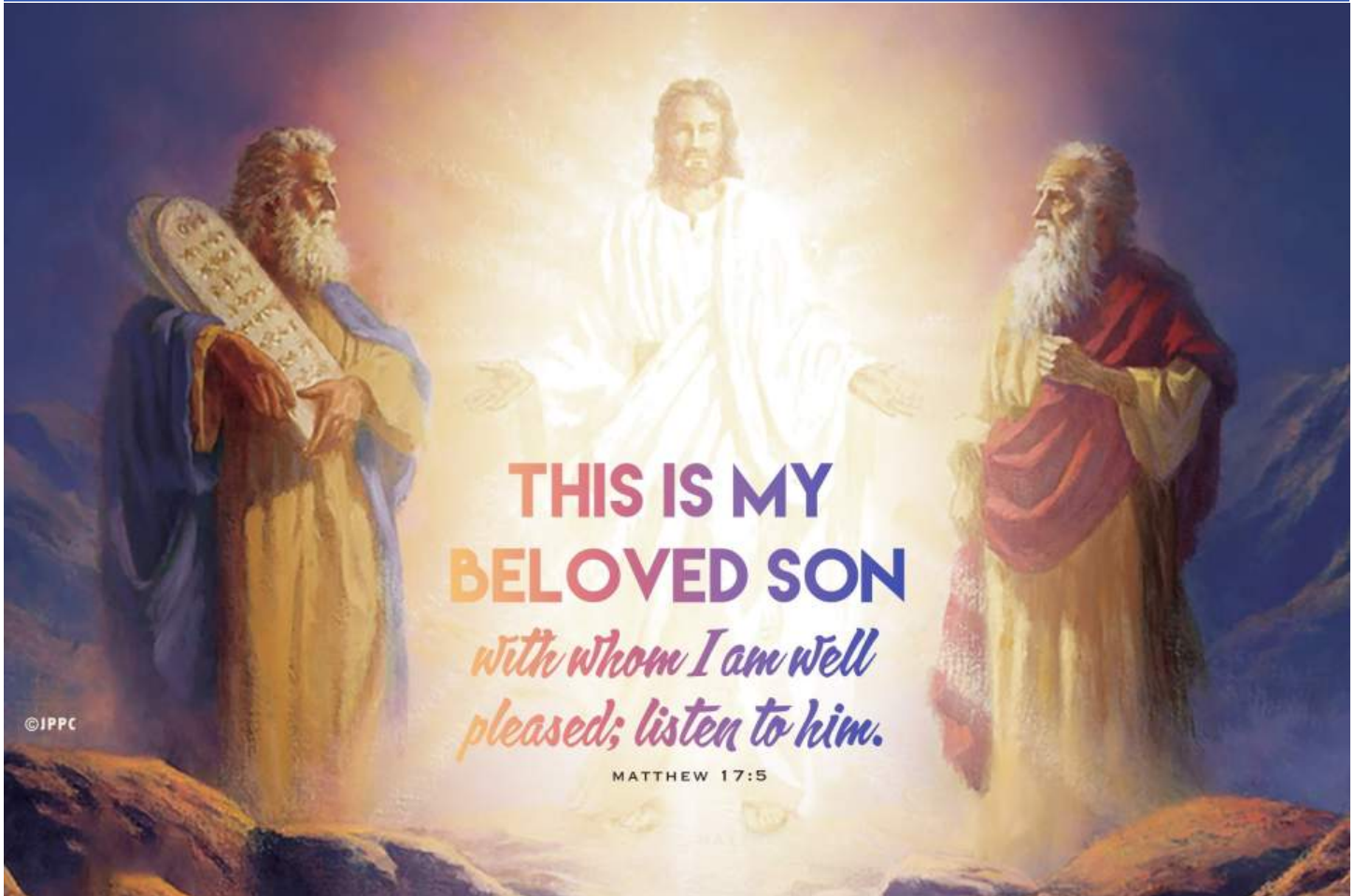


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Phone: 757-595-0385 - www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Connect With Us

Parish Website www.olmc.org

Facebook www.facebook.com/olmcnnva

Parish Email ~ Flocknote Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

Text [mountcarmel](https://www.10text.com/mountcarmel) to 84576 and follow the link sent to subscribe.

