

June 4, 2023

# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

NEWPORT NEWS, VA

*We find Christ here. We bring Christ to the world.*



100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 - [www.olmc.org](http://www.olmc.org)

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

## **Connect With Us**

**Parish Website** [www.olmc.org](http://www.olmc.org)

**Facebook** [www.facebook.com/olmcnva](http://www.facebook.com/olmcnva)

**Parish Email ~ Flocknote** Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

**Text** [mountcarmel](https://www.10text.com/84576) to 84576 and follow the link sent to subscribe.



## Summer Daily Mass Schedule

(June 15th ~ August 24th)

### **Monday**

5:30pm Mass

### **Tuesday**

9am Mass

### **Wednesday**

5pm Adoration & Confession, 6:30 Mass

### **Thursday**

9am Mass & 6:30 Mass (en Español)

### **Friday**

9am Mass

## VBS 2023

June 26-30  
9am-12:30pm

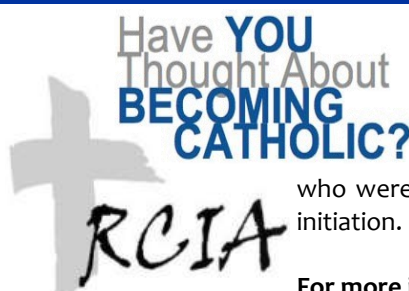


at OLMC School  
Pre K - 5th grader  
\$25 per child (\$75 family cap)  
Register online at olmc.org

## VBS VOLUNTEERS NEEDED

Middle School through High School,  
as well as adult leaders.  
For more information email Elizabeth  
at ekassel@olmc.org

## Initiation Programs and Adult Formation



The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish.

This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

**For more information call the parish office.**

## Have you been away from the active practice of your Catholic faith?

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God's mercy, the Mass, and the Church.

The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community.

We can assist your return to the active practice of your faith and welcome you back to the Lord's Table.

**For more information call the parish office.**



All women of the parish are invited to join the upcoming talk, **To the Heights**, from our Connect Coffee series. This talk will take place on Wednesday, June 7th at 7 pm at Saint Michael Hall. This will be the last talk before we take a break for the summer. All women are invited, bring a friend!

## Adult Confirmation

Are you an active practicing Catholic adult who "missed" participating in the Sacrament of Confirmation? We invite you to enter the process of preparation at the parish.

**Please contact the parish office for more information.**



# Pastoral Care

## Pastoral Care

Will you consider serving one Sunday a month at one of our nursing/rehab communities? We have a current need for two new ministers. Training is provided.

The faithful who are ill are often separated from their place in the Eucharistic community. **The Pastoral Care Minister** represents Christ by bringing **Holy Communion and sacred scripture to the sick**, and in so doing, reflects the love and support of the Eucharistic community of Our Lady of Mount Carmel Catholic Church. The Pastoral Care Ministry to the Sick is carried out by our priests, deacons and lay pastoral care ministers.



**The Pastoral Care Ministry** at Our Lady of Mount Carmel is an **outreach** to those who are:

- Home Bound
- Living in Nursing Homes or Assisted Living Facilities
- Hospitalized
- Receiving Rehabilitation
- Grieving the loss of a loved one through the Bereavement Ministry

Please contact Christa at the parish office to inquire about Pastoral Care for yourself or a loved one or to offer your service.

### SEASONS OF HOPE – Catholic Grief Support

The next series begins on Tuesday, August 1, 2023  
A 6-week faith sharing group for those who mourn.  
Tuesdays from 10 am to noon.

When you or someone you care about is suffering from the loss of a loved one, the process of grieving is a natural part of healing. Grief, however natural, can be intense and experienced in very individual ways. It is sometimes hard to know, “Is what I’m going through ‘normal’ or natural?”

Seasons of Hope offers a safe and understanding environment for adults whose loved one has died. Seasons of Hope, rooted in Catholic tradition, conveys God’s consolation through scripture, prayer, reflection and sharing our faith. Seasons of Hope meets for six consecutive weeks.

Are you grieving the loss of a husband, wife, son, daughter, parent or other loved one?

To register contact Christa at the Parish Office 757-595-0385 ext 107 or at [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org).



### Nourish for Caregivers – Monthly on the first Wednesday

Join us for our next session at 6:30pm, Wednesday, July 7, 2023 at Saint Michael Hall

**Nourish for Caregivers** is a ministry created specifically to offer support to the unique challenges of in-home caregivers. This Christ-centered program brings resources and support to family caregivers who carry both the blessing and burden of providing comfort and healing to people who are ill, suffering, and need special care. We meet at 6:30pm monthly at Saint Michael Hall on the first Wednesday.

Contact Christa at 757-595-0385 x 107 or [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org) for more information. [www.nourishforcaregivers.com](http://www.nourishforcaregivers.com)

### Circle of Hope – Monthly on the first Saturday

Join us for our next session at 6:30pm Wednesday, July 1, 2023 at Saint Michael Hall



HOW BEST CAN WE PRAY FOR YOU?

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness?

Come join a **Catholic faith-based, spiritually uplifting group of OLMC men and women** who gather on the first Saturday of every month for fellowship, prayer and support. We learn how Jesus, Our Blessed Mother Mary, and our Saints all give us a perfect example of how to persevere during difficult times.

We meet at Saint Michael Hall on the first Saturday of each month at 10:30am.

**PLEASE NOTE: THE JUNE GATHERING WILL BE AT ANOTHER LOCATION, CALL THE CHURCH OFFICE FOR DETAILS.**

You're invited to **come join our prayer and fellowship with us over refreshments.** Contact Christa at 757-595-0385 x107 or [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org) for more information.

