

November 6, 2022

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are like

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LUKE 20:36

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Phone: 757-595-0385 - www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M,W,Th: 12 noon - 2 pm;
T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

Connect With Us

Parish Website www.olmc.org

Facebook www.facebook.com/olmcnnva

Parish Email ~ Flocknote Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

Text [mountcarmel](https://www.10text.com/84576) to 84576 and follow the link sent to subscribe.

November 6, 2022 ~ Thirty-Second Sunday in Ordinary Time

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)

Friday - 7 am Mass

** Scheduled Mass times unless indicated on the Mass Intentions Calendar*



Mass Intentions

Saturday, November 5, 2022

5:00 – +Patrick Glaude Family

Sunday, November 6, 2022

8:00 – +Loretta Boughamer Michale Weaver

10:00 – +Dominga Burke The Burke Family

2:00 – The People of the Parish

5:00 – +Charles Brault Lidia Brault

Mon – (5:30pm) +Linda McBride Don Bunora

Tues – (9am) +Janet Tompkins Donna & Dale Blake

Wed – (6:30pm) +John Freed Jack & Ann Svelan

Thur – (8:05am) +Norm Lagasse The Smith Family
(6:30pm) +Cathy Hoffmaster Bonnie Tingle

Fri – (7am) +Filomena Kreykenbohm Tyra & Stephen Freed

Saturday, November 12, 2022

5:00 – +Bill Taylor Lynn Taylor

Sunday, November 13, 2022

8:00 – +Donald Bunora The Bunora Family

10:00 – +Reta Boyle Jack & Ann Svelan

2:00 – The People of the Parish

5:00 – Int's of Phylis & Katie Dempsey The Daignault Family

Altar Flowers

Altar flowers in the church this weekend are given by Lidia Brault in memory of Charles Brault.



Weekly Collections

Offertory October 29 & 30

\$18,497 (E-Giving \$8307, Sunday \$10190)

We are thankful for your consistent stewardship. ©JPPC

Contact Us

Pastor

Rev. Dan Beeman frdbeeman@olmc.org 112

Parochial Vicar

Rev. Saúl Anleu frsaul@olmc.org 111

Priest in Residence

Rev. Peter T. Tran frpeter@olmc.org 101

Deacons

Deacon Anton Siochi deaconanton@olmc.org 129

Deacon Francisco Anleu fanleu@olmc.org 123

Adult Faith Formation

Cristy Barton cbarton@olmc.org 131

Baptism & Children's Faith Formation

Elizabeth Kassel ekassel@olmc.org 104

Hispanic Ministry

Deacon Francisco Anleu fanleu@olmc.org 123

Liturgy & Worship

Heber Dunkle hdunkle@olmc.org 121

Pastoral Care

Christa Blomstrom cblostrom@olmc.org 107

Sacred Music

Johanna Smith jsmith@olmc.org 117

Social Ministry

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Youth & Young Adult Ministry

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Joyce Kiser jkiser@olmc.org 109

Facilities

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Office Manager

Eileen Mazary emazary@olmc.org 116

CNU Campus Ministry

Cate Harmeyer ccm@cnu.edu

Our Lady of Mount Carmel School

757-596-2754

School Office Hours: M - F, 7:30 am - 3:30 pm

Principal: Sr. Anna Joseph, O.P.

Initiation Programs and Adult Formation

Women's Bible Study

What We Believe: The Beauty of the Catholic Faith

Written and presented by Marcellino D'Ambrosio and Andrew and Sarah Swafford

Come and join us in this **new** study of the Beauty of the Catholic Faith.

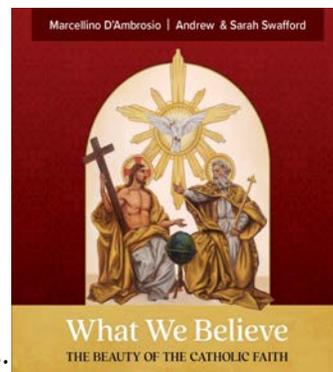
Discover who we are, what we believe and how we are called to live as Catholic Christians.

