

OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

NEWPORT NEWS, VA

We find Christ here. We bring Christ to the world.



perspective



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100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 - www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Connect With Us

Parish Website www.olmc.org

Facebook www.facebook.com/olmcnnva

Parish Email ~ Flocknote Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

Text [mountcarmel](https://www.10text.com/84576) to 84576 and follow the link sent to subscribe.

Liturgy

HOLY DAY OF OBLIGATION

All Saints' Day

NOVEMBER 1

October 31 ~ 7:30 pm Vigil Mass in Spanish

November 1 ~ 1:50 pm OLMC School Mass (open to everyone)

5:00 pm Confessions

6:30 pm Mass

The parish office will be closed on Wednesday, November 1



ADORATION

Every Thursday
9am ~ 6:30pm
Saint Michael Hall

Adorers are needed at all hours, if you are able to commit to a weekly holy hour, please email adoration@olmc.org.

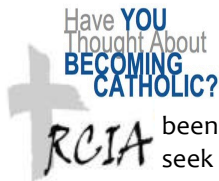


THIRST: ADORATION & PRAISE

*An hour of worship
& rest with our Lord*

Thursday, September 7
7:30 ~ 8:30
Saint Michael Hall

Initiation Programs and Adult Formation



The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation. **For more information contact Lisa Wienhoff at 757-595-0385 ext. 131**

Have you been away from the active practice of your Catholic faith?

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God's mercy, the Mass, and the Church.

The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community. We can assist your return to the active practice of your faith and welcome you back to the Lord's Table.

For more information contact Lisa Wienhoff at 757-595-0385 ext 131 or email her at lwienhoff@olmc.org



Men's Ministry

That Man is You (TMIY) honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!

Saturday Mornings, 7am - 8:30am at Saint Michael Hall, register online at olmc.org

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131 or email her at lwienhoff@olmc.org



Pastoral Care



When you need a break. The Respite Ministry is there to help.

Your role as a family caregiver is an important one. The Respite Ministry offers compassionate care provided by trained parishioners who provide safety, supervision, and companionship to the homebound loved one. If you are a full-time caretaker of a home-bound loved one, call the parish office to inquire about Respite Care.

How can respite care help the family caregiver?

Take regular breaks for better health.

Family caregivers often don't have enough time to take care of their own health. If this sounds like you, a couple of hours of respite care can free up time for you to visit your doctor, meet a friend for coffee or take a walk. These small steps can lower your stress level.

Build trust with a backup caregiver.

Family caregivers are deeply devoted to their loved ones and may find it difficult to trust their care to anyone else. Establishing a relationship with respite caregivers you trust can be beneficial for the future if something comes up and you need backup care on short notice.

Give your loved ones a break, too.

Caregivers sometimes feel they are letting their loved one down if they don't handle all the care themselves, but there's something else to consider. Occasional visits from a trusted respite caregiver offers your family member an opportunity to socialize with another. A few hours of respite care can leave you both feeling refreshed and more relaxed.

Contact Christa at 757-595-0385 x 107 or cblomstrom@olmc.org for more information.

Caring for the Caregiver

Meets at 5:30pm on Wednesday, *November 8 at Manion Hall

*Due to All Saints Day on November 1.

NEXT TOPIC:

A Season for Everything – The Ebbs and Flows of Caregiving

Nourish is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging or ill parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

A Season for Everything – The Ebbs and Flows of Caregiving

Scripture reminds us, "there is an appointed time for everything". Caregiving too is an ever-shifting period of loss and growth, solitude and rebirth. Our Catholic faith helps us recognize this ebb and flow, so we can embrace our purpose and direction.



Circle of Hope ~ Saturday, November 4 at 10:30am



HOW BEST CAN WE PRAY FOR YOU?

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness? Come join a **Catholic faith-based, spiritually uplifting group of OLMC men and women** who gather on the first Saturday of every month for fellowship, prayer and support. We learn how Jesus, Our Blessed Mother Mary, and our Saints all give us a perfect example of how to persevere during difficult times.

We meet monthly at 10:30am on the first Saturday at Manion Hall.

You're invited to come join us for refreshments, fellowship and prayer.

Contact Christa at 757-595-0385 x107 or cblomstrom@olmc.org for more information.

Social Ministry

ENCOUNTERING CHRIST IN THE HOMELESS — PORT

Now that we have been nourished at this altar by the Bread of Life, we are sent to feed and care for our neighbor, respecting the rights that flow from his dignity as having been made in God's image. Everyone should look upon his neighbor as 'another self,' above all bearing in mind the means necessary for him to live his life with dignity. This duty to actively serve our neighbors becomes even more urgent when it involves the disadvantaged. CCC ¶¶ 1930-32.

One way to serve our neighbor is to heed the Lord's command to shelter the afflicted and the homeless, i.e. PORT. OLMC is a partner church responsible for serving the homeless on seven nights: November 2/3; November 30/ December 1; December 28/29; January 25/26 February 15/16; February 22/23 and March 7/8.

