

02 November 2025

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Text [mountcarmel](https://www.10text.com/mountcarmel) to 84576 and follow the link sent to subscribe.

Parish Office Hours:

Monday - Thursday: 9 am - 5 pm

Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

***Thirst: Adoration and Praise** (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)*

Friday - 7 am Mass

**** Scheduled Mass times unless indicated on the Mass Intentions Calendar***

Weekly Mass Intentions

©JPPC



Saturday, November 1, 2025

5:00 – +Leo & Norma Peñalosa The VanHorn Family

Sunday, November 2, 2025

8:00 – +All Souls

10:00 – +Maxwell & Lena Blake Dale & Donna Blake

CNU – +All Souls

2:00 – +All Souls

5:00 – +Patrick Glaude Philip & Susan Glaude

Mon – (5:30pm) +Leonard Waltz The Waltz Family

Tues – (9am) +Louis Luth Cathy Luth

Wed – (6:30pm) +William & Oleta Tompkins Donna & Dale Blake

Thur – (8:05 am) +Janine Garrett Johanna Smith

(6:30 pm) +Holy Souls in Purgatory Maudy

Fri – (7am) +Molly Clarke The Grinstead Family

Saturday, November 8, 2025

5:00 – +Janet Tompkins Donna & Dale Blake

Sunday, November 9, 2025

8:00 – +Dominga Burke Rick Burke

10:00 – +Ron Ponzio Family

CNU – The People of the Parish

2:00 – +Salvador Guerra Rosalia Mendoza

5:00 – +Charles Brault Lidia Brault

Contact Us

Pastor

Rev. Dan Beeman frdbeeman@olmc.org 112

Parochial Vicar frsaul@olmc.org 111

Rev. Saúl Anleu

Priest in Residence

Rev. Peter T. Tran frpeter@olmc.org 101

Deacons

Deacon Anton Siochi deaconanton@olmc.org 129

Deacon Francisco Anleu fanleu@olmc.org 123

Adult Faith Formation

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Baptism & Children's Faith Formation

Elizabeth Zabel ezabel@olmc.org 104

Hispanic Ministry

Deacon Francisco Anleu fanleu@olmc.org 123

Liturgy & Worship

Heber Dunkle hdunkle@olmc.org 121

Pastoral Care

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Sacred Music

Johanna Smith jsmith@olmc.org 117

Social Ministry

Kim Taylor ktaylor@olmc.org 118

Youth & Young Adult Ministry

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Bookkeeper

Carla Johnson cjohnson@olmc.org 108

Business Administrator

Joyce Kiser jkiser@olmc.org 109

Facilities

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Office Manager

Eileen Mazary emazary@olmc.org 116

CNU Campus Ministry

Conner Cummings ccm@cnu.edu

OLMC School Principal

Sr. Anna Joseph, O.P. sajoseph@olmc-school.com 135

Weekly Collections

October 25 & 26

\$31,357 (E-Giving \$10509, Sunday \$20848)

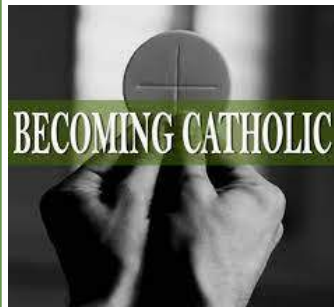
We are thankful for your generosity!

ALTAR FLOWERS

Flowers for the Church may be given as memorials for a loved one or special occasion. To schedule a memorial floral gift, please call Eileen, ext. 116 at least two weeks in advance of the date you wish.

The suggested donation to cover the cost is \$100.

Initiation Programs for Adults



**Are you or anyone you know interested in exploring the Catholic Church as your church home?
Have you been sitting in the pew next to your Catholic spouse for years wondering what you have to do to become Catholic?**

If so, join us for a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

Contact Lisa Wienhoff at lwienhoff@olmc.org for more information.



Adult Confirmation (adults 18+)

STILL NOT CONFIRMED?

