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NEWPORT NEWS, VA

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one who is sent
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100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 - www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Connect With Us

Parish Website www.olmc.org

Facebook www.facebook.com/olmcnva

Parish Email ~ Flocknote Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

Text [mountcarmel](https://www.10text.com/84576) to 84576 and follow the link sent to subscribe.

June 18, 2023 ~ Eleventh Sunday in Ordinary Time

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 9 am, Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

Friday - 9 am Mass

** Scheduled Mass times unless indicated on the Mass Intentions Calendar*



Mass Intentions

Saturday, June 17, 2023

5:00 – +Doug Foust Maureen Foust

Sunday, June 18, 2023

8:00 – +Albert & Jane Lukowski Teri & Dan Weimer

10:00 – +Mr. T.Y. Tsou J.J. Tsou

2:00 – The People of the Parish

5:00 – +John Bulat The Dunkle Family

Mon – (5:30pm) +Ethelann Ponzo Family

Tues – (9am) +Richard Spanbauer Betsy Zeigler

Wed – (6:30pm) +James D. Beeman Fr Dan

Thur – (9am) +John Freed The Branans
(6:30pm) +Virgilia Portillo Jovana Mondares

Fri – (9am) +Dominga Burke The Burke Family

Saturday, June 24, 2023

5:00 – +Steve Svelan Jack & Ann Svelan

Sunday, June 25, 2023

8:00 – +Francis Dougherty The Wahlert & Mitchell Fam.

10:00 – +Joseph Ackourey Karen Parham

2:00 – The People of the Parish

5:00 – +Bob Obradovic St James Guild



*The altar flowers in the church
this weekend are given by
Theresa & Daniel Weimer
in memory of Albert & Jane Lukowski.*

Weekly Collection

June 10 & 11

\$24,674

(E-Giving \$16018, Sunday \$8656)

We are thankful for your consistent stewardship.

Contact Us

Pastor

Rev. Dan Beeman frdbeeman@olmc.org 112

Parochial Vicar

Rev. Saúl Anleu frsaul@olmc.org 111

Priest in Residence

Rev. Peter T. Tran frpeter@olmc.org 101

Deacons

Deacon Anton Siochi deaconanton@olmc.org 129

Deacon Francisco Anleu fanleu@olmc.org 123

Adult Faith Formation

Contact the Parish Office at 757-595-0385

Baptism & Children's Faith Formation

Elizabeth Kassel ekassel@olmc.org 104

Hispanic Ministry

Deacon Francisco Anleu fanleu@olmc.org 123

Liturgy & Worship

Heber Dunkle hdunkle@olmc.org 121

Pastoral Care

Christa Blomstrom cblomstrom@olmc.org 107

Sacred Music

Johanna Smith jsmith@olmc.org 117

Social Ministry

Kim Taylor ktaylor@olmc.org 118

Youth & Young Adult Ministry

Gregory Walsh gwalsh@olmc.org 106

Bookkeeper

Carla Johnson cjohnson@olmc.org 108

Business Administrator

Joyce Kiser jkiser@olmc.org 109

Facilities

Josh McCarty jmccarty@olmc.org 119

Office Manager

Eileen Mazary emazary@olmc.org 116

CNU Campus Ministry

Chris Roy ccm@cnu.edu

Our Lady of Mount Carmel School

757-596-2754

School Office Hours: M - F, 7:30 am - 3:30 pm

Principal: Sr. Anna Joseph, O.P.

June 18, 2023 – Eleventh Sunday in Ordinary Time

Reflection by Rev. Leonard N. Peterson

Did you know that the more you watch or listen to the news the more pessimistic you tend to become? My experience in the confessional verifies this. It's not necessarily a long-lasting condition, but it can return quickly by way of almost any conversation that gets past the weather.

Psychologist Jennifer James offers a strategy for keeping things in perspective. She writes: *"To reduce stress, simply turn off your TV, radio, cell phone, smart watch or whatever device you use, and go easy on the news websites and magazines... You don't have to tune out forever, just take a rest. Anxiety, even if it is the manufactured kind, can make us very cranky."*

I think the doctor makes a good point. I happen to know a priestly confrere who told me he once committed himself to avoid the news for 2 years! He said that he reached his goal a while ago. I believe his story, even if I could never imitate his solution. I do like to know the news and cultural trends so as to apply the Gospel to them in homilies.

No one, including myself, is suggesting that you shouldn't stay well-informed. But at the same time, it is so easy to overdo anything in life, even something that's a basic good.

Note a detail in today's First Reading, where we read that Yahweh commissioned Moses with a message. Fast forward to the New Testament, and we come to today's Gospel passage. Our Lord commissioned His chosen Twelve to announce the Good News. What was that? The kingdom of God is near at hand. News that was necessary. Information of the highest value. It still deserves our undivided attention.

Our present world and its topsy-turvy culture is a challenging place to live in as a Christian. Same for anyone of good will who respects law and order and a person's right to live in peace. Nonetheless, Jesus tells us we all have a mission to address that culture with our own. We can make this world better because Jesus is with us all days. If our numbers bother you, just look what Jesus did with only Twelve!

