

07 January 2024

The Epiphany of the Lord

OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH



NEWPORT NEWS, VA

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Parish Office Hours:

Monday - Thursday: 9 am - 5 pm

Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

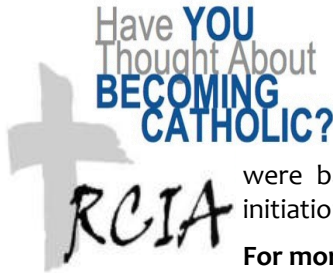
Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Initiation Programs and Adult Formation



The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish.

This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131

Adult Confirmation

Are you an active practicing Catholic adult who “missed” participating in the Sacrament of Confirmation? We invite you to enter the process of preparation at the parish. For more information contact Lisa Wienhoff at 757-595-0385 ext 131 or email her at lwienhoff@olmc.org



Walking with Purpose

Walking with Purpose (WWP) is a parish-based Bible study program for adult women, it incorporates at-home Scripture study, weekly small group discussion, and monthly talks on relevant study material.

The current study, **Discovering Our Dignity**, meets at **Saint Michael Hall** on **Wednesday's**, following the 6:30pm Mass, **register online at olmc.org**

Women of the Old and New Testaments were as flawed and broken as we can be, yet the power of God worked in their lives. **Discovering Our Dignity** will allow you to learn from their experiences and uncover ways to deal with unwanted circumstances and deferred hopes.

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131 or email her at lwienhoff@olmc.org



Women's Bible Study

NEW STUDY BEGINS JANUARY 10TH

Eucharist: Discovering the Mass in the Bible by Dr. Brant Pitre

Wednesday, January 10th - March 20th

9:30 am

Saint Michael Hall

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131



Men's Ministry ~ That Man is You

Saturday Mornings, 7am - 8:30am at Saint Michael Hall
Register at tinyurl.com/TMIYolmc, call the Parish Office at 757-595-0385, or use the QR code.



That Man is You! honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!



Pastoral Care



Seasons of Hope ~

Meets at 6:30pm beginning Monday, January 15, 2023
Catholic Grief Support 6-week series

Register for the next series online or call the parish office.

When you or someone you care about is suffering from the loss of a loved one, the process of grieving is a natural part of healing. Grief, however natural, can be intense and experienced in very individual ways. It is sometimes hard to know, "Is what I'm going through 'normal' or natural?"

Seasons of Hope offers a safe and compassionate environment for adults whose loved one has died. Seasons of Hope, rooted in Catholic tradition, conveys God's consolation through scripture, prayer, reflection and sharing our faith. Seasons of Hope meets for six weeks.

All are welcome.!

Contact Christa at 757-595-0385 x107 or cblomstrom@olmc.org for more information.

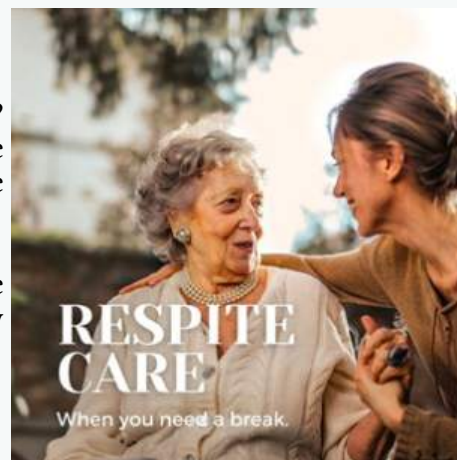
Respite Ministry

When you need a break. The Respite Ministry is there to help.

Are you a caregiver who is seeking some respite time for yourself? The Respite Ministry provides parishioners who are full time caretakers of a home-bound loved one, a break of a few hours' time to use as he or she sees fit.

During that time, a trained parish Respite Minister will provide safety, supervision, and companionship to the homebound family member.

Contact Christa at 757-595-0385 x107 or cblomstrom@olmc.org for more information.



SPRED



NEXT TOPIC:

Jesus, the Word, is the gift of God's love for us.

SPRED prepares persons with intellectual disabilities to fully belong in the liturgical life of the parish.