THIS CLASS IS FOR YOU!

For more information contact Lisa Wienhoff at lwienhoff@olmc.org or 757-595-0385 ext 131

Adult Faith Formation



Love the **Abiding Together Podcast**?
Want to journey with other women in the parish?
Come join our Abiding Together small group!

November 4, 2025

8:30am

Saint Michael Hall

To learn more contact Christie Tallent at christi_tallent@outlook.com



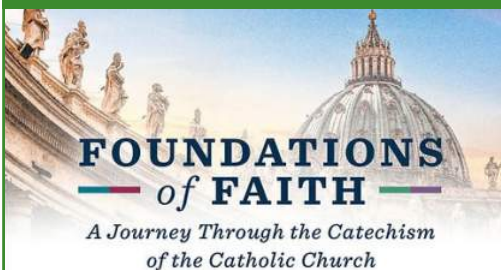
That Man is You (TMiy) honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers.

TMiy gather on Saturday Mornings from 7 - 8:30am at Saint Michael Hall

ALL MEN OF THE PARISH ARE WELCOME!

Register online at olmc.org. Contact Lisa Wienhoff at 757-595-0385 ext. 131 or lwienhoff@olmc.org for more information.

FOUNDATIONS of FAITH, A Journey Through the Catechism of the Catholic Church, all adults welcome!



The *Catechism of the Catholic Church* is the **definitive summary of our Catholic beliefs and practices**. Drawing from the riches of Sacred Scripture and Sacred Tradition, it highlights how our faith is rooted in the teachings of Christ and his apostles. **The Catechism is an essential book for every Catholic to read and understand.**

Foundations of Faith: A Journey Through the Catechism of the Catholic Church is the **ultimate way to encounter the wisdom of the Catechism** and deepen your understanding of the Catholic Faith. This dynamic, **video-based program** is filmed across 40 locations in 11 countries on 4 continents—taking you to the places where our faith was explained and clarified by Church

councils, the Church doctors, and the saints.

This study is a spiritual pilgrimage that will transform the way you understand Catholic teachings and live the Catholic Faith.

FOUR OPPORTUNITIES AVAILABLE:

Wednesday Mornings

(Women only)

9:30 AM

Saint Michael Hall

Wednesday Evenings

(All adults welcome)

7PM

Saint Michael Hall

Thursday Afternoons

(All adults welcome)

1PM

Saint Michael Hall

Sunday Mornings

(All adults welcome)

9AM

OLMC Middle School

Register online at olmc.org. Contact Lisa Wienhoff at 757-595-0385 x131 or lwienhoff.org for more info.

Pastoral Care



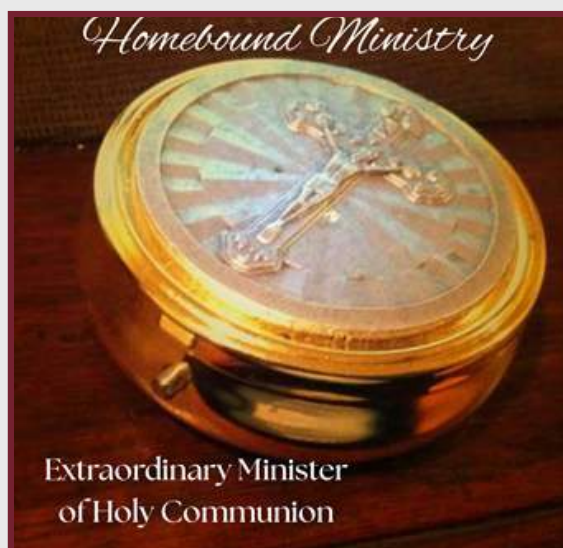
SPRED (Special Religious Development)

Next Topic: Choosing Life

When we choose to do good things, we chose life. We grow strong inside. We become support for others. We feel the joy of love in our hearts.

