

OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

NEWPORT NEWS, VA

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enter
through
the
**NARROW
GATE.**

LUKE 13:24

100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 ~ www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M, W, Th: 12 noon - 2 pm; T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

Liturgy

Adoration on Thursdays

Adoration of the Blessed Sacrament on Thursdays will return on Thursday, September 8th. Adoration will take place in the Blessed Sacrament Chapel from 9 am to 6:30 pm. Anyone is welcome to stop by for prayer at any time, but two committed adorers are needed for each hour. If you would like to commit to a weekly Holy Hour, please email adoration@olmc.org

Adoration
of the
Blessed Sacrament



Thirst: Adoration and Praise will return on Thursday, September 1st at 7:30 pm and will continue each month on the first Thursday, unless otherwise posted.

Initiation Programs and Adult Formation

Becoming Catholic



The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation. **For more information or to**

schedule an appointment contact Cristy at ext. 131 or cbarton@olmc.org



Upcoming Walking with Purpose Events

Q & A via Zoom with Fr. Chris Alar, MIC from the National Shrine of the Divine Mercy, Stockbridge, MA will take place on **Wednesday, August 24th** at 7pm at Saint Michael Hall.

Opening Your Heart will begin Wednesday, **September 7th at 7pm** at Saint Michael Hall, register online at olmc.org

Touching the Divine is the next study if you have already done Opening your Heart. This study will take place on Wednesday nights at 7pm beginning in October at Saint Michael Hall. Register online at olmc.org

For more information contact Cristy at ext. 131 or cbarton@olmc.org

Women's Bible Study

Our new bible study, **The Prophets, Messengers of God's Mercy**, will meet on Thursdays at 9 am beginning September 8th. Materials can be ordered on Ascencionpress.com. Registrations for NEW participants and details will be posted on our website: olmc.org. **Contact Cristy at ext, 131 or cbarton@olmc.org if you need help registering or have questions.**

Small Groups

Small groups are life changing – join one at Our Lady of Mount Carmel Church this fall! Our small groups offer men and women an opportunity to pray, study and grow in their faith together. Small groups journey together in discipleship. To learn more about being a part of a small group or to receive training to start a small group find us online at olmc.org.

Middle & High School Faith Formation

Faith Formation for Grades 6-12 Registration

It is time to register middle school and high school students for Faith formation. OLMC utilizes the Life Teen (high school) and EDGE (middle school) catechesis programs to lead teens closer to Christ. This is the "heart" of the youth ministry program. It's where community is formed, and active discipleship is encouraged. It is an opportunity for every child to go deeper in faith, make holy friendships, and engage in their faith outside the classroom. **To register visit: olmc.org/lifeteen or olmc.org/edge**

Confirmation Preparation

Confirmation Preparation, which takes place during the 10th grade year (or higher) primarily consists of weekly Life Teen regardless of school attended. To register your teen for Confirmation preparation, utilize the Life Teen registration and select "Life Teen and Confirmation" when prompted.

For more information contact Greg Walsh at gwalsh@olmc.org

Connect With Us

Parish Website www.olmc.org

Facebook www.facebook.com/olmcnnva

Parish Email ~ Flocknote Subscribe on Parish Website or Select the ministries from which you would like to receive notices. Text [mountcarmel](https://www.10textnow.com/text/olmcnnva) to 84576 and follow the link sent to subscribe.

Pastoral Care

Visiting the Sick and Homebound - Extraordinary Ministers of Holy Communion

Extraordinary Ministers of Holy Communion for the Sick are lay ministers sent by the parish to bring the Word of God and the Holy Eucharist to parishioners who are confined to their homes, hospitals, or senior living communities.

Serving as an Extraordinary Minister of Holy Communion for the Sick is both an honor and a responsibility. If you feel called to be a bridge of faith and bring Jesus into the lives of others, **contact Christa at the parish office.**

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For My yoke is easy, and my burden light." -Matthew 11:28-30



Nourish for Caregivers – 7:00pm Thursday, September 1

Do you care for a loved one? Be Nourished! Join our Nourish Small Group.

