

December 18, 2022

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Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M,W,Th: 12 noon - 2 pm;  
T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

## **Connect With Us**

**Parish Website** [www.olmc.org](http://www.olmc.org)

**Facebook** [www.facebook.com/olmcdnva](http://www.facebook.com/olmcdnva)

**Parish Email ~ Flocknote** Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

**Text** [mountcarmel](https://www.10text.com) to 84576 and follow the link sent to subscribe.

## December 18, 2022 ~ Fourth Sunday of Advent

### Mass and Sacrament of Reconciliation

**Saturday:** 3:00 pm Confessions; 5:00 pm Mass

**Sunday:** 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

**Weekdays:**

**Monday** - 5:30 pm Mass

**Tuesday** - 9 am Mass

**Wednesday** - 5:00 pm Adoration and Confessions, 6:30 pm Mass

**Thursday** - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,  
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

*Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)*

**Friday** - 7 am Mass

*\* Scheduled Mass times unless indicated on the Mass Intentions Calendar*



### *Mass Intentions*

**Saturday, December 17, 2022**

5:00 – +John Hilt                      Adrienne Hilt & Family

**Sunday, December 18, 2022**

8:00 – +Tito Bossman                      Family  
10:00 – Int's of Edward Cluen              Eileen & Dave Mazary  
2:00 – The People of the Parish  
5:00 – +Deceased members of the Wilhelm Family  
Mon – (5:30pm) +Magdalena Escalona      Friends and Family  
Tues – (9am) +Lope Pile                      Mercy Pile  
Wed – (6:30pm) +Deceased members of the Taylor &  
  Strum Family              Kim Taylor  
Thur – (8:05am) +Luke Gere              The Gere Family  
  (6:30pm) The People of the Parish  
Fri – (7am) +Johnny Almirante              The Almirante Family

**Christmas Eve, Saturday, December 24, 2022**

4:00 – Patrick Glaude                      Ruth Ann Newton  
6:00 – The El Rif Family                      The Asmar Family  
8:00 – The People of the Parish  
10:00 – John & Bridget Ganger              The Raftice Family

**Christmas Day, Sunday, December 25, 2022**

10:00 – Paul Coon                              Maureen Coon



Flowers for the Church may be given as memorials for a loved one or special occasion. To schedule a memorial floral gift, please call Eileen, ext. 116 at least two weeks in advance of the date you wish. The suggested donation to cover the cost is \$90.

### Contact Us

<b>Pastor</b>	
<b>Rev. Dan Beeman</b>	frdbeeman@olmc.org 112
<b>Parochial Vicar</b>	
<b>Rev. Saúl Anleu</b>	frsaul@olmc.org 111
<b>Priest in Residence</b>	
<b>Rev. Peter T. Tran</b>	frpeter@olmc.org 101
<b>Deacons</b>	
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<b>Deacon Francisco Anleu</b>	fanleu@olmc.org 123
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<b>Baptism &amp; Children's Faith Formation</b>	
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<b>Hispanic Ministry</b>	
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<b>Liturgy &amp; Worship</b>	
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<b>Sacred Music</b>	
Johanna Smith	jsmith@olmc.org 117
<b>Social Ministry</b>	
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<b>Youth &amp; Young Adult Ministry</b>	
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<b>Business Administrator</b>	
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<b>Office Manager</b>	
Eileen Mazary	emazary@olmc.org 116
<b>CNU Campus Ministry</b>	
Cate Harmeyer	ccm@cnu.edu

### Our Lady of Mount Carmel School 757-596-2754

School Office Hours: M - F, 7:30 am - 3:30 pm  
Principal: Sr. Anna Joseph, O.P.