I want to give a nod here to Father's Day with one relevant and touching story: *A little boy, frightened by a thunderous lightning storm, called out one dark night "Daddy, come. I'm scared!"*

"Son," the father replied, "God loves you and He'll take care of you." "I know God loves me," the boy replied. "But right now, I want somebody who has skin on."

God love you, men, and keep up the good work of giving God "skin."

Reading I: Exodus 19: 2-6a

Israel encounters Yahweh at Mt. Sinai. Moses receives the Lord's rules for the people to observe as part of a covenant with Him.

Reading II: Romans 5: 6-11

The justified Christian, having been reconciled with God, will also be saved and share in the hope derived from Christ's risen life.

The Gospel: Matthew 9: 36-10: 8

Jesus shows His compassion for the people. Then He chooses the Twelve Apostles and commissions them to announce the kingdom of heaven as being at hand.

Pastoral Care

Will you consider serving one Sunday a month at one of our nursing/rehab communities? Training is provided.

The faithful who are ill are often separated from their place in the Eucharistic community. The Pastoral Care Minister represents Christ by bringing Holy Communion and sacred scripture to the sick, and in so doing, reflects the love and support of the Eucharistic community of Our Lady of Mount Carmel Catholic Church. The Pastoral Care Ministry to the Sick is carried out by our priests, deacons and lay pastoral care ministers.



The Pastoral Care Ministry at Our Lady of Mount Carmel is an outreach to those who are:

- Home Bound
- Living in Nursing Homes or Assisted Living Facilities
- Hospitalized
- Receiving Rehabilitation
- Grieving the loss of a loved one through the Bereavement Ministry

Please contact Christa at the parish office to inquire about Pastoral Care for yourself or a loved one or to offer your service.

SEASONS OF HOPE – Catholic Grief Support

The next series begins on Tuesday, August 1, 2023
A 6-week faith sharing group for those who mourn.
Tuesdays from 10 am to noon.

When you or someone you care about is suffering from the loss of a loved one, the process of grieving is a natural part of healing. Grief, however natural, can be intense and experienced in very individual ways. It is sometimes hard to know, “Is what I’m going through ‘normal’ or natural?”

Seasons of Hope offers a safe and understanding environment for adults whose loved one has died. Seasons of Hope, rooted in Catholic tradition, conveys God’s consolation through scripture, prayer, reflection and sharing our faith. Seasons of Hope meets for six consecutive weeks.

Are you grieving the loss of a husband, wife, son, daughter, parent or other loved one?

To register contact Christa at the Parish Office 757-595-0385 ext 107 or at cblomstrom@olmc.org.



Nourish for Caregivers – Monthly on the first Wednesday

Join us for our next session at 6:30pm, Wednesday, July 5, 2023 at Saint Michael Hall

Nourish for Caregivers is a ministry created specifically to offer support to the unique challenges of in-home caregivers. This Christ-centered program brings resources and

support to family caregivers who carry both the blessing and burden of providing comfort and healing to people who are ill, suffering, and need special care. We meet at 6:30pm monthly at Saint Michael Hall on the first Wednesday.

Contact Christa at 757-595-0385 x 107 or cblomstrom@olmc.org for more information. www.nourishforcaregivers.com



Circle of Hope – Monthly on the first Saturday

Join us for our next session at 10:30 am, Saturday, July 1, 2023 at Saint Michael Hall

How best can we pray for you?

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness?

Come join a **Catholic faith-based, spiritually uplifting group of OLMC men and women** who gather on the first Saturday of every month for fellowship, prayer and support. We learn how Jesus, Our Blessed Mother Mary, and our Saints all give us a perfect example of how to persevere during difficult times.

We meet at Saint Michael Hall on the first Saturday of each month at 10:30am.

You're invited to come join our prayer and fellowship with us over refreshments. Contact Christa at 757-595-0385 x107 or cblomstrom@olmc.org for more information.

Social Ministry

Encountering Christ in the Suffering

Rejoices who rejoice, weep with those who weep. Rm 12:15

Your outreach ministries pull us into the middle of people's lives. Because of OLMC's well-known generosity, we are invited into some of the most difficult times of our brother's and sister's lives. Amen, amen I say to you these are truly sacred encounters. How can I say this so that it does not sound "religious" or "sanctimonious?" Ask the Spirit to open your eyes and heart and you will see Jesus bleeding on the cross. What a sacred privilege!

If we allow ourselves – and our outreach volunteers pray to encounter Christ in our clients – by our attentiveness to our neighbors, we are allowed to worship Christ on His Cross through their suffering; right alongside our Blessed Mother. Let's drop our judgmentalism, our bird's-eye view of a subculture with our preconceived certainty of what "they" should do and what's wrong with "them," as well as our understanding of poverty in the context of current national politics. Why? Because that is Catholic Social Theology. Because that is the Truth. We are one Body in Christ, and He is hanging out with the poor and vulnerable. Where are we?