In its entirety, the Catholic Church, founded by Christ himself, guides us to the heart of God through "the unfathomable riches of Christ" (Eph 3:8) in the company of a family that Jesus called the Church. Join us in this pilgrimage study **beginning on January 5th, 2023**.

Women's Bible study meet on Thursdays at 9 am. Materials can be ordered on Ascencionpress.com.

Registrations for **NEW** participants and details will be posted soon on our website: olmc.org.

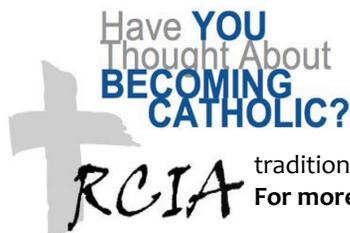
Contact Cristy at ext, 131 or cbarton@olmc.org if you need help registering or have questions.



Adult Confirmation

Are you an active practicing Catholic adult who "missed" participating in the Sacrament of Confirmation?

We invite you to enter the process of preparation at the parish. **New sessions will begin in the spring, please contact Cristy at ext. 131 or cbarton@olmc.org for more information.**



The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

For more information or to schedule an appointment contact Cristy at ext. 131 or cbarton@olmc.org



Walking With Purpose ~ Enabling Women to know Christ through Scripture

Opening Your Heart takes place on Wednesdays at 7 pm at Saint Michael Hall (room A) all women of the parish are welcome to join, register online at olmc.org

Touching the Divine is the next study if you have already done **Opening your Heart**. This study also takes place on Wednesdays, at 7pm at Saint Michael Hall (room C). Register online at olmc.org **For more information contact Cristy at ext. 131 or cbarton@olmc.org**



All women of the parish are invited to join the upcoming talk, **Your Heart: You Are Captivating**, from our Connect Coffee series. This talk will take place on Wednesday, **November 9th** at 7 pm at Saint Michael Hall. Contact Cristy at ext 131 or cbarton@olmc.org for more information. **ROOM A**



Men's Ministry
Saturday Mornings at 7am - 8:30am
at St. Michael Hall
Register at tinyurl.com/TMIYolmc,
call the Parish Office at 757-595-0385,
or use the QR code (scroll down to register)



Pastoral Care



November is National Family Caregivers Month
Join us at 6:30pm on the first Wednesday
of every month at Saint Michael Hall

Caring for the Caregiver Virtually every one of us will care for a loved one at some time in our life. Though rewarding, it is not always easy. **Nourish for Caregivers** is for anyone juggling the challenges of everyday life, health, career and caring for an aging parent, spouse, child, or grandparent, in town or at a distance. **Nourish for Caregivers** provides caregivers a faith perspective, as well as practical and emotional support, useful tools, and shared experiences.

Discover the blessings that come from caring for another, and at the same time fill your heart, mind, body and soul with love and hope of Jesus Christ. Our parish is pleased to offer **Nourish for Caregivers** - Caring for you as you care for another!

Contact Christa at extension 107 or email cblomstrom@olmc.org for more information.

End of Life Planning: Getting Your Affairs in Order Seminar
9am ~ noon, Wednesday, November 16, 2022
Pastoral Center in Richmond
Virtual option available for those unable to attend

The Diocese of Richmond, through the Office for Evangelization, invites you to join them for a half day seminar on planning for the end of life. This practical seminar will look at funeral planning, spiritual preparation, wills and trusts, legacy giving, and advanced medical directives. It's an opportunity to hear about what you can do to help get your affairs in order and to plan for the future.

Register before November 9th, the registration link is available at olmc.org.
For more information call 804-622-5159 or email evangelization@richmonddiocese.org



10 Warning Signs of Alzheimer's

Saturday, Nov. 12 | 10:00 a.m. ET

ALZHEIMER'S ASSOCIATION®

Join us at Saint Michael Hall on Saturday, Nov. 12 at 10am

10 WARNING SIGNS OF ALZHEIMER'S

A free education program presented by the Alzheimer's Association.

