

10 March 2024

Fourth Sunday of Lent

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NEWPORT NEWS, VA

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Text [mountcarmel](tel:757-84576) to 84576 and follow the link sent to subscribe.

Parish Office Hours:

Monday - Thursday: 9 am - 5 pm

Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass

Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)

Friday - 7 am Mass

* Scheduled Mass times unless indicated on the Mass Intentions Calendar



Mass Intentions

Saturday, March 9, 2024

5:00 – +Robert Rutherford Family

Sunday, March 10, 2024

8:00 – +Linda Taylor Frank & Faye Dougherty

10:00 – +Eddie Goff Jack & Ann Svelan

2:00 – The People of the Parish

5:00 – +Grant Scott The May Family

Mon – (5:30pm) +Ella & Kurt Richter Eileen & Dave Mazary

Tues – (9am) +St Regina Decker Family

Wed – (6:30pm) Int's of Jack & Grace Rowett and Family

Thur – (8:05am) +Charles Delu Tricia VanHorn

(6:30pm) Int's of Thomas Tremont Anne Gullen

Fri – (7am) +Bill Gorman The Gorman Family

Saturday, March 16, 2024

5:00 – +Patrick Glaude Ruth Ann Newton

Sunday, March 17, 2024

8:00 – +George Gounley, Sr. The Gounley Family

10:00 – +Monica Barry Jim & Carrie Hosack

2:00 – The People of the Parish

5:00 – +Ed Cluen Janet Gorman

Contact Us

Pastor

Rev. Dan Beeman frdbeeman@olmc.org 112

Parochial Vicar

Rev. Saúl Anleu frsaul@olmc.org 111

Priest in Residence

Rev. Peter T. Tran frpeter@olmc.org 101

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Deacon Francisco Anleu fanleu@olmc.org 123

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Baptism & Children's Faith Formation

Elizabeth Kassel ekassel@olmc.org 104

Hispanic Ministry

Deacon Francisco Anleu fanleu@olmc.org 123

Liturgy & Worship

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Youth (Middle School)

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OLMC School Principal

Sr. Anna Joseph, O.P. sajoseph@olmc-school.com 135

Weekly Collection

March 2 & 3

\$30,587 (E-Giving \$15314, Sunday \$15273)

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Presence

THE MYSTERY OF THE EUCHARIST



Presence: The Mystery of the Eucharist explores the truth and beauty of Christ's real presence in the Eucharist, from its origins in Sacred Scripture, to its profound role in the life of the Church and her members. It is the crescendo of the entire story of salvation.

The following opportunities are available to watch the series and experience the power of God's mercy in a new way:

Men and Women of the parish: Wednesday, March 13 at 7 pm (after Mass) OR Thursday, March 14 at 1:30 pm

CCD Families: Sunday, March 10 at 9am

Initiation Programs and Adult Formation

Have YOU
Thought About
BECOMING
CATHOLIC?



RCIA

The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish.

This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131

Have you been away from the active practice of your Catholic faith?

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God's mercy, the Mass, and the Church.

The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community. We can assist your return to the active practice of your faith and welcome you back to the Lord's Table.

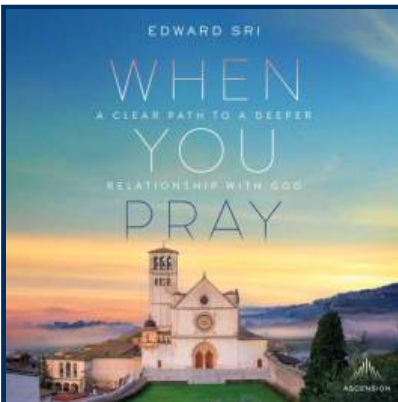
Contact Lisa Wienhoff at 757-595-0385 ext 131 or email her at lwienhoff@olmc.org for more information.



Adult Confirmation

Are you an active practicing Catholic adult who "missed" participating in the Sacrament of Confirmation? We invite you to enter the process of preparation at the parish.

