

August 20, 2023

# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH



NEWPORT NEWS, VA

*We find Christ here. We bring Christ to the world.*

mercy

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Phone: 757-595-0385 - [www.olmc.org](http://www.olmc.org)

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours:

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

## **Connect With Us**

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**Facebook** [www.facebook.com/olmcdnva](http://www.facebook.com/olmcdnva)

**Parish Email ~ Flocknote** Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

**Text** [mountcarmel](https://www.10text.com) to 84576 and follow the link sent to subscribe.

# August 20, 2023 ~ Twentieth Sunday in Ordinary Time

## Mass and Sacrament of Reconciliation

**Saturday:** 3:00 pm Confessions; 5:00 pm Mass

**Sunday:** 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

**Weekdays:**

**Monday** - 5:30 pm Mass

**Tuesday** - 9 am Mass

**Wednesday** - 5:00 pm Adoration and Confessions, 6:30 pm Mass

**Thursday** - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,  
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

*Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)*

**Friday** - 7 am Mass

*\* Scheduled Mass times unless indicated on the Mass Intentions Calendar*



### *Mass Intentions*

**Saturday, August 19, 2023**

5:00 – +Christine Ammeaux      The Gere Family

**Sunday, August 20, 2023**

8:00 – Int’s of Marie Jordan      St Valentine Guild

10:00 – Int’s of Jack & Courtney Long      The Rice Family

2:00 – The People of the Parish

5:00 – +Hoang Dinh      The Dunkle Family

Mon – (5:30pm) +Beau Riely      Eric Rienkober

Tues – (9am) +Bob Obradovic      Cathy Luth

Wed – (6:30pm) Int’s of Suzie Castle      Jean Merson

Thur – (8:05am) +Kathleen Buckley      John & Terri Sweeney  
(6:30pm) +Saúl y María Elia Anleu      Padre Saúl

Fri – (7am) +Patricia Nucup      Marianna Nucup

**Saturday, August 26, 2023**

5:00 – +Lisa Scott      Carolyn Gréaud

**Sunday, August 27, 2023**

8:00 – +Joan Hadac      OLMC Staff

10:00 – +Mrs. D.F. Tsou      J.J. Tsou

2:00 – +Carmen Miranda      Padre Saúl

**Altar Flowers**

Flowers for the Church may be given as memorials for a loved one or special occasion. To schedule a memorial floral gift, please call Eileen, ext. 116 at least two weeks in advance of the date you wish. The suggested donation to cover the cost is \$90.



**Weekly Collection**

**August 12 & 13**

\$24,232 (E-Giving \$13361, Sunday \$10871)

*We are thankful for your consistent stewardship. ©1999*

### Contact Us

**Pastor**

**Rev. Dan Beeman**      frdbeeman@olmc.org      112

**Parochial Vicar**

**Rev. Saúl Anleu**      frsaul@olmc.org      111

**Priest in Residence**

**Rev. Peter T. Tran**      frpeter@olmc.org      101

**Deacons**

**Deacon Anton Siochi**      deaconanton@olmc.org      129

**Deacon Francisco Anleu**      fanleu@olmc.org      123

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**Baptism & Children’s Faith Formation**

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**Hispanic Ministry**

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**Social Ministry**

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**CNU Campus Ministry**

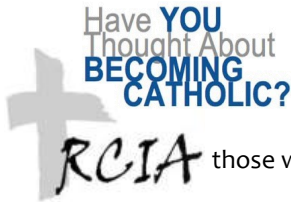
Chris Roy      ccm@cnu.edu

**Our Lady of Mount Carmel School**

757-596-2754

School Office Hours: M - F, 7:30 am - 3:30 pm

# Initiation Programs and Adult Formation



The RCIA process is one of conversion and spiritual formation for individuals interested in living the Christian life in the Catholic tradition. It is a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131

## Have you been away from the active practice of your Catholic faith?

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God's mercy, the Mass, and the Church. The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community. We can assist your return to the active practice of your faith and welcome you back to the Lord's Table.



The next Awakening Faith session will begin on Wednesday, September 6th, for more information contact Lisa Wienhoff at 757-595-0385 ext. 131 or email her at lwienhoff@olmc.org



Walking with Purpose (WWP) is a parish-based Bible study program for adult women. It is run by local lay women volunteers, and supported by Walking with Purpose national staff; it welcomes all women irrespective of faith background, age, or marital status. Walking with Purpose incorporates at-home Scripture study, weekly small group discussion, and monthly talks on relevant study material.

The upcoming study, **Discovering Our Dignity**, will meet at Saint Michael Hall on Wednesday, September 20, following Mass. For more information contact Lisa Wienhoff at 757-595-0385 ext. 131 or email her at lwienhoff@olmc.org

### Women's Bible Study

#### Meet and Greet

The Women's Bible Study will hold a **Meet and Greet** on Wednesday, September 13th at 9am at Saint Michael Hall. Come for social time and to view the study guide for the upcoming study. Study guides are \$11 and will be available for purchase.