March 5, 2023 ~ Second Sunday of Lent

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)

Friday - 7 am Mass

** Scheduled Mass times unless indicated on the Mass Intentions Calendar*



Mass Intentions

Saturday, March 4, 2023

5:00 – +Doug Foust Maureen Foust

Sunday, March 5, 2023

8:00 – +Donna Gauthier Maureen Coon

10:00 – +Clem Morrissey Lucy Oliver

2:00 – The People of the Parish

5:00 – +Rosemarie Malpaya MJay Moral-Toledo & Fam

Mon – (5:30pm) +Andrew Greco Theresa Rywalt

Tues – (9am) +Lisa Scott 2nd Act

Wed – (6:30pm) +Teresa McQuinn Terri & John Sweeney

Thur – (8:05am) Int's of Kambria McLean & Amanda Rucknagel
OLMC School

(6:30pm) The People of the Parish

Fri – (7am) +Ruth Ramos Terry & Angel Figueroa

Saturday, March 11, 2023

5:00 – +Stan Allen Carolyn Gréaud

Sunday, March 12, 2023

8:00 – +Robert & Dorothy Boughamer Michale Weaver

10:00 – +Sr. Regina Decker Family

2:00 – +Fr. Norbert Piper OLMC Parish

5:00 – +Tito Bossman Family

*The Parish Offices will be closed
Monday, March 6, 2023 and will reopen
Tuesday, March 7th at 9am*

Weekly Collections

Offertory February 25 & 26

\$20,226 (E-Giving \$8547, Sunday \$11679)

We are thankful for your consistent stewardship. ©TPPC

Contact Us

Pastor

Rev. Dan Beeman frdbeeman@olmc.org 112

Parochial Vicar

Rev. Saúl Anleu frsaul@olmc.org 111

Priest in Residence

Rev. Peter T. Tran frpeter@olmc.org 101

Deacons

Deacon Anton Siochi deaconanton@olmc.org 129

Deacon Francisco Anleu fanleu@olmc.org 123

Adult Faith Formation

Cristy Barton cbarton@olmc.org 131

Baptism & Children's Faith Formation

Elizabeth Kassel ekassel@olmc.org 104

Hispanic Ministry

Deacon Francisco Anleu fanleu@olmc.org 123

Liturgy & Worship

Heber Dunkle hdunkle@olmc.org 121

Pastoral Care

Christa Blomstrom cblomstrom@olmc.org 107

Sacred Music

Johanna Smith jsmith@olmc.org 117

Social Ministry

Kim Taylor ktaylor@olmc.org 118

Youth & Young Adult Ministry

Contact Gregory Walsh gwalsh@olmc.org 106

Bookkeeper

Carla Johnson cjohnson@olmc.org 108

Business Administrator

Joyce Kiser jkiser@olmc.org 109

Facilities

Josh McCarty jmccarty@olmc.org 119

Office Manager

Eileen Mazary emazary@olmc.org 116

CNU Campus Ministry

Cate Harmeyer ccm@cnu.edu

Our Lady of Mount Carmel School
757-596-2754

School Office Hours: M - F, 7:30 am - 3:30 pm
Principal: Sr. Anna Joseph, O.P.

Initiation Programs and Adult Formation



Men's Ministry

Saturday Mornings, 7am - 8:30am

at Saint Michael Hall

Register at tinyurl.com/TMIYolmc, call the Parish

Office at 757-595-0385, or use the QR code



Have you been away from the active practice of your Catholic faith?

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God's mercy, the Mass, and the Church.



The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community.

We can assist your return to the active practice of your faith and welcome you back to the Lord's Table.

Schedule a quick meeting with Cristy Barton at ext. 131 or cbarton@olmc.org for more information.