# Christmas Mass Schedule

## Christmas Eve, Saturday, December 24

4 pm Mass in English  
6 pm Mass in English  
8 pm Misa en Español  
10 pm Mass in English

## Christmas Day, Sunday, December 25<sup>+</sup>

10 am Mass in English

Parish Offices will be closed from Friday, December 23, through Wednesday, December 28

### After Christmas Daily Mass Schedule:

Monday, 12/26 - No Mass  
Tuesday, 12/27 - No Mass  
Wednesday, 12/28 - 6:30 pm  
Thursday, 12/29 - 6:30 pm Misa en Español  
Friday, 12/30 - 7 am

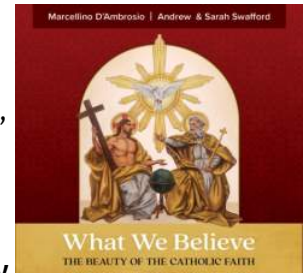
## Initiation Programs and Adult Formation

### Women's Bible Study

#### What We Believe: The Beauty of the Catholic Faith



Written and presented by Marcellino D'Ambrosio and Andrew and Sarah Swafford. Come and join us in this **new** study of the Beauty of the Catholic Faith. Discover who we are, what we believe and how we are called to live as Catholic Christians. In its entirety, the Catholic Church, founded by Christ himself, guides us to the heart of God through "the unfathomable riches of Christ" (Eph 3:8) in the company of a family that Jesus called the Church. Join us in this pilgrimage study **beginning on January 5th, 2023**. Women's Bible study meet on Thursdays at 9 am.



Materials can be ordered on [Ascencionpress.com](http://Ascencionpress.com). Registrations for **NEW**

participants can be found by scanning the QR code provided. **Contact Crisy at ext. 131 or [cbarton@olmc.org](mailto:cbarton@olmc.org) if you need help registering or have questions.**

### Small Groups

Small groups are life changing – join one at Our Lady of Mount Carmel Church this fall! Our small groups offer men and women an opportunity to pray, study and grow in their faith together. Small groups journey together in discipleship. To learn more about being a part of a small group or to receive training to start a small group find us online at [olmc.org](http://olmc.org).

**For more information contact Crisy at ext. 131 or [cbarton@olmc.org](mailto:cbarton@olmc.org)**



### Walking With Purpose ~ Enabling Women to know Christ through Scripture

**Opening Your Heart** takes place on Wednesdays at **7 pm** at Saint Michael Hall (room A) all women of the parish are welcome to join, register online at [olmc.org](http://olmc.org)

**Touching the Divine** is the next study if you have already done Opening your Heart.

This study also takes place on Wednesdays, at **7pm** at Saint Michael Hall (room C). Register online at [olmc.org](http://olmc.org) **For more information contact Crisy at ext. 131 or [cbarton@olmc.org](mailto:cbarton@olmc.org)**



Men's Ministry  
Saturday Mornings at 7am - 8:30am  
at St. Michael Hall  
Register at [tinyurl.com/TMIYolmc](http://tinyurl.com/TMIYolmc),  
call the Parish Office at 757-595-0385,  
or use the QR code (scroll down to register)



### Poinsettia Donations

Remember your loved ones this Christmas Season by sponsoring a poinsettia used to decorate the church. Place your donation of \$15 in the offertory basket or mailed it to the parish office, be sure to **include the name(s) of your loved ones.**

Donations must be received by **Wednesday, December 21st.**

Contact Eileen at ext 116 or email her at emazary@olmc.org if you have questions.

## Pastoral Care

### Visiting the Sick and Homebound - Extraordinary Ministers of Holy Communion

"Advent invites us to a commitment to vigilance, looking beyond ourselves, expanding our mind and heart in order to open ourselves up to the needs of people, of brothers and sisters, and to the desire for a new world." - Pope Francis, *Angelus*, 2018

This Advent we enter into a season of preparation and eagerly await the birth of Jesus. We are called to grow in relationship with one another and experience God's love as we share that love with others. We are most grateful to the Home and School Association of Our Lady of Mount Carmel School for the generous gifts of Christmas stockings! The stockings will be distributed to those who are homebound or reside in nursing and rehabilitation communities. The parish Extraordinary Ministers of Holy Communion will distribute the stockings filled with goodies on their regular visits.

