

07 April 2024

Sunday of Divine Mercy

# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH



NEWPORT NEWS, VA

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**Text** [mountcarmel](tel:757-84576) to 84576 and follow the link sent to subscribe.

### **Parish Office Hours:**

Monday - Thursday: 9 am - 5 pm

Friday: 9 am - 3 pm

**Outreach Office Phone:** 757-596-1727

### **Outreach Office Hours:**

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

**Pregnancy Helpline:** 757-870-3131



# Initiation Programs and Adult Formation

## Welcome to the Newly Initiated Bienvenidos a los Recién Iniciados

Dariany Amaya · Maria Elena Betancourt Gallegos · Miriam Blas Sosa · Vanessa Francisco  
Marcos Gutierrez · Jaelyn Martinez · Oscar Martinez · Jannia Navarez · Nestor Navarez  
Eiden Nolasco Jimenez · Adison Nolasco Jimenez · Jasmine Santiago Cardona · Bryan Zavala Juan  
Emma Zeledon · Doris Amaya · Abigail Ayar · Deisi Espana · Blanca Fuentes  
Margarita Lopez Diaz · Leonel Martin Perez · Brian Martinez · Kevin Martinez  
Lorena Oviedo · Cristopher Vega Blas · Abner Velasquez · Cesar Velasquez  
Jose Luis Velasquez · Justin Altamirano · Isabella Martinez · Ivanna Martines · Ximena Morales



The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish.

This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131

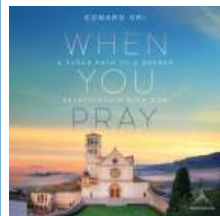
### Have you been away from the active practice of your Catholic faith?

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God's mercy, the Mass, and the Church.

The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community. We can assist your return to the active practice of your faith and welcome you back to the Lord's Table.

Contact Lisa Wienhoff at 757-595-0385 ext 131 or email her at [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org) for more information.



### **\*\*NEW WOMENS BIBLE STUDY\*\***

#### **When You Pray: A Clear Path to a Deeper Relationship with God**

April 10th, 9am, Saint Michael Hall

doors open at 9am prayer begins at 9:30am

For more info contact Lisa Wienhoff at 757-595-0385 x131 or email her at [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org)



### **Men's Ministry ~ That Man is You**

Saturday Mornings, 7am - 8:30am at Saint Michael Hall

Register at [tinyurl.com/TMIYolmc](http://tinyurl.com/TMIYolmc), call the Parish Office at 757-595-0385, or just show up!

**You can join any time, no need to wait until next year!**

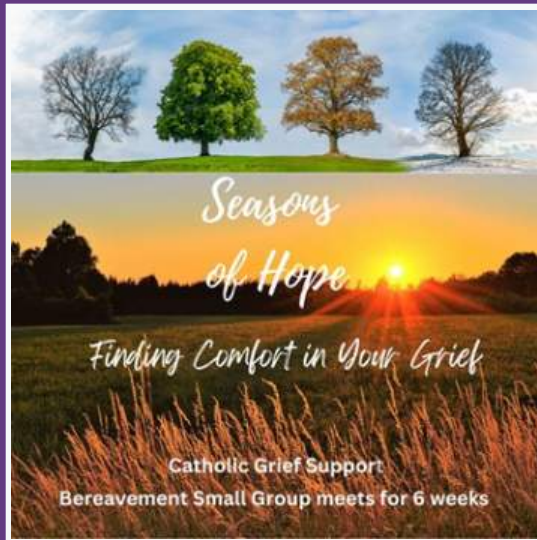


### **Walking with Purpose**

Walking with Purpose (WWP) is a parish-based Bible study program for adult women, it incorporates at-home Scripture study, weekly small group discussion, and monthly talks on relevant study material. This group meets at Saint Michael Hall on Wednesday's, following the 6:30pm Mass, register online at [olmc.org](http://olmc.org).

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131 or email her at [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org)

## Pastoral Care



### **Seasons of Hope – Catholic Grief Support 6-week series Register for the next series online or call the parish office.**

When you or someone you care about is suffering from the loss of a loved one, the process of grieving is a natural part of healing. Grief, however natural, can be intense and experienced in very individual ways. It is sometimes hard to know, “Is what I’m going through ‘normal’ or natural?”

Seasons of Hope offers a safe and compassionate environment for adults whose loved one has died. Seasons of Hope, rooted in Catholic tradition, conveys God’s consolation through scripture, prayer, reflection and sharing our faith. Seasons of Hope meets for six weeks.

**All are welcome.**

### **Is the Holy Spirit calling you? We have a current need for several Extraordinary Ministers of Holy Communion to serve the sick. The commitment is one Sunday per month.**

The faithful who are ill are often separated from their place in the Eucharistic community. The Pastoral Care Minister represents Christ by bringing Holy Communion and sacred scripture to the sick, and in so doing, reflects the love and support of the Eucharistic community of Our Lady of Mount Carmel Catholic Church. The Pastoral Care Ministry at Our Lady of Mount Carmel is an outreach to those who are: home bound, living in assisted living communities or receiving rehabilitation.

