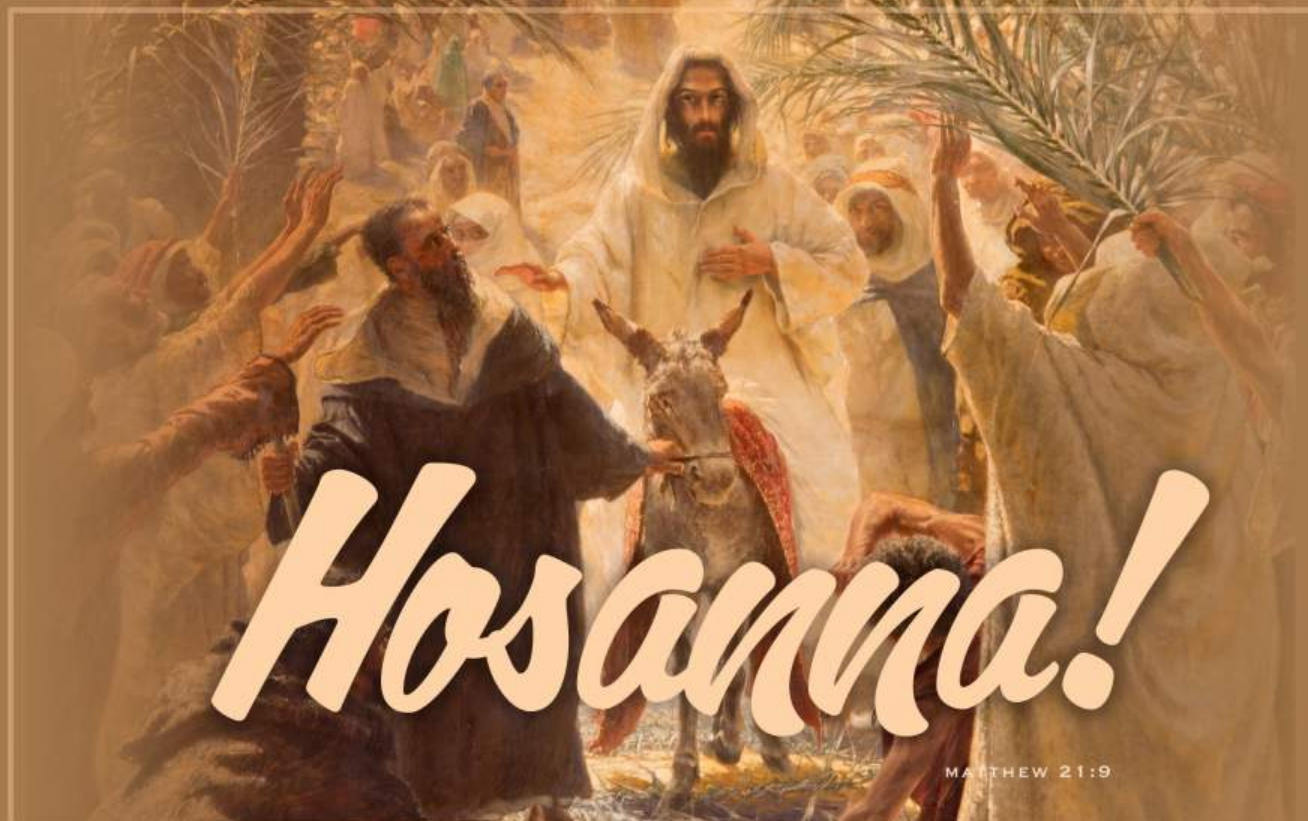


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Phone: 757-595-0385 - www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Connect With Us

Parish Website www.olmc.org

Facebook www.facebook.com/olmcdnva

Parish Email ~ Flocknote Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

Text [mountcarmel](https://www.10text.com/84576) to 84576 and follow the link sent to subscribe.

April 2, 2023 ~ Palm Sunday of the Passion of the Lord

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)

Friday - 7 am Mass

** Scheduled Mass times unless indicated on the Mass Intentions Calendar*



Mass Intentions

Saturday, April 1, 2023

5:00 – +Doris Gault Michelle Grau

Sunday, April 2, 2023

8:00 – +Katie Braig Kathy Topp
10:00 – +Arthur & Anne Benedict Joan & Bill Chapman