For more information contact Lisa Wienhoff at 757-595-0385 ext 131 or email her at lwienhoff@olmc.org



NEW WOMENS BIBLE STUDY

When You Pray: A Clear Path to a Deeper Relationship with God

April 10th, 9am, Saint Michael Hall

You know that prayer is important but still find it challenging. Perhaps it's hard to find time, or you're unsure what to do when you pray. Or maybe you feel discouraged by your weaknesses and your inability to overcome them. If you have any of these feelings, you are not alone.

Many of the saints struggled in prayer. They were like us. But each time they fell, they got up again and learned to rely more on God's grace. What God did in the lives of countless saints, he wants to do in the lives of ordinary people like us. And that's what this study is about: the journey of prayer God wants to take us on.

Join us for When You Pray: A Clear Path to a Deeper Relationship with God on April 10th, doors open at 9am prayer begins at 9:30am

Participants will need to purchase the study materials from Ascension.

For more info contact Lisa Wienhoff at 757-595-0385 x131 or email her at lwienhoff@olmc.org

Pastoral Care



Pastoral Care

Is the Holy Spirit calling you? We have a current need for several Extraordinary Ministers of Holy Communion to serve the sick. The commitment is one Sunday per month.

The faithful who are ill are often separated from their place in the Eucharistic community. The Pastoral Care Minister represents Christ by bringing Holy Communion and sacred scripture to the sick, and in so doing, reflects the love and support of the Eucharistic community of Our Lady of Mount Carmel Catholic Church. The Pastoral Care Ministry at Our Lady of Mount Carmel is an outreach to those who are:

Home Bound
Living in Assisted Living Communities
Receiving Rehabilitation

Please contact Christa at the parish office to inquire. Training is provided.

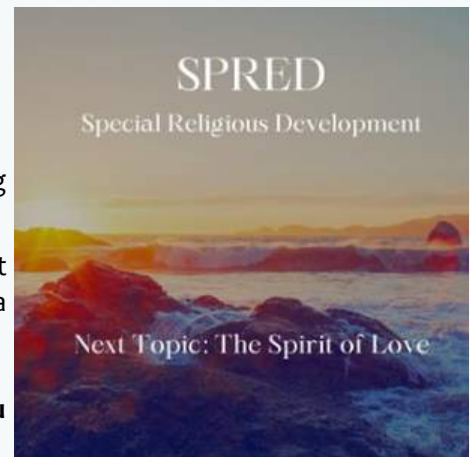
SPRED: Special Religious Development meets on Wednesday evenings

NEXT TOPIC: Called to Communion

SPRED prepares persons with intellectual disabilities to fully belong in the liturgical life of the parish.

Within this small faith community, we hear the Word of God, reflect upon our life experiences, offer prayers for one another, and enjoy a simple sharing of food together.

“As the Father loves me, so I also love you. Remain in my love. If you keep my commandments, you will remain in my love.” John 15:9-10



Emmaus Journey Retreat

FOR GRIEVING PARENTS

**Emmaus Journey Retreat
April 13, 2024
Church of the Redeemer, Mechanicsville**

A faith-based, day-long, spiritual retreat for grieving parents offered by a team which includes grieving parents, spiritual directors, priests, deacons, and parish leaders. The Emmaus Journey Retreat offers a safe place where you can seek peace, comfort, and hope. Join us in a warm and loving environment with other parents who know something of your pain.

Register at olmc.org or contact Christa at the parish office for more information.

PORT

PORT, which stands for People Offering Resources Together, is a program that provides food, overnight shelter and other services in winter for our homeless neighbors. It is a collaborative effort of local churches, non-profit organizations and businesses, all coordinated by LINK of Hampton Roads.

Each week from November through mid-March, one church will be the host providing the physical space, and seven or more organizations will partner with the host church, providing volunteers to check guests in and out, to run a clothes closet and to make and serve dinner. The partner church will also provide each guest with a lunch bag containing food intended to carry them through until dinner.