The sign up sheets will be available at the weekend Masses for October 14/15 and 21/22. You may wish to assist with checking in the guests, distributing clothes or checking the guests out in the morning. If so, please sign up. What we most need at this moment as leads for each of the nights. Look at the descriptions below and please consider taking one of the Lead Positions for a night.

The Dinner Lead determines the menu and gathers volunteers who will cook and/or serve and/or clean up. This is a perfect opportunity for a group to serve together — a guild, a bible study, a choir, TMIY, CNN students, Young Adults, Youth Apostles, just to name a few of the many groups in our parish. Or, an individual might feel called to be a Dinner Lead and will build their own group.

The Breakfast/Lunch Bag Lead determines the contents of the breakfast/lunch bags that will be given to the guests upon their departure, gathers a team to assemble the bags and then delivers them to the host church the afternoon of OLMC's day. The items will be provided by OLMC.

Please consider whether you are being called to this service and contact me.

Pantry: cereal, pancake mix, syrup, jam and peanut butter

Personal item: shampoo.

Pregnancy: Baby Wash/Shampoo and Baby Lotion

Give Glory to God and Serve His People.

Join me in a discussion of a captivating biography, "A Saint on Death Row: How a Forgotten Child Became a Man and Changed a World," over two sessions this fall. Contact me for a free book, and open your hearts to Jesus in prison.

Contact Kim Taylor: ktaylor@olmc.org 595-0385 ext. 118

Children's Faith Formation



Children's Faith Formation classes (PreK through 5th grade) have started and First Reconciliation/ First Holy Communion Preparation (2nd grade and above) will be starting soon.

The first workshop for First Reconciliation will be on October 15th for students with last names A-M, or October 22nd for students with last names N-Z.

The workshops will be held in the cafeteria of OLMC School. For more information, or if you still need to register, contact Elizabeth at the parish office, ext. 104 or ekassel@olmc.org.

Ministerio Hispano

Director - Diácono Francisco Anleu

Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM,

Jueves 5:30 PM en Español solamente



Las clases de formación de fe para niños (desde preescolar hasta quinto grado) han comenzado y pronto comenzará la preparación para la Primera Reconciliación/ Primera Comunión (segundo grado y superiores).

El primer taller de Primera Reconciliación será el 15 de octubre para estudiantes con apellidos A-M, o el 22 de octubre para estudiantes con apellidos N-Z.

Los talleres se llevarán a cabo en la cafetería de OLMC School. Para obtener más información, o si aún necesita registrarse, comuníquese con Elizabeth en la oficina parroquial, ext. 104 o ekassel@olmc.org.

Bautismo Infantil

Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé. Las clases de bautismo se llevan a cabo en Saint Michael Hall de 9:30 a. m. a 11:30 a. m. en las siguientes fechas:

4 de Noviembre

2 de Diciembre

Para obtener más información, comuníquese con la señorita Elizabeth Kassel en la oficina parroquial, 757-595-0385 ext 104 o envíele un correo electrónico a ekassel@olmc.org.



During the renovation, the parish Church will be closed to the public for all liturgies, and all other activities.

A few reminders:

- Saint Michael Hall will continue to be used for the many ministries of the parish during the week and weekend. Please be flexible about seating, and understand that the building will be getting a lot of use – with far more people using the building each week.
- As you enter Saint Michael Hall, please take a hymnal from the racks, and return it to the rack at the end of Mass. Please extend courtesy to others by sliding in to the middle of each row so that we can maximize seating.
- The Blessed Sacrament Chapel will be moved to Saint Michael Hall, in a dedicated room used only for prayer. It will be open each day for private prayer and will not be used for anything else.
- Confessions will take place in a dedicated room as well in Saint Michael Hall. During the renovation, confession will be behind the screen only.
- On Sundays and Holy Days, please leave the Saint Michael Hall lot for parishioners who are elderly, handicapped, or have mobility issues. Please park in the main lot and walk over to Saint Michael Hall.
- Please do not attempt to enter the Church during the renovation. For safety reasons and to be sure not to interrupt the progress, it is important that we not enter the Church building.

Community



The **Knights of Columbus Council 5480** is holding their bi-weekly meeting on Tuesday, **October 24th** at the Columbian Center. Rosary starts at 6:30pm, business meeting to follow at 7pm. Please note the new, earlier times.

All Brother Knights are strongly encourage to attend.



“Give to God what is God’s.” You belong to Christ and Christ is God’s! How will you respond to so great a love? Is He asking you to follow Him? Are you being called to teach the word of God as a priest, deacon, religious sister or brother?

Call Father Matthew Kiehl 804-359-5661 or e-mail: vocations@richmonddiocese.org.

You Are Invited To Our Annual

CORNERSTONE BREAKFAST

28TH NOV
2023

Doors Open at 8:00 AM
Presentation Begins Promptly at 8:15 AM
OLMC School, 52 Harpersville Road

Join us for a complimentary breakfast and presentation from our students. All OLMC family and friends are invited.

Seats are limited, please RSVP by Friday, Nov 17th.

- <https://tinyurl.com/ybxb3k32>
- marketing@olmc-school.com
- 757-596-2754 ext. 177



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