### Nourish for Caregivers – 6:30pm Wednesday, January 4, 2023

**Nourish for Caregivers** is a ministry created specifically to offer support to the unique challenges of in-home caregivers. This Christ-centered program brings resources and support to family caregivers who carry both the blessing and burden of providing comfort and healing to people who are ill, suffering, and need special care. We meet monthly at Saint Michael Hall on the first Wednesday.



Caregivers can also join local and/or national Zoom calls for support (**En Español**) and explore additional resources here: [www.nourishforcaregivers.com](http://www.nourishforcaregivers.com).



### Circle of Hope ~ Saturday, January 7, 2023 at 10:30 am

Have you been touched in some way by cancer or by a chronic illness or condition?

You are invited to attend a Circle of Hope gathering to find faith-based support and encouragement. Circle of Hope is a community that prays together, shares stories with one another and finds hope in God together. Caretakers, survivors and those living with a diagnosis are all invited to attend our monthly gatherings. **Contact Christa at ext. 107 or [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org) for more information.**

## SPRED

### SPRED: Special Religious Development



As Christmas draws near, the Church emphasizes the joy which is in our hearts over all that the birth of our Savior means for us. On Gaudete Sunday, we as a church focus on the reasons for our joy; God loves us and saves us. We are called to love one another with the freedom that God's love calls forth in us.

We are grateful for the time spent in community with our SPRED friends this past Saturday! Our SPRED families and team enjoyed a delicious Breakfast with Saint Nicholas thanks to That Man Is You, the Guild of Saint Veronica AND a jolly Saint Nicholas!

**As We Remember the First and Await the Second Coming of Our Savior Jesus Christ, the Church Encourages Us to Deepen our Prayer Life, Increase our Acts of Charity and to Fast.**

THE LORD SAID TO THE PROPHET ISAIAH:

*Is this the manner of fasting I wish, of keeping a day of penance: that a man bow his head like a reed, and lie in sackcloth and ashes? Do you call this a fast, a day acceptable to the Lord?*

*This, rather, is the fasting I wish: releasing those bound unjustly, untying the thongs of the yoke, setting free the oppressed, breaking every yoke.*

*Sharing your bread with the hungry, sheltering the afflicted and the homeless; Clothing the naked when you see them and not turning your back on your own flesh.* Isaiah 58:5-7.

So many of you heed this call on a week-in-and-week-out basis, but there are those we should publically thank. The Ladies of Carmel funded the turkeys and the hams for the Thanksgiving and Christmas bags, the Walter Pollard Council of the Knights of Columbus made a very generous donation to the Pantry. Abbitt Realty, with help from CNU students, conducted a food drive, and then filled our shelves. Thank you for helping us feed our neighbors. Please continue to be generous. Give to the Poor Fund and pray for the poor.

**Contact: Kim Taylor**

**ktaylor@olmc.org or 757-595-0385 ext. 118**



The Peninsula Pet Pantry thanks Our Lady of Mount Carmel for its generous donations during the month of October. They collected a record breaking 475 pounds of dog and cat food, as well as lots of toys and other pet supplies. Thank you.

Director - Diácono Francisco Anleu:  
Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM  
Confesiones: Sábados, 3 PM, Miércoles, 5 PM,  
Jueves 5:30 PM en Español solamente

### Adviento y Navidad Ministerio Hispano Our Lady of Mount Carmel 2022

**Sábado 17 de diciembre de 8:00am a 4:00pm**

Retiro de Adviento

Salón San Miguel, Daremos inicio con  
La Santa Eucaristía en la Iglesia

**Domingo 18 de diciembre 2:00pm**

Misa del Cuarto Domingo de Adviento

**Del 16 al 24 de diciembre 8:00pm**

Tradicional Posadas navideñas

#### Bautizos

Para más información sobre bautizos, primeras comuniones, guardería o educación de la fé, por favor contacte a la Señorita Elizabeth Kassel a la ext. 104 o envíe un correo electrónico ekassel@olmc.org.