#### Upcoming Bible Study

The upcoming bible study, **Lectio: Mary: Unveiling Scripture and Tradition**, will begin on Wednesday, September 20 at 9am at Saint Michael Hall. The doors open at 9am, the study will begin promptly at 9:30am and will end at 11:15am. In this 8-part study series, Dr. Brant Pitre examines what the Old and New Testaments, the life of Christ, and the early Church fathers reveal about the life and identity of Mary. All women of the parish are welcome to join!

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131 or email her at lwienhoff@olmc.org



### Men's Ministry

**That Man is You** (TMIY) honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!

#### **Save the Date!**

TMIY starts up on Saturday, September 16, 2023, 7-8:30am

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131 or email her at lwienhoff@olmc.org



### Men's Fellowship Night

All men of the parish are invited to a cookout on Wednesday, August 30th at 7pm on the patio at Saint Michael Hall. We'll gather after the 6:30pm Mass for corn hole, a fun summer supper and plenty of ice cold drinks to help beat the heat! Please come and join the growing men's community at OLMC. It's a great way to meet new friends and stay in touch with old ones.

For more information contact Lisa Wienhoff at 757-595-0385 ext. 131 or email her at lwienhoff@olmc.org

## Pastoral Care

### Ministry of Holy Communion for the Sick and Homebound



Parishioners in the Our Lady of Mount Carmel community who are sick or homebound and unable to come to Mass on Sundays, are still an integral part of our parish. They are in communion with us even though they are not physically present at the Eucharist.

No matter the reason - recuperating from surgery, illness, or temporarily/permanently unable to attend church - Extraordinary Ministers of Holy Communion for the sick are available to pray with you and administer Holy Communion.

If you or a Catholic family member in your household is homebound and unable to attend Holy Mass, we are here to keep you connected to the Our Lady of Mount Carmel community.

To schedule a visitation to the sick or homebound, please contact Christa at the parish office.

### Caring for the Caregiver – Monthly on the first Wednesday

“I’m so overwhelmed, getting more and more involved in caring for my parents.”

“There’s so many decisions to make, I could really use some help.”

“How can I be more prepared?”



If these thoughts have ever crossed your mind, you are not alone. Virtually every one of us will care for a loved one at some time in our life. Though rewarding, it’s not always easy. **Nourish for Caregivers** is for anyone juggling the challenges of everyday life, health, career and caring for an aging parent, spouse or grandparent, or disabled child, in town or at a distance.

**Nourish** provides caregivers a faith perspective, as well as practical and emotional support, useful tools, and shared experience. Discover the blessings that come from caring for another. Be nourished

**We meet at 6:30pm monthly at Saint Michael Hall on the first Wednesday.**

For more information, visit [www.NourishForCaregivers.com](http://www.NourishForCaregivers.com)  
or contact Christa at 757-595-0385 X 107 or [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org)

### Circle of Hope – Monthly on the first Saturday

How best can we pray for you?

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness? Come join a **Catholic faith-based, spiritually uplifting group of OLMC men and women** who gather on the first Saturday of every month for fellowship, prayer and support. We learn how Jesus, Our Blessed Mother Mary, and our Saints all give us a perfect example of how to persevere during difficult times.



**We meet at Saint Michael Hall on the first Saturday of each month at 10:30am.**

You’re invited to **come join our prayer and fellowship with us over refreshments.**  
**Contact Christa at 757-595-0385 x107 or [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org) for more information.**

## SPRED



### SPRED: Special Religious Development

SPRED prepares individuals with intellectual disabilities to fully belong in the liturgical life of the parish. Adults with and without disabilities form a small faith community. The SPRED sessions are designed to lead all closer to Jesus by developing a sense of the sacred, sharing the Word of God and being present to the movement of the Holy Spirit in our daily lived experiences. Our SPRED small group meets on Wednesdays at the parish.

**Contact Christa at ext. 107 or [cblomstrom@olmc.org](mailto:cblomstrom@olmc.org) for more information.**



## Social Ministry

### HEEDING GOD'S CALL

**Amen, amen, I say to you, unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit...Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me.** Jn 12:24, 26

Consider this: whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully. Each must do as already determined, without sadness or compulsion, for God loves a cheerful giver. Moreover, God is able to make every grace abundant for you, so that in all things, always having all you need, you may have an abundance for every good work.

As it is written: "He scatters abroad, he gives to the poor; his righteousness endures forever." The one who supplies seed to the sower and bread for food will supply and multiply your seed and increase the harvest of your righteousness. 2 Cor 9:6-10

These were the readings for the Feast of St. Lawrence, Deacon and Martyr on August 10. St. Lawrence, martyred in Rome in 258, had responsibility over the material goods of the Church and the distribution of alms to the poor. When St. Lawrence knew he was about to be arrested after the martyrdom of Pope St. Sixtus II, he took all the money in his possession, sold most of the material goods of the Church ~ including sacred vessels ~ and distributed all to the poor. When word of that spread, the prefect of Rome demanded that St. Lawrence bring the Church treasures to Caesar, who needed the money to maintain his forces. St. Lawrence assembled a great number of the blind, the maimed, lepers, orphans and widows, telling the prefect "These are the treasures of the Church." For that, he was grilled over hot coals until his death.