All women of the Parish are invited to come to our Connect Coffee talk: **Jesus, Our Restorer** Wednesday, March 22nd, 7 pm in Saint Michael Hall (room C). Come and meet some of our Walking with Purpose group, feel free to bring a Friend!

Two New Book studies have begun: Wednesdays at 7pm and Fridays at 1pm, both take place at Saint Michael Hall. For more information contact Cristy at ext 131 or cbarton@olmc.org

Mysteries of the Rosary

Enter into the Mysteries of Christ and Rediscover the Power of the Rosary



Come and join us and learn more about the mysteries of the Rosary and pray as a community on Wednesday evenings during lent after the 6:30 PM Mass in Saint Michael Hall. An authentic encounter with Christ leads to our transformation and sanctification. Mysteries of the Rosary integrates deeply reflective insights on the life of Christ, theological truths, and captivating stories together with breathtaking scenery, illuminating sacred art, and inspiring music. By filming on location in the Holy Land, Paradisus Dei's aspiration is to make the Rosary come alive in the hearts and minds of the participants. Encounters with Christ in the episodes and discussions will lead to even deeper encounters with Him in personal prayer and contemplation.

Wednesdays at 7 pm

Contact Cristy at ext, 131 or cbarton@olmc.org if you have questions. **RSVP** at olmc.org (scroll down , below Mass schedule).

Walking With Purpose ~ Enabling Women to know Christ through Scripture

****New Study:****

Living in the Father's Love meets on **Fridays** from 1-2:30 PM at Saint Michael Hall Room A
Please register online at olmc.org.

Fearless and Free takes place on Wednesdays at **3 pm** at Saint Michael Hall (room A) all women of the parish are welcome to join.

Touching the Divine is the next study **if you have already done Opening your Heart**. This study also takes place on Wednesdays, at **7pm** at Saint Michael Hall (room C). Register online at olmc.org

For more information contact Cristy at ext. 131 or cbarton@olmc.org



Pastoral Care

Lenten Challenge: How can you show up for others?

The call to almsgiving in Lent challenges us to show up to the suffering of others. We are called to look at the world through the heart of Christ and feel His compassion for the poor and suffering around us. As we enter this season of Lent, may we grow in selflessness and service to others.

Take some time to reflect upon the Corporal Works of Mercy and prayerfully consider how you can be Christ to another during this season of Lent.



Do you feel called to support the Pastoral Care Ministry? We welcome your call and offer to share your time and talents this Lent.

Respite Ministry – Compassionate Support for Caregivers

Are you being called to be a compassionate companion a few hours a month? The Respite Ministry serves parishioners and provides in-home respite care that allows caregivers with an opportunity to run errands, visit the doctor, or attend Mass knowing that their loved one is being well cared for while they are away. Respite care allows caregivers to take care of their own personal responsibilities in order to be the best caregiver they can be.

Our current need is for respite companions with general availability on the weekends OR daytime hours during the week. Please contact Lucy Oliver for details & training opportunities at 757-865-6022 or email respitecare@olmc.org.

Visiting the Sick and Homebound - Extraordinary Ministers of Holy Communion

Extraordinary Ministers of Holy Communion for the Sick are lay ministers sent by the parish to bring the Word of God and the Holy Eucharist to parishioners who are confined to their homes, to hospitals, or senior living communities. You are invited to prayerfully consider if God is calling you to serve in this way. Serving as an Extraordinary Minister of Holy Communion for the Sick is both an honor and a responsibility, and those who commit receive proper training.

Ministers are scheduled for monthly visits to a senior living community or the home of a parishioner.

If you feel called to be a bridge of faith and bring Jesus into the lives of others, contact Christa at 757-595-0385 x 107 or cbloomstrom@olmc.org

Funeral Reception Ministry –Hope and Comfort to Grieving Families

Our funeral reception ministry helps the parish in performing the corporal work of mercy of burying the dead. The ministry provides parish hospitality for bereaved family and friends by hosting a reception following the funeral Mass. There is no charge to families for the services of this ministry.