Para niños **no bautizados** mayores de 7 años que necesitan el sacramento de bautizo, primera comunión por favor contacten a la Señora Cristy Barton a la oficina parroquial o [cbarton@olmc.org](mailto:cbarton@olmc.org) para información para el RICA para niños.



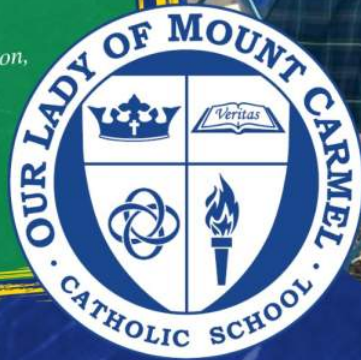
Dios eligió hacerse hombre para guiarnos en un camino de justicia, ¿Dios te está llamando a crecer en santidad? Él puede estar invitándote al sacerdocio, diaconado o a la vida consagrada. Llame al Padre Brian Capuano al 804-359-5661 o envíe un correo electrónico a: [vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org).

# Our Lady of Mount Carmel Catholic School

Happy 4th Week of Advent! Thank you to all who have supported and prayed for our school. We look forward in joyful anticipation for the birth of Our Lord Jesus.

*"Behold! The virgin shall conceive and bear a son, and they shall name him Emmanuel."*  
Matthew 1:18-24

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## Community



Any time is a good time to learn more about God and your faith, but especially during Advent when we prepare to celebrate once again the coming of the Son into our lives. Reading a book from your parish library that especially appeals to you can be a great way to strengthen your faith and your prayer life. Instructions on how the books are organized by topic and how to borrow a book are posted on the library bulletin board.



God chose to become man to lead us in a path of righteousness, is God calling you to grow in holiness? He may be inviting you to the priesthood, diaconate or consecrated life. Call Father Brian Capuano 804-359-5661 or e-mail: [vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org).

Join **Our Lady's Prayer Group** to pray the rosary and Chaplet of Divine Mercy the last Saturday of every month from 9:00am - 10:30 am in the church. Bring your Intentions.

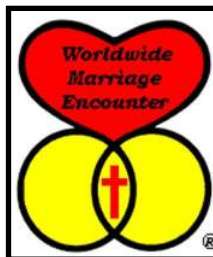


### **Bunco Party & Silent Auction!**

Let's get together and join your fellow parishioners for a night of fun and excitement at the Bunco Party & Silent Auction on Friday, January 27, in St. Michael Hall. Doors open at 6:30 p.m. for our Silent Auction, accompanied by complimentary hors d'oeuvres, wine, and beer. The guilds of the Ladies of Carmel are donating themed gift baskets and other wonderful items to the auction.

Bunco begins at 7:30. **Never played Bunco before? Fear not!** It's really easy, and our resident Bunco expert, Susan Adams, will teach us all how to play! Cash prizes will be awarded in several categories of winners (& even losers)!

**Tickets are \$25 per person** and are available in the Parish Office during the week and in the Commons the weekend of January 7/8. **Only 80 Tickets will be sold, so get yours soon!**



**MARRIED COUPLES**, are you looking to rediscover the spark that was there on your wedding day? Do you want to rediscover the best friend you had when you were first married? Worldwide Marriage Encounter is a weekend for married couples who value their relationship and desire a richer, fuller life together. Whether you've been married 1

year or 50, a Marriage Encounter Experience may be just the thing you need to put a breath of fresh air into your relationship. Sign up for an upcoming Worldwide Marriage Encounter Experience :

**January 27-29, 2023 in North Myrtle Beach, SC**  
**February 3-5, 2023 in Warrenton, VA**

Early sign up is recommended. For more information visit our website at: <https://renewmarriage-vasouth.org/> or contact us at [applications@renewmarriage-vasouth.org](mailto:applications@renewmarriage-vasouth.org) or 757-690-1369.

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