Outreach needs volunteers. God will supply you with the grace you need so that you can follow Jesus into the lives of the poor and vulnerable. Can you give about 2-4 hours a week in service of the poor. We will train and mentor you. Contact Kim Taylor if you are interested ktaylor@olmc.org

### PANTRY NEEDS:

**SOUPS OF ALL KINDS, BOXED POTATOES AND CRACKERS**



### Summer Reading: A Theology of Migration

*The Bodies of Refugees and the Body of Christ*  
by Daniel G. Groody, foreword by Pope Francis

The **Diocesan Offices of Social Ministry & Migrant Ministry** invite you to take time this summer to encounter the migrant, the refugee, & the Eucharist by participating in a Summer Book Reading to be followed by a Zoom discussion, **September 26<sup>th</sup> at 7pm.**

To register for the Zoom discussion and to receive study questions please rsvp using the link:

<https://forms.gle/vmYazq3JEfToVtsZA>

## Liturgy and Music



### THIRST: ADORATION & PRAISE

An hour of worship & rest with our Lord

Thursday, September 7  
7:30 ~ 8:30 in the church.



## OLMC ADULT CHOIR

2023-2024 SEASON  
AGES 18+

**Sign up here!**



### First Rehearsal

SEPTEMBER 6, 2023  
7:30PM

More information:  
[www.olmc.org/music-ministry](http://www.olmc.org/music-ministry)

## Ministerio Hispano

**Director - Diácono Francisco Anleu**

**Oficina - (757) 595-0385 Ext. 123**

**Email - fanleu@olmc.org**

**Misas en Español:** Domingos 2:00 PM, Jueves 6:30 PM

**Confesiones:** Sábados, 3 PM, Miércoles, 5 PM,  
Jueves 5:30 PM en Español solamente

### Bautismo Infantil

**Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes.** Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé. Las **clases de bautismo** se llevan a cabo en Saint Michael Hall de **9:30 a. m. a 11:30 a. m.** en las siguientes fechas:

**2 de Septiembre**

Para obtener más información, comuníquese con la señorita **Elizabeth Kassel** en la oficina parroquial, **757-595-0385 ext 104** o envíele un correo electrónico a **ekassel@olmc.org.**



## Community



**Rachel's VINEYARD**

Healing the pain of abortion - one weekend at a time

Rachel's Vineyard™ Weekend Retreat  
Healing after Abortion  
September 8-10, 2023  
Our Lady of Lourdes Catholic Church  
Henrico, Virginia 23228

**“Let us confidently approach the throne of grace to receive mercy and to find grace for timely help.”** Hebrews 4:16

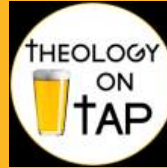
**Come to a retreat for healing...** if you have had one or more abortions...if you are responsible for the abortions of others...or if you've suffered from an abortion choice of another person. If you've felt regret, grief, guilt, or anger; unforgivable, afraid, ashamed, defensive, unworthy, numb, or isolated...there is hope for healing, to accept God's mercy, and to find peace. **Inquiries, registration, and participation are strictly confidential.**

For information & registration, contact:  
Marty Montgomery-Jennings 804-704-0429  
Maggie Carlson: 804-432-2589  
Email: RV4hope@gmail.com  
Confidential voicemail: 804-262-7315, ext. 402



**Meals on Wheels** is looking for volunteers to help with meal delivery during the week (Monday through Friday).

**Delivery takes about two hours a day.** If you are interested, please call 757-246-1903 or 757-246-1905.



### THEOLOGY ON TAP

Join other young adults for community and the opportunity to learn more about our faith!

Marty Montgomery-Jennings  
“A Healing Path After the Trauma of Abortion”  
August 21st at 6:30PM  
Joe & Mima's Italian Pizza  
5742 George Washington Memorial Hwy  
Yorktown, VA 23692

### PRAYER

Join **Our Lady's Prayer Group** to pray the rosary and Chaplet of Divine Mercy the **last Saturday** of every month from **9:00am to 10:30 am** in the Blessed Sacrament Chapel. Bring your Intentions.

## RVA Priest

**“Woman, you have great faith.”** It takes faith to hear God's call in our lives. And His call takes us on unexpected paths of deeper trust and love. **Is God calling you to life as sister, brother, deacon or priest?** Call Father Matthew Kiehl 804-359-5661 or e-mail: vocations@richmonddiocese.org.

## Our Lady of Mount Carmel Catholic School

**READY...SET...GO!**

The 2023-2024 School Year kicks off on Monday for our 360 Crusaders. Please pray for them as they reunite with friends, meet new classmates, and begin this year of growth in faith and knowledge.





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