Our Lady of Mt. Carmel has participated in PORT every year for over a decade. This year, we were the partner church for seven nights spread over the season. Many of our parishioners helped with PORT this year, some of whom are veterans, volunteering year after year. All deserve our gratitude and recognition for their service, but there is insufficient space here. There are some, however, who really should be acknowledged.

It is no small effort to coordinate volunteers to cook and serve dinner and clean up afterwards: Lisa Wienhoff with the RCIA group; Donna Blake with St. Veronica's Guild; Johanna Smith with the Choir; Carolyn Geraud, with her team; the Young Adults; and Nancy Cornwell with St. Valentine's Guild.

Gene Sterling coordinated the packing and delivery of the lunch bags for all seven nights, drafting volunteers from That Man is You, Fifth Grade OLMC students and his own family.

The heaviest lift, however, was the Night Lead position, with responsibility for all the volunteers and all the efforts for that night. Thank you Deacon Anton and Mia Siochi; Sheila Dann; Michelle Grau, and especially George and Maggie Hodges who were Night Lead four different times.

PORT has concluded for the year. But Winter is Coming again. Please consider joining our parish's effort. We will start building our team at the end of the summer.

PANTRY:

**veggies other than corn and green beans
baked beans**

PERSONAL ITEMS:

toilet paper

PREGNANCY:

size 5 diapers.

Contact: ktaylor@olmc.org 757-595-0385 ext. 118

Director - Diácono Francisco Anleu

Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM

Confesiones: Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente



Estaciones de la Cruz
Cada viernes de Cuaresma
en español a las 8pm

Estaciones de la Cruz en vivo (bilingüe)

Viernes 22 de marzo a las 19 h.
en el Salón San Miguel

Presencia

EL MISTERIO DE LA EUCARISTÍA



Presencia: El Misterio de la Eucaristía explora la verdad y la belleza de la presencia real de Cristo en la Eucaristía, desde sus orígenes en la Sagrada Escritura, hasta su profundo rol en la vida de la Iglesia y sus miembros. Es el crescendo de la historia de salvación.

Te invitamos a ver esta maravillosa serie a cerca de la presencia real de Cristo en la Eucaristía.

Únase a nosotros en Saint Michael Hall
el lunes 11 de marzo a las 7 p.m.

Bautismo Infantil

Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé. Las clases de bautismo se llevan a cabo en el Salón San Miguel de 9:30 a 11:30 horas en las siguientes fechas:

13 de Abril
11 de Mayo
8 de Junio



Para obtener más información, comuníquese con la señorita Elizabeth Kassel en la oficina parroquial, 757-595-0385 o envíe un correo electrónico a ekassel@olmc.org.

Liturgy

Community

**PLEASE!!
NOTE**

Daily Mass Schedule Change for March 19th and 21st

The weekly school Mass has been moved to Tuesday, March 19th (Feast of St. Joseph) at 8:05am. Mass on Thursday, March 21st will be a normal daily Mass at 9am. Also, there will be no 6:30pm Spanish Mass on Thursday, March 21st.



STATIONS of the CROSS



March 15 at 2:15 pm

Live Stations of the Cross (bilingual)

March 22 at 7 pm



Interested in Joining the Knights of Columbus?

Tuesday, March 26th at 6:30 PM
12742 Nettles Dr,
Newport News, VA 23606

BE ONE WITH JESUS *eucharistic adoration*

Every Thursday

9am ~ 6:30pm

Saint Michael Hall

Adorers are needed at all hours, if you are able to commit to a weekly holy hour, please email adoration@olmc.org.



Meals on Wheels is looking for volunteers to help with meal delivery during the week (Monday through Friday). Delivery takes about two hours a day.

If you are interested, please call 757-246-1903 or 757-246-1905.

BLESSED LAETARE SUNDAY

Jesus meek and humble of heart, make my heart like unto thine.

You are in our prayers as we journey through this Lent.



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