary, and our Saints all give us a perfect example of how to persevere during difficult times.

We meet at Saint Michael Hall on the first Saturday of each month at 10:30am.

You’re invited to come join our prayer and fellowship with us over refreshments. Contact Christa at 757-595-0385 x107 or cblomstrom@olmc.org for more information.

Social Ministry

ENCOUNTERING CHRIST IN THE HOMELESS ~ PORT

Now that we have been nourished at this altar by the Bread of Life, we are sent to feed and care for our neighbor, respecting the rights that flow from his dignity as having been made in God's image. Everyone should look upon his neighbor as 'another self,' above all bearing in mind the means necessary for him to live his life with dignity. This duty to actively serve our neighbors becomes even more urgent when it involves the disadvantaged.

CCC ¶¶ 1930-32.

One way to serve our neighbor is to heed the Lord's command to shelter the afflicted and the homeless, i.e. PORT. Our Lady of Mount Carmel is a partner church, and we are responsible for serving the homeless on seven nights, spread over the PORT season. Our service requires many volunteers, most of whom will be recruited in early Fall. What we need now is to recruit team leaders — specifically Dinner Leads and Breakfast/Lunch Bag Leads.

The Dinner Lead determines the menu and gathers volunteers who will cook and/or serve and/or clean up. This is a perfect opportunity for a group to serve together — a guild, a bible study, a choir, TMİY, CNU students, Young Adults, Youth Apostles, just to name a few of the many groups in our parish. Or, an individual might feel called to be a Dinner Lead and will build their own group.

The Breakfast/Lunch Bag Lead determines the contents of the breakfast/lunch bags that will be given to the guests upon their departure, gathers a team to assemble the bags and then delivers them to the host church the afternoon of OLMC's day.

Please consider whether you are being called to this service please contact Kim in the parish office. She will tell you more about it and let you know the nights that OLMC is a partner church.

Misc. Week at the Pantry:

Cereal

Fruit

Ramen

Personal item:

Soap

Shampoo

Pregnancy:

Size 4 diapers

Give Glory to God and Serve His People.

Contact Kim Taylor

ktaylor@olmc.org 595-0385 ext. 118

Children's Ministry



Thank you to all the wonderful volunteers who made **JESUS, MORE THAN MIRACLES** a fun and faith filled VBS. We are grateful for your service and truly appreciate your willingness to share your many gifts! Also, thank you to all the participants and their parents. We are thankful for your commitment to guiding your children on their faith journeys.

Have a blessed summer!

Ministerio Hispano

Director - Diácono Francisco Anleu

Oficina - (757) 595-0385 Ext. 123

Email - fanleu@olmc.org

Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente

Bautismo Infantil

Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé. Las **clases de bautismo** se llevan a cabo en Saint Michael Hall de **9:30 a. m. a 11:30 a. m.** en las siguientes fechas:

1 de julio

Agosto 5

2 de septiembre

Para obtener más información, comuníquese con la señorita **Elizabeth Kassel** en la oficina parroquial, 757-595-0385 ext 104 o envíele un correo electrónico a ekassel@olmc.org.



RVA Priest

Quien encuentre su vida, la perderá, y quien pierda su vida por mí, la encontrará". ¿Podría Dios estar llamándote a seguirlo en esta vida y en la próxima? Llame al Padre Brian Capuano al 804-359-5661 o envíe un correo electrónico a: vocations@richmonddiocese.org.

Community



All are invited to the Knights of Columbus
Annual 4th of July Flag Raising Ceremony
8AM followed by breakfast!

12742 Nettles Dr, Newport News, VA 23606

Please join us as we celebrate our country's Independence!

Assisting in the flag raising are Boy Scout Troops 27 and 242 and Cub Scout Pack 242

THE LADIES OF CARMEL GARAGE SALE - WE NEED YOUR HELP!

WHEN: Saturday, July 22 from 7:30-11:30

WHERE: OLMC School cafeteria and gym.

The garage sale is sponsored by the Ladies of Carmel and all parish members are invited to volunteer to help including men and middle and high school students!

HELP NEEDED: Friday, July 21 from 10-6 and Saturday, July 22 from 7-12:30

DONATIONS: please drop off on Thursday July 20 from 5-7 and Friday, July 21 from 9-6 p.m. at the entrance to the school cafeteria across from the Convent.

CONTACT Paula Krewinghaus at paulakrew@gmail.com or call 757-593-2348 to sign up to help.



Suggested items for donation: houseware items, indoor and outdoor furniture, electronics, books, CD's, DVDs, ONLY infant and toddler clothes, toys, games, puzzles, linens, quilts, pillows, baskets, purses, Christmas and seasonal items, costume jewelry, and baked goods.

Items we do not accept: youth, teen and adult clothing, tube TV's, computer components, textbooks, encyclopedias, fabric sofas or loveseats unless in very good condition, sleeper sofas, exercise equipment, and armoires.

Our Lady of Mount Carmel Catholic School

HAPPY 4TH OF JULY!

We are the Land of the Free. We are the Home of the Brave. Happy Independence Day! We hope you and your family have a safe and Happy 4th of July! Share how you celebrate with

NOW THE LORD IS THE SPIRIT, WHERE THE SPIRIT OF THE LORD IS, THERE IS FREEDOM.
2 CORINTHIANS 3:17



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