## Social Ministry

## Liturgy

### Social Ministry: Encountering Christ in the Homeless - PORT

THE LORD SAID TO THE PROPHET ISAIAH:

**Is this the manner of fasting I wish, of keeping a day of penance: that a man bow his head like a reed, and lie in sackcloth and ashes? Do you call this a fast, a day acceptable to the Lord?**

**This, rather, is the fasting I wish: releasing those bound unjustly, untying the thongs of the yoke, setting free the oppressed, breaking every yoke. Is it not sharing your bread with the hungry, sheltering the afflicted and the homeless; Clothing the naked when you see them and not turning your back on your own flesh. Is. 58:5-7**

**"Not all of us can do great things. But we can do small things with great love."**

**"Never worry about numbers. Help one person at a time and always start with the person nearest you."**

~St. Teresa of Calcutta

It is June, and yet it is time to think about serving the homeless - more accurately, time to plan for our service. PORT (People Offering Resources Together), organizes food and shelter for the homeless during the coldest months of the year. The shelter is provided by host churches, which provide their facilities for a week. Partner churches provide the meals and volunteers to serve the guests.

Our Lady of Mount Carmel is a partner church, and we are responsible for serving the homeless on seven nights, spread over the PORT season. Our service requires many volunteers, most of whom will be recruited in early Fall. What we need now is to build a leadership team.

If you are looking for a way to use your leadership, organizational and logistical skills in the service of the poor and vulnerable, contact me and attend an introductory **meeting on June 21, from 6:30 to 7:30 at the Carmel Center Offices.**

#### Carbs Week No. 2 at the Pantry

rice (1 or 2 pound bags)

pasta

boxed potatoes

crackers

hamburger helpers

mac & cheese

Personal item

deodorant

Pregnancy

size 5 diapers

**Give Glory to God and Serve His People.**

**Contact Kim Taylor:**

**ktaylor@olmc.org; (757) 595-0385 ext. 118**

# Ushers Needed

*Are you willing to serve?*

## Sign-Up Today

Ushers are needed for all Sunday Masses. Ushers welcome people and assist with seating them. They also direct the Communion procession and help collect the weekly monetary offering.

If you would like to serve as an usher, contact Heber Dunkle at [hdunkle@olmc.org](mailto:hdunkle@olmc.org)

## Ministerio Hispano

**Director - Diácono Francisco Anleu**

**Oficina - (757) 595-0385 Ext. 123**

**Email - [fanleu@olmc.org](mailto:fanleu@olmc.org)**

**Misas en Español:** Domingos 2:00 PM, Jueves 6:30 PM

**Confesiones:** Sábados, 3 PM, Miércoles, 5 PM,  
Jueves 5:30 PM en Español solamente



#### Ministerio de niños:

Para obtener información sobre bautismos, primeras comuniones, guarderías o educación en la fe, comuníquese con la señorita Elizabeth Kassel en la parroquia al 757-595-0385 ext 104 o envíe un correo electrónico a [ekassel@olmc.org](mailto:ekassel@olmc.org).

Para niños no bautizados mayores de 7 años que necesitan el sacramento del Bautismo y la Primera Comunión, llame a la oficina parroquial para consultar sobre RICA para niños, 757-595-0385.



“Dios amó tanto al mundo, que dio a su único Hijo”. ¿Cómo puedes entregarte a Dios Padre en respuesta a ese amor? ¿Podría Dios estar llamándote a vivir su amor como sacerdote o en la vida consagrada? Llame al Padre Brian Capuano al 804-359-5661 o envíe un correo electrónico a: [vocations@richmonddiocese.org](mailto:vocations@richmonddiocese.org).

# Community



The parish library has a significant number of overdue and missing books. Please promptly return any parish library books that you happen to have on hand, unless they were properly checked out and are not yet due for their return.

Thank you!

## **SAVE THE DATE FOR THE LADIES OF CARMEL GARAGE SALE!**

The Ladies of Carmel Garage Sale will be held on Saturday, **July 22 from 7:30 - 11:30** in the OLMC School cafeteria and gym.

Start saving your donations and check the bulletin in the coming weeks for more details!



“God so loved the world, He gave His only Son.” How can you give yourself to God the Father in a response to that love? Could God be calling you to live His love as a priest or in the consecrated life?



Don't forget to return your baby bottles filled with spare change, cash or checks by **Father's Day weekend, June 17/18**. All proceeds will support OLMC Pregnancy Outreach Ministry which lovingly supports expectant mothers, fathers and their infants. Thank you for your generosity!

The **Greater Hampton Roads Cursillo** Community is hosting Men's and Women's weekends in the coming months:



### **Women's English Cursillo**

October 26-29, 2023

### **Men's English Cursillo**

October 12-15, 2023

### **Women's Spanish Cursillo**

June 22-25, 2023

### **Men's Spanish Cursillo**

August 17-20, 2023

For more information contact:

Paula Krewinghaus at [paulakrew@gmail.com](mailto:paulakrew@gmail.com)

Neil Tallent at [tallentn@gmail.com](mailto:tallentn@gmail.com)

<https://philippians2foundation.org/cursillo/>

## **Our Lady of Mount Carmel Catholic School**

### **BLESSED TRINITY SUNDAY!**

AS WE CELEBRATE TRINITY SUNDAY TODAY, LET US RECALL IN A SPECIAL WAY HOW GOD THE FATHER MADE US, JESUS THE SON SAVED US, AND THE HOLY SPIRIT STRENGTHENS US. WE MIGHT NOT FULLY UNDERSTAND THE MYSTERY OF THE TRINITY, BUT IT IS A REALITY THAT WE ARE CALLED TO EXPERIENCE AND BELIEVE IN!

*"Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age." Matthew 28: 19-20*



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