Nourish for Caregivers provides the tools and resources to build a caregiver's resilience in a format rich with inspiration, practical information, spiritual nourishment... AND time for open sharing and interactive activities.

Our Nourish Small Group is very informal, come as you are and when you can! We understand the nature of caregiving can make it difficult to plan ahead. There is no expectation to attend every session unless you desire. If you see a topic that interests you, please consider stopping by or **call Christa in the parish office for more information.**

Respite Ministry

Are you a caregiver who is seeking some respite time for yourself? The Respite Ministry provides parishioners who are full time caretakers of a home-bound loved one, a break of a few hours' time to use as he or she sees fit. During that time, a trained parish Respite Minister will provide safety, supervision, and companionship to the homebound family member.

Contact Christa at ext. 107 or cbloomstrom@olmc.org for more information.

Circle of Hope ~ 10:30 am Saturday, September 3



Have you been touched in some way by cancer or by a chronic illness or condition?

You are invited to attend a Circle of Hope gathering to find faith-based support and encouragement. Circle of Hope is a community that prays together, shares stories with one another and finds hope in God together. Caretakers, survivors and those living with a diagnosis are all invited to attend our monthly gatherings. **Contact Christa at ext. 107 or cbloomstrom@olmc.org for more information.**

Children's Faith Formation



Registration for Children's Faith Formation (PreK through 5th grade) and First Reconciliation/ First Holy Communion (2nd grade and above) for the 2022-2023 school year can be found on our website.

Virtus Training at Our Lady of Mount Carmel Church

The Diocese of Richmond requires that all those who minister with children, youth or vulnerable adults to complete the Virtus Safe Environment Training.

To register for the Virtus Training and to view additional training dates, please visit virtusonline.org.

Social Ministry

Transformed by **The Eucharist...**
Reaching Out into community

Contact: Outreach Office 757-595-0385 ext. 180
Mon, Wed, Thurs 12-2am or Thur, Fri 9-11am

We find Christ here, We bring Christ to the world

Office of Social Ministries

The Office of Social Ministries for OLMC is still operating and serving those most poor and vulnerable in the city of Newport News. These ministries have been serving in this capacity for the past 33 years and as we transition—those other agencies and Churches doing this work throughout the city—have stressed their overwhelming appreciation for the work that you at OLMC have done and are doing. Please help our volunteers continue this great history of service by stepping in where you are able. Donations to Parish Charities (Poor Fund) aid our financial ability to serve.

OUTREACH OFFICE

The Outreach Office receives those in need of assistance into our office 2 hours each day during the week (schedule listed above). We could use extra support interviewing, answering the phone or packing food in the pantry. If you have time & aren't sure if this is for you, please schedule a time to check us out. You do not need to have any prior training as the office is training ground enough. Contact the volunteer office at the number above.

Pregnancy Outreach Office

The Pregnancy Outreach Office serves those women in need with items for themselves or their children—up to 2 years. We could use support folding/bundling clothes, meeting with women, packing up needed items, etc. Contact a volunteer at 757-870-3131 to find out how you can help.

FOOD PANTRY

The OLMC food pantry is stocked 100% by the parishioners who go to Mass with us. Please bring 1 item to Mass with you each weekend. Each family giving 1 item from our list will be more than enough food weekly. We cannot do it without you.

Currently we need: Canned Fruit, Carrots, Mixed Veg, Boxed Potatoes—large/small, Rice, Pancake Mix/Syrup, Chunky Soup, Tuna/Chicken Helper, Cereal, Dry Milk Packets

Personal Care Items: Toothbrushes, Body Lotion, Shampoo, Deodorant (M/W) Toothpaste, Toilet Paper, Paper Towels

Ministerio Hispano

Director - Diácono Francisco Anleu:
Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org
Misas en Español: Domingos - 2:00 PM
Confesiones: Sábados, 3 PM, Miércoles, 5 PM

Ministerio de Niños

Las inscripciones para la formación de fe para niños y la Primera Reconciliación - Primera Comunión ya están disponibles para el año 2022-2023 en nuestra página. Más información sobre la orientación para padres de familia y las fechas vendrán en Agosto. Para más información o preguntas por favor contacte a la Señorita Elizabeth Kassel a partir del primero de Agosto en la oficina parroquial.