Within this small faith community, we hear the Word of God, reflect upon our life experiences, offer prayers for one another, and enjoy a simple sharing of food together.

"Arise! Shine, for your light has come, the glory of the Lord has dawned upon you." Isaiah 60: 1

Contact Christa at 757-595-0385 x107 or cblomstrom@olmc.org for more information.

MERRY CHRISTMAS HAPPY FEAST OF THE EPIPHANY

Our Lady of Mount Carmel is a loving and generous community, but do you know how well you served our neighbors this past year?

Through the **Pantry**, you fed over 500 families in Newport News and Hampton, giving out more than 2,000 bags of food and 500 bags of personal care items. Your care of our neighbors through the Pantry provides food year-round to the hungry. In addition, you provided the means for these families to celebrate Thanksgiving, Christmas, Easter and the Fourth of July with **holiday food bags**.

You fed Jesus when you brought food items to Church every Sunday, when you donated to the poor fund, when you gave special monetary gifts for the pantry, when you planned and participated in food drives, and when you volunteered to sort pantry donations and bag food.

Through **Pregnancy Outreach**, you helped 123 families and 139 children under two years of age. By your willingness to volunteer and your generosity financially and with gifts of diapers, toys, clothes and formula, you served these families once of month, giving them the basic necessities for raising an infant, plus lots of extras, like books, learning toys, strollers and baby carriers (to name a few).

Through your gifts of time and treasure to the **Outreach Office**, you helped over 400 struggling families who came for assistance their rent and utilities. With your gifts of over \$82,000, lights stayed on, water and gas were reconnected and many people, including volunteers, had an encounter with Christ and learned the real meaning of love.

By offering your time and talents, the volunteer **Handmades** knitted hats and blankets for babies, shawls for people in chemo, lap blankets for the homebound and hats and scarves for the homeless.

PREGNANCY NEEDS:

Desitin Cream
Baby Lotion
Baby Wash

For more information contact Kim Taylor at 757-595-0385 ext 118 or email her at ktaylor@olmc.org

Director - Diácono Francisco Anleu

Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente

Bautismo Infantil

Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé. Las clases de bautismo se llevan a cabo en el Salón San Miguel de 9:30 a 11:30 horas en las siguientes fechas:

3 de Febrero

2 de Marzo

6 de Abril



Para obtener más información, comuníquese con la señorita Elizabeth Kassel en la oficina parroquial, 757-595-0385 o envíe un correo electrónico a ekassel@olmc.org.



Cada jueves
9 am ~ 6:30 pm
Salón San Miguel

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Para obtener más información, envíe un correo electrónico a Lisa a lwienhoff@olmc.org

Liturgy

BE ONE WITH JESUS

eucharistic adoration

Every Thursday
9am ~ 6:30pm
Saint Michael Hall

Adorers are needed at all hours, if you are able to commit to a weekly holy hour, please email adoration@olmc.org.

Ushers Needed

Are you willing to serve?

**USHERS NEEDED
FOR ALL SUNDAY MASSES**

Ushers welcome people and assist with seating them. They also direct the Communion procession and help collect the weekly monetary offering. If you would like to serve as an usher, contact Heber Dunkle at hdunkle@olmc.org

Community

Bunco Party & Silent Auction!



Let's get together and join your fellow parishioners for a night of fun and excitement at the Bunco Party & Silent Auction on Saturday, January 27, at **Peninsula Catholic High School**. Doors open at 6:30 p.m. for our Silent Auction, accompanied by complimentary hors d'oeuvres, wine, and beer. The guilds of the Ladies of Carmel are donating themed gift baskets and other wonderful items to the auction.

Bunco begins at 7:30. **Never played Bunco before? Fear not!** It's really easy, and our resident Bunco expert, Susan Adams, will teach us all how to play! Cash prizes will be awarded in several categories of winners (& even losers)! We will also have a 50/50 raffle that evening.

Tickets are \$25 per person and are available in the Parish Office during the week and in the Commons the weekend of January 6/7.

Only 80 Tickets will be sold, so get yours soon!

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