WHAT TO WATCH FOR IN YOURSELF AND OTHERS.

Alzheimer's causes changes in memory, thinking and behavior that are not normal aging.

Join us to learn about:

The difference between normal aging and Alzheimer's.

Common warning signs.

The importance of early detection and benefits of diagnosis.

Next steps and expectations for the diagnostic process.

Alzheimer's Association resources.

ALL ARE WELCOME TO ATTEND.

SPRED



SPRED: Special Religious Development

SPRED prepares individuals with intellectual disabilities to fully belong in the liturgical life of the parish. Adults with and without disabilities form a small faith community. The SPRED sessions are designed to lead all closer to Jesus by developing a sense of the sacred, sharing the Word of God and being present to the movement of the Holy Spirit in our daily lived experiences. Our SPRED small group meets on Wednesdays at the parish.

Contact Christa at ext. 107 or cblomstrom@olmc.org for more information.

Social Ministry

Lawyer: "Teacher, what must I do to inherit eternal life?"

Jesus: "*What is written in the law?*"

Lawyer: "You shall love the Lord, your God, with all your heart, with all your being, with all your strength, and with all your mind, and your neighbor as yourself."

Jesus: "*You have answered correctly; do this and you will live.*"

Lawyer: But who is my neighbor? Luke 10:25-29

Be a good Samaritan. Luke 10:29-37

Nourished by the Bread of Life, we love our neighbor in word and deed.

Your Love in Action

You are a phenomenally generous parish: cheerfully offering your time, talents, financial resources, and an occasional can of green beans. In October, we were able to assist 76 families: 101 adults and 91 children, thanks to you. We gave \$8,099.72 in financial assistance: \$7,559.72 for utilities and \$540 for rent. We equipped expecting and new mothers with baby gear and formula valued at \$3,260. We distributed 118 bags of food and personal items, valued at \$3,396. All of this was made possible by your offerings to the Poor Fund and your donations of food and other products.

Yet, none of this could have happened without your selfless gift of time. OLMC's social ministries are conducted entirely by volunteers, with only one staff member coordinating their efforts. Come join us. We occasionally have parties.

Keep it up:

PORT: Sign up sheets for PORT are in the Commons; a volunteer will be there to answer your questions. There are also opportunities to donate items needed for PORT. Pick up a "Helping Hands" and return the items needed.

Thanksgiving Bags: All 100 bags were taken on the first weekend. Thank you. Remember to bring them back full by November 20.

School Supplies: Catholic Charities of Eastern Virginia has asked us to help provide school supplies to kids in need. Pick up a star and return the items needed.

Volunteering: Contact me and let's discuss the many opportunities to give your time.

Contact: Kim Taylor

ktaylor@olmc.org or 757-595-0385 ext. 118

Children's Faith Formation



Children's Faith Formation classes have started, including First Reconciliation/First Holy Communion Preparation (2nd grade and above). The next **workshops for First Reconciliation** will be on **November 6th** for students with **last names A-M**, or **November 20th** for students with **last names N-Z**. For more information or if you have any questions, contact Elizabeth at the parish office, ext. 104 or ekassel@olmc.org.

Ministerio Hispano

Director - Diácono Francisco Anleu:

Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM,

Jueves 5:30 PM en Español solamente

Ministerio de Niños

Las inscripciones para la formación de fe para niños y la Primera Reconciliación - Primera Comunión ya están disponibles para el año 2022-2023 en olmc.org. Para más información o preguntas por favor contacte a la Señorita Elizabeth Kassel a la ext. 104 o envíe un correo electrónico ekassel@olmc.org.