2:00 – The People of the Parish
5:00 – +Lisa Scott The Red Hat Sisters

Mon – (5:30pm) **No Mass** John & Terri Sweeney

Tues – (9am) +Katie Braig Julie Lowery

Wed – (6:30pm) +Sophie Arnold The Myers/Belcher Family

Holy Thursday, April 6, 2023

Good Friday, April 7, 2023

Holy Saturday, April 8, 2023

Easter Sunday, April 9, 2023

8:00 – +Louis Luth Cathy Luth
10:00 – +Tom Wunder, Jr. Maureen Foust
12:00 – +Doris Marie Gault The Spiller Family
2:00 – The People of the Parish

Contact Us

Pastor

Rev. Dan Beeman frdbeeman@olmc.org 112

Parochial Vicar

Rev. Saúl Anleu frsaul@olmc.org 111

Priest in Residence

Rev. Peter T. Tran frpeter@olmc.org 101

Deacons

Deacon Anton Siochi deaconanton@olmc.org 129

Deacon Francisco Anleu fanleu@olmc.org 123

Adult Faith Formation

Cristy Barton cbarton@olmc.org 131

Baptism & Children's Faith Formation

Elizabeth Kassel ekassel@olmc.org 104

Hispanic Ministry

Deacon Francisco Anleu fanleu@olmc.org 123

Liturgy & Worship

Heber Dunkle hdunkle@olmc.org 121

Pastoral Care

Christa Blomstrom cbloomstrom@olmc.org 107

Sacred Music

Johanna Smith jsmith@olmc.org 117

Social Ministry

Kim Taylor ktaylor@olmc.org 118

Youth & Young Adult Ministry

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Bookkeeper

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Business Administrator

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Facilities

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Office Manager

Eileen Mazary emazary@olmc.org 116

CNU Campus Ministry

Cate Harmeyer ccm@cnu.edu

There will be no mass at 5:30pm on Monday, April 3rd as our parish priests are traveling to the Cathedral to attend the Annual Chrism Mass.

Weekly Collection

Offertory March 25 & 26

\$26,952 (E-Giving \$9276, Sunday \$17676)



Our Lady of Mount Carmel School
757-596-2754

School Office Hours: M - F, 7:30 am - 3:30 pm
Principal: Sr. Anna Joseph, O.P.

Holy Week Mass Schedule

Holy Thursday

April 6th

Evening Mass of the Lord's Supper
7pm, Adoration until 10pm

Good Friday

April 7th

Stations of the Cross at noon
Celebration of the Lord's Passion
3pm (Spanish), 7pm (English)

Holy Saturday

April 8th

Easter Vigil in the Holy Night
8pm

Easter Sunday of the Resurrection

April 9th

8am, 10am, noon at OLMC & CNU
2pm (en Español), **no Sunday 5pm**

Monday, April 10th

no Mass

Tuesday, April 11th

no Mass

Wednesday, April 12th

Confessions/Adoration 5pm, 6:30 Mass

Thursday, April 13th

6:30pm (en Español)

Friday, April 14th

7am

***Parish Offices will be closed Thursday, April 6th through Wednesday, April 12th and will reopen on Thursday, April 13th.**

Initiation Programs and Adult Formation

Welcome to OLMC!

If you are new to the parish, we want to welcome you and let you know about multiple ways you can grow in faith at our Church. We have an ongoing **Women's Bible Study** on Thursday morning, starting at 9 am. After Easter, they will resume the study **What We Believe: The Beauty of the Catholic Faith**- Written and presented by Marcellino D'Ambrosio and Andrew and Sarah Swafford.



Welcome home

Small Groups

Small groups are life changing – join one at Our Lady of Mount Carmel Church this fall! Our small groups offer men and women an opportunity to pray, study and grow in their faith together. Small groups journey together in discipleship. To learn more about being a part of a small group or to receive training to start a small group find us online at olmc.org.



Men's Ministry

Saturday Mornings, 7am - 8:30am

at Saint Michael Hall

Register at tinyurl.com/TMIYolmc, call the Parish

Office at 757-595-0385, or use the QR code



Adult Confirmation

Are you an active practicing Catholic adult who “missed” participating in the Sacrament of Confirmation? We invite you to enter the process of preparation at the parish. **A new 6 week session will begin Tuesday, April 18th at 7pm.**

Please contact Cristy at ext. 131 or cbarton@olmc.org for more information.



Walking With Purpose ~ Enabling Women to know Christ through Scripture

****New Study:****

Reclaiming Friendships meets on **Fridays** from 1-2:30 PM at Saint Michael Hall Room A, starts on **April 21st**. Please register online at olmc.org.