This ministry recruits both hostesses and those willing to prepare and drop off donations of food at the occasional post-funeral Mass reception.

If you feel called to bring hope and comfort to families experiencing the loss of a loved one, contact Christa at 757-595-0385 x 107 or cbloomstrom@olmc.org



SPRED prepares individuals with intellectual disabilities to fully belong in the liturgical life of the parish. Adults with and without disabilities form a small faith community. The SPRED sessions are designed to lead all closer to Jesus by developing a sense of the sacred, sharing the Word of God and being present to the movement of the Holy Spirit in our daily lived experiences. Our SPRED small group meets on Wednesdays at the parish. **Contact Christa at ext. 107 or cbloomstrom@olmc.org for more information.**

Social Ministry

Lenten Solidarity and Prayer

Walking with our neighbors

What is my neighbor's life really like?

"Part of understanding the notion of Justice is to recognize the disproportions among which we live...it takes an awful lot of living with the powerless to really understand what it is like to be powerless, to have your voice, thoughts, ideas and concerns count for very little. We, who have been given much, whose voices can be heard, have a great duty and responsibility to make our voices heard with absolute integrity for those who are powerless." John Donahue

One of the most striking things you notice when you begin to interact with the poor and vulnerable are the many injustices they face daily. These might be things that we would never stand for without objection, without seeking to change the outcome. And it is often surprising to us that people are "just taking it;" it might even color our impression of them in a negative way.

We often just don't get it. We don't understand the powerlessness that is inculcated in our neighbors throughout their life in the society in which they live.

Last month in Outreach: A woman's car was repossessed on a Wednesday. That same day, she went to the location where her car was to pick it up. She was told she needed to make an appointment and that the first available appointment was not until Monday. When she went on Monday, she had to pay an additional \$2,000 for "storage fees." So, she needed assistance from us to pay her utility bills.

Another story: A woman needed written proof of residency from her landlord so that she could receive food stamps and other assistance from Social Services. Not only did the landlord refuse to give it to her, he sued her on trumped up charges to get her evicted. The judge dismissed those charges out of hand, but she still has not gotten the necessary proof of residency. She simply does not understand the system and power structure enough to pursue her rights.

Pantry Needs — cereal, instant oatmeal, mashed potatoes, canned tomatoes, peas, carrots, mixed vegetables. Personal products: shampoo and women's deodorant.

Please make it a habit this Lent to always bring something for the Pantry.

Contact: Kim Taylor

ktaylor@olmc.org or 757-595-0385 ext. 118

Community

ALL WOMEN OF THE PARISH

You are invited to enjoy soup, dessert, and a movie hosted by the Ladies of Carmel on Thursday, March 23rd, 6 pm at Saint Michael Hall. The one hour award winning documentary is **Pray - the story of Father Patrick Peyton**. It is the true story of an Irish immigrant who dreams of becoming a millionaire but ends up internationally famous for championing the message **"The Family Who Prays Together - Stays Together."** There is no charge. Please RSVP by March 19th at the Welcome Desk after Mass, call the church office or email loc@olmc.org.

The **Greater Hampton Roads Cursillo** Community is hosting Men's and Women's weekends in the coming months:

Women's English Cursillo

March 16-19, 2023 & October 26-29, 2023

Men's English Cursillo

March 23-26, 2023 & October 12-15, 2023

Women's Spanish Cursillo - June 22-25, 2023

Men's Spanish Cursillo - August 17-20, 2023

For more information contact:

Paula Krewinghaus at paulakrew@gmail.com

Neil Tallent at tallentn@gmail.com

<https://philippians2foundation.org/cursillo/>

Ministerio Hispano

Director - Diácono Francisco Anleu

Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente

Cuaresma 2023 en español. Tiempo de Oración, Ofrenda y Ayuno

Todos los Viernes de Cuaresma Viacrucis a las 8:00pm
en el Parqueo de la Iglesia

Días Lunes 7:00pm.