Sometimes, we see that we are a concrete step on the road of God's answer to our neighbor's prayer. Recently a woman came for assistance with her utilities. She fled domestic violence, taking her children and nothing else to her mother's house. She quickly left because her husband knew her mother's address. Although she had a good job, she spent her savings and income on the deposits (rental and utilities) and several month's rent for a new apartment. In addition to financial assistance, we gave her referrals to places where she could get free clothes, furniture and housewares. When asked if she had any cookware, she responded that she didn't even have sheets for the mattresses. [**Enter one of you (thanks).** A couple of weeks ago, a beautiful set of Calphalon cookware simply appeared on the Pantry shelves.] And so we told her "Now you do" and gave her the set. At that point, she broke down. We assured her that God loves her and her children and that He will help her to provide for them. And so we rejoice with those who rejoice. Yea God!

But we are also called to weep with those who weep. Last week was one of those, and our hearts are heavy. We were called to stand for a child, refer her situation to the local government and pray for God's agency (and urgency) through them. Please join our prayers. God yesterday, today and forever!

This was going to be a Father's Day column. Hopefully next week. In the interim, read Psalm 139.

[**Nota bene:** do not give housewares, furniture or clothes (or green beans) to Outreach unless the Holy Spirit **specifically** tells you. We have no space.]

Misc. Week at the Pantry: Desserts, kidney and pinto beans, pasta sauce, any canned vegetable **EXCEPT** green beans.

Personal item: deodorant. **Pregnancy:** Size 5 diapers.

Give Glory to God and Serve His People.

Contact Kim Taylor: ktaylor@olmc.org; (757) 595-0385

Liturgy

Ushers Needed

Are you willing to serve?

Sign-Up Today

Ushers are needed for all Sunday Masses. Ushers welcome people and assist with seating them. They also direct the Communion procession and help collect the weekly monetary offering.

If you would like to serve as an usher, contact Heber Dunkle at hdunkle@olmc.org

Ministerio Hispano

Director - Diácono Francisco Anleu

Oficina - (757) 595-0385 Ext. 123

Email - fanleu@olmc.org

Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente



Ministerio de niños:

Para obtener información sobre bautismos, primeras comuniones, guarderías o educación en la fe, comuníquese con la señorita Elizabeth Kassel en la parroquia al 757-595-0385 ext 104 o envíe un correo electrónico a ekassel@olmc.org.

Para niños no bautizados mayores de 7 años que necesitan el sacramento del Bautismo y la Primera Comunión, llame a la oficina parroquial para consultar sobre RICA para niños, 757-595-0385.

RVA Priest

La cosecha es mucha, pero los obreros pocos". ¿Estas listo para trabajar por la cosecha? Llame al Padre Brian Capuano al 804-359-5661 o envíe un correo electrónico a: vocations@richmonddiocese.org.

Community



Join **Our Lady's Prayer Group** to pray the rosary and Chaplet of Divine Mercy the last Saturday of every month from 9:00am to 10:30 am in the Blessed Sacrament Chapel. Bring your Intentions.



"The harvest is abundant, but the laborers are few." Are you ready to labor for the harvest?

Call Father Brian Capuano 804-359-5661 or e-mail: vocations@richmonddiocese.org

THE LADIES OF CARMEL GARAGE SALE - WE NEED YOUR HELP!

WHEN: Saturday, July 22 from 7:30-11:30
WHERE: OLMC School cafeteria and gym.

The garage sale is sponsored by the Ladies of Carmel and all parish members are invited to volunteer to help including men and middle and high school students!

HELP NEEDED: Friday, July 21 from 10-6 and Saturday, July 22 from 7-12:30

DONATIONS: please drop off on Thursday July 20 from 5-7 and Friday, July 21 from 9-6 p.m. at the entrance to the school cafeteria across from the Convent.

CONTACT Paula Krewinghaus at paulakrew@gmail.com or call 757-593-2348 to sign up to help.



Suggested items for donation: houseware items, indoor and outdoor furniture, electronics, books, CD's, DVDs, ONLY infant and toddler clothes, toys, games, puzzles, linens, quilts, pillows, baskets, purses, Christmas and seasonal items, costume jewelry, and baked goods.

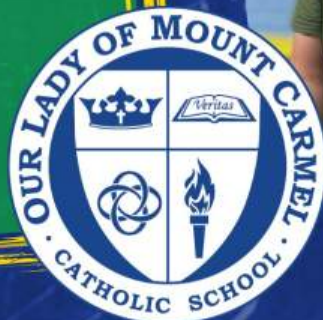
Items we do not accept: youth, teen and adult clothing, tube TV's, computer components, textbooks, encyclopedias, fabric sofas or loveseats unless in very good condition, sleeper sofas, exercise equipment, and armoires.

Our Lady of Mount Carmel Catholic School

HAPPY FATHER'S DAY!

To our heavenly Father and
our earthly fathers: Dads,
Grandpas, Godfathers, Foster
Fathers and Stepfathers a very
Happy Father's Day!

"Train the young in the way
they should go; even when old,
they will not swerve from it."
-Proverbs 22:6



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