**Please contact Christa at the parish office to inquire.  
Training is provided.**



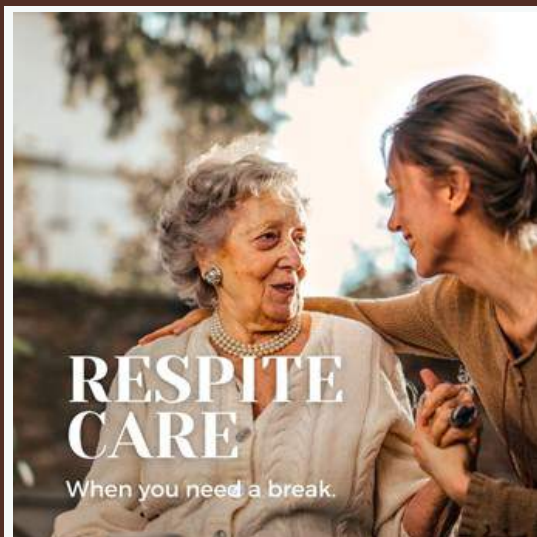
### **When you need a break. The Respite Ministry is there to help.**

Your role as a family caregiver is an important one. The Respite Ministry offers compassionate care provided by trained parishioners who provide safety, supervision, and companionship to the homebound loved one. If you are a full-time caretaker of a home-bound loved one, call the parish office to inquire about Respite Care.

#### **How can respite care help the family caregiver? Take regular breaks for better health.**

Family caregivers often don’t have enough time to take care of their own health. If this sounds like you, a couple of hours of respite care can free up time for you to visit your doctor, meet a friend for coffee or take a walk. These small steps can lower your stress level.

**Contact Christa at the parish office to inquire.**



## Social Ministry

### PREGNANCY OUTREACH UPDATE

LORD, you have probed me, you know me:  
you know when I sit and stand; you understand my  
thoughts from afar.

You formed my inmost being; you knit me in my  
mother's womb. I praise you, because I am  
wonderfully made; wonderful are your works!

My very self you know. My bones are not hidden  
from you, when I was being made in secret,  
fashioned in the depths of the earth. Your eyes saw  
me unformed; in your book all are written down; my  
days were shaped, before one came to be.

Ps 139: 1-2, 13-16.

Our Lady of Mount Carmel is committed to the right  
to life. One way we “walk the talk” is through our  
Pregnancy Outreach program that serves parent and  
children until the child is 2 years old.

Over the first quarter of 2024, OLMC served 54  
families with 59 children. Several took advantage of  
the opportunity to visit every month. Our volunteers  
gave approximately 150 packs of diapers and 150  
packages of wipes to parents, along with clothes and  
the other endless assortment of baby gear.

This was made possible in part because of your  
generosity — giving to the Poor Fund and donating  
items in kind.

A special thank you to Peninsula Catholic students  
and staff for the “Baby Shower” they had, which filled  
our shelves.

#### **PANTRY:**

**pancake mix and syrup  
mashed potatoes**

#### **PERSONAL ITEMS:**

**toothpaste**

#### **PREGNANCY:**

**baby bath towels**

Kim Taylor: ktaylor@olmc.org; 757-595-0385 ext. 118

## Liturgy

# BE ONE WITH JESUS *eucharistic adoration*

Every Thursday

9am ~ 6:30pm

Saint Michael Hall

Adorers are needed at all hours, if you are able to commit  
to a weekly holy hour, please email [adoration@olmc.org](mailto:adoration@olmc.org).

## Ministerio Hispano

Director - Diácono Francisco Anleu

Oficina - (757) 595-0385 Ext. 123, Email - [fanleu@olmc.org](mailto:fanleu@olmc.org)

Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM,

Jueves 5:30 PM en Español solamente

# FORMED



### **LA FE CATÓLICA. BAJO DEMANDA.**

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Ingrese el código postal de nuestra escuela parroquial  
(23601) y el nombre de la escuela.

Para obtener más información, envíe un correo  
electrónico a Lisa a [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org)

### **Bautismo Infantil**

Los bautizos de infantes se llevan a cabo el cuarto domingo  
de cada mes. Los padres deben asistir a una breve clase de  
bautismo antes de bautizar a su bebé. Las clases de bautismo  
se llevan a cabo en el Salón San Miguel de 9:30 a 11:30 horas  
en las siguientes fechas:

13 de Abril

11 de Mayo

8 de Junio



Para obtener más información, comuníquese con la señorita  
**Elizabeth Kassel** en la oficina parroquial, 757-595-0385  
o envíe un correo electrónico a [ekassel@olmc.org](mailto:ekassel@olmc.org).

## Community



### Married Couples

Why not give yourselves a week-end away from it all. Time away from the pressures of work and everyday responsibilities. A chance to talk and listen to that special someone who loves you. If that sounds good to you, sign up now for a Worldwide Marriage Encounter Weekend.

#### Upcoming weekends:

April 12-14, 2024 - Herndon, VA

May 3-5, 2024 - Hickory, NC

For more information or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location. Feel free to contact Mark and Cathy Stangler at 703-378-4150 or mstang1987@aol.com with any questions.



### Women of the Parish...

#### Have you considered joining the Ladies of Carmel?

The Ladies of Carmel (LOC) is made up of ten individual guilds which meet on different days and times. We have been actively serving the parish and community since 1955.

We would love to have an opportunity to talk with you about the LOC, various guilds, our mission and purpose and the friendships that you are sure to develop. Email loc@olmc.org or call 757-696-2644 for more information.



**Meals on Wheels** is looking for volunteers to help with meal delivery during the week (Monday through Friday). Delivery takes about two hours a day. If you are interested, please call 757-246-1903 or 757-246-1905.

Sign up: <https://saintclaretretreatcenter.flocknote.com/signup/159688>



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# Walking with Jesus

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**July 12-13, 2024**

Cost: \$75

**A Retreat for all Women**

#### Location of Retreat

620 Buckroe Ave  
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Starts: Friday with Dinner @ 6pm  
Ends: Saturday with Mass @ 5pm

# HAPPY EASTER



## Christ is Risen!

OLMC Students enjoyed their Easter break, and are joyfully headed into the final weeks of the school year.

This week we'll rejoice in Mary's - YES - at the Annunciation, and try out our solar glasses during the eclipse.



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