Estudio Bíblico en el Salón San Miguel

Días martes 7:00pm.

Rito de Iniciación Cristiana para Adultos
en el Salón San Miguel

Días Jueves a las 6:30pm.

Santa Misa en español

Rezo del Santo Rosario después de la Misa.

Viernes 31 de marzo

Viacrucis en Vivo en la iglesia

Liturgy



A Lenten penance service will be held on Tuesday, March 7 at 7 p.m.

Our parish priests will be joined by other priests from our diocese to hear confessions. If you have not been to confession in awhile, or even if you frequent the sacrament regularly, consider making a good confession part of your Lenten discipline.

The grace and mercy of our crucified Lord awaits you.

Stations of the Cross

Friday, March 3rd & 10th, 7 PM

Friday, March 10th, 17th & 31st, 2:05 PM

Living Stations of the Cross

Friday, March 31st, 7 PM

Friday, April 7th, 12 PM

STATIONS of the CROSS



Forty Hours of Eucharistic Adoration

The parish will hold forty continuous hours of Eucharistic Adoration starting with the 6:30 p.m. Mass on Thursday, March 23 and ending with a 10:00 a.m. Mass celebrating the Annunciation of the Lord on Saturday, March 25. This extended period of Adoration is an opportunity to make an hour long retreat in order to grow closer to Christ and console His Sacred Heart for the sins of the world. Anyone is free to spend an hour with Christ during any of the hours, but at least two committed adorers are needed for each hour. Adorers will be especially needed for the overnight hours. If you feel called to commit to an hour, please sign up in the narthex or email adoration@olmc.org.

Can you not keep watch with Him for one hour?



**ADORERS
NEEDED**

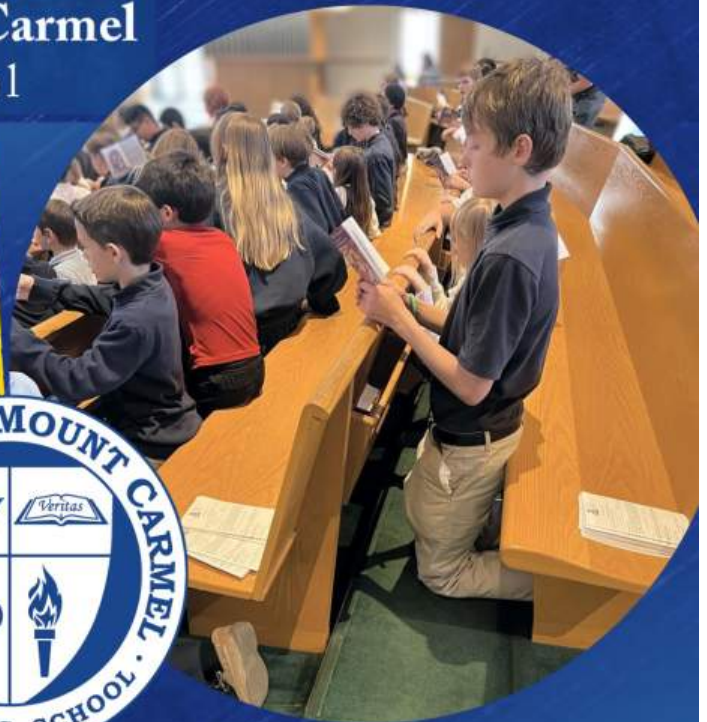
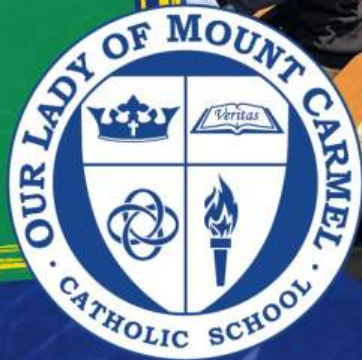
**CAN YOU SPARE
AN HOUR?**

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