Bautizos

Las próximas charlas para preparación para bautizos serán el sábado 2 de Julio o el sábado 6 de agosto (una sola clase de dos horas 9:30 a 11:30 en el salón de Mannion Hall donde está la oficina de asistencia "Outreach"). Los bautizos serán el domingo 10 de julio y el domingo 21 de agosto después de la Santa Misa en español.

Para más información sobre bautizos, primeras comuniones, guardería o educación de la fé, por favor contacte a la Señorita Elizabeth Kassel a la ext. 104 o envíe un correo electrónico ekassel@olmc.org.

Para niños **no bautizados** mayores de 7 años que necesitan el sacramento de bautizo, primera comunión por favor contacten a la Señora Cristy Barton a la oficina parroquial o cbarton@olmc.org para información para el RICA para niños.



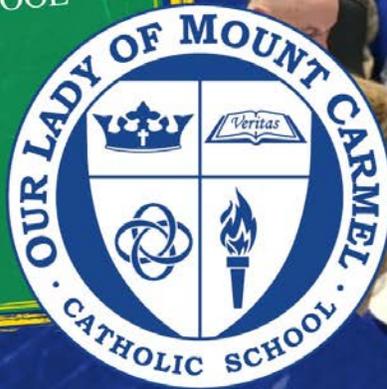
"En cada uno se manifiesta el Espíritu para el bien común". ¿Es que tu don del Espíritu Santo es el discernimiento de una vocación al sacerdocio?

Llama al Padre Brian Capuano al (804) 359-5661 o escríbele a: vocations@richmonddiocese.org.

Our Lady of Mount Carmel Catholic School

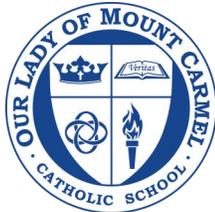
PLEASE JOIN US FOR THIS
COMPLIMENTARY BREAKFAST IN
CELEBRATION OF CATHOLIC
EDUCATION AT OLMC SCHOOL
ON NOVEMBER 29TH.

SEE BELOW FOR
DETAILS.



Cornerstone Breakfast-November 29, 2022

Please join us for a hot breakfast served by Mount Carmel's very own 8th graders. Hear them share their experience and best memories from OLMC, and enjoy a performance by our elementary students. Our Cornerstone Breakfast kicks off the #iGiveCatholic day of giving and provides an opportunity for donors to experience the life of our school and to help fund our mission. Donors are invited to either make a one-time donation to OLMC school, or to enroll in our Veritas Society. Breakfast begins promptly at 7:45am. To RSVP, call 757-596-2754 by November 23.



Community Cont'd



Outback Steakhouse Dinner

Join your fellow parishioners at St. Michael Hall for the Ladies of Carmel Fundraiser Dinner on Wednesday, November 16, 5:00pm - 7:00pm. Outback will be serving chicken, steak, mashed potatoes, Caesar salad, and a roll. You may dine in or request a take-out dinner. Cost of the dinner is \$17. Desserts will be available (donations appreciated). Tickets will be available at the Welcome Desk in the Commons after Masses and in the Parish Office during the week.

Community



Mass and Eucharistic Procession at CNU on the Solemnity of Our Lord Jesus Christ, King of the Universe:

Come join our Catholic Captains for Holy Mass at 12noon in the CNU Pope Chapel on November 20, 2022. Immediately following Mass, we will celebrate our Eucharistic King with a procession through Campus with hymns and prayers. Fr. Brian Capuano, Vicar for Vocations, is our celebrant for the feast! For additional information, contact Cate Harmeyer, Director of Catholic Campus Ministry at charmeyer@richmonddiocese.org.



Saint Martha's Guild will meet on Saturday, November 12 at 10am at Manion Hall. Sharon, Linda and Gloria will host this meeting.



HEALING MASS

Come encounter Jesus in the Mass and personal prayer ministry

Thursday, November 10th
7 - 9pm

St. Clare of Assisi Retreat Center
620 Buckroe Road, Hampton

Father Anthony Ferguson presiding; for more information please call 757-814-1706.

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