Ordering Your Priorities is the next study **if you have already done Opening your Heart**. This study also takes place on **Wednesdays**, at **7pm** at Saint Michael Hall (room C), starts on **April 19th**. Please register online at olmc.org

For more information contact Cristy at ext. 131 or cbarton@olmc.org



Pastoral Care

The faithful who are ill are often separated from their place in the Eucharistic community. **The Pastoral Care Minister** represents Christ by bringing **Holy Communion and sacred scripture to the sick**, and in so doing, reflects the love and support of the Eucharistic community of Our Lady of Mount Carmel Catholic Church. The Pastoral Care Ministry to the Sick is carried out by our priests, deacons and lay pastoral care ministers.

The Pastoral Care Ministry at Our Lady of Mount Carmel is an **outreach** to those who are:

- Home Bound
- Living in Nursing Homes or Assisted Living Facilities
- Hospitalized
- Receiving Rehabilitation
- Grieving the loss of a loved one through the Bereavement Ministry

Please contact Christa at the parish office to inquire about Pastoral Care for yourself or a loved one.

SEASONS OF HOPE – Spring Sessions begin on Tuesday, May 2, 2023

A 6-week faith sharing group for those who mourn.
Tuesdays, 10am-11:30am at Our Lady of Mount Carmel Church.

When you or someone you care about is suffering from the loss of a loved one, the process of grieving is a natural part of healing. Grief, however natural, can be intense and experienced in very individual ways. It is sometimes hard to know, “Is what I’m going through ‘normal’ or natural?”

Seasons of Hope offers a safe and understanding environment for adults whose loved one has died. Seasons of Hope, rooted in Catholic tradition, conveys God’s consolation through scripture, prayer, reflection and sharing our faith. Seasons of Hope meets for six consecutive weeks.



Are you grieving the loss of a husband, wife, son, daughter, parent or other loved one?
To register contact Christa at the Parish Office or at cblomstrom@olmc.org.



Nourish for Caregivers – Monthly on the first Wednesday

Nourish for Caregivers is a ministry created specifically to offer support to the unique challenges of in-home caregivers. This Christ-centered program brings resources and support to family caregivers who carry both the blessing and burden of providing comfort and healing to people who are ill, suffering, and need special care. We meet at 6:30pm monthly at Saint Michael Hall on the first Wednesday. Contact Christa at the Parish Office for more information.

Respite Ministry – Compassionate Support for Caregivers

Are you a caregiver who is seeking some respite time for yourself? The Respite Ministry provides parishioners who are full time caretakers of a home-bound loved one, a break of a few hours’ time to use as he or she sees fit. During that time, a trained parish Respite Minister will provide safety, supervision, and companionship to the homebound family member. Contact Christa at the Parish Office for more information.



Circle of Hope – Monthly on the first Saturday



Have you been touched in some way by cancer or by a chronic illness or condition?

You are invited to attend a Circle of Hope gathering to find faith-based support and encouragement.

Circle of Hope is a community that prays together, shares stories with one another and finds hope in God together. Caretakers, survivors and those living with a diagnosis are all invited to attend our monthly gatherings. We meet at 10:30am monthly at Saint Michael Hall on the first Saturday.

SPRED



SPRED prepares individuals with intellectual disabilities to fully belong in the liturgical life of the parish. Adults with and without disabilities form a small faith community. The SPRED sessions are designed to lead all closer to Jesus by developing a sense of the sacred, sharing the Word of God and being present to the movement of the Holy Spirit in our daily lived experiences. Our SPRED small group meets on Wednesdays at the parish.

Contact Christa at ext. 107 or cblomstrom@olmc.org for more information.

Lenten Solidarity and Prayer Walking the Last Mile

When they drew near Jerusalem and came to Bethphage on the Mount of Olives, Jesus sent two disciples, saying to them, “Go into the village opposite you, and immediately you will find an ass tethered, and a colt with her. Untie them and bring them here to me...” The disciples went and did as Jesus had ordered them. They brought the ass and the colt and laid their cloaks over them, and he sat upon them.

The very large crowd spread their cloaks on the road, while others cut branches from the trees and strewed them on the road. The crowds preceding him and those following kept crying out and saying: “Hosanna to the Son of David; blessed is he who comes in the name of the Lord; hosanna in the highest.” And when he entered Jerusalem the whole city was shaken and asked, “Who is this?” And the crowds replied, “This is Jesus the prophet, from Nazareth in Galilee.” Mt. 21:1-2, 6-11.

Thus began Jesus’ “last mile.” He moved through the crowd’s adulation, knowing these same voices would soon shout “Crucify him!” Perhaps that is the greatest example ever known of the virtue of fortitude.