SPRED prepares persons with intellectual disabilities to fully belong in the liturgical life of the parish. Within this small faith community, we hear the Word of God, reflect upon our life experiences, offer prayers for one another, and enjoy a simple sharing of food together.

Our SPRED group meets on Wednesday evenings.
Contact Christa at the parish office.



Ministry of Holy Communion to the Sick and Homebound **Is the Holy Spirit Calling You?**

We have a need for several Extraordinary Ministers of Holy Communion for the sick and homebound. The Pastoral Care Ministry at Our Lady of Mount Carmel is an outreach to those who are:

- Home Bound
- Living in Assisted Living Communities
- Receiving Rehabilitation
- Training is provided.

Contact Christa at the parish office.



Nourish for Caregivers

Wednesday, November 5 at 5:30pm

Family Dynamics: The Good, the Bad and the Ugly

Caring for a loved one adds an incredible stress to the normal challenges every family faces. Tension escalates discussions quickly. Develop a plan to avoid blowups and seek resolution. Make space for taking care of yourself and stay connected to your relationship with God.

Nourish for Caregivers is for anyone juggling the challenges of life, health & career while caring for a disabled child, an aging or ill parent, grandparent or spouse, either in your home, in town or at a distance. Nourish provides practical supports and shared experiences all with a Christ-centered view.

Social Ministry

*Transformed by **The Eucharist...**
Reaching Out into community*

The FOOD PANTRY Needs Your Support!

The Food Pantry is stocked by your weekend donations and we need your support! If you are not in the habit of bringing a food item to Mass with you please consider starting. With the size of OLMC, one item per family would be more than enough to stock the pantry.

PANTRY ITEMS:

bagged rice
boxed potatoes
boxed stuffing
cake mix/frosting
canned fruit
canned meat (chicken, salmon, tuna)
canned soup (regular and chunky)
canned vegetables
cereal
chef boy r dee
crackers
dry milk packets
oatmeal instant packets
pancake mix/syrup
pasta & pasta sauces
peanut butter/jelly
tuna/chicken helper

PERSONAL CARE ITEMS:

bars of soap
deodorant (women/men)
lotion
shampoo
toilet paper
toothbrushes
toothpaste

PREGNANCY NEEDS:

bibs
burp clothes
diapers (any size) & wipes
infant sleepers
receiving blankets
small baby bottles

**Thank you for your generous support
of OLMC's Food Pantry!**

Liturgy

Thirst:** **An Hour of** **Adoration & Praise

Thursday, November 6th at 7:30pm

*Join us for an hour of
Eucharistic adoration with
songs of praise and time
for silent prayer.
Come away and rest in Christ
for an hour this week!*



USHERS

The Usher ministry is open to men & women 16 & up who have received the sacrament of Confirmation. Ushers open doors, greet people, hand out bulletins, and ensure an orderly communion procession. Contact Heber at hdunkle@olmc for more information.

Ministerio Hispano

Director - Diácono Francisco Anleu
Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org
Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM
Confesiones: Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente

Bautismo Infantil



Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé. Las clases de bautismo se llevan a cabo en el Salón San Miguel de 9:30 a 11:30 horas en las siguientes fechas:

8 de Noviembre
13 de Diciembre
10 de Enero
14 de Febrero

Para obtener más información,
comuníquese con la señorita **Elizabeth Zabel**
757-595-0385, zabel@olmc.org

Community

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**Order in
English**

**Pre Order no later than November 9th.
Pick Up November 15 & 16**
in the Commons Kitchen after Masses.
**Reserva a más tardar el 10 de noviembre.
Recoger el 16 y 17 de noviembre**
en la Cocina del Lobby despues de las Misas.



**Pida en
Español**

NATIONAL VOCATION AWARENESS WEEK

**Our Lady of Mount
Carmel School prays
for holy vocations!**

Please join us in thanking
God for our priests and
Dominican Sisters, and in
praying for more young
men and women to
respond to the Lord's call
to the priesthood and
consecrated life.



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