Bautizos

Las próximas charlas para preparación para bautizos serán el sábado 2 de Julio o el sábado 6 de agosto (una sola clase de dos horas 9:30 a 11:30 en el salón de Mannion Hall donde está la oficina de asistencia "Outreach"). Los bautizos serán el domingo 10 de julio y el domingo 21 de agosto después de la Santa Misa en español.

Para más información sobre bautizos, primeras comuniones, guardería o educación de la fé, por favor contacte a la Señorita Elizabeth Kassel en la oficina parroquial a partir del primero de Agosto.

Para niños **no bautizados** mayores de 7 años que necesitan el sacramento de bautizo, primera comunión por favor contacten a la Señora Cristy Barton a la oficina parroquial o cbarton@olmc.org para información para el RICA para niños.



¿QUIERES CRECER EN EL CONOCIMIENTO DE TU FE CATÓLICA?
¿DESEAS TENER UNA RELACIÓN MÁS ÍNTIMA CON JESÚS?
TE INVITAMOS A PARTICIPAR EN EL PRIMER CURSILLO

EN ESPAÑOL PARA MUJERES

25-28 de Agosto del 2022

St. Clare of Assisi Retreat Center

620 Buckroe Ave

Hampton, VA 23664

Información: 757-374-2493 ~ cursillistador@protonmail.com

La Orden Seglar (Laica) de Carmelitas Descalzos se reúne el primer domingo de cada mes a la 1 pm en el Centro de Retiros de Santa Clara de Asís ubicado en 620 Buckroe Ave. Los Carmelitas Seglares (laicos) provienen de todos los ámbitos de la vida; hombres y mujeres; jóvenes y mayores; casados y solteros. Cada uno escucha la Palabra de Dios y responde al llamado de Dios. Si Dios lo está llamando a una vocación, por favor llame o envíe un correo electrónico a: Ellen Place 757-570-4240 o ocdshamptonva20@yahoo.com. Visite nuestro sitio web para obtener más información www.carmelformation.com.

Community

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more information



Secular (Lay) Order of Discalced Carmelites meet on the first Sunday of each month at 1pm at St. Clare Assisi Retreat Center located at 620 Buckroe Ave. Secular (lay) Carmelites come from all walks of life; men and women; young and old; married and single. Each one hears the Word of God and responds to God's call.

If God is calling you to a vocation, please call or email: Ellen Place 757-570-4240 or ocdshamptonva20@yahoo.com.

Visit our website, www.carmelformation.com, for further information.



MARRIED COUPLES. Getting ready for school means lots of time spent with your children. After school begins, why not give yourselves some time together? Make a Worldwide Marriage Encounter Weekend Experience! Whether you've been married 1 year or 50, a Marriage Encounter Experience may be just the thing you need to put a breath of fresh air into your relationship. Our next in-person experience is:

- September 23-25, 2022 at the Crowne Plaza in Reston VA

Only 11 spots available so sign up early! To register, go to WWME.org, click "Apply" and search on Virginia. Feel free to contact Mark and Cathy Stangler at 703-378-4150 or mstang1987@aol.com with any questions.

7th Annual D. B. Memorial Golf Tournament

An athletic Department fundraiser in remembrance of a true PCHS champion, D. B. Brackin.

September 9, 2022

Sleepy Hole Golf Course, Suffolk VA

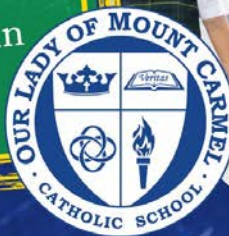
For more information contact
development@peninsulacatholic.org



Our Lady of Mount Carmel Catholic School

READY...SET...GO!

The 2022-2023 School Year kicks off on Monday for our 350 Crusaders. Please pray for them as they reunite with friends, meet new classmates, and begin this year of growth in faith and knowledge.



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