Fortitude, according to paragraph 1808 of the Catechism, “is a moral virtue that ensures firmness in difficulties and constancy in the pursuit of the good. It strengthens the resolve to resist temptations and to overcome obstacles in the moral life. The virtue of fortitude enables one to conquer fear, even fear of death, and to face trials and persecutions.”

Each of us, at some point in our life, have encountered situations that cause us to be afraid. Whether it is loss of employment, sudden illness or the prospect of physical pain or isolation, fear is a fact of life in a fallen world. Can you recall how hard it was just to get up in the morning and face the day when you knew the day would bring tribulation?

Fortunately, few of us face real danger or destitution on a daily basis. Unfortunately, many of our neighbors do. Like Jesus, they have to face what’s coming hard at them. Unlike Jesus, most of our brothers and sisters have no real choice. Pray earnestly for our neighbors this “last mile” of Holy Week. Pray that God would grant them the grace of fortitude.

Pantry Needs — hearty soups and powdered milk.

Contact: Kim Taylor
ktaylor@olmc.org or 757-595-0385 ext. 118



Join us this summer for Vacation Bible School at OLMC!
We will gather each day **June 26th-30th from 9:00-12:15** for Catholic-themed games, crafts, music and more! VBS is open to all children from 4yrs old to rising 5th graders. Rising 6th graders through adults can sign up to volunteer for the week. Registration will be coming later in the spring, but for now we just want to share the date as you begin making plans for the summer.

Contact Elizabeth at ekassel@olmc.org with any questions.

Ministerio Hispano

Director - Diácono Francisco Anleu
Oficina - (757) 595-0385 Ext. 123
Email - fanleu@olmc.org

Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente

Semana Santa 2023 OLMC

Pasión, muerte y Resurrección de Jesucristo

Jueves Santo 6 de Abril

7:00pm en la iglesia,

La última Cena del Señor (Inglés)

Viernes Santo, 7 de Abril, 3pm

La Pasión de Nuestro Señor (Español)

Sábado Santo, 8 de Abril, 8pm

La Gran Vigilia Pascual (Inglés)

Domingo 9 Abril, 2pm

Misa de la Resurrección del Señor (Español)



Community

Poor Clares Pantry Shower



The Ladies of Carmel will be distributing grocery bags with a bilingual shopping list for our annual **Poor Clare Pantry Shower** the weekend of **April 15 & 16**. You can return the grocery bag during the week to the white, plastic bins in the narthex marked "**Poor Clare**

Pantry Shower," or hold them until **April 22 & 23**. If you would like to help deliver bags to the Bethlehem Monastery, Barhamsville, VA on April 23, please take as many bags as can fit in your car. Thank you for your generosity & your support of these cloistered nuns who are praying for our parish. POC is Terry Figueroa, 571-283-1671 or teresitafigueroa@hotmail.com



"Blessed are they who come in the Name of the Lord!" Are you being called to proclaim Jesus as a priest, deacon, religious brother or sister? Call Father Brian Capuano 804-359-5661 or e-mail: vocations@richmonddiocese.org



Meals on Wheels is looking for volunteers to help with meal delivery during the week (Monday through Friday). Delivery takes about two hours a day.

If you are interested, please call 757-246-1903 or 757-246-1905.



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Feel free to contact Mark and Cathy Stangler at 703-378-4150 or mstang1987@aol.com with any questions.

Upcoming dates:

September 22-24 2023 - Crowne Plaza Hotel, Herndon VA

November 17-19, 2023 - Holiday Inn, Virginia Beach VA

The **Greater Hampton Roads Cursillo** Community is hosting Men's and Women's weekends in the coming months:



Women's English Cursillo

October 26-29, 2023

Men's English Cursillo

October 12-15, 2023

Women's Spanish Cursillo

June 22-25, 2023

Men's Spanish Cursillo

August 17-20, 2023

For more information contact:

Paula Krewinghaus at paulakrew@gmail.com

Neil Tallent at tallentn@gmail.com

<https://philippians2foundation.org/cursillo/>

Our Lady of Mount Carmel Catholic School

Blessed Palm Sunday

Palm Sunday celebrates Jesus' triumphant entrance into Jerusalem. People filled the streets to watch Jesus ride into the city on a donkey, and threw palms at his feet to celebrate his arrival. They hailed Jesus as a King, but did not know his crown would be of thorns and his Kingdom in heaven.

"The next day the large crowd that had come to the feast heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, crying out, 'Hosanna! Blessed is he who comes in the name of the Lord, even the King of Israel!